



RALEIGH, N.C.

THURSDAY-SUNDAY, SEPTEMBER 15-21, 2022

VOL. 82, NO. 46



Social Media, Technoference & Suicide

Dr. Joy Martinez

Staff Writer

Social media has many excellent benefits —connecting us with people all around the world, reestablishing relationships long thought lost, delivering content we are interested in, providing endless entertainment—but there are also negative consequences to endless scrolling.

Research has shown that young adults who use social media are three times as likely to suffer from depression—putting a large portion of the population at risk for suicidal thoughts and behaviors.

According to the Centers for Disease Control and Prevention, the number of suicides in females aged 15-24 increased 87 percent over the past 20 years. And among males aged 15-24, the number of suicides rose by 30 percent over that same period.

Managing the addiction can be a challenge. In a world of instant gratification where an AI can almost anticipate your question before you've asked it, parents and children alike are "always on."

Parents in rich countries are spending more time with their kids today than they did 50 years ago according to The Economist. But phones are increasingly

creeping into those moments, impacting their depth and quality of each interaction.

For example, more than a quarter of American adults report that they are online "almost constantly," according to a recently published Pew Research Center survey. But this increased smartphone use has experts more concerned about the potentially devastating consequences adult usage might have for the development of babies and toddlers.

"The most important thing for little people in the zero-to-three range is interactions with human beings," says Kathy Hirsh-Pasek,

a senior fellow at the Brookings Institution. "Anything that disrupts the timing, or the meaningfulness, or the emotional quality of that interaction can have consequences on both parents and kids and on their relationship."

Brandon McDaniel, an Indiana-based researcher on family relationships, uses a word to describe this phenomenon: "technoference." And it has become a global problem, according to the researcher. Hirsute-Pasek says, "I don't care if you're in Mongolia, or China, or the United States or Great Britain, kids grow up the same way. They need human interaction."

Unfortunately, while there are ways social media has removed the barriers between the user and the audience, this has far-reaching implications. We can act on impulse and post something to social media that may reflect a feeling, opinion, or thought in the moment but may not be true for us a day later. When we are back to our unprovoked, more level-headed self we can feel embarrassment, shame, or regret for posting something impulsively.

This is especially true for youth and adolescents who haven't fully developed. Neurologist Dr. Frances Jensen, author of the book "The Teenage Brain" is chair of the department of neurology at the University of Pennsylvania Perelman School of Medicine and was formally a Harvard professor and director of translational neuroscience at Boston Children's Hospital.

(See SOCIAL MEDIA, P. 2)



THE BIRTH OF ENVIRONMENTAL JUSTICE—In 1982 citizens of Warren County, NC protested the plan to place a toxic landfill in their predominately Black community. This protest gained national attention and sparked a movement. *Read more on page 7*



JOSEPH & ELWYNA HOLT'S HOME SITE INDUCTED ON THE NC CIVIL RIGHTS TRAIL

RALEIGH—On September 17, 2022, Raleigh's first family to challenge the city's segregated public school system following the 1954 Brown v. Board decision, will be honored with a marker designating the home site of Joseph and Elwynna Holt as a stop along the North Carolina Civil Rights Trail. The unveiling of this 18" x 32" cast aluminum sign which stands on a seven-foot aluminum pole will be accompanied by an invitation-only dedication ceremony at 10 AM at Wilson Temple United Methodist Church on Oberlin Road, and will be hosted by the Joseph H. Holt, Jr. family. The marker will be installed at 1027 Oberlin Road. The public is welcome to view the marker after 12 noon.

Many individuals and organizations enthusiastically sponsored Joseph Holt, Jr.'s effort to apply for the marker including Explosives Middle School instructor Shannon Hardy and her eighth-grade students, Preservation North Carolina, the Raleigh City Museum, StepUp Ministry, Cary Academy, and Raleigh Charter High School. Holt says, "This day has been a long time in coming, and I am filled with joy and gratitude to my parents for their courage and persistence in fighting for our right to equal education, and to my daughter Deborah for her determination and talent in portraying this story through a documentary she produced called "Exhausted Remedies: Joe Holt's Story".

The N.C. African American Heritage Commission leads the NC Civil Rights Trail with funding from the William G. Pomeroy Foundation, and with support from Visit North Carolina and the North Carolina Office of Archives & History. The commission will work with communities across the state to designate up to 50 sites where trail markers will be placed, including 10 in Hometown Strong communities. An interactive web portal highlights these places and others to guide people to history and experiences from the past. To learn more about the project or to apply for a marker, please visit: aahc.nc.gov/programs/civil-rights-trail.

