

Business P. 3
 Kids Activity P. 6
 Community P. 7
 Editorials..... P. 9
 Viewpoints P. 10
 Classifieds....P. 11,12

The Carolinian



N.C.'s Twice-Weekly African-American Newspaper

\$1.00



RALEIGH, N.C.

THURSDAY-SUNDAY, NOVEMBER 24-30, 2022

VOL. 83, NO. 4

Dedicated to the Spirit
and Service of God

Thanksgiving Travel Rush Is Back With New Habits

The Thanksgiving travel rush was back on this year, as people caught planes in numbers not seen in years, setting aside inflation concerns to reunite with loved ones and enjoy some normalcy after two holiday seasons marked by COVID-19 restrictions.

Changing habits around work and play, however, might spread out the crowds and reduce the usual amount of holiday travel stress. Experts say many people will start holiday trips early or return home later than normal because they will spend a few days working remotely — or at least tell the boss they're working remotely.

The busiest travel days during Thanksgiving week are usually Tuesday, Wednesday and the Sunday after the holiday. This year, the Federal Aviation Administration expects Tuesday to be the busiest travel day with roughly 48,000 scheduled flights.

Chris Williams, of Raleigh, North Carolina, flew Tuesday morning with his wife and two kids to Atlanta, Georgia, to spend the holiday with extended family.

"Of course it's a stressful and expensive time to fly," said Williams, 44, who works in finance. "But after a couple years of not getting to spend Thanksgiving with our extended family, I'd say we're feeling thankful that the world's gotten to a safe enough place where we can be with loved ones again."

Although Williams said the family's budget has been tight this year, he's capitalized on the opportunity to teach his kids some personal finance basics. His youngest, 11, has been learning how to budget her allowance



money since March and is excited to buy small gifts for her friends on Black Friday or Cyber Monday. "Probably slime," she said, "with glitter."

The Transportation Security Administration screened more than 2.6 million travelers on Monday, surpassing the 2.5 million screened the Monday before Thanksgiving in 2019. The same trend occurred Sunday, marking the first year that the number of people catching planes on Thanksgiving week surpassed pre-pandemic levels.

"People are traveling on different days. Not everyone is travel-

ing on that Wednesday night," says Sharon Pinkerton, senior vice president at the trade group Airlines for America. "People are spreading their travel out throughout the week, which I also think will help ensure smoother operations."

AAA predicts that 54.6 million people will travel at least 50 miles from home in the U.S. this week, a 1.5% bump over Thanksgiving last year and only 2% less than in 2019. The auto club and insurance seller says nearly 49 million of those will travel by car, and 4.5 million will fly between Wednesday and Sunday.

U.S. airlines struggled to keep up as the number of passengers surged this year.

"We did have a challenging summer," said Pinkerton, whose group speaks for members including American, United and Delta. She said that airlines have pared their schedules and hired thousands of workers — they now have more pilots than before the pandemic. "As a result, we're confident that the week is going to go well."

U.S. airlines plan to operate 13% fewer flights this week than

(See **TRAVEL RUSH**, P. 2)



Woods Atop PGA Tour's PIP Yet Again, Gets \$15M Bonus

Despite playing only nine rounds in three major championships this past season, Tiger Woods has once again claimed the top bonus in the PGA Tour's Player Impact Program, according to documents obtained by ESPN on Tuesday.

World No. 1 golfer Rory McIlroy let the cat out of the bag on Nov. 8 when he told The Associated Press that he finished second to Woods in the \$100 million bonus program, which is designed to reward members who have "shown to generate the most positive interest in the PGA Tour." Woods, a 15-time major champion, received a \$15 million bonus.

Woods, who is expected to play in next week's Hero World Challenge in the Bahamas, collected \$8 million for winning the inaugural PIP bonus in 2021. He hasn't played since missing the cut at the 150th Open Championship at St. Andrews in July. He is still recovering from injuries he suffered in a car wreck outside Los Angeles in February 2021.

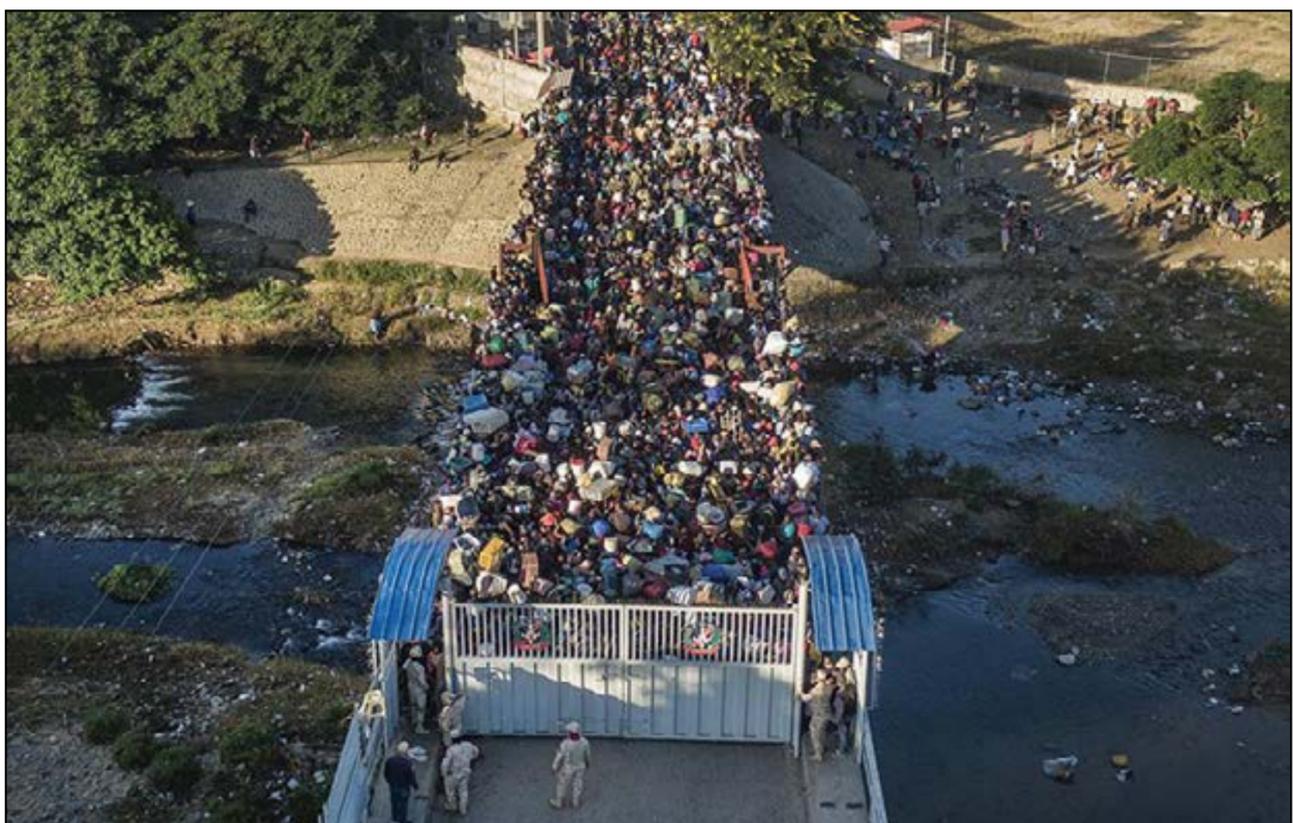
A record 23 players received at least \$2 million in PIP bonuses this season, including three (Hideki Matsuyama, Cameron Young and Sam Burns) who finished in the top 20 of a modified criteria measurement, which will be used by the tour going forward.

McIlroy collected \$12 million for second place, followed by Jordan Spieth (\$9 million), PGA Championship winner Justin Thomas (\$7.5 million) and Jon Rahm (\$6 million). Masters champion Scottie Scheffler finished sixth and was awarded \$5.5 million, followed by Xander Schauffele (\$5 million), U.S. Open champion Matt Fitzpatrick (\$5 million), Will Zalatoris (\$5 million) and Tony Finau (\$5 million).

Players will receive 25% of their PIP bonus in the Sentry Tournament of Champions purse payment in January, according to a memo sent to PGA Tour members Tuesday. The remaining 75% will be paid once a player completes three requirements: plays in a mutually agreed-upon PIP designated tournament; participates in a PIP service event; and fulfills the mandatory participation requirement.

The original PIP plan used metrics such as a player's popularity in Google searches, Q rating, Nielsen brand exposure rating, MVP index rating and their Meltwater mentions, which measure the frequency that a player generates coverage across various media platforms. The new criteria put more weight on media mentions and broadcast TV exposure than social media.

Five players who finished in the top 10 of the inaugural PIP standings -- Phil Mickelson, Dustin Johnson, Brooks Koepka, Bryson DeChambeau and Bubba Watson -- are now playing on the LIV Golf circuit and were ineligible for the program.



DR Rejects Criticism Of Haitian Deportations

HAVANA (AP) — The Dominican Republic said it "profusely rejects" criticism of its crackdown on Haitian migrants from a growing number of countries and human rights agencies.

Dominican authorities have ramped up border enforcement and deportations of Haitians, saying such actions are crucial to national security amid intensifying turmoil in the neighboring country due to a gang blockade of fuel supplies and a cholera outbreak.

Authorities say they deported 43,900 migrants, largely Haitians, between July and October. In September and October alone, deportation figures shot up by about 50%.

The government's actions have sparked heavy criticism in recent weeks from Haiti, the U.N. human rights chief and the United States.

On Saturday, the U.S. Embassy in the capital of Santo Domingo

sent out a warning saying Dominican migration authorities "have carried out widespread operations" to detain largely Haitian migrants who they believe are in the country illegally.

"There are reports that detainees are held in overcrowded detention centers, without the ability to challenge their detention and without access to food or toilets, sometimes for days, before being released or deported to Haiti," the Embassy wrote.

The Embassy also warned that the government's actions could pose a problem for darker-skinned Americans and African Americans traveling in the Dominican Republic.

Unlike the U.N. and Haiti, however, the U.S. did not explicitly call for the country to halt deportations. President Joe Biden's administration has defended its own practice of deporting and expelling Haitian migrants arriv-

ing at its southern border, despite heavy criticism from human rights organizations.

The Dominican Ministry of Foreign Relations lashed back at the criticism on Sunday, saying the American government had "no evidence" of any sort of systematic human rights violations. It also decried what it said was a lack of international support to handle the migration from Haiti.

"The Dominican government never could have imagined there would be such a harsh insinuation made about our country," the ministry wrote, "much less from an ally that has been subject to accusations of xenophobic and racist treatment of migrants, including in parts of its own population."

Tensions fueled by migration have simmered for years between Haiti and the Dominican Republic, which share a 240-mile (390-kilometer) border on the is-

land of Hispaniola. But they have only deepened since the 2021 assassination of Haitian President Jovenel Moïse, which thrust an already crisis-stricken Haiti into chaos.

Since then, deportations from the Dominican Republic have ramped up and the country's government has increasingly militarized its border, even beginning construction of a border wall.

Last week, President Luis Abinader called the U.N. human rights chief's recent demand for the end of the deportations "unacceptable and irresponsible." He said his country "has been more affected" by Haiti's problems and steady migration and "more supportive than any other country in the world."

"You can't ask anything more from the Dominican Republic. ... We're going to continue the deportations and next week we're going to increase them," he said.



N. CAROLINA UNEMPLOYMENT RATE RISES FOR 3RD STRAIGHT MONTH

RALEIGH, N.C. (AP) — North Carolina's unemployment rate is slowly ratcheting upward by rising slightly for the third consecutive month, according to state Commerce Department figures released on Friday.

October's seasonally adjusted unemployment rate was 3.8%, compared to 3.6% in September and 3.5% in August. Before that, the month-over-month rate hadn't increased since April 2020. The U.S. rate also rose in October to 3.7%.

The Commerce Department said overall employment in the state for October fell by more than 10,300 jobs since September to over 4.93 million people, while the number of unemployed grew by roughly 9,950 to over 194,100.

When using another counting format based on monthly worksite surveys, the agency reported seasonally adjusted total nonfarm employment grew by 8,300 to almost 4.83 million. These surveys found the leisure and hospitality services industry with the largest drop in employment from September to October, while the professional and business services sector had the largest numerical increase.

2 DEAD AFTER SMALL PLANE CRASHES IN NORTH CAROLINA

WINSTON-SALEM, N.C. (AP) — A small plane crashed in Winston-Salem on Saturday, killing two people, authorities said.

Winston-Salem Police Department spokeswoman Kira Boyd told the Winston-Salem Journal that two people died in the crash of the small plane in a residential area on Saturday morning.

The Winston-Salem Fire Department and the Federal Aviation Administration said that the twin engine Piper PA-30 crashed in a residential area northeast of downtown.

Authorities said two people were on the plane, but didn't immediately confirm that the people who died were the ones onboard. The newspaper reported that authorities didn't immediately make clear if anyone on the ground was injured.

Witness Susan Harrison-Bailey told the newspaper that she heard the plane come down near her backyard but that her house wasn't damaged. She said that she saw smoke in the nearby woods.

"I couldn't tell that it was a plane," she said. "There was a lot of smoke. ... I could see it was smashed into the trees."

TRUCK IN NORTH CAROLINA HOLIDAY PARADE CRASHES, KILLS GIRL

RALEIGH, N.C. (AP) — A truck pulling a float for a holiday parade in North Carolina crashed Saturday, striking and killing a girl participating in the event, news outlets reported.

The driver who lost control of the vehicle and struck the child was arrested and charged with reckless driving and other offenses, the Raleigh Police Department said in a news release. Police identified the driver as Landon Christopher Glass, 20.

Witnesses told local news sources that people attending the Raleigh Christmas Parade heard the pickup truck's driver screaming that he had lost control of the vehicle and couldn't stop it before the crash.

The girl struck by the truck was part of a dance troupe participating in the holiday parade.

Travel Rush — CONTINUED FROM PAGE 1

during Thanksgiving week in 2019. However, by using larger planes on average, the number of seats will drop only 2%, according to data from travel-researcher Cirium.

Airlines continue to blame flight disruptions on shortages of air traffic controllers, especially in Florida, a major holiday destination.

Controllers, who work for the Federal Aviation Administration, "get tested around the holidays. That seems to be when we have challenges," Frontier Airlines CEO Barry Biffe said a few days ago. "The FAA is adding another 10% to headcount, hopefully that's enough."

Transportation Secretary Pete Buttigieg has disputed such claims, saying that the vast majority of delays and cancellations are caused by the airlines

themselves.

TSA expects airports to be busier than last year and probably about on par with 2019. The busiest day in TSA's history came on the Sunday after Thanksgiving in 2019, when nearly 2.9 million people were screened at airport checkpoints.

Stephanie Escutia, traveling with four children, her husband and her mother, said it took the family four hours to get through checking and security at the Orlando airport early Tuesday. The family was returning to Kansas City in time for Thanksgiving after a birthday trip to Disney World.

"We were surprised at how full the park was," said Escutia, 32. "We thought it might be down some but it was packed."

She welcomed the sense of

normalcy, and said her family would be gathering for Thanksgiving without worrying about keeping their distance this year. "Now we are back to normal and looking forward to a nice holiday," she said.

People getting behind the wheel or boarding a plane don't seem fazed by higher gasoline and airfare prices than last year or the widespread concern about inflation and the economy. That is already leading to predictions of strong travel over Christmas and New Year's.

"This pent-up demand for travel is still a real thing. It doesn't feel like it's going away," says Tom Hall, a vice president and longtime writer for Lonely Planet, the publisher of travel guides. "That's keeping planes full, that's keeping prices high."

Student Loan Repayment Pause Extended By White House Amid Legal Battles Over Relief Plan

WASHINGTON — The Department of Education announced on Tuesday it is extending the pandemic-era pause on federal student loan repayments until June 30 while legal challenges to the administration's student debt relief program are fought over in the courts.

The agency said if the student debt relief program has not been put in place by June 30, and if litigation is still tied up in the courts, student loan payments will begin 60 days after that.

"Payments will resume 60 days after the Department is permitted to implement the program or the litigation is resolved, which will give the Supreme Court an opportunity to resolve the case during its current Term," the department said in a statement. "If the program has not been implemented and the litigation has not been resolved by June 30, 2023 — payments will resume 60 days after that."

Earlier the administration had said the pandemic-era pause would expire on New Year's Eve. Two lawsuits blocking the Biden plan, including one brought by six GOP-led states, have been appealed by the Justice Department, but it's unclear how long the legal process could take.

"We're extending the payment pause because it would be deeply unfair to ask borrowers to pay a debt that they wouldn't have to pay, were it not for the baseless lawsuits brought by Republican officials and special interests," U.S. Secretary of Education Miguel Cardona said in a statement.

President Joe Biden, in a Tuesday tweet, said the extension will give "the Supreme Court time to hear the case in its current term."

"I'm confident that our student debt relief plan is legal," he said on Twitter.

Before the announcement, more than 200 advocacy groups had urged Biden to extend the pause.

In a Monday letter, the groups argued that if student loan repayments restart, it would be a financial setback for borrowers, especially at a time of record high inflation.

"We, the undersigned 225 organizations, urge you to immediately extend the payment pause until your Administration is able to fully implement debt relief for all eligible borrowers and to continue to use every legal authority at your disposal to make this relief real," according to the letter.

"We cannot allow these blatantly political lawsuits to throw millions of borrowers into financial catastrophe," the letter said. "Throwing millions of borrowers back into repayment as the state of debt relief remains uncertain is a recipe for disaster and will result in widespread confusion and set borrowers up for failure."

Most of the organizations that signed onto the letter include labor groups like the AFL-CIO, legal organizations like the ACLU and NAACP, and debt cancellation advocacy groups such as the Debt Collective and Student Debt Crisis Center.

The Trump administration implemented the pause on student loan repayments due to the coronavirus pandemic and the Biden administration has extended it multiple times.

A federal appeals court issued a nationwide injunction that barred the Biden administration from carrying out its student debt relief plan following the challenge by the six GOP-led states — Nebraska, Missouri, Arkansas, Iowa, Kansas and South Carolina.

The Biden administration has asked the U.S. Supreme Court to vacate the nationwide injunction.



IT'S VIRTUAL AGAIN THIS YEAR

CANDLELIGHT CELEBRATION OF REMEMBRANCE

Sunday, December 11, 2022

3:00 PM

Lea Funeral Home Chapel

Again, this year Lea Funeral Home's annual Holiday Celebration of Remembrance will be **VIRTUAL**. Because of the health challenges that continue to confront our communities, we will live stream with only the program participants present.

You will be able to enjoy the same inspiring message, heartwarming songs, and touching musical renditions in the comfort of your homes with family and friends. The service will still be one of Hope, Healing and Renewal.

Live-Streaming will begin at 3:00 PM. Please login to our website at www.leafuneralhome.com or visit <https://www.facebook.com/LeaFuneralHome>.

During this Christmas Season, we hope the **VIRTUAL SERVICE** will bring you comfort, peace, strength and closure in remembering your loved one.



Lea Funeral Home
2500 Poole Road
Raleigh N.C. 27610
(919) 231-1000
www.leafuneralhome.com



Jus. Thurgood Marshall's Wife 'Cissy' Marshall Dies At 94

WASHINGTON (AP) — Cecilia "Cissy" Suyat Marshall, the wife of the late Supreme Court Justice Thurgood Marshall who worked alongside the civil rights champion at the NAACP, died Tuesday at the age of 94, the Supreme Court announced.

Marshall's husband became the high court's first Black justice in 1967 following a career as a civil rights lawyer in which he argued the landmark Brown v. Board of Education case that outlawed segregation in public schools. He retired from the high court in 1991 and died in 1993 at the age of 84.

Cecilia Suyat was born in Ha-

wai on July 20, 1928. She later moved to New York City and took night classes at Columbia University to become a stenographer. An employment office sent her in 1948 to work at the National Association for the Advancement of Colored People.

"The clerk, she saw my dark skin, and she sent me to the national office of the NAACP," she said in a 2016 interview. "That is the only reason I can think of that she sent me to the NAACP for my first job. And to this day, I thank her, because had it not been for her, I wouldn't have known anything about a race problem."

Suyat, who was of Filipino descent, said that "having been born in the Hawaiian islands we never had that racial problems, and so working with the NAACP opened my eyes."

It was also at the NAACP that she met her future husband. She worked on a variety of cases and was there for the case of the so-called Groveland Four, the four young Black men falsely accused of raping a white woman in Florida. She also helped take notes and type briefs as Marshall prepared for arguments in the Brown v. Board of education case, which was argued in 1952 and 1953.

In interviews later in life, she recalled the celebration after Brown was decided.

"I don't know about you fools," she recalled Marshall saying at some point during the festivities, "but I'm going back to work. Our work has just begun."

Marshall's first wife, Vivien Burey, died of cancer in 1955. He and Suyat married later that year. She left the NAACP after they wed.

But the marriage almost didn't happen, she said, and not because of their 20-year age difference. She said many people still considered her to be "a foreigner," and she worried about the reaction. "When Thurgood proposed I said, 'No way,'" she recalled in 2013. She said he insisted: "I'm marrying you. I'm not marrying the country and they're not marrying me."

They had two sons, Thurgood Jr. and John. It wasn't until just before Marshall joined the Supreme Court that the justices ruled in Loving v. Virginia that laws in 16 states barring interracial marriage could not stand.

In a statement, Chief Justice John Roberts called Cissy Marshall a "vibrant and engaged member of the Court family" who regularly attended court events. "You wanted to sit next to her at any event," he wrote. "She had an easy sense of humor that could be — in an appropriate setting, of course — a bit saucy."

Justice Elena Kagan, who was a law clerk to Marshall, called Cissy Marshall a "marvelous woman" and wrote: "Every clerk to Justice Marshall received a sort of bonus: the steadfast friendship and support of his wife Cissy."

The Supreme Court said funeral arrangements were pending. Thurgood Marshall was buried at Arlington National Cemetery in Washington in a section of the cemetery where a number of other former justices were buried.



NCDOT PROJECT UPDATE REGARDING THE S-LINE TRANSIT-ORIENTED DEVELOPMENT STUDY



RALEIGH — The N.C. Department of Transportation's Integrated Mobility Division with local community leadership are preparing for transit in the region. The public is invited to attend community pop-up meetings from the S-Line Transit-Oriented Development (TOD) Study team regarding the proposed vision for each community. The S-Line TOD Study team and local stakeholders will provide a summary of each community's vision that was created through the course of the study. Following this engagement, the vision will be refined and the final S-Line TOD Plan for each community will be delivered in early 2023.

The community pop-up meeting dates for each community are listed:

Community	Address	Date	Time
Norlina	Rachel's Whistlestop Cafe 123 Hyco Street	Dec. 2nd	11-1 p.m.
Raleigh	First Friday at Moore Square 201 South Blount Street	Dec. 2nd	5-9 p.m.
Henderson	Sadie's Coffee Corner at the Henderson Christmas Parade 324 South Garnett Street	Dec. 3rd	3-5 p.m.
Wake Forest	Holiday Artisans Market 405 Brooks Street	Dec. 3rd	10-2 p.m.
Sanford	Downtown Sanford Train & Tree Lighting at Depot Park 106 Charlotte Avenue	Dec. 4th	3-6 p.m.
Apex	Downtown Design Project's Open House Apex Senior Center (63 Hunter Street)	Dec. 6th	5-7 p.m.
Franklinton	Fridays on Front Street South Front Street	Dec. 16th	7-9 p.m.

The NCDOT has developed a S-Line TOD Study website to provide you with the following information:

- An overview of the project
- The proposed project map
- Deliverables and other project materials

For further project information, please visit: <https://www.ncdot.gov/divisions/integrated-mobility/innovation/s-line-study/Pages/default.aspx>

The public can view the project materials by accessing the public webpage shown above. For questions on the S-Line TOD Study, please email SlintODstudy@kittelson.com.

Those who do not speak English, or have a limited ability to read, speak or understand English, may receive interpretive services upon request prior by calling 1-800-481-6494.

Aquellas personas no hablan inglés, o tienen limitaciones para leer, hablar o entender inglés, podrían recibir servicios de interpretación si los solicitan llamando al 1-800-481-6494.

The Carolinian

(ISSN 00455873)
1504 New Bern Ave, Raleigh, North Carolina 27610
Mailing Address: P.O. Box 25308
Raleigh, North Carolina 27611
Periodical Postage Paid at Raleigh North Carolina 27611
Warrenton Address: P.O. Box 536
Warrenton, NC 27589
Postmaster
 Send all address changes to:
 The Carolinian
 1504 New Bern Avenue
 Raleigh, NC 27610
PUBLISHED SIX TIMES MONTHLY
SUBSCRIPTION RATES

One Year **\$45.00**
 Payable in advance. Address all communications and make all checks and money orders payable to *The Carolinian*.

Founded by P.R. Jervay, Sr. in 1940
The Carolinian Newspaper, Inc. of Raleigh

Publisher **Adria Jervay**
Production Manager **Howard Barnett**
Sales Consultant **Paul R. Jervay, Jr.**
Circulation Manager **Andrew Alston**
Jervay Agency, National Advertising Representative
www.TheJervayAgency.com
Member:
North Carolina Black Publishers Association
National Newspaper Publishers Association
HUB Certified MWBE

The Publisher is not responsible for the return of unsolicited news, pictures or advertising copy unless necessary postage accompanies the copy.
 Opinions expressed by columnists in this newspaper do not necessarily represent the policy of the newspaper.

Phone: 919-834-5558
e-mail: info@caro.news
www.caro.news
Facebook: [TheCaroNews](https://www.facebook.com/TheCaroNews)
Twitter: [@TheCaroNews](https://twitter.com/TheCaroNews)

To SUBSCRIBE To The Carolinian
 call us at
919-834-5558
 or visit us online at
www.CARO.news

Data About Black Friday More Valuable Than Black Friday

GLOBE NEWSWIRE—Oxylabs' new research reveals that during the Black Friday weekends of 2020 and 2021, retail was the industry that scraped e-commerce websites the most. Software development and data collection companies could not even crack the top 10 list.

Oxylabs examined and contrasted two periods: the Black Friday preparatory period 2022 (September 1 - November 5) and the same period of last year. The top five most scraped categories on the biggest marketplaces before Black Friday 2022 were:

The top five most scraped categories during the same period in 2021 were:

When comparing the number of data points acquired from key e-commerce marketplaces in 2022, software development businesses, which involve many data collection companies, surpassed retail, showing a fundamental shift in expectations: data about Black Friday is considered more important than providing competitive bargains.

According to the Oxylabs web scraping infrastructure's traffic statistics, online retailers were over 32% more active this year

before Black Friday than they were at the same time last year. Despite this fast growth, software development businesses managed to surpass retailers by making almost 3% more requests.

To put it simply, although the industry is called software development, almost all Oxylabs clients are related to web data collection. Since Oxylabs provides infrastructure for web data collection, those who scrape e-commerce websites (from the software development industry) are data collectors. In the Black Friday context, these companies collect various data from the most prominent e-commerce sites and provide structured information to their smaller competitors.

Web scraping and data collection for B2B have attained such a high level of significance that they have surpassed retailers and e-commerce businesses even during traditional "holidays." The situation indicates that the importance of data collected from competitors has already attained the level of complete legitimacy.

This year's Black Friday will occur during the impending

recession and economic difficulties. As a result, another explanation for the decrease in retail data collection is that this year's Black Friday will not be as intense, and customers will be more careful with their spending.

Nearly sixty percent of customers in the UK are anticipated to reduce their spending, which is predicted by recent data to result in a decrease in non-essential consumer expenditure

of £4.4 billion throughout the last quarter of the year.

According to a study, for anyone planning to cut down on spending during Black Friday, the most prevalent reasons are inflation (61%), the global cost of

living crisis (56%), and fear of a recession (36%).

This black Friday might be the turning point not only for consumer priorities, but also for the industry, making web scraping an essential game changer.

recession (36%).

This black Friday might be the turning point not only for consumer priorities, but also for the industry, making web scraping an essential game changer.

Classifieds



ADVERTISEMENT FOR BIDS

The North Carolina Department of Public Safety has the following contract in Anson County out for bid: C- C11524 SCOID 21-22979-01A Anson CI-Roof Repairs. The bid opening is scheduled for: Thursday, 12/15/2022. To obtain the Notice to Bidders, any Pre-Bid Requirements, and any Addenda visit: <https://www.ips.state.nc.us/ips/AGENCY/PDF/151246000.pdf>

D/M/WBE

SUBCONTRACTORS/SUPPLIERS WANTED

T. A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE, MBE, and WBE subcontractors and suppliers for the **Wastewater Treatment Plant Resiliency Improvements** project for the City of Clinton which bids **December 15, 2022, at 2:00 PM**. Plans and specifications for this project are available at the following locations: TA Loving Company, 400 Patetown Road, Goldsboro, NC 27530 * WithersRavenel, 115 MacKenan Drive, Cary, NC 27511 * Quest CDN website.

Potential subcontracting opportunities include but are not limited to surveying, clearing and grubbing, hauling, asphalt paving, erosion control, seeding, sodding, electrical, SCADA, bypass pumping, dewatering, flatwork, CIPC, concrete forms, concrete rebar, and painting. Please contact **Michael Cox (mcox@taloving.com)** if you are interested in submitting a proposal on any portion(s) of this project. Contact via phone 919-734-8400; fax 919-736-2148; or email. All quotations will be accepted up to bid closing time of the bid date. TA Loving Company is an Equal Opportunity/Affirmative Action Employer.

Please advise if assistance is needed with obtaining necessary equipment, supplies, materials, or insurance/bonding to satisfy the work requirements. We are willing to accept quotations for all or partial quantities and items of work. We can offer 2-party check payments and quick payment agreements, but the agreements need to be negotiated prior to the bid date.

PUBLIC HEARING #1

ON CITY HOUSING AND COMMUNITY DEVELOPMENT NEEDS FOR RALEIGH'S FY 2023-2024 ANNUAL ACTION PLAN

The Raleigh City Council will hold a public hearing on Tuesday, December 6, during the City Council evening meeting after 7:00 p.m., related to the one-year Annual Action Plan (AAP) for 2023-2024. This is an opportunity for residents to share their thoughts on the City's housing and community development needs and the City's past performance in addressing them.

The Annual Action Plan guides City expenditures of federal Community Development Block Grant (CDBG), HOME Investment Partnership (HOME), and Emergency Solutions Grant (ESG) funds, as well as related local funds. The U.S. Department of Housing and Urban Development (HUD) provides funds to the City to help it address the needs of low- and moderate-income persons.

For more information, contact the City of Raleigh Community Development Division at 919-996-4330 or email CD.info@raleighnc.gov. The draft Annual Action Plan will be available on the city website in early 2023 at www.raleighnc.gov. Deaf and hearing-impaired individuals needing interpreter services should provide 24-hour notice by calling 919-996-3100 (voice) or 919-996-3107 (TDD).

WANTED WBE, MBE & DBE BIDS

for the following job:

CITY OF GREENVILLE
Transportation Access, Safety, and Connectivity (TASC)
Build Grant Projects - Roadways
BUILD Grant—W. 5th Street Reconstruction and Streetscape

Project: Eng-2022-004 Pitt Co. Bid Date: Dec. 14th

These projects may involve some or all of the following aspects of construction: construction survey, clear and grub, trucking, drainage, milling, paving, incidental concrete, fence and guardrail, signs, structures, traffic control, utilities, signals, pavement marking, erosion control and seeding. Bids can be emailed to stw.quotes@stwcwcorp.com. Please contact S. T. Wooten at 252-291-5165, Fax 252-243-0900 no later than 5:00 p.m. the day before the bid date.

The North Carolina Department of Transportation, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42, U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all bidders that it will affirmatively ensure that any contract entered into pursuant to the advertisement, disadvantaged business enterprises will be afforded full and fair opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. In accordance with other related nondiscrimination authorities, bidders and contractors will also not be discriminated against on the grounds of sex, age, disability, low-income level, creed/religion, or limited English proficiency in consideration for an award.

11/24/22

WANTED WBE, MBE & DBE BIDS

for the following jobs:

NCDOT DIVISION FIVE LETTING
 DE00350 Granville Co. Bid Date: Dec. 14th

These projects may involve some or all of the following aspects of construction: construction survey, clear and grub, trucking, drainage, milling, paving, incidental concrete, fence and guardrail, signs, structures, traffic control, utilities, signals, pavement marking, erosion control and seeding. Bids can be emailed to stw.quotes@stwcwcorp.com. Please contact S. T. Wooten at 252-291-5165, Fax 252-243-0900 no later than 5:00 p.m. the day before the bid date.

The North Carolina Department of Transportation, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42, U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all bidders that it will affirmatively ensure that any contract entered into pursuant to the advertisement, disadvantaged business enterprises will be afforded full and fair opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. In accordance with other related nondiscrimination authorities, bidders and contractors will also not be discriminated against on the grounds of sex, age, disability, low-income level, creed/religion, or limited English proficiency in consideration for an award.