SCHUMER SENDING \$15M TO DEMOCRATS, SENATE CAMPAIGN COMMITTEE

WASHINGTON, D.C. (AP)—In a show of support for keeping a Democratic Senate, Majority Leader Chuck Schumer is transferring \$15 million from his campaign account to his party's candidates, incumbents and political committee for the fall election.

That's according to a Democrat familiar with the situation who insisted on anonymity to discuss it.

Schumer is sending \$1 million each to nine candidates—four incumbent Democratic senators and five Democratic challengers in battleground states.

That includes \$1 million to the most contested senators—Raphael Warnock in Georgia, Mark Kelly in Arizona, Catherine Cortez Masto in Nevada and Maggie Hassan in New Hampshire.

And it includes \$1 million to the victory funds of newcomers Mandela Barnes in Wisconsin, John Fetterman in Pennsylvania, Cheri Beasley in North Carolina, Tim Ryan in Ohio and Val Demings in Florida, the Democrat familiar with the situation said.

"Keeping and growing the Democratic majority in the Senate is my top priority," Schumer said in a statement.

Schumer, who is expected to return as majority leader if Democrats keep the Senate, is shoveling the funds to his candidates in a vote of confidence in them as the split 50-50 chamber hangs in the balance this fall.

Republicans are working to wrest control of the chamber in a midterm election that would traditionally favor the party that's not in the White House, but the races have narrowed after a brutal primary season. Schumer's show of support for his party's candidates stands out after Senate Republican leader Mitch McConnell recently voiced the view that his own party's "candidate quality" could pose challenges.

Notably, Schumer is also giving \$500,000 each to incumbent colleagues Michael Bennet in Colorado and Patty Murray in Washington, both seasoned senators, in a sign of how competitive the Senate map is becoming weeks from the November election. The Democrat familiar with the situation said Schumer thinks both those candidates are in great shape for their reelection bids.

Besides the money being sent directly to the candidates, Schumer is transferring \$5 million to the Democratic Senate Campaign Committee, the party's campaign arm for senators, from his own account.



Queen Elizabeth's Legacy Through the Lens of Colonialism and Black Lives

By Stacy M. Brown

NNPA

Immediately following the death of Queen Elizabeth II, notable media personality Jemele Hill urged her peers to put the monarch's passing in perspective.

"Journalists are tasked with putting legacies into full context, so it is entirely appropriate to examine the queen and her role in the devastating impact of continued colonialism," Hill tweeted.

Elizabeth's legacy isn't necessarily complicated, but filled with enough ambiguity and action and inaction, that it might be easy to understand why people of color might view her different than the adoring throng mourning outside of Buckingham Palace.

The longest-reigning British monarch's history on race will forever exist as part of her legacy.

While her role in colonialism and its devastating impact on Black people continue to gnaw at many, the latest generation had an up-close view into the Queen's relationship with her mixed-race daughter-in-law Meghan Markle. "A low point was when [Prince] Harry was asked by a family member 'how dark Archie's skin might be,'" Markle told Oprah Winfrey in a 2021 interview.

Archie is Markle and Harry's son.

Markle revealed that she began having suicidal thoughts

while pregnant with Archie in early 2019.

"I just didn't want to be alive anymore," Markle told Winfrey. "And that was a very clear and real and frightening constant thought."

Harry expressed frustration over the lack of family support when British media members and others launched racially motivated insults at Markle.

"For us, for this union and the specifics around her race, there was an opportunity – many opportunities – for my family to show some public support," Harry stated during the same interview.

"And I guess one of the most telling parts and the saddest parts, I guess, was over 70 female members of Parliament, both Conservative and Labor, came out and called out the colonial undertones of articles and headlines written about Meghan.

Yet no one from my family ever said anything. That hurts."

Earlier, many in Great Britain and around the globe called on the Queen to deal with the fallout over complaints that Buckingham Palace had no official response to the murder of George Floyd and the global Black Lives Matter Movement.

However, the palace offered only tepid responses.

Before and during Elizabeth's reign, journalists claimed the royal family looked the other way and even enabled racism.

"These incidents aren't just historical – royal family members have been ignoring accusations of racism since as recently as June 2020, when the Queen failed to respond to accusations that the royal honors medal is 'highly offensive' and resembles the killing of Floyd," Royal Insider.