D/M/WBE

SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE, MBE, and WBE subcontractors and suppliers for the **Market Street and Porters Neck Road Sanitary Sewer Manhole and Pipe Rehabilitation** project for **Cape Fear Public Utility Authority** which bids **December 6, 2022, at 2:00 PM**. Plans and specifications for this project are available at the following locations: TA Loving Company, 400 Patetown Road, Goldsboro, NC 27530 * Cape Fear Public Utility Authority offices; 235 Government Center Drive; Wilmington, NC 28403 * Carolinas AGC Website * Dodge Data and Analytics website * ConstructConnect website * Construction Journal website * Hispanic Contractors Association of the Carolinas website * North American Procurement Council, Inc. website * The Blue Book Building and Construction Network website.

Potential subcontracting opportunities include but are not limited to surveying, clearing and grubbing, hauling, asphalt paving, striping, traffic control, erosion control, seeding, landscaping, linework, bypass pumping, flatwork, CIPP, and manhole rehab. Please contact **Jeff Price (jprice@taloving.com)** if you are interested in submitting a proposal on any portion(s) of this project. Contact via phone 919-734-8400; fax 919-736-2148; or email. All quotations will be accepted up to bid closing time of the bid date. TA Loving Company is an Equal Opportunity/Affirmative Action Employer.

Please advise if assistance is needed with obtaining necessary equipment, supplies, materials, or insurance/bonding to satisfy the work requirements. We are willing to accept quotations for all or partial quantities and items of work. We can offer 2-party check payments and quick payment agreements, but the agreements need to be negotiated prior to the bid date.

D/M/WBE

SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE, MBE, and WBE subcontractors and suppliers for the **Fort Macon Living Shoreline** project for **NC Department of Parks and Recreation** which bids **November 29, 2022, at 2:00 PM**. Plans and specifications for this project are available at the followingS locations: TA Loving Company, 400 Patetown Road, Goldsboro, NC 27530 * North Carolina Coastal Federation Headquarters; 3609 N.C. Highway 24; Newport, NC 28570 * Quible & Associates, PC; 8466 Caratoke Highway, Building 400; Powells Point, NC 27966.

Potential subcontracting opportunities include but are not limited to hauling, erosion control, and seeding. Please contact **Justin E. Hill (jehill@taloving.com)** if you are interested in submitting a proposal on any portion(s) of this project. Contact via phone 919-734-8400; fax 919-736-2148; or email. All quotations will be accepted up to bid closing time of the bid date. TA Loving Company is an Equal Opportunity/Affirmative Action Employer.

Please advise if assistance is needed with obtaining necessary equipment, supplies, materials, or insurance/bonding to satisfy the work requirements. We are willing to accept quotations for all or partial quantities and items of work. We can offer 2-party check payments and quick payment agreements, but the agreements need to be negotiated prior to the bid date.

Team Quits Tourny After Racial Abuse

BIRMINGHAM, Ala. (AP) — A women's volleyball team at a small, historically Black college withdrew from their conference tournament in Alabama after a member was subjected to racial abuse during an awards banquet, officials said.

A Talladega College player using a feature that allows nearby cell-phones to transfer data to each other received a "racially motivated picture" during the Southern States Athletic Conference's volleyball awards banquet, held last week during the tournament in Montgomery, the conference said in a statement.

Officials didn't release details on what the image showed, but the conference described the act as "vile and vicious."

"It's just a very unfortunate thing. We wish it hadn't happened," Commissioner Mike Hall said in an interview Wednesday.

The team left the banquet and quit the tournament, the college said in a statement issued in support of the players' actions.

"We commend the women's volleyball team. We celebrate them for their bravery. We honor them for their commitment to the founding principles of Talladega College as well as the tenants of diversity, equity, and inclusion," the school said.

College President Gregory J. Vincent has since talked with the team, the statement said, and Hall said the 11-school conference was still investigating what happened a week later.

"The SSAC will not condone this type of behavior. We are very supportive of all of our student-athletes, coaches and staff from our 11 institutions. We sincerely regret that this occurrence happened," the league statement said.

Talladega College, located about 55 miles (89 kilometers) east of Birmingham, was formed by freed enslaved Black people after the Civil War ended in 1865.

The conference is composed of small schools from Alabama, Florida, Georgia, Louisiana and Mississippi.

How To Mitigate Rising Auto Loan Interest Rates

The Federal Reserve issued its latest interest rate hike in early November. It marks the sixth increase this year and has pushed new auto loan finance rates to their highest since 2019. Rates for used cars have also hit their highest since 2010. This will affect car shoppers this holiday season and into 2023 as they must contend with fewer low annual percentage rate incentives and more expensive car loans overall.

According to Edmunds sales data in October, the average interest rate was about 6.3% for new cars and 9.6% for used vehicles.

"High APRs coupled with 72- or 84-month loans result in a person paying roughly a 20% premium over MSRP over the life of the loan," said Ivan Drury, director of insights for Edmunds. On a \$40,000 vehicle, with the current average APR of 6.3% and a 72-month term, this translates to \$8,139 in finance charges, plus sales tax and title fees. Drury adds that this added cost will effectively cancel out any value you would get by trading in that vehicle in the near future to take advantage of elevated used car values.

Edmunds experts provide a few tips on how to best manage high-interest rates to help shoppers in need of a new or used vehicle in the coming months.

FOR THOSE WITH GOOD CREDIT

Consider leasing: We're not making the case here that leasing a new car is a better financial move than buying it. But with the average new car monthly loan payment currently around \$700, and an increasing number of people with payments in excess of \$1,000, a lease can be a more affordable method of getting into a new car. That said, restrictions on lease deals have tightened, and you'll need to be comfortable with lower mileage limits than in the past. Additionally, it is not uncommon to find vehicles with dealer-added accessories or added fees called market adjustments.

"In a scenario where all the lease terms are the same, the monthly payment for a vehicle with an MSRP of \$40,000 and a \$2,000 markup will be higher than leasing a \$42,000 vehicle with no markup," said Richard Arca, Edmunds' director of vehicle valuations and analytics. There is no residual value on markups and the customer pays for all of it plus interest over the lease term, adds Arca.

-Find a vehicle with a low APR offer: While there are no longer 0% interest offers, it is still worth looking into current promotional offers since they tend to be lower than the average rate. If you're willing to keep an open mind about brands and models and are able to handle a shorter loan term, you can still get a solid financing deal by today's standards.

-Consider a certified pre-owned vehicle: A certified pre-owned vehicle is a lightly used car that has been given a number of manufacturer-recommended inspections, thorough reconditioning and a factory-backed limited warranty. While certified pre-owned vehicles are typically more expensive than non-certified pre-owned cars, they tend to have promotional financing from the automaker's finance arm. When you combine the lower cost to finance with the added peace of mind from the warranty, a certified pre-owned car starts to look more promising.

FOR THOSE WITH LOWER CREDIT SCORES

-Consider buying an older used car: The average used-car interest rate is higher than the new-car rate, but since a used car is generally less expensive than a new one, you're more likely to be approved for financing and have a lower monthly payment than if you bought it new. Just be mindful of the length of the car loan, as the finance charges can quickly skyrocket with the higher rates.

-Get preapprovals from other lenders: This advice applies to those with either a high or a low credit score. Take the time to get preapproved by other lenders before you head to the dealership. It will give you a better idea of what the total loan amount will be and give you a basis from which to compare the interest rates that the dealership's lenders may offer.

Survey: More Holiday Shoppers Will Likely Shop On Small Business Saturday Than Black Friday This Year

BANKRATE.COM—Small business owners across the country might want to stock up on inventory or hire extra help for the coming weeks. A new survey from Bankrate found 59 percent of holiday shoppers are likely to shop on Small Business Saturday this year, ahead of Black Friday (56 percent), but behind Cyber Monday (66 percent).

Founded in 2010 by American Express and cosponsored by the Small Business Administration, Small Business Saturday is an annual holiday dedicated to supporting small businesses. Nested between two shopping mega-holidays — Black Friday and Cyber Monday — Small Business Saturday is a great way to support your community while working through your holiday shopping list.

“There is always a lot of enthusiasm around Small Business Saturday,” says Ted Rossman, Bankrate senior industry analyst. “There’s a strong desire to support local businesses that are important parts of our local communities.”

YOUNGER GENERATIONS LEAD THE HOLIDAY SHOPPING RUSH

Shoppers spanning generations say they will spend their money at local retailers for Small Business Saturday, but millennials lead the way, with 69 percent of shoppers in this age group reporting that they plan to participate. Gen Zers are a close second, with 65 percent likely to shop on that day. Gen Xers and (61 percent) and Baby boomers (49 percent) are less likely to say they will be doing the same.

Overall, 80 percent of those who plan to do holiday shopping this year say they will shop on



at least one of the following days: Black Friday, Small Business Saturday or Cyber Monday. Again, younger generations are most inclined to shop on the days following Thanksgiving. This includes 92 percent of millennial holiday shoppers, 90 percent of Gen Z holiday shoppers, and 79 percent of Gen X holiday shoppers. Comparably, just 71 percent of baby boomers plan to shop on any of those three dates.

CONSUMERS SEE THE BIG BENEFITS OF SHOPPING SMALL

Where people plan to ultimately buy their purchases this holiday season is mixed: 65 percent of holiday shoppers plan to buy from a small business this holiday season, while 78 percent

plan to buy from a large business. And although 74 percent of these shoppers plan on shopping online, a significant number — 67 percent — plan to shop in person.

Despite the mixed plans, it’s clear that small businesses are competing with retail giants during the holiday 2022 season. That may be because 95 percent of holiday shoppers say that small businesses have at least one advantage over large businesses. More than half (51 percent) say they appreciate the unique gift ideas, 48 percent say they like the better customer service, and 39 percent say they appreciate that small businesses foster a sense of community.

“As our survey indicates, shoppers also shop locally because they enjoy interacting with

knowledgeable staff members and discovering original gift ideas,” says Rossman.

Only 23 percent of holiday shoppers believe that small businesses offer lower prices than their more corporate counterparts, and just 14 percent think small businesses have better inventory and availability.

OLDER GENERATIONS MOST LIKELY TO APPRECIATE THE ADVANTAGES OF SHOPPING SMALL

Again, different generations responded differently about the benefits of small business shopping. Holiday shoppers in older generations were far more likely to say that small businesses provide more unique gift ideas — 63 percent of Baby boomers and 53 percent of Gen Xers versus only

41 percent of millennials and 40 percent of Gen Zers.

The same split existed regarding customer service: Among holiday shoppers, 63 percent of Baby boomers and 49 percent of Gen Xers cited better customer service at small businesses as opposed to only 35 percent of Gen Zers and millennials.

Regarding small businesses fostering a sense of community, 48 percent of Baby boomers, 39 percent of Gen Xers and 30 percent of Gen Zers and millennials say small businesses contribute in this way.

SHOPPERS ARE STARTING EARLY, SPENDING MORE

“This is an important holiday season for small businesses that are still recovering from the pandemic and dealing with

other challenges ranging from inflation to supply chain woes, labor shortages and more,” says Rossman. “I get the sense that many small businesses and their customers are optimistic and resilient despite these issues.”

And data back this up: retail sales are up nearly 10 percent from a year ago, according to the U.S. Department of Commerce. If you’re a business owner rebuilding after a tough few years, Small Business Saturday could be a boon to your bottom line.

Small businesses can take part in the holiday in a variety of ways, including offering special deals and discounts for people shopping that day, promoting their value to the neighborhood and partnering with other stores in the area to set up holiday events and sidewalk sales. Some may extend their shopping hours, opening early and staying late, to accommodate the greatest number of people. American Express also provides marketing materials for small businesses, including posters, they can put in their windows advertising the day.

In an August 2022 survey, Bankrate found that about half of holiday shoppers got started before Oct. 31, noting that Thanksgiving weekend is no longer the unofficial kickoff to the holiday shopping season. It has evolved into more of a mid- or even late-season event.

“While Thanksgiving Week remains an important tentpole event for retailers, the holiday shopping season started earlier than ever,” says Rossman. “The deep discounts began in early October with Amazon’s Prime Early Access Sale, Target Deal Days and other competing sales.”

SUPPORT SMALL & LOCAL BUSINESSES

Small and local businesses are what make communities strong. When you spend your money with these companies, those dollars stay here. Your dollar circulates in the community so much longer when you buy local. These business owners are your neighbors, your friends and a big part of the financial backbone of our communities.



Jack's Seafood & Soul Food
LOCALLY OWNED SINCE 1976

Two Locations

1516 New Bern Ave
Raleigh, NC 27610
919-755-1551

5416 Rock Quarry Rd
Raleigh, NC 27610
919-329-8125

\$1.00 OFF

any take-out or dine-in combo order. Must present coupon at time of purchase.

offer exp 11/30/2022

Lea Funeral Home
2500 Poole Road
Raleigh, NC 27610
(919) 231-1000

“Professional Service With Personal Care”

Call or Visit Us. We also offer Cremation Services & Pre-need Arrangements. You can reserve Our State-of-the-Art Banquet Facilities for your next event

ABE JONES
Attorney at Law

3401 Wendell Boulevard
Wendell, N.C. 27591

919-817-2714 (office) 919-817-2711 (cell)
legallaaffairs@abejoneslaw.com
Fax: 919-366-6770

LAW OFFICES OF ABE JONES

AUTO ACCIDENTS

CALL
ELWOOD BECTON
ATTORNEY AT LAW
919-856-0414
FREE CONSULTATIONS
“KNOW YOUR LEGAL RIGHTS”
805 NEW BERN AVE. • RALEIGH, NC 27601

Get Your Free Market Report
What is your home really worth?

FOR SALE

JAMESBROWNJR.COM
real estate, your best investment

Contact me today for a free market report: 919-832-1814 ext. 305

We Only Build Garages and Out-Buildings

Stu Daugherty
Owner

Visit us at the:
HOME IMPROVEMENT CENTER

4905 Departure Dr.
Raleigh, N.C. 27616
(919) 790-1234
FAX (919) 790-1010
www.carolinacustombuilders.com
carolinacustom@hotmail.com

Carolina Custom Builders

Steven L. Lyons Funeral Home
“Trust ~ Service ~ Compassion”
1515 New Bern Avenue
Raleigh, NC 27610
stevenlyonsfuneralhome.com
(919)831-2596 Phone

RBR | Physical Therapy, LLC
revive. boost. rebuild.

“Call us today, start your journey to recovery!”

RBR PT Specializes in:

- *Functional assessments
- *Strength training
- *Modalities for pain
- *Balance/Stability training
- *Flexibility/Mobility training
- *Home exercise programs

(No physician’s referral to get started)
1300 Corporation Pkwy, ste. B
Raleigh, NC 27610
919-917-7729 (office)
919-400-4178
www.rbrpt.com

Health & Fitness

Doctors Often Miss Depression Symptoms For Certain Groups

By Maria Garcia
Professor of Medicine, Univ. of California

Depression is a costly and debilitating condition that profoundly influences a person's quality of life. In 2020, more than 21 million adults in the U.S. reported having at least one major depressive episode in the previous year. Depression symptoms increased dramatically during the COVID-19 pandemic, and now affect nearly 1 in 3 American adults.

There are also many disparities in access to depression treatment. Clinicians are less likely to recognize and treat depressive symptoms in certain groups, including racial and ethnic minorities, men, older adults and people with language barriers. These disparities may be driven by poor patient-physician communication about mental health, cultural differences in discussing depressive symptoms, stigma around mental illness and limited available treatment options.

Limited time to discuss men-

tal health symptoms in depth in primary care settings may also contribute to the depression treatment gap. As a researcher and primary care physician focused on improving access to mental health treatment, I have seen many patients struggle to have their depressive symptoms recognized by their clinicians and access quality care. Depression screening often only occurs when a clinician suspects the patient may have depression or when the patient specifically requests mental health care.

But making depression screening a routine practice could help reduce treatment disparities. In January 2016, the U.S. Preventive Services Task Force began recommending depression screening for all adults. In October 2022, given the mental health effects of the pandemic, it extended the recommendation to include screening all adolescents age 12 and up for depression and suicide risk during routine wellness checkups.

In our recent study, my team

and I found that implementing universal, routine depression screening for adults in primary care is one way to make detection more equitable.

The goal of our study was to evaluate whether the six primary care practices in the University of California, San Francisco health system had adopted routine depression screening for all their adult patients, and whether traditionally undertreated or untreated groups were being screened.

Medical assistants were asked to administer the screening test before patients saw their clinician. The clinician, after reviewing and discussing the results with the patient, could then arrange a follow-up appointment, prescribe a depression medication or submit a referral to a behavioral health specialist.

After two years, we analyzed data for 52,944 adult patients who had an appointment at one of the primary care clinics in that period. Screening rates were initially low – only 40.5% of patients were

screened. Furthermore, men, older adults, racial and ethnic minorities, those with public health insurance, and those with language barriers were all less likely to be screened. For example, patients who spoke a Chinese language were almost half as likely to be screened as patients who spoke English.

However, with the UCSF health system's coinciding focus on equity, screening rates increased to 88.8% by 2019. UCSF Health established a task force that met over the course of the project to discuss its progress, share best practices across primary care clinics and actively make adjustments to address screening disparities.

Overall, screening rates dramatically increased over those two years for all groups at risk of having their depression go unrecognized and untreated.

Depression is a leading cause of disability worldwide. It can affect a person's ability to manage other chronic conditions, and can lead

to worsened disability and earlier death.

Our research found that increasing universal screening efforts can help reach groups that are less likely to be screened and treated for depression. We ensured that screening tools were available in other languages, clinical staff were periodically trained, and screening was integrated with routine clinical tasks. We also made sure that our efforts were aligned with the UCSF health system's priorities, quality improvement efforts and reimbursement policies to reduce the burden of implementation and ensure sustainability.

While depression screening is necessary, it is not sufficient

on its own to decrease care disparities for depression. Additional research is needed to see whether improved screening will lead to increased treatment and care engagement among at-risk groups.

Our team's next steps are to evaluate whether a positive screen led to initiation of treatment for depression, and whether all patient groups were equally likely to engage in treatment. Our hope is that the lessons we learned from implementing routine depression screening in our primary care practices can encourage other health care systems around the country to do the same, and help better serve diverse patient populations.

How To Avoid A Post-Thanksgiving Food Coma

By Brandy Buro, RD, LD
Weight and Wellness.com

As you're organizing your Thanksgiving menu, making your grocery lists and checking them twice we wanted to offer some advice on how to "survive" the holiday that revolves entirely around food. And really when you think about it, this one day somehow turns into the start of a five-week free-for-all until it's time for the New Year resolutions.

All that said, Thanksgiving doesn't mean your good nutrition habits have to suffer or go completely off track. The traditional elements of a Thanksgiving dinner, when paired together, can be balanced—turkey, buttery green beans and sweet potatoes—but add the crusty bread, pumpkin pie, pecan pie, marshmallow salad and candied cranberries and things have quickly gotten out of control. Here are some tips to keep in mind as you head out to,



host your own, feast.

1. No such thing as "saving room"
Please don't skip eating all day before the big meal; that plan to "save room" always backfires. Imagine how hungry you'll be once the appetizers come out. You'll be tempted to eat everything in sight! Not just that, but not eating all day will cause your blood sugar to dip and make you cranky, which doesn't make for a fun Thanksgiving. The best advice is to start your Thanksgiving Day with a balanced breakfast.

2. Off limits
We suggest avoiding anything
3. Look for homemade
There are just so many hidden ingredients in store-bought foods. Try to avoid those processed goods (loaded with the damaged fats, sugars and refined flours we mentioned above) and stick with the homemade items. At least you know homemade was crafted with real ingredients. And probably made with the secret ingredient of love!

laden with sugar, refined flours and refined fats. All these artificial foods are very addicting and can be hard to resist once you've started. It's not a lack of willpower that makes you reach for roll after roll; it's your brain chemistry thrown off from all those artificial ingredients. Give your brain a break and know that certain things just have to be off limits. With so many other real food options, you won't be sacrificing the deliciousness of the meal if you skip the fall-colored M&M candy dish.



"Save The Dad Bod"

On Friday November 18th, Vision Church hosted a free movie screening of a new documentary titled, "Save the Dad Bod."

"Save the Dad Bod" is a film that explores men's health and asks the question, why don't men go to the doctor? The film follows a 34 year old cancer survivor as he talks to medical professionals, researches his family's health history of heart disease and stroke, addresses the impact of systematic racism and economic disparity in healthcare, and the role that American masculinity plays in leading men to an early death.

Featuring an all-star cast featuring Howard Lee, Dr. Eric Wallen, UNC basketball Legend Phil Ford and many more, SAVE THE DAD BOD is an audience loving force for change.

The film was written by Argyle Rebel Films founded Michael Washington, and produced in cooperation with K.I.N.G Movement.



Paid for by the
U.S. Department of Health
and Human Services.



Keep Your COVID Protection On Point!

Updated vaccines protect us against the original COVID virus and Omicron. Get your updated vaccine today and protect yourself and those you love.

Find updated COVID vaccines for everyone 5+ at [vaccines.gov](https://www.vaccines.gov)



Kid Scoop .COM

THE AWARD-WINNING PRINT & ONLINE FAMILY FEATURE



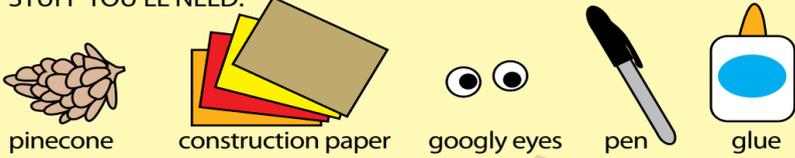
© 2022 by Vicki Whiting, Editor Jeff Schinkel, Graphics Vol. 33, No. 50



THANKSGIVING CRAFTS

Grateful Pinecone Turkey

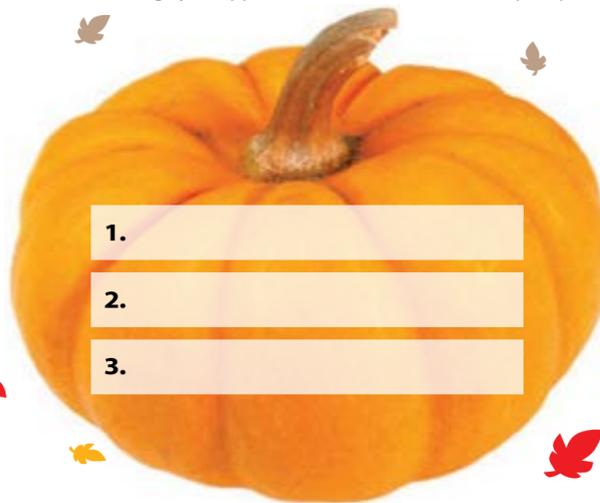
STUFF YOU'LL NEED:



1. Cut construction paper into strips about 11 inches long. These will be tail feathers.
2. Fold each strip in half and write something you're grateful for on each "feather."
3. Put a dab of glue on the end of each feather and insert in pinecone.
4. Cut a turkey head shape out of paper. Glue on eyes and a beak.
5. Place the turkey in a place of honor on your Thanksgiving table!



What are you thankful for at school?
Write three things you appreciate about school on this pumpkin.



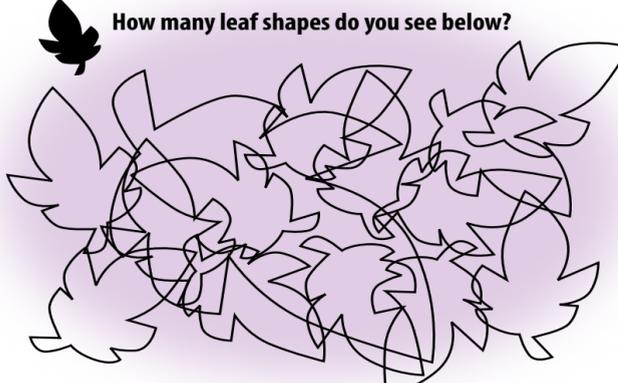
The Thankful Pumpkin

STUFF YOU'LL NEED:



Pass a pumpkin around before your Thanksgiving dinner. Have each person write some things they are thankful for on the pumpkin. Keep writing things until the surface of the pumpkin is mostly covered. Then use the pumpkin as a centerpiece on the table.

How many leaf shapes do you see below?



How many leaves can you find on this page?

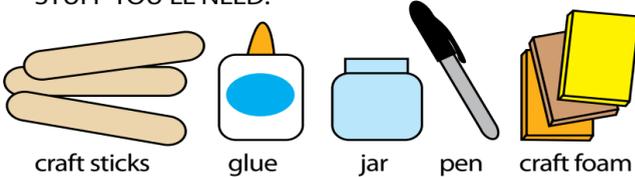
Extra! Extra! Holiday Helpers

Look through the newspaper with a family member. Try to find five or more examples of people or organizations that help those in need during the holiday season.

Standards Link: Research: Use the newspaper to locate information.

Leaves of Love

STUFF YOU'LL NEED:



1. Cut leaf shapes out of red, brown, yellow and orange craft foam.
2. Write each guest's name on a craft stick.
3. Glue a leaf to each craft stick and place them in the jar.
4. During dinner, have each person pull one stick and say why they are grateful for that person.



Kid Scoop Puzzler

Practice saying **THANK YOU** in seven different languages! Match each **Thank You** below to the country from which it comes. Stuck? Ask a family member for help.

- Tak** (takg)
- Gracias** (gra-see-us)
- Merci** (mehr-see)
- Kiitos** (kee-toas)
- Danke** (dahn-kah)
- Arigato** (ahree-gah-tow)
- Dziekuje** (dsyne-koo-yeh)

- FRANCE**
- DENMARK**
- JAPAN**
- POLAND**
- FINLAND**
- MEXICO**
- GERMANY**

FROM THE Kid Scoop LESSON LIBRARY

Thankful Letter to the Editor

Who in the community are you thankful for? Perhaps a teacher? A coach? A first responder? Write a letter to the editor of this newspaper telling the community why you are thankful for someone.

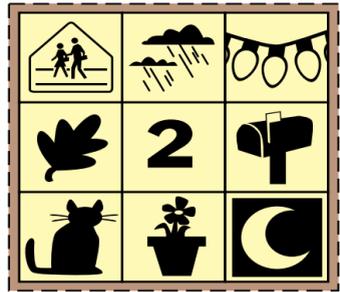
Standards Link: Research: Use the newspaper to locate information.

What do snowmen eat for Thanksgiving dinner?

ANSWER: Cold-slaw.

After Dinner Bingo

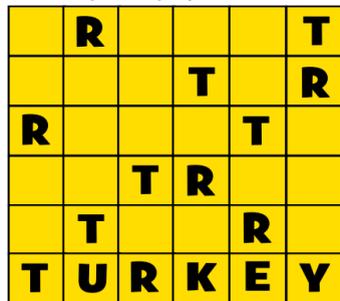
After dinner, take a stroll around your neighborhood with friends or family members. On this walk, each of you take one of the cards below and cross out items as you see them. First one to black out the card wins!



Standards Links: Investigation: Record information about the living world.

Kid Scoop-doku™

Complete the grid by using all the letters in the word **TURKEY** in each vertical and horizontal row. Each letter should only be used once in each row. Some spaces have been filled in for you.



Write On!

Thanksgiving Poem

Write a poem about Thanksgiving.

Community

Ligon Class Of '67 Celebrates 55 Years

By Alicia Adcock

President, Class of 1967

On Saturday, Oct. 22 the J.W. Ligon class of 1967 got together at Carolina BBQ for fellowship and a delicious meal to commemorate being out of high school for 55 years. Wow!

Starting things off, we were greeted by classmate, A. Offord Carmichael with the Invocation, and greeting from President, Alicia Adcock, welcoming all classmates and guests near and far. Those in attendance were classmates: Annie Hilliard Arrington, Cleveland Bryant, Jr., Treasurer, Jerry Bryant, Charlesea Morgan Burgess, A. Offord Carmichael, Janice Trice Carmichael, Anita Miller Chesney, Mose Dorsey, Artura Ritter Edwards, Ann Tomlinson Hodges, Vice-Presi-

dent, Paul Jervay Jr., Claudette Fort Leak, John Leak, Willie Puley, Mikel Avery Tawwab, Catherine Hinton Thomas, Dalphine McAlister Upperman, and Marietha Hawkins Wilson. Guests included Anthony Alston, Dorothea McNeil Alston, Evelyn DeLaine Bryant, and Sheila Fort Ray.

By the Grace of God, we are grateful and thankful to be here, and we are extremely proud of all of our great accomplishments we have achieved then and now.

To name a few: the Class of 1967 brought the first State Championship to Ligon in basketball, as well as individual and team championships in baseball and tennis, the first Gifted and Talented Program in the State, a Merit Scholar, National Achievement Finalists, and Vocational

Industrial Clubs of America. Having had Legendary Teachers and Coaches that instilled in us, to be the best we could be, some classmates are still working at age 70 plus; What a Blessing!

We have had, and lived through lots of experiences and history, some even tragic, not to mention the devastation of COVID-19, the pandemic on the world, mass shootings, etc. We have weathered the storm, yet we're not out of the woods and need to continue to believe, keep the faith, take especially good care of ourselves, and Pray, Pray, and Pray...

A Moment of Silence was observed for family, classmates, teachers, coaches, and friends that are no longer with us; and for our classmate David Mack, who was funeralized on this day.

It was a wonderful time as we continued to laugh, joke, reminisce, and give tokens of appreciation for coming; including a *Carolinian* Newspaper, poem, "It's A Celebration," and Alicia's personal Happy Birthday Bookmark for the group, and for Paul Jervay Jr., who celebrated a beautiful day on Oct. 25.

Continuing to keep the "Ligon Little Blues Spirit" alive, Paul Jervay Jr., with the support of the J.W. Ligon class of 1967 will go forward on getting a Historical Monument on Ligon School grounds displaying that Ligon was a Historic Junior/Senior High School from 1954-1972.

The upside of it all is God giving us the true blessing of one of "His" most precious gifts of friendship, and so many of us have remained dear friends all of these years; for this milestone and friends zone we need to pat ourselves on the back, give ourselves a hug, and shake both hands, and thank God for holding us in the palm of "His" Hand!

In conclusion, a Circle of Friends joined hands and was Blessed with a Benediction of Thanksgiving, Love, and Friendship by our own Rev. A. Offord Charmichael. Congratulations! It's A Celebration!



Pictured Left to Right: 40th Grand Basileus Antonio F. Knox, Sr., 43rd Sixth District Representative Al White, Logan Thomas, Renae Lockhart, Bro. Michael Boykin, Bro. Quando Gerst, Bro. Marvin L. Whitaker, Jr. and Bro. Gary Bussey

Omegas Celebrate Achievement Week

The Iota Iota Chapter celebrated their annual Achievement Week in November with a range of activities designed to enrich the community.

Achievement Week is one of Omega's internationally-mandated programs. Originally designed to promote the study of Negro life and history, Achievement Week is observed in November of each year and is designed to seek out and give due recognition to those individuals at the local and international levels who have made a noteworthy contribution toward improving the quality of life for Black Americans. With this Achievement Week, the fraternity recognizes the 111th year of its founding on Nov. 17, 1911.

The week festivities started on Sunday, Nov. 13 with mem-

bers worshipping together at Watts Chapel Missionary Baptist Church in Raleigh. Other activities for the week included Feed the Community at Grace AME Zion Church, Mental Health Forum UnMasking Mental Health Challenges in Our Children in 2022 (Facts vs Fiction), Virtual Reading Day at Zebulon & Fox Road Magnet Elementary Schools, Founders Day Program and culminated with the Achievement Week Banquet on Friday, Nov. 18.

Among this year's highlights was a message from guest speaker and 43rd Sixth District Representative of Omega Psi Phi Fraternity, Inc. Bro. Al White.

This year Iota Iota Chapter Award winners were as follows: High School Essay Winner

- Olu Rouse
- Organization of the Year Logan's Pals
- Citizen of the Year Renae Lockhart
- Brigadier General Charles Young Military Award
- Bro. Commander AJ Wiggins Superior Service Award
- Bro. Quando Gerst Founders Lifetime Achievement Award
- Bro. Adrian Jones Advisor of the Year
- Bro. Michael Boykin Omega Man of the Year Graduate
- Bro. Marvin L. Whitaker, Jr. Omega Man of the Year Undergraduate
- Bro. Malik Sarratt Advisor of the Year
- Bro. Michael Boykin



The Flood Group Holds Annual Meeting



The Flood Group, an education advocacy non-profit started by Dr. Dudley Flood, held their annual meeting at Chavis Community Center in Raleigh attended by 65 people. The theme centered around "What about the Children" and the discussion was led by an expert panel. The panel was Dr. William

Chavis, WCPSS Office of Equity Affairs; Trixy Baldwin, MA, NCC, LCMHC, LCAS, Baldwin Counseling & Consulting Services; Deanna Townsend; Ashley Kazouh, Dudley Flood Center for Educational Equity Opportunity; and James Montague (not pictured), Real Estate Developer.