(See QUEEN, P. 2)

Pandemic Keeps Hurricane Victims In Limbo

RALEIGH, N.C. (AP) — Nearly six years after flood damage from Hurricane Matthew displaced Thad Artis from his home in Goldsboro, North Carolina, he has still not been placed in permanent housing.

Living alone in a motel for the last two years, growing increasingly frustrated with what he considers empty promises of swift action from government officials, the 68-year-old spends every penny on his wife's health care after a stroke left her unable to walk.

Before he moved his wife into an assisted living facility, the two lived in their decaying house, roughly an hour southeast of Raleigh by car, for several years after the storm – both developing respiratory illnesses as mold spores grew in the ceiling and bird droppings spattered atop their leaking roof. Roaches and "other creepy crawlies" inhabited the kitchen floorboards. The back of the house was so rotten, Artis said, that the washroom was about to fall through the floor.

"We stayed sick for a year," he said. "The house and all the furniture, it's gone, it's rotten. We ain't got nothing. I take everything I can get right down the road to see her, to take care of her. I don't give up because I got to help my wife."

Waiting on an unfinished modular home in nearby Pikeville, Artis is among hundreds of low-income homeowners enrolled with the North Carolina Office of Recovery and Resiliency who are living in temporary accommodations years after the 2016 storm

and Hurricane Florence in 2018.

A new bipartisan General Assembly committee tasked with investigating these delays in disaster relief will hold its first meeting Wednesday — the four-year anniversary of when Florence made landfall in North Carolina.

Co-chair Rep. John Bell, a Wayne County Republican whose district along the Neuse River incurred some of the worst flood damage statewide, said he's seeking accountability on behalf of displaced constituents like Artis.

"We had to deal with multiple hurricanes, tropical storms and a pandemic, but those are the realities, not the excuse," Bell said in an interview. "We've been back and forth on this issue for years now. We've made some headway, and then we take a step backwards and then politics gets thrown into it. It never should've gotten to this point."

While meteorologists say the Atlantic hurricane season has been quiet this year — a record-breaking zero storms formed in August — residents of storm-prone Southeastern states remain vigilant. Still working through long-term repairs from Matthew and Florence, North Carolina officials say recent labor shortages and supply chain issues have exacerbated the existing challenges.

(See HURRICANE, P. 2)



Social Media, Technoference & Suicide—CONTINUED FROM PAGE 1

Jensen says the teenage brain is not structurally developed all the way. It takes, often, into your early 20s and possibly late-20s and, you know, maybe even beyond for the brain to fully mature to adult levels. According to the doctor, "A teen is not as readily able to access their frontal lobe to say, oh, I better not do this. An adult is much more likely to control impulses or weigh out different factors in decisions, where a teenager may not actually have full on-line, in-the-moment capacity. And that's why we see this increased in risk - you know, classic sort of increased risky behavior."

While most social media apps require users to be at least 13 years old, a recent University of Michigan poll, showed parents reporting that 50 percent of children 10 to 12 years old and 33 percent of children 7 to 9 years old use social media apps.

An investigation into how children learn to relate and interpret

risk opportunities of social networks, based on media literacy resulted in frightening findings. These social media networks "face children (aged approximately 9-11) with the fundamental question of what is real or fake. By around 11-13, they are more absorbed by the question of what is fun, even if it is transgressive or fake. By age 14-16, the increasing complexity of their social and emotional lives, as well as their greater maturity, contributes to a refocusing on what is valuable for them. Their changing orientation to social networking online (and offline) appears to be shaped by their changing peer and parental relations, and has implications for their perceptions of risk of harm."

We have young people learning how to socialize and build relationships via technology where human perception is deliberately skewed. Socialization is defined as "the process by which individuals, in their interactions with

others, develop ways of thinking, feeling and acting that are essential for their effective participation in society." This is the basis on which humans build future relationships. Socialization is how we achieve the acquisition of habits, social roles, norms, knowledge and values that our society demands.

Human physical interaction is being replaced by the rise of individualized media consumption making fact and truth consumption less visible and, therefore, less available for behavioral modeling. Researchers have documented a shift from a "familiar television" mode of media

engagement to a more privatized "bedroom culture," in which family members tend to consume media behind the closed doors of their own rooms rather than in shared public spaces.

But companies are successful if they make profits. There's much to gain from perfecting algorithms that keep young people scrolling. The relationship between social media usage and body image has been well-established in the literature; however, social media companies' use of algorithms may intensify this association, as algorithms provide viewers with personalized content that is often more extreme,

less monitored, and designed to keep users engaged for longer periods of time.