Angela Harris served as moderator and kept the discussion on track. James Montague discussed the value of a sound education in the business world, and Mr. Dudley Flood wrapped up the discussion with closing words. Photos By Mathias Bishop

Shaw Univ. Files Complaint With DOJ

RALEIGH— During a press conference on Monday, Nov. 21, representatives for Shaw University in Raleigh, North Carolina, announced that the university has filed an official complaint with the United States Department of Justice to "Request for an investigation into Title VI and Civil Rights Violations committed by the Spartanburg County and the Cherokee County, South Carolina Sheriff's Offices." Page 1 of the filing states, "Shaw requests an expedited and independent review of the unfounded search of eighteen Shaw University students in October 2022, and an investigation of the Spartanburg County and Cherokee County Sheriff's Offices for civil rights violations."

The official letter highlights three key areas of concern: Search and Seizure Under the Pretext of an Alleged Lane Violation



DR. PAULETTE DILLARD

Violation of the Passengers' Reasonable Expectation of Privacy
Operation Rolling Thunder
The filing is in response to an Oct. 5 traffic stop of a Shaw University-chartered bus in Spartanburg County, South Carolina,

transporting a group of 18 students who were on their way to Atlanta, Georgia, for a financial leadership conference. The traffic stop was cited as a minor traffic lane violation by law enforcement officials, which then resulted in a drug search of the bus luggage compartments and several students' personal belongings. Nothing was found during the search.

During her remarks at the press conference, Shaw University President Dr. Paulette Dillard said: "There is real harm done when individual rights are overlooked, ignored or denied - and when it becomes commonplace to violate the civil liberties of innocent Americans traveling on an Interstate highway. The harmful effects of eroding individual rights under the pretext of law and order are real - and they are rampant all over the country."

Ag-Grow-Culture

Localized Food Systems Can Help Combat Rising Grocery Prices

By Jason Lindsay

Staff Writer

Inflation seems to be the nations word of the year as we close out 2022. And through the lens of agriculture, inflation means an increase on the nations most essential commodity, food.

The price to eat has increase 13 percent just in the last year. Through the month of September alone, we witnessed an increase of almost 1 percent. Yet, the inflation that we are victim to in the grocery stores are not so much do to the war in Ukraine or trade wars with China. No! This price increase is an internal affair that highlights a fragment, to say the least, food system that have defunded and disenfranchised hyper-local food supply chains (the small diverse farmer).

This does bring us to a question: if foreign conflicts and trade wars are not to blame for inflation in the grocery store for general essentials like produce and meats then what is? Throughout the world, we are still dealing with the realities of Covid. Our environment is undergoing drastic changes as well. The nation has witnessed record braking drought, particularly in the western region of America,

dramatically dropping yields and raising the cost to produce, ultimately increasing the price for consumers while limiting the volume available for purchase.

The grocery product that has been getting the most attention is lettuce. The lettuce shortage has been felt nationwide, but the attention is not placed on lettuce because kids aren't getting enough in their school lunches (which they're not), but more so because major restaurants chains can't meet demand. It is important to note that these large restaurant chains do not patronize small independent farmers. And their priority is not so much based on quality as it is quantity. Yet, Big Ag. (companies that large restaurant chains patronize) farming systems are profoundly failing to adapt to the ever-changing climate of global-warming. Not to mention the quality of food is measured by the quality of soil and big ag. producers of lettuce are witnessing plant disease at levels never seen before.

96 percent of restaurants are being affected by this lettuce shortage. With hurricanes, major droughts and disease, the average cost of a salad has increased 5.3 percent. Big chains like: Taco-Bell, Chick-fil-a, Subway, and

Panera Bread all have alerted their consumers to the loss or limit of products that feature lettuce. A large portion of the nation's invested lettuce producer are in California.

California has been making news nationwide concerning the drought issues they are facing. And to add insult to injury, this year's lettuce crop was hit with a lethal pathogenic virus, Impatiens Necrotic Spot Virus (INSV). This disease develops brownish black spots on the leaves in which feed on the plant for the duration of the plant's life cycle. In a business where presentation is almost everything, this renders these lettuce plants unsafe and unsalable.

The price for lettuce began to spike during the wake of the pandemic. In 2019, a box of lettuce ran \$14.00. Now 2022, lettuce is \$67.00 per box on average. Just last month lettuce yields were down 50 percent, yet with the surge in temperatures within the last few weeks led to a surge in INSV on the lettuce further dimensioning yields, now down 75 percent.

Unfortunately the shortage does not stop there. The hurricanes didn't just damage the lettuce. Disease and climate inconsistencies are hitting big

ag. specialty crops across the country. The large majority of these farms are growing with the assistance of chemicals, ignoring the natural rhythms of nature and taking where they never give back. The corporate farms have made extreme the degree of plant manipulation and synthetic chemical inputs they are willing to inflict on the food they produce for the sake of the dollar. And through it all they have denounced mother nature, raping her season after season and then having the nerve to come back, again. It seems that nature have had enough, and the people are left to flip the bill.

Shortages are emerging in asparagus (disease/ drought), green-beans (hurricane), strawberries (drought), broccoli (disease/ drought), cauliflower (disease/ drought), corn (disease/ drought), lettuce (disease/ drought), mushrooms (disease), yellow squash (hurricane), and tomatoes (disease/ drought).

The nation's trouble does not end there. With this weekend being the week of Thanksgiving, 88 percent of Americans will be consuming the holiday's staple, turkey. Yet, the turkey industry is witnessing a reality almost as tragic as the true ending of the thanksgiving story. Truth be told,

large turkey farms have been witnessing a "turkey pandemic."

Avian Flu (H5N1/Avian Influenza) which is a strain of the bird flu has infected 50,444,060 poultry as of last week and over 6 million have been turkeys. This count does not include wild birds who can also contract the disease. In fact, humans can contract the disease as well. For birds this flu hits fast and is fatal. Most poultry birds are dead within two days and now it is a national issue.

Even within North Carolina H5N1 has claimed the life of more than quarter a million birds. One farm in Wake County was hit by the virus just last month with an additional 9 farms in Johnston and Wayne Counties, which have been battling the virus sense the first of the year. 3 percent of the nations poultry has been infected, leading to a price increase that starts at 20 percent.

This is the largest outbreak within the history of the virus. The last outbreak was 2016 for this flu that supposedly originated in Scotland. Since its origins, this strain of influenza has mutated many times. Now highly pathogenic, H5N1 passes from bird to bird or person to person. And now in America 46 out of 50

states are witnessing this virus and so far, none have survived.

America purchases 46 million turkeys annually and most Americans won't purchase turkey until the week of thanksgiving. Yet when they do, they'll see a big jump in prices and/or a shortage of supplies.

This puts in the face of the people the fragile state of our current food system. Built out of divesting the small multi-crop farms and substantially investments in big corporate ag. cultivated on consolidated land. This system is failing us while producing poor product and making us sicker and sicker along the way. And, as you can see, the birds are sick and the plants are sick now, too. I feel it safe to say that mother nature herself has grown sick and tired of the disrespect, rape and neglect inflicted on her and through the act of climate change is standing up and saying, "enough is enough."

We must remember again that food systems are built by communities, cultivated by the hands of the chosen, and harvested to the glory of us all. We have failed ourselves by supporting a system that disregards mother nature. There is a cost for that and a cost to fix it. Which one would you rather pay?

Church

Africa Under The Nazis 1942

By Sarah Abrevaya Stein

University of California, Los Angeles

Eds: This story was supplied by *The Conversation and The Carolinian* does not guarantee the content.

(THE CONVERSATION) Eighty years ago, in November 1942, the Nazis occupied Tunisia. For the next six months, Tunisian Jews and Muslims were subjected to the Third Reich's reign of terror, as well as its antisemitic and racist legislation. Residents lived in fear—"under the Nazi boot," as Tunisian Jewish lawyer Paul Ghez wrote in his diary during the occupation.

One of us is a historian; one of us is an anthropologist. Together, we have spent a decade gathering the voices of the diverse peoples who endured World War II in North Africa, across lines of race, class, language and region. Their letters, diaries, memoirs, poetry and oral histories are both defiant and broken. They express both faith and despair. All in all, they understood themselves to be trapped in a monstrous machine of fascism, occupation, violence and racism.

When most Americans think of the nightmares of the war or the Holocaust, they think strictly of Europe. Hate has a shifting color wheel, however—and we learn something new when we watch its spin in wartime North Africa.

The history of Jews settling in North Africa begins as early as the sixth century B.C., after the First Temple in Jerusalem was destroyed. Another significant wave of immigrants followed the Spanish Inquisition. At the start of World War II, a diverse North African Jewish population of roughly 500,000 coexisted with Muslim neighbors.

North Africa's Jews spoke many languages, reflecting their many different cultures and ethnicities: Arabic, French, Tamazight—a Berber language—and Haketia, a form of Judeo-Spanish spoken in northern Morocco. While a large number of North African Jews, particularly in Algeria, enjoyed the privileges of French and other Western citizenship, the majority remained subjects of local leaders.

During the Second World War, however, those who held French citizenship had it stripped away. Three European powers ruled North Africa during the war, all brutally.

Morocco, Algeria and Tunisia were, for most of the conflict, in the hands of Vichy France. This authoritarian government, which collaborated with Nazi Germany, was formed in July 1940 by armistice, after Ger-

many's successful invasion of France. It was ruled by Marshal Henri Philippe Pétain, a French hero of the First World War, out of the southern city of Vichy.

All antisemitic and racist laws and policies the Vichy regime imposed upon continental France were extended to its colonies in North and West Africa, pushing Jews out of professional sectors, stripping them of citizenship—if they had it to begin with—and seizing Jewish property, businesses and assets.

The Vichy regime also continued racist policies begun by France's Third Republic, which pushed young Black men from the empire into forced military service—and the most dangerous wartime posts. These forced recruits included soldiers from Senegal, French Guinea, Ivory Coast, Niger and Mauritania; French territories in present-day Benin, Gambia and Burkina Faso; and Muslim men from Morocco and Algeria.

In these ways, the French carried on a wartime campaign of anti-Blackness and Islamophobia, pairing these forms of racialized hatred from the colonial era with antisemitism. Antisemitism had deep roots in French and colonial history, but it found new force in the era of fascism.

Antisemitic and anti-Black policy was also a bedrock of Benito Mussolini's fascist Italian government, which ruled over Libya during the war. Italy first tested its racist policies in its colony of Italian East Africa, segregating local Black populations from Italian settlers. Mussolini's regime then reshaped these policies of racialized hatred for Libya, where it pushed Jews out of the professions and the economy, seized property from thousands and deported them to labor and internment camps. Jewish children, women and men died from starvation, disease, hunger and forced labor.

Nazi Germany occupied Tunisia from November 1942 to May 1943. During this period, the SS—the elite guard of the Nazi regime—imprisoned some 5,000 Jewish men in roughly 40 forced labor and detention camps on the front lines and in cities like Tunis. German troops also terrorized Muslim and Jewish girls and women who remained behind.

The Third Reich did not set out to deport Jews from North Africa to its death camps in Eastern Europe, but hundreds of Jews of North African heritage and some Muslims who were living in France did meet this fate. They were deported first to the internment camp of Drancy, on the outskirts of Par-

is, and sent from there to concentration and death camps. Many died in Auschwitz.

There were camps in North Africa and West Africa, too. In addition to those the Italian fascists built in Libya, Vichy France and Nazi Germany ran penal camps, detention camps and labor camps.

The Vichy regime alone built nearly 70 such camps in the Sahara, breathing new life into a colonial ambition of building a trans-Saharan railway to connect the Atlantic and Mediterranean coasts. The Vichy regime saw it as a conduit for supplying the front lines with forcibly recruited, Black Senegalese soldiers.

In these camps, as in the Nazi camps of Eastern Europe, the complex racist logic of Nazism and fascism took vivid form. Muslims arrested for anti-colonial activities were pressed into back-breaking labor alongside Jews and Christians who had fled war-torn Europe, only to find themselves arrested in North Africa.

These men broke bread with other forced workers from around the world, including fighters who had volunteered for Spain's Republican Army during its civil war. These Ukrainians, Americans, Germans, Russian Jews and others had been arrested, deported and imprisoned by the Vichy regime after fleeing Franco's Spain. There were political enemies of the Vichy and Nazi regimes, too, including socialists, communists, union members and North African nationalists. Children and women were imprisoned as well.

Among this hodgepodge of prisoners, many were refugees who fled Europe, whether because of their Jewishness or because they were political enemies of the Third Reich. Inmates were overseen by French Vichy soldiers as well as forcibly recruited indigenous Moroccan and Black Senegalese men, who were often little more than prisoners themselves. Sometimes the camp prisoners interacted with local populations: Saharan Muslims and Jews who provided them medical care, burial grounds, and food and sex for money.

Nazism in Europe was underlain by an intricate matrix of racist, eugenicist and nationalist ideas. But the war—and the Holocaust—appears even more complex if historians take into account the racist and violent color wheel that spun in North Africa.

The Conversation is an independent and nonprofit source of news, analysis and commentary from academic experts. The Conversation is wholly responsible for the content.

SERMON of the WEEK



FULLY COMMITTED
Lincoln Park Holiness Church
Homecoming 2022

Theme: Fully Committed, Scripture: Galatians 6:9, Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. NIV

We had a wonderful Spirit-Filled Homecoming 2022 this past Sunday, November 20, 2022! The theme's text reminds us that a season of wonderful blessings is coming for those of you that have planted good seeds in life! So, I say to you please do not get tired of doing good. ["Do good and good will happen"].

Our speakers were: Evangelist Selena Hunter, Evangelist Anthony Evans, Mother Belinda McKoy and Elder Demetrius Hunter. For this Sermon of the Week, I would like to share two of those sermons with you.

Sermon by Evangelist Anthony Evans

As we come together to celebrate another Homecoming at Lincoln, we must be Fully Committed to following the vision of the Pastor as set forth by God.

When we study Galatians 6, we find that the Apostle Paul is writing the Galatians to encourage them not to be misinformed by others but committed to remain with the Gospel of Jesus Christ. He also explained ways for Christians to treat and respect one another.

When we see someone down, lift them up. Bear ye one another's



burdens, keep your head on straight and don't think too highly of yourself. We must be Fully Committed to keeping these principles so that we don't get weary while we are doing good. In our efforts to do good, we will reap a harvest if we faint not.

Through the encouragement of leadership and our Pastor, Lincoln Park Holiness Church has become Fully Committed to doing the work of Ministry because we know that we can not afford to get weary in well doing because our due season is at hand and we shall reap a great harvest because we won't faint. Amen.

Sermon by Mother BeLinda McKoy

Don't Give Up Now

I know it's been hard, but it's been hard for everyone. The best is yet to come. If we can just hold on a little while longer. Everything will be all right. One thing we have to do to be Fully Committed is to make a decision and stick to it.

Joshua made a decision "... if serving the Lord seems evil to you, that's on you, ... but as for me and my house, we will serve the Lord." (Joshua 24:15) Joshua won many battles and was blessed.

Fully Committed

Be like Ester, even though you know that the odds are stacked against you, and you know that God has called you for such a time as this; "...When this is done, I will go to the king, even though it is against the law. And

if I perish, I perish." (Ester 4:16) Ester saved a whole nation.

Fully Committed

The three Hebrew boys had to make a decision. They were Fully Committed to God and would not bow down. King Nebuchadnezzar told them that if they did not bow he would throw them in the fiery furnace. Their response... "Our God whom we serve is able to deliver us out of the fiery furnace. But if not...we will not serve thy God." (Daniel 3:16-17) They were put in the fiery furnace 7 times hotter than usual but they were committed to God and God was committed to them. They put in 3 men, but the fourth man made the difference.

Fully Committed

Serving the Lord will pay off after a while if you don't get weary in doing good. "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." (Galatians 6:7)

Keep doing good a good harvest is coming. Take God at His Word. He is a God that cannot lie. Your season is coming. Scripture says it's a time and a season for everything.

Lincoln Park don't give up now. We've come too far from where we started from. The road hasn't been easy, but I don't believe He brought us this far to leave us.

To view complete sermons by Pastor William Eli Ratcliff and associate ministers, please visit our YouTube Channel. Thank you!



Cultural Awareness



Community Events



Job Opportunities

The Carolinian

N.C.'s Twice-Weekly African American Newspaper

SUBSCRIBE TODAY

Yes, I Want A 1 Year Subscription For \$45.00

Yes, I Want A 2 Year Subscription For \$75.00

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

EMAIL _____



Make checks payable to The Carolinian Newspaper

Mail your subscription form and payment to PO Box 25308 Raleigh, NC 27611

Practical Biblical Principles

IT IS GOING TO RAIN

Read: Matthew 24:15-22

One of our problems we suffer as a human is that we don't like change. Even though we see ourselves grow older in the mirror each day we say nothing. In some ways it seems like we have been forced to live with and accept changes in our lives whether we like it or not. What can we do about it? Nothing! We must learn to live with whatever change comes our way.

We have seen some unthinkable political changes within the last few years. Changes we thought would or could never happen here in America. It frightens us, especially, when we are threatened with worse economic and political changes to come. It appears that some people are more afraid of political changes than spiritual ones.

Changes were what our Lord was introducing His disciples to when He spoke of the coming "End Times." For all of us, the next question to be asked is, when will these changes come? Christ couldn't answer this question simply because He didn't know when the His Father was going to make this call (parable-Matt 22:2-13).

When God sends changes into our lives, they are sent not to frighten us but to give us a "head start" on getting spiritually prepared to handle the incoming change(s), as well as to strengthen our faith which we will need to handle changes which come to us. An untimely or expected change shines a spotlight on our faith, as well as our trust in God

Some would argue that God

sent the great flood without giving anybody a timely warning. Well, is 120 years enough time? That's how long it took Noah to build the ark. When people asked Noah, what was he doing, Noah took the time to tell the folks what God is preparing to do.

Unfortunately, the people failed to read the changes in the correct way. Even though it had never rained before upon the Earth, Noah told them to expect a change that had never happened before.

Changes come to us today which have never happened before. Changes often catch us by surprise. When that happens and we are not prepared for them this what makes the changes more difficult to accept or handle.

When our Lord spoke of the changes, which were to be witnessed by the disciples in His absence, He spoke it to add to the spiritual stability of the disciples. Don't let these troubles/change trouble you, our Lord says (Matthew 24:6-7).

Our Lord is giving His followers this very same message today. "Don't be troubled" when you hear of worldly troubles, or even personal troubles for that matter. "Let not your hearts be troubled" (John 14:1). Jesus reminds us that the Father even sees the little sparrow when it falls to the ground. He feed them as well.

When our Lord was in the Garden praying, prior to the cross, he called upon prayer to help Him accept the changes which were ordained to come His way. Yes, at times change is bitter. But the power of God helped our Lord through this

crisis. Jesus will do the same for us when our crisis time comes.

What our Lord was telling His disciples, and what the Father told Jesus in the Garden, and what the Father is telling His children today, "It's going to rain!" Sometimes when it rains it pours. Walking through the valley of the shadow of death, I will fear no evil, Thy rod, and Thy staff they comfort me (Psalm 23:4). We often overlook the fact, wherever a shadow is cast there must be a "Light" nearby. This is why we should not fear the "shadow" because Jesus, "the Light" is near and is always watching and waiting.

Whether or not your vote wins, remember Jesus is still in control and He is in control of all changes. The Father dictates all worldly and local political choices for His good. Not only are we to vote for those in authority over us but also pray for them, whether they are our personal choice or not. Jesus is in control believe it or not.

God's children should not be afraid of change for God is with us. The great dinosaurs could not handle the change in weather which was forced upon them, and they did not survive the change.

It is going to rain, children. God, however, will give His children the choice of riding on His "ark"—"faith," or a "rain suit"—"trusting in the Lord!" Either will sustain you during a change in your life.

J. L. Caldwell, Pastor
New Jerusalem Baptist Cathedral Durham, NC
Website: www.mynjbc.org



"Our family serving your family four generations"

www.haywoodfh.com

2415 S Wilmington Street Raleigh, NC 27603

919-832-2835

Editorials

Editorial Policy

Unsigned editorials in this space are the opinion of the newspaper. All other opinion pieces, including those from regular columnists, are the opinion of the writers themselves. The Carolinian strives to provide provocative commentary that is likely to spur thoughtful debate, regardless of whether we agree with it.

Where Can We Cut Back?

By Mike Walden
Guest Editorial

Both of my grandfathers were farmers in southwestern Ohio. One had a hog farm and the other raised beef cows. This was a century ago, and farming then—like now—was very risky and unpredictable. My grandfathers and their families had to be prepared to periodically tighten their belts when adverse economic conditions popped up.

My father didn't take up farming. After returning from World War II, he trained to become a carpenter, and he stayed in that occupation for over 40 years. I don't know if he pursued that career to have more stable finances, but if he did, he was wrong. My father typically didn't have work for several months during Ohio winters. His family—including me—had to hunker down and cut back until he went back to work.

Many households today are faced with a challenging economy. For two years, prices households pay have outpaced the incomes households earn. Simply put, people can't buy the same amounts of products and services today that they bought two years ago. Standards of living have dropped.

To make matters worse, the job market seems to be weakening, and some economists are predicting unemployment will eventually rise. If this happens, it will put a further strain on household finances.

What can people do? Can economists like me use our training to make any useful recommendations? I think we can.

The first task is to know where you stand, financially speaking. Get pencil and paper together and begin to track where your money is going. Also, tally both the current values of your investments and debts. This information will allow you to see how much of a financial challenge you have.

Now comes the hard part—assuming you have a financial challenge, what do you do? Here's where some economic principles can help.

One important economic principle is substitution. Simply put, we are constantly looking for ways to meet the same need less expensively. So, when one way becomes costlier, we'll try to find another way that gives us the same result but at a lower cost.

Let's say you enjoy eating meat. While meat prices in general have risen during the last two years, some meat prices have risen less than others. Among the top three meats—beef, pork and poultry—beef prices are up 4 percentage points less than pork and 8 percentage points under poultry. Eating more beef and less pork and poultry would therefore help you budget.

One of the biggest changes in eating has been in meal preparation. When I was a child in the

1950s, eating out at a restaurant was saved for special occasions, and delivery of meals to homes was unheard of. Meals were prepared at home using ingredients from supermarkets.

Today, 40 percent of meals are eaten away from home. But eating meals at restaurants can be up to five times more expensive than making and eating that same meal at home. The reason is you're paying someone else to prepare your meals in a restaurant.

Therefore, by substituting making and eating meals at home for meals served in a restaurant or delivered to your home is one way to reduce spending. You're substituting your time for the money you would spend in a restaurant.

Another economic principle is the time value of money. The value of money depends on when it is spent or earned. A dollar today is worth more than a dollar in future years because prices will likely be higher then. Therefore, to move future dollars to now, you'll need to pay a cost. This is why an interest rate is paid to borrow against your future income.

With interest rates rising and expected to increase even more, borrowing is more expensive. As a result, it makes sense to postpone borrowing when interest rates are high. For example, if you want to buy a house but don't want to pay today's mortgage interest rate—which is more than double from a year ago—then put that dream aside until rates come down. And P.S., I think interest rates will be dropping a year from now.

A third applicable economic concept is productivity. In business terms, productivity is output compared to inputs. For example, productivity in an auto factory is the number of vehicles rolling off the assembly line compared to the amount of labor and machinery used to make those vehicles. Higher productivity—meaning more vehicles per worker and machine—usually results in more profits for the company.

Even if you don't have a home-based business, you want to run your household productively. You want to use your two major resources—time and money—in ways that give the highest results.

A good example is driving. Given the level of gas prices today, cutting back on driving can produce big savings. If you can consolidate driving trips by doing numerous errands on the same trip, then you can drive less and reduce spending at the pump.

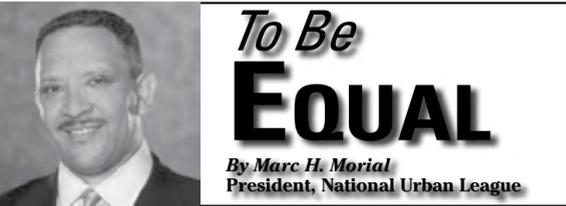
These are some economic ideas for coping with a difficult economy. Can you use them to ease some of the economic pain of today's world? You decide.

Walden is a William Neal Reynolds Distinguished Professor Emeritus at North Carolina State University.

Talk To Us

Stimulating a lively discussion of issues that concern the community is one of our main tasks at The Carolinian. We want to know what you think. This issue's topic:

Do you think economists have anything to tell you about your personal financial challenges?



To Be EQUAL

By Marc H. Morial
President, National Urban League

ELON MUSK'S TWITTER TAKEOVER HAS UNLEASHED THE WORST OF HUMAN NATURE

It is possible that users assumed that language use that could potentially cause a ban or suspension on the platform in the past was no longer a concern. Additionally, anticipation of an unmoderated platform was potentially a source of excitement for certain Twitter users. By sharing epithets, it suggests that certain users were celebrating a reduction in perceived speech constraints on the platform. Regardless, the data conclusively shows that there is correlation between Musk's arrival and a broader perceived acceptability to posted hostile content on Twitter."

—Montclair State University Center for Strategic Communication study, "From the Tweets to Hate Speech: Increases in Twitter Racist Content After Elon Musk's Acquisition"

In the 12 hours after Elon Musk purchased Twitter, the use of the n-word spiked by 500 percent.

ADL's Center on Extremism identified a coordinated campaign to spread anti-Semitic content, launched by users of the largely unmoderated 4chan message board, that resulted in more than 1,200 antisemitic tweets and retweets in the 24 hours after Musk's takeover.

Musk himself posted a conspiracy theory about the attempted murder of Paul Pelosi; the tweet was shared and liked tens of thousands of times before he deleted it.

This painful and shocking increase in hate prompted me, along with NAACP President and CEO Derrick Johnson, and National Action Network President and Founder Rev. Al Sharpton, to request a meeting with Musk to address our concerns and to understand his plan to protect our communities from abuse by those who seek not simply to express controversial views, but to harm us and undermine democracy.

In our letter to Musk, we wrote, "In flippantly declaring that, 'the bird is freed,' you might have unwittingly freed people to unleash the worst of human nature with communities of color and religious minorities bearing the greatest burden."

We share Musk's professed belief in the importance of free speech, but the fact remains that online hate speech, misinformation, and disinformation, posted by users intent on sowing social and political chaos, have grave consequences for democracy, civil rights, and public safety.

The White supremacist who murdered 10 people in a Buffalo supermarket in May was inspired by conspiracy theories posted on 4chan. Content on White supremacist websites fueled the massacre of nine Black worshippers at Charleston's Mother Emanuel Church in 2015. The accused attacker of Paul Pelosi, the subject of Musk's own false tweet, had posted "a mix of bloody images and hateful screeds aimed at a variety of targeted groups including Jewish, Black and trans people, as well as Democrats," according to *The Washington Post*.

"Whether you realize it or not, as the new leader of Twitter, you have new responsibilities, and one of those responsibilities is to ensure your platform is not used to harm people and the nation as a whole," we wrote to Musk. "Another responsibility is to ensure your own words and behavior do not cause harm, especially to the communities of color and other underserved communities who have been long time users and who have

(See **TO BE EQUAL**, P. 11)

A Different Voice

By Dorothy Shaw Thompson



LET'S TALK ABOUT DEATH

I can hear someone saying "Why would I want to talk about death?" If I am honest and I am, my answer would be... I don't know but since the beginning of the pandemic with so many people leaving here, I've wanted to write an article about death. So I'm going to share some thoughts about death with you. Please bear with me because I'm no expert on this. Yes, I've lost family members and friends over the years but I've never been aware of dying. Never had a near-death experience. Can't tell you that I've been to heaven, leaving my body here and returning to it but I've had some experiences and had stories told to me that I believe were true and have sat by the bedside of friend and family that dies in my presence, and of course I've pondered death for myself.

If I should die soon after writing this, don't think, "Oh, she knew," because I don't. I was told by my grandson that... "Grandma, you're going to die." I said, yes you are right, I am going to die. He said, "You are going to have a heart attack." I asked him how he knew and he said, "I saw it." Did I ask him when? No, I didn't because it would have been too much information, and plus, he was only 3 years old at the time. I think we should talk about death because unless the world changes drastically, we are all going to face death in some way. Over the past two and a half years we have faced a lot of deaths, and not all from COVID. I've been to or watched online a lot of funerals, more, I think, than in other years of my life. I've done workshops for parents on how to help children cope with death. I've gone to schools to help when a classmate, a teacher or a parent has died. I worked with children who were present when their loved one was murdered. I was with a close friend

when a murderer's child said to them, "My daddy killed your mother," and I had a young cousin who died of lung cancer when she was just 18 and I was around 12. Another cousin's mother died when he was about 9 years old. I've learned that people don't and often can't talk to children about death. They don't know what to say. Often when children are the most traumatized, those closest to them don't and can't help them because in most cases the people who do care are in such pain themselves.

So what is death? It's what happens that causes the body to no longer work. A dead body doesn't breathe, it doesn't move, it's what a person once was in and is no longer there. So how on Earth do we explain this to a child or help each other?

I started this article two weeks ago and now because of the death of a young 11-year-old child who was killed yesterday at the Christmas Parade, I am compelled to discuss death in a way I hadn't intended. I did not know this child. I do not know her parents or friends, but I understand the anguish others feel because I'm human enough to know that it could have been my child, my grandchild or neighbor or friend's child. I can imagine that this young girl got up on Saturday morning anticipating the excitement of marching and dancing with her dance group in the Christmas Parade. She may have had a premonition, some children do but the beliefs I have based on spirituality is that her life was limited to 11 years. That does not take away the sadness and tragedy of this time and though that might sound contradictory, because we are human we are allowed to think many thoughts and have many feelings at one time. Her life had purpose and her death does too.

(See **A DIFFERENT VOICE**, P. 11)

Child Watch

By Marian Wright Edelman



DON LEWIS

"When you came into this world, you could sing two songs... the first, crying, the second song, laughter. We sang those songs before we could say 'mama' or 'papa.' We live our lives between those two songs: one of need, one of joy. We need each other to be joyful."

—Don Lewis

Earlier this month, visionary, joyful musician Don Lewis passed away. Don was an electronic music pioneer and the creator of the Live Electronic Orchestra, an innovation that helped shape current synthesizer technology. He worked in the studio with Quincy Jones, Sergio Mendez, Michael Jackson, Brothers Johnson, and Marvin Hamlisch, among many others; scored and produced music for television, film, and commercials; and performed everywhere from Carnegie Hall to touring with the Beach Boys. His life and musical influences are now the subject of a full-length documentary. But this extraordinary artist also had a special connection to the Children's Defense Fund (CDF): for years, Don served as the beloved organist at CDF's annual Proctor Institute for Child Advocacy Ministry at Haley Farm in Clinton, Tennessee.

Don often said music had been a "magic carpet ride" that took him all over the world, and he used his gifts to transform as many people's lives as possible. His early musical experiences were in his childhood church in Dayton, Ohio. He was curious about how the church's organ worked, and after spending many services sitting behind the organist to watch him play, one night he dreamt he was the one playing: "The feeling I had in that dream, I had never felt anything like it." He asked his grandmother for music lessons the next day, and after she agreed he could start with the piano, he was on his way.

Don studied electronic engineering as a college student at Tuskegee Institute—a technical background that served him in new ways later—but always continued performing, including at rallies in Tuskegee where Dr. Martin Luther King, Jr. spoke. The Civil Rights Movement was getting underway in Alabama, and Don later explained to an interviewer that he learned lifelong lessons then about how music can become an essential component of movement building. He said those lessons were related to advice he would give younger artists working with new musical technologies today—no matter how much technology continues to change, creativity should always have specific intention:

"What are you going to do with the music you produce with these tools? What is your intention? Are you going to be inspiring? Is there something you want to express?... You have to be not only about you, (but) about others, and when you become about others, you are actually being more about you. How would this make a difference not only in my life, but in others' lives? In the days of civil rights, the protest songs were songs, they were things that people could sing and march. They weren't chanting, they were singing. The difference between chanting and singing is that chanting only takes in the left side of the brain, which is only speech. Singing takes in the musical side and the language side, the creative side and the logic side. And then you get more power, and you get more people participating." He added: "I know I would not be here if it had not been for my ancestors, who sang their way through slavery. They sang those work songs, they sang those spirituals, and that's what helped them to survive. What helped our Civil Rights Movement in the United States was the singing, the marching, Martin Luther King, John Lewis, and others. I met both of these people, I knew them. So I understand those rudiments... [and] this is the atmosphere we need."