In a paper published this week in *Information, Communication & Society*, a group of researchers looked at a metric called the Problematic Social Media Use (PSMU)—which refers to a certain psychological or emotional dependence on these platforms—in 1,79,000 children across 43 countries. The study analyzed children aged 11, 13, and 15 using data from a World Health Organization study carried out every four years.

Results showed that adolescents who were relatively more

deprived than their schoolmates and attended more economically unequal schools had a higher likelihood of reporting PSMU."

In other words, the less wealthy the young person, the less likely they are able to evade the addiction; the less likely their parents spent more time together offline than on; the less likely they had the best opportunity to develop fully socialized into mentally healthy adults.

988, the national suicide and crisis lifeline, is available anytime, anywhere. Simply call, chat or text 9-8-8 for an immediate response from a licensed mental health professional.

Queen Elizabeth's Legacy—CONTINUED FROM PAGE 1

ers Mikhaila Friel and Rachel Ho sie wrote in 2021.

"It's hard to imagine the Queen showing support for BLM—and anti-racism in general—when in her 69 years on the throne, she has failed to address the racism that undeniably exists in the institution of the royal family," the duo concluded.

Further, a 2021 exposé in *The Guardian* revealed documents that shed light on Elizabeth's continued exemption from race and sex discrimination laws.

Investigative journalists David Pegg and Rob Evans said they discovered papers at the National Archives as part of an ongoing investigation into the royal family's use of an arcane parliamentary procedure, known as Queen's consent, to influence the content of British laws secretly.

"They reveal how the Queen's chief financial officer once informed civil servants that 'it was not, in fact, the practice to appoint colored immigrants or foreigners' to clerical roles in the royal household, although they were permitted to work as domestic servants.

Pegg and Evans wrote that the Queen had remained exempted from equality laws for more than four decades.

"The exemption has made it impossible for women or people from ethnic minorities working for her household to complain to the courts if they believe they have been discriminated against," the journalists found.

They said Buckingham Palace didn't dispute their findings.

Instead, officials offered without explanation that there's a separate process for hearing discrimination complaints.

In 2020, when Antigua and Barbuda marked 40 years of independence from Britain, calls grew louder for slavery reparations.

Frustration with the Queen and colonialism also grew palpable.

"I think most Antiguans would want to replace the Queen now," historian Ivor Ford told BBC News during the celebration.

"Young people can't relate to the Royal Family; they don't understand their purpose. Even older people like me would love



to see us become a republic. The head of state should be someone who is elected like in America," Ford concluded.

Antiguan businesswoman Makeda Mikael recalled how as a child, she attended ceremonies that celebrated the Queen against her will.

"We didn't know as much about our history then as we do now," Mikael related.

"In school, I wasn't taught African or Caribbean history. So I knew everything about British and European history and nothing about ours."

She told the BBC she and others would continue to demand reparations.

"England has enjoyed the benefit of our slave labor right up to today, and they need to be honest, admit it, and find a way to reconcile," Mikael insisted.

"Most people couldn't care less if [Elizabeth] is head of state or not. The Queen is not a significant part of anybody's agenda."

With a reported net worth of nearly \$12 billion, Elizabeth has never publicly spoken about reparations.

"Along with a number of colo-

nies in North America, the Caribbean formed the heart of England's first overseas empire," explained David Lambert, professor of Caribbean History at the University of Warwick.

Lambert also authored *White Creole Culture, Politics and Identity During the Age of Abolition, and Mastering the Niger: James MacQueen's African Geography and the Struggle over Atlantic Slavery*.

In a white paper for the British Library, Lambert explained that from the early 17th century, people from other European powers, including France and England, settled in the Caribbean.

"The English settled St Kitts in 1624, Barbados, Montserrat, and Antigua in 1627, and Nevis in 1628," Lambert wrote.

"Around the same time, France established colonies in Martinique and Guadeloupe. In this way, the Caribbean came under the control of many competing European countries, joining Spain, which had established its first colonies in the region more than a hundred years before."

Further, Lambert noted that the system of slavery saw its disman-

tling in the early 19th century, and the enslaved received freedom in the British Caribbean in the 1830s.

A system called "Apprenticeship" was put in place from 1834 to 1838 across most of the Caribbean," Lambert offered further.

"This was intended to provide a transition to freedom for the formerly enslaved people and the planters who relied on their labor. Even after Apprenticeship was ended, things remained very unequal."

Born Apr. 21, 1926, the eventual Queen's given name was Elizabeth Alexandra Mary.