His own intention to continue creating that atmosphere through music helped bring him to the CDF Proctor Institute. Throughout his own musical career Don was devoted to sharing music and its power with young people. He was a passionate believer in the need for arts education and together with

(See **CHILD WATCH**, P. 11)

Letters To The Editor

THE SHOP TEACHER'S SUNDAY AFTER-NOON CLASS FOR PARENTS & STUDENTS

To The Editor:

Good parents are perpetual teachers. Today you will learn six truncated lessons in less than 15 minutes. If you don't make a serious effort to learn something every day, you are CHEATING yourself. LESSON 1 is in six parts:

(1) PRICELESS advice from Grandmama McLean: Read to your children under six and the person you are caregiving every day for at least one hour.

(2) QUOTE: Harriet Tubman "I freed thousands of slaves. I could have freed a thousand more if they only knew they were slaves."

(3) SCRIPTURE: Proverb 19:8 "To acquire wisdom is to love oneself; people who cherish understanding will prosper."

(4) BLACK LUMINARY: Physicist & Astronaut: Ronald McNair (October 21, 1950, to January 28, 1986)

(5) WORD OF THE WEEK: PERPETUAL means never ending or forever. As we go from kindergarten, through twelve grades in public schools, we are taught by at least 40 temporary teachers. Our parents are our first, most essential teacher in life.

(6) SALUTE TO: Historically Black Colleges and Universities (HBCUs), like the Black church that invite us in with the right hand of fellowship. Come as you are, and we will educate your mind, teach you relevant hands-on skills, and guide you in the right direction. They reached out to us, and now it is our time to help our schools by sending monthly or yearly donations so others can attend that learning institution that helped you reach your many goals. Today we salute my Alma Mater, North Carolina A&T State University, in historic Greensboro, NC. The bell is ringing, so the class is dismissed. You all were extremely focused today, so no homework tonight (smile).

Your teacher today is an author, raconteur, Army veteran, Past local NAACP branch president and now retired 34-year shop teacher James Jerome Hankins.

King Crossword

ACROSS

1 Venus, to Serena
4 Sad
8 Padlocked
12 E.T.'s craft
13 Siftery
14 New York canal
15 Subriquel
17 Karate level
18 Poa worri
19 Livid
20 Lury
22 Coc source
24 Loathc
25 'The -
Papers'
(Dickens novel)
29 Bird (Pref.)
30 Hay bundles
31 - chi
32 Fined for speeding, e.g.
34 Shopper's ad
35 Geese formations
36 Selects from a group
37 Everglades wader
40 Delhi dress
41 Hip
42 Popu ar play-ground game
46 Corridor
47 Adhesive
48 Born abroad?

DOWN

1 City ight?
2 ' - Had a Hammer'
3 Relating to Plato's teacher
4 Original seating
5 Plumbing woe
6 Erectum's birthplace
7 CBS logo
8 Semic language
9 Hog on
10 Sediment
11 Seeger or Sampras
16 Wrist of 'Titanic'
19 Pen flu ds
20 'Huh?'
21 Silant
22 Odometer reading
23 On the rocks
25 Cracker sored
26 Natives of Home
27 Poet
28 Young foxes
30 Borscht veg- (ie)
33 Gushes with pride
34 Street edge
36 Bakery array
37 Canyon sound
38 Ince
39 Actor's quest
40 Guil' War mas- s e
42 Old CIA fou
43 - -de-France
44 Zoo ac cat
45 Superm an the Luther

THANKFUL 2022

By Thomas L. Knapp

William Lloyd Garrison Center

It's that time of year again. As I write this, the US Thanksgiving holiday approaches and many of us take stock of just what we're thankful for.

I recently ran into a situation that summarizes my biggest "thankful" takeaway from 2022: A crowded Walmart. As in REALLY crowded. Uncomfortably crowded. "Please let me out of here" crowded.

No, I don't like shopping, nor am I fond of packed crowds in stores. In fact, for a few years in the early 2000s, I suffered a PTSD-like effect. I just couldn't tolerate it and simply fled more than once.

But this is 2022, and crowded stores mean that the COVID-19 pandemic panic is over. I couldn't wait to get out of that Walmart, but not because everyone's face was covered and everyone was WORRIED sick about the possibility of GETTING sick.

That's not to say that COVID-19 is over. As of mid-November, according to Worldometer, the U.S. was still experiencing nearly 40,000 new cases, and suffering more than 300 deaths, per day. Whether we think of that as "pandemic" or "endemic," the virus is obviously still with us and likely to remain with us. Many of us have lost loved ones and that can still happen.

But we seem to be done with the irrational panic that politicians and "public health" authorities used as an excuse mangle the economy, keep us separated from family and friends, and force us to wear masks—the equivalent, vis a vis the spread of viral infection, of lucky rabbit's feet, St. Christopher medals, or "Whip Inflation Now" buttons—nearly everywhere we went.

I'm thankful beyond words that the public has finally calmed down (despite the best efforts of the aforementioned politicians and bureaucrats), and hopeful that we'll get some measure of accountability for those who turned a bad situation into a worse situation because they believed they could get away with doing so.

In talking with friends about their holiday travel plans, I've run into not so much as a single "is it safe?" worry of the type that characterized 2020 and lingered through 2021. Grandparents will see their grandchildren this Thanksgiving and/or Christmas/Hanukkah/Kwanzaa/Yule/etc., and vice versa, some for the first time in nearly three years.

A return to "normal" political polarization, wars and rumors of wars, etc. may not be an improvement, but it's at least a relief that—for me, anyway—overshadows the various bad news elements of 2022.

Happy Thanksgiving.

Other Viewpoints



HAVE THANKSGIVING EVERY DAY.

By Dr. Glenn Mollette

Guest Commentary

Thanksgiving always comes and goes too fast. We often think, "We need more time to focus on the Thanksgiving holiday." For many, it seems that Thanksgiving gets sandwiched between Halloween and Christmas.

By late September, many of the stores and television commercials are focusing on Christmas.

The only way we can fix the "fast Thanksgiving" holiday is to make Thanksgiving celebration every day. We shouldn't wait until Thanksgiving to give thanks but give thanks every day.

A thankful heart is a healthier heart. Living in an attitude of Thanksgiving celebrates the gift of life and every opportunity to live life.

Many of us have dreaded the shorter days. Dark by 6 o'clock and soon by 5 or even 4:30 in some areas. I used to always dread that but my attitude has changed. I'm just happy to be alive to experience the changing seasons. Take advantage of these cooler, shorter days to get some rest. Longer days will be back soon and you can mow grass, work or walk until 9 or later every evening. Go with the flow and enjoy the differences.

I miss the Thanksgivings when my mom and dad were alive and mother cooked. If everyone got together, we could have 20 people in the house. This was a tiring time for my mother. Be sure to always praise the person carrying the cooking load.

Time passes quickly. Every day we should embrace the day. When you see someone, talk to someone, share a meal with someone then by all means embrace and savor the moment. Give thanks for all occasions that you have to spend time with others whether family or friends.

Thanksgiving is not the same for many of us because there are empty seats at the table. We miss moms and dads who have left us for a better place. We miss wives, husbands, children, and siblings who have left this life too early. This makes us sad and dampens our spirits. Yet, look around and see the people who may not be here next year. There are no guarantees. Be kind, be loving. Say good words to them. Lift them up. It will make you feel better to give thanks for people and to anoint them.

Jesus was anointed by Mary the sister of Martha before his arrest and crucifixion. Some criticized her for doing it but Jesus said she has prepared me for the burial. Let her alone, he said, she has done a good work. After Mary finished anointing Jesus' feet the house was filled with the smell of the ointment. When you love and are kind to people it always brings a better fragrance and atmosphere into the house. A part of this is showing Thanksgiving for them and toward them. Mary ended up with that ointment on her hands and in her hair. When you do good stuff for people to honor them a lot of that good stuff comes back to you.

Have Thanksgiving every day. Give thanks, express thanks and live in a spirit of being thankful. Your attitude will make your day better and encourage others around you.

Download his new song "My New Normal" at iTunes and all streaming services

Download "Spare Me Sweet Jesus from COVID-19" at iTunes and all streaming services

Watch his videos on Youtube

Hear Dr. Mollette each weekday at 8:56, 11:30 and 4:26 EST on XM radio 131

Dr. Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. He is the author of 13 books including Uncommon Sense, the Spiritual Chocolate Series, Grandpa's Store, Minister's Guidebook insights from a fellow minister. His column is published weekly in more than 600 publications in all 50 states.



STATE SUPREME COURT'S LEGITIMACY DEPENDS ON CONTINUED RESPECT FOR PRECEDENT

By Rob Schofield

NC Policy Watch

Maybe the change was an inevitable byproduct of our charged and contentious era.

Maybe it was naïve to ever think that things were dramatically different in the past.

Whichever the case, one thing for sure in 2022 is that public perceptions of the American judiciary as a neutral dispenser of blind justice ain't what they used to be. And indeed, those altered perceptions may reflect a new, sobering and thoroughly politicized reality.

As has been made painfully clear in an array of news stories and commentaries since Republicans swept several North Carolina appellate court races in the recent election, there is a widespread perception across the political spectrum that this development will lead to sudden and dramatic reversals in some very important areas of constitutional jurisprudence – maybe even with respect to some momentous rulings on which the ink is barely dry.

As veteran journalist and North Carolina Council of Churches commentator Steve Ford explained in an insightful column last week, one such high-profile case in the 28-year-old Leandro school funding case.

Just last month, after witnessing more than a quarter century of willful and maddening non-compliance from elected leaders with its 1997 ruling that the state's public schoolchildren enjoy a constitutional right to a "sound basic education," the state Supreme Court finally ordered the legislature to appropriate the funds necessary to provide it.

But as Ford detailed, Republican legislative leaders reject the notion that the court can enforce such an order and many observers suspect/fear that now that the GOP will soon enjoy a 5-2 majority on the court (a majority that includes the son of the Senate Republican Leader and a former member of the Senate GOP caucus), the new line-up will spur a "180" course reversal.

Here's Ford:

How such a reversal would come about is both unclear and problematic. One could assume an attempt to have the ruling enjoined from taking effect. But if a partisan or ideological flip in the makeup of our appellate courts is allowed to bring wholesale changes in how laws are applied, that can fuel the corrosive sense that the supposedly impartial courts have been politicized. Respect for precedent can be followed out the window, but disrespect does its own kind of harm."

And the Leandro case is far from the only matter on which such a dramatic flipflop might conceivably be in the offing.

As Lynn Bonner of NC Policy Watch explained in a recent news story, the high court's ruling that the General Assembly acted unlawfully when it placed a pair of constitutional amendments to mandate voter ID and cap the state income tax rate on the state ballot in 2018 (because its members were elected from unconstitutionally drawn electoral districts) continues draw conservative fire as it percolates through the courts.

And then there are a number of criminal justice rulings on which reform advocates fear the GOP "tough on crime" campaign mantra could very well give rise to reversals of hard-won progress.

As Kelan Lyons of NC Policy Watch reported last week, two in particular stand out: racial discrimination in jury selection and limits on the amount of time a child must spend incarcerated before they are eligible for parole.

The notion of high courts turning to the hard right as a result of political and electoral activism is hardly unique to North Carolina. Republicans have made such a shift a top national domestic policy goal for years – a shift on which the U.S. Supreme Court's conservative majority put an exclamation mark earlier this year with its extraordinary and precedent-shattering decision to remove a fundamental constitutional right by reversing Roe vs. Wade.

That said, the Roe reversal at least took decades to lay the groundwork for and execute. And even with that, it's a ruling that has dragged public respect for the nation's highest court to new and striking depths. As Steve Ford observed, the idea that the North Carolina Supreme Court would simply delete important constitutional protections just a few months or years after they were first formally conferred would be a remarkably brazen and disturbing act.

The bottom line: While it won't be surprising or even inappropriate if the recent electoral switch spurs a gradual ideological shift in the court's approach to some issues, North Carolinians have a right to expect that the justices will act like justices – not legislators.

This means that, in keeping with centuries of judicial practice, the new court will respect established precedent and not undermine its own legitimacy by rushing to overrule recent court rulings, merely because some members of the court might have decided the cases differently had they been there when the rulings were handed down.

Fortunately, during their recent campaigns, both of the newly-elected Republican justices – Richard Dietz and Trey Allen – pledged to interpret and apply the law in a fair and neutral manner and not to bring a political agenda to their new positions.

All North Carolinians have a right to expect that they will live up to this pledge.court.

TO BE EQUAL

Continued from page 10

made the company what it is today. You have not shown a willingness to meet these responsibilities thus far, but we have hope and are willing to work with you do so in the future."

Twitter needs strong content moderation standards to foster a safe and healthy online environment. Yet Musk plans to fire fully half of the platform's workforce, according to Bloomberg.

"We strongly urge you to maintain content moderation teams that are tasked with creating and implementing policies that provide a baseline for prohibiting content designed to threaten and harass people of color and religious minorities and suppress votes," we wrote. "Indeed, we encourage you to strengthen these policies as there has been a rise in dangerous rhetoric and violent acts that threaten our communities' ability to vote and otherwise fully participate in our society without fear for our safety."

Lapses in content moderation are especially concerning with the midterm elections just days away. National security officials fear misinformation campaigns could ignite violence at the polls on Election Day. Disinformation campaigns waged on Twitter and Facebook in 2016 and 2020 sought to depress Black voter turnout and sow social and political discord.

We wrote, "We implore you to show immediate leadership by directly addressing the spike in hate speech that occurred over the weekend and to discourage vigorously and clearly those who would be influenced by your voice from using such speech in the future and from engaging in violence against anyone."

A DIFFERENT VOICE

Continued from page 10

As I've talked with friends and family about this, I've noted several things. As human beings we want explanations and to blame. I think we do this with death because we believe that if we understand what happened and we assign blame, we can avoid this happening again. People have said that it is disturbing that the man who hit the child got out on only \$400 bail. Frankly, I was surprised that he got arrested because it didn't appear that the situation was caused by intention, malice or neglect. I don't know the facts so I've just accepted that the charge has purpose and we will find out what happened at a later time. Almost everyone is praying for this family but I also would ask that we also pray for this man. I ask that you consider yourself in his place... what would you want? I believe and have experienced that thoughts are "energies" and that we can bless those around us and make a difference. We send cards, flowers and others things to share in the grief of others but nothing, I have found, is more powerful than prayer.

As I close out this article, leaving much more to be said at a later date. I want us all to remember that one day our day is coming, and we are going to return to God. The work of "death healing" is to accept and know this without fear. It is the ultimate lack of control as well as the highest form of trust. I intend to get back to this at a later date but until then let's remember what was the title of yesterday's Sunday School lesson for the Baptist, "You are God's Masterpiece," bring your light to all ex-

CHILD WATCH

Continued from page 10

his wife Julie founded the school assembly program "Say 'YES' to Music!" to bring the importance of dreams, education, and community to children through music, inspiring thousands of children through school visits and performances. At Haley Farm he was a wonderful part of the CDF Proctor Institute's work bringing together clergy, seminarians, Christian educators, young adult leaders, and other faith-based advocates for children for spiritual renewal, networking, movement-building workshops, and continuing education about the urgent needs of children. Proctor was just one of the ways he lived out his lifelong belief that music can and does make a difference in the world.

Don and Julie became integral pieces of the CDF Proctor Institute family. Don and Dr. Eli Wilson, Proctor's Minister of Music, guided the Resurrection Choir as they sang at the evening Great Preacher Series worship services, morning devotions, and the closing celebration. The Resurrection Choir is open to everyone, and Don and Eli made sure the music became one of the most joyful, inspiring components of the week. Don played his own deeply moving version of Amazing Grace, which evokes the sounds of the Middle Passage, on the first evening of Proctor each year, and every evening's worship ended with the congregation remaining seated throughout Don's organ postludes for a cherished time of reflection with his music as the last sound of each day's gathering. Don and Julie also loved working with the children taking part in the special Proctor CDF Freedom Schools@ program as they prepared music for their finale, and Don often enthusiastically invited them up close to show them how the organ worked, captivating them the same way his own childhood imagination had been sparked.

Even as he served as a collaborator and role model for so many famous peers, throughout his life Don Lewis remained committed to encouraging and inspiring young people to include music in their lives and pursue their dreams, and to being intentional in using his own talent and time to be "about others." The Children's Defense Fund is so grateful for the ways he shared his gifts with the Proctor Institute and grateful for his legacy.

Classifieds

DURHAM COUNTY

STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1320

The Undersigned, having qualified as Administrator of the Estate of Bettye C. Johnson, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 3rd day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 3rd day of November, 2022.

Mark A. Johnson
Administrator
110 Bagby Lane
Bahama, NC 27503

11/3, 11/10, 11/17 and 11/24/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE TO CREDITORS FILE NO 22 E 1389

Having qualified as Executrix of the Estate of Dwight Carlyle Beavers of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 10th day of February, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 10th day of November, 2022.

Tammy Renee Beavers
Executrix

c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs
4 Consultant Place
Durham, NC 27707

11-10, 11-17, 11-24 & 12-1, 2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 413

The Undersigned, having qualified as Administrator of the Estate of Clifton C. Coles, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 10th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 10th day of November, 2022.

Gloria Washington
Administrator

12004 Swallow Falls Court
Silver Springs, MD 20904
11/10,11/17,11/24 and 12/1/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1362

The Undersigned, having qualified as Administrator of the Estate of Ernestine Cameron Brown, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 10th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 10th day of November, 2022.

Toune Denise Sargent
Administrator

425 Sowell Street
Durham, NC 27701
11/10,11/17,11/24 and 12/1/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1278

The Undersigned, having

qualified as Administrator of the Estate of Cynthia Hopkins, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 10th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 10th day of November, 2022.

Richard Brown III
Administrator

1406 Holly Grove Way
Durham, NC 27713
11/10,11/17,11/24 and 12/1/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2021 E 001235

The Undersigned, having qualified as Administrator of the Estate of John Gerald Henderson II, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 10th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 10th day of November, 2022.

John Gerald Henderson
Administrator

3611 Suffolk St
Durham, NC 27707
11/10,11/17,11/24 and 12/1/2022

NOTICE OF SERVICE OF PROCESS BY PUBLICATION NORTH CAROLINA COUNTY OF DURHAM

In The General Court of Justice
District Court Division

File No: 22 CVD 1140

[CHILD CUSTODY PROCEEDING]

To: EDILBERTO ROCAEL FUNES CHAVEZ, Defendant.

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is for child custody. You are required to make defense to such pleading no later than (date) said date being at least forty (40) days from the first publication of this Notice, and upon your failure to do so, the Plaintiff, DORA OFELIA GOMEZ CARRILLO, will apply to the court for the relief sought.

This, the 10th day of November, 2022.

Aneta Paval
Paval Law Offices, PLLC

7404 Chapel Hill Rd
Suite M
Raleigh NC 27607
Telephone: (919) 410-6690
11/10,11/17 and 11/24/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1353

The Undersigned, having qualified as Executor of the Estate of David Lawrence Ross, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 10th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 10th day of November, 2022.

Mary Helen Ross
Executrix

7207 Guess Road
Hillsborough, NC 27278
11/10,11/17,11/24 and 12/1/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 001330

The Undersigned, having qualified as Executor of the Estate of Frances Oakley Penland, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed

address on or before the 10th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 10th day of November, 2022.

Robert C Penland
Executrix

33 Widgeon Pond Road
Plymouth, MA 02360
11/10,11/17,11/24 and 12/1/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 00133

The Undersigned, having qualified as Administrator of the Estate of Alice J Logan, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 17th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 17th day of November, 2022.

Wenda L Ashford
Administrator

6 Whittier Place
9M
Boston, MA 02114
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 001419

Having qualified as Administrator of the Estate of Fannie Mae Gibbs of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 17th day of February, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 17th day of November, 2022.

Kenneth Demire Gibbs
Administrator

5 Caspian Court
Durham, NC 27713
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1407

Having qualified as Executrix of the Estate of Ronald Leroy Tilley of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 17th day of February, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 17th day of November, 2022.

Michelle Renee Perry
Executrix

c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs
4 Consultant Place
Durham, NC 27707
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE TO CREDITORS

Having qualified as Administrator of the Estate of Carolyn Ellis Peele, late of Durham County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claim against the estate of said decedent to exhibit them to the undersigned c/o Guido De Maere, P.A. at 100 Europa Drive, Suite 160, P.O. Box 3591, Chapel Hill, NC 27515 on or before the 17th day of February, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to said estate will please make immediate payment to the undersigned.

This the 17th day of November, 2022.

Walter Peele, Administrator of the Estate of Carolyn Ellis Peele

Attorney for the Estate: Guido De Maere, P.A.

P.O. Box 3591
Chapel Hill, NC 27515-3591
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 001391

The Undersigned, having qualified as Administrator of the Estate of Estory Suitt, Jr., late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 17th day of November, 2022.

Rachel S Jones
Co-Administrator

7718 Massey Chapel Rd
Durham, NC 27713
Natasha C Jones
Co-Administrator

5818 Koback Dr
Durham, NC 27712
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 794

The Undersigned, having qualified as Executor of the Estate of Rosa Lee Mason, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 17th day of November, 2022.

Gattis Toy Hinton, Jr.
Executrix

1111 Horton Road
Durham, NC 27704
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE TO CREDITORS

ALL PERSONS, firms and corporations having claims against Richard Albert Lucas, deceased, of Durham County, NC are notified to exhibit the same to the undersigned on or before February 17, 2023, or this notice will be pleaded in bar of recovery. Debtors of the decedent are asked to make immediate payment.

This the 17th day of November, 2022.

Wendy Lucas Riggsbee
Administrator

c/o Bagwell Holt Smith P.A.
111 Cloister Court, STE 200
Chapel Hill, NC 27514.
11/17, 11/24, 12/1 and 12/8/2022

NOTICE OF EXECUTOR

Having qualified as Executor of the estate of JOE CURTIS REES, late of Durham County, North Carolina, this is to notify all persons having claims against the estate of JOE CURTIS REES to present them to the undersigned at 100 North Churton Street, P.O. Box 100, Hillsborough, NC 27278 on or before February 15, 2023, which is 90 days from the date of the first publication of this notice, or the same will be pleaded in bar of their recovery. All persons indebted to the estate of JOE CURTIS REES please make immediate payment.

This the 17th day of November, 2022.

D. MICHAEL PARKER
Executor of the estate of JOE CURTIS REES

100 North Churton Street
P.O. Box 100
Hillsborough, NC 27278
Cheshire & Parker
Attorneys at law
P.O. Box 100
Hillsborough, NC 27278
11/17,11/24,12/1 and 12/8/2022
STATE OF NORTH CAROLINA
COUNTY OF DURHAM

NOTICE TO CREDITORS

Having qualified as Executrix of the Estate of William L. Slade, deceased, this is to notify all persons, firms, and corporations having claims against the Estate of William L. Slade to present them to the undersigned on or before the

17th day of February, 2023, or this Notice will be pleaded in bar of their recovery. All persons, firms, and corporations indebted to said Estate, please make immediate payment.

This the 17th day of November, 2022.

Gloria J. Slade
Executrix

Attorney for the Estate of William L. Slade
c/o John W. Perry
Post Office Drawer 2051
Durham, North Carolina 27702
Telephone: (919) 683-8685
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE TO CREDITORS FILE NO 22 E 1347

The undersigned having qualified as Executor of the Estate of CAROL STEVENS HAMRICK, a/k/a CAROLYN STEVENS HAMRICK, Deceased, late of Durham County, North Carolina, this is to notify all persons, firms and corporations having claims against the Estate to Exhibit them to the undersigned at the office of IDOL LAW, PLLC, PO Box 51759, Durham, North Carolina 27717, on or before the 20th day of February, 2023, or this Notice will be in bar of their recovery. All persons indebted to the Estate will please make immediate payment.

This is the 17th day of November, 2022.

Donella Hamrick Colville
Executrix

Estate of Carol Stevens Hamrick, a/k/a Carolyn Stevens Hamrick, Deceased

Robert A. Idol, Esquire
IDOL LAW, PLLC
Attorney at Law
PO Box 51759
Durham, NC 27717
(919)401.5151
11/17,11/24,12/1 and 12/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1250

The Undersigned, having qualified as Administrator of the Estate of Kenneth C. Harris, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 24th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 24th day of November, 2022.

Winfred Harris
Administrator

3518 Golden Hill Drive
Bowie, MD 20721
11/24, 12/1, 12/8 and 12/15/2022
STATE OF NORTH CAROLINA
COUNTY OF DURHAM

NOTICE TO CREDITORS

Having qualified as Executrix of the Estate of Fay Janet Alexander, deceased, this is to notify all persons, firms, and corporations having claims against the Estate of Fay Janet Alexander to present them to the undersigned on or before the 24th day of February, 2023, or this Notice will be pleaded in bar of their recovery. All persons, firms, and corporations indebted to said Estate, please make immediate payment.

This the 24th day of November, 2022.

Leslie Alexander Alkins
Executrix

Attorney for the Estate of Fay Janet Alexander
c/o John W. Perry
Post Office Drawer 2051
Durham, North Carolina 27702
Telephone: (919) 683-8685
11/24, 12/1, 12/8 and 12/15/2022
STATE OF NORTH CAROLINA
DURHAMCOUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1393

Having qualified as Administrator of the Estate of LaWanda Kaye Ellison, late of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 24th day of February, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate

WAKE COUNTY

STATE OF NORTH CAROLINA
WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 003797

The Undersigned, having qualified as Administrator of the Estate of Van Calvin Franklin, late of Wake County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 3rd day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 3rd day of November, 2022.

Linda E Shannon
Administrator

33 Corlies Ave
Poughkeepsie, NY 12601
11/3, 11/10, 11/17 and 11/24/2022
STATE OF NORTH CAROLINA
WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 0042898

The Undersigned, having qualified as Executor of the Estate of Willie Ruth Fuller a/k/a W Ruth Fuller, late of Wake County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 17th day of November, 2022.

Alice Ruth Fuller
Executrix

555 East Martin St
Raleigh, NC 27601
11/17, 11/24, 12/1 and 12/08/2022
STATE OF NORTH CAROLINA
WAKE COUNTY

FILE NO 21 E 4938

In the Matter of The Estate of Edward Allen Stewart, Wake County File Number 21-E-4938. ALL PERSONS, firms, and corporations having claims against Edward Allen Stewart, deceased, of Wake County, N.C., are notified to exhibit the same to the undersigned on or before February 20, 2023, or this notice will be pleaded in bar of recovery. Debtors of the decedent are asked to make immediate payment. This 17th day of November 2022

Floyd B. McKissick, III
McKissick & McKissick
835 N Mangum Street
Durham, NC 27701; The Carolinian,
11/17,11/24,12/1 and 12/8/2022
STATE OF NORTH CAROLINA
WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 004583

The Undersigned, having qualified as Executor of the Estate of Thomas Jefferson Seawell, III, late of Wake County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 24th day of February 2023, or this notice will be pleaded in bar of their recovery.

Classifieds

been filed in the above-referenced action. The nature of the relief being sought is as follows:

Plaintiff is seeking a judgment of absolute divorce from the bonds of matrimony based upon one (1) year separation pursuant to the provisions of North Carolina General Statutes Section 50-6.

You are required to make defense to such pleading no later than January 12th, 2023 which is at least 45 days from the first publication of this notice. Upon your failure to file a pleading by the above date, the party seeking service against you will apply to the Court for the relief sought.

This, the 24th day of November, 2022.

Leah Nyambura Mararo
604 Charleston Rd #2K
Raleigh, NC 27606
11/24, 12/1 and 12/8/2022.
STATE OF NORTH CAROLINA
WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 2022 E 004572

Having qualified as Executor of the Estate of Delores Stewart Williams, late of Wake County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 24th day of February, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 24th day of November, 2022.

Raquel S Rouse
Co-Executor
4905 Goosedown Ct
Raleigh, NC 27604
L'Tonya Stewart
Co-Executor
1000 Transom Ct
Raleigh, NC 27603

11/24, 12/1, 12/8 and 12/15/2022
NOTICE OF SERVICE OF PROCESS BY PUBLICATION
NORTH CAROLINA
COUNTY OF WAKE

In the General Court of Justice
District Court Division
File No: 22 CVD 14084

[CHILD CUSTODY PROCEEDING]
NAKITA YOUNG-MCGEE and MICHELLE YOUNG-DUNLAP,
Plaintiffs

v.
MICHAEL C. WILSON,
Defendant.

TTo Michael C. Wilson, father of male child born to Keyunana Reneisha Dunlap on 5/21/2021, in Virginia.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned child to Plaintiffs.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than 1/4/2023, said date being forty (40) days from the first publication of this notice. Upon your failure to do so, the parties seeking relief against you will apply to the Court for the relief sought. This, the 24th day of November, 2022.

Katherine S. Moyer
JusticeMatters, Inc.
Attorney for Plaintiffs
P.O. Box 58058
Raleigh, NC, 27658
919/794-7511, Ext. 9.
11/24, 12/1, 12/8, 2022.

NOTICE OF SERVICE OF PROCESS BY PUBLICATION
NORTH CAROLINA
COUNTY OF WAKE

In the General Court of Justice
District Court Division
File No: 22 CVD 12977

[CHILD CUSTODY PROCEEDING]
TAMMIE L. CARTER,
Plaintiff

v.
QWUANISHA N. CARTER and ALBERT R. REDD, III,

Defendants.
To Albert R. Redd, III, father of male child born to Qwuanisha N. Carter on September 8, 2018, in Wake County, NC.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned child to Tammie L. Carter.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than 1/4/2023, said date being forty (40) days from the first publication of this notice. Upon your failure to do so, the party seeking relief against you will apply to the Court for the relief sought. This, the 24th day of November, 2022.

Katherine S. Moyer
JusticeMatters, Inc.
Attorney for Plaintiffs
P.O. Box 58058
Raleigh, NC, 27658
919/794-7511, Ext. 9.
11/24, 12/1, 12/8, 2022.

STATE OF NORTH CAROLINA
WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk

File Number 2022 E 004490

Having qualified as Executor of the Estate of John Arthur Klein, Jr., late of Wake County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 24th day of February, 2023, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 24th day of November, 2022.

Katherine Winifred Shaffer

Executor
3532 Friendship Road
Apex, NC 27502
11/24, 12/1, 12/8 and 12/15/2022

CHATHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

NORTH CAROLINA
COUNTY OF CHATHAM
In the General Court of Justice
District Court Division
File No: 22 CVD 841

To: NUVIA AZUCENA LEIVA SAGASTUME, Defendant.

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is for child custody. You are required to make defense to such pleading no later than December 27, 2022 said date being at least forty (40) days from the first publication of this Notice, and upon your failure to do so, the Plaintiff, ERICK FELIPE LOPEZ FONSECA, will apply to the court for the relief sought.

This, the 17th day of November, 2022.

Aneta Paval, Esq.
Paval Law Offices, PLLC
7404 Chapel Hill Rd
Suite M
Raleigh NC 27607
Telephone: (919) 410-6690
11/17, 11/24 and 12/01/2022.

JOHNSTON COUNTY

STATE OF NORTH CAROLINA
JOHNSTON COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk

File Number 2020 E 001157

The Undersigned, having qualified as Administrator of the Estate of Douglass Wayne

Anderson, late of Johnston County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 24th day of February 2023, or this notice will be pleaded in bar of their recovery.

All persons indebted to the

Estate will please make immediate payment to the undersigned at the below listed address.

This the 24th day of November, 2022.
Phyllis Haywood
Administrator
203 Adlett Lane
Durham, NC 27703
11/24, 12/1, 12/8 and 12/15/2022



Answers

Solution time: 26 mins.

S	I	S		R	I	U	F		H	A	S	P	
U	F	O		F	F	L	Y		F	R	I	F	
N	I	C	K	N	A	M	E		B	E	L	T	
		R	A	C	K				I	R	A	T	E
W	H	A		H		M	I	N	E				
H	A	T	E		P	I	C	K	W	I	C	K	
A	V	I		B	A	L	E	S		T	A	I	
I	I	C	K	L	I	L	D		C	A	H	I	
				V	E	E	S		C	U	L	L	S
E	G	R	E	T				S	A	R	I		
C	O	O	I		K	I	C	K	B	A	I	I	
H	A	L	L		G	L	U	E		N	E	E	
C	D	E	S		B	E	D	S		S	O	X	

Atlantic Tire & Service

**Proudly Serving the Triangle as
your Local Auto Repair Shop**

since 1998

Schedule an appointment online today! | www.atlantictireonline.com

Hours: M-F 7:30 a.m. - 6 p.m. Sat 7:30 a.m. - 4 p.m



We carry Michelin.
Premier. A/S



**\$5 Off
OIL CHANGE**

**FREE
TIRE ROTATION AND
ALIGNMENT CHECK**

1380 NW Maynard Road
Cary 919.319.1614

5412 South Miami Boulevard
Durham 919.941.0712

3001 Wakefield Crossing Drive
Raleigh 919.234.0738

360 Ashville Avenue
Cary 919.803.6159