Her father, Prince Albert, was the youngest son of King George V, and Albert's place in the family presumably gave Elizabeth little chance to ascend to the throne.

However, in a stunning move, Albert's brother, King Edward VIII, abdicated the throne in 1936 to marry an American woman, which allowed for Albert's ascension as King George VI – thus making Elizabeth heir to the throne.

On Nov. 20, 1947, Elizabeth married her distant cousin, Lt. Philip Mountbatten of the Royal Navy.

The former Prince Philip of Greece and Denmark, Philip then took the titles of duke of Edinburgh, earl of Merioneth, and Baron Greenwich.

The couple's first child, Prince Charles Philip Arthur George, was born on Nov. 14, 1948, at Buckingham Palace.

On Feb. 6, 1952, King George VI died after a months-long illness, and Elizabeth became Queen – though her coronation took place more than a year later at Westminster Abbey.

Elizabeth also gave birth to Princess Anne in 1950, Prince Andrew in 1960, and Prince Edward in 1964.

With Elizabeth's death, Charles became the first King since his grandfather's death more than 70 years ago.

"Michelle and I were lucky enough to come to know Her Majesty, and she meant a great deal to us," former President Barack Obama said in a statement.

"Back when we were just beginning to navigate life as President and First Lady, she welcomed us to the world stage with open arms and extraordinary generosity. Time and again, we were struck by her warmth, how she put people at ease and brought her considerable humor and charm to moments of great pomp and circumstance."

Hurricane—CONTINUED FROM PAGE 1

Laura Hogshead, director of the North Carolina Office of Recovery and Resiliency, said in an interview that complications brought on by COVID-19, compounded by rising prices and high demand for contractors, have slowed efforts to make homeowners whole.

"I cannot overstate the impact of the pandemic, particularly on construction," she said. "It doesn't matter how good your general contractor is. If you can't get windows, you can't get windows. It's been frustrating for all involved."

Construction holdups have left some funding recipients like Artis in short-term lodging for months or even longer. Hogshead said that is partially the result of two manufactured housing vendors pulling out of contracts with the state in 2021 and 2022 as unit prices soared.

North Carolina's legislature created NCORR in 2018, in part to distribute what became \$778 million in federal recovery funds awarded by the U.S. Department of Housing and Urban Development for Matthew in 2017 and Florence in 2020.

The agency has committed more than 60% of these funds to support homeowners, with about \$231 million actually spent so far. Under federal mandate, the money must be expended by mid-2026.

Funds are used to make major repairs or replace homes owned by low-income families in coun-

ties battered by both storms. They also support affordable and public housing projects that are less susceptible to flooding.

Expending these funds isn't designed to be easy, with multiple safeguards to ensure they're spent properly.

Homeowners must navigate an eight-step process designed to ensure they qualify and haven't already received similar disaster money. It includes an environmental review of their damaged property, followed by a grant award, contractor selection and construction.

Of the nearly 4,200 Homeowner Recovery Applicants since Matthew money arrived, nearly 800 projects are completed, according to NCORR. But Hogshead said additional applicants — now more than 1,100 — are either waiting to find a contractor willing to take on a government-funded project with its additional paperwork, or for the contractor to begin work.

Bell said he has been performing unannounced drop-ins at construction sites in his district, occasionally finding far less progress than the contractors had reported to the state.

"Frankly, we've had some situations that folks weren't straight up on what was being done," Bell said.

As of Tuesday, 294 applicants currently waiting for repairs or a replacement manufactured home were living in temporary accommodations — often a rental prop-

erty or hotel.

Shiletha Smith, 68, has inhabited her damaged home in Fremont — a five-minute drive north of Pikeville — since Hurricane Matthew flooded the property in 2016, wiping out her insulation, destroying the central air conditioning unit and damaging the roof. This week, Smith said, she is finally moving into a hotel so construction can begin.

"Finally, after two years of waiting, they're supposed to start construction on my home," Smith said. "I almost got flooded out of my house and had to repair the whole side of my house that was from the water damage."

Smith described the relief application process as "extremely frustrating" and said her award determination was so minimal, she felt like she had no choice but to appeal, further delaying repairs.

"At least my home was livable," Smith said, noting she is not sure how long she will have to live in a hotel. "About two years waiting for them to start repairs, but at least I got to stay in my home."

With another hurricane season in full swing, Hogshead said she's always checking the tropics for developing storms that could cause further damage or delays.

"The thing I really worry about is another storm," she said. "Upsetting this apple cart in the middle of construction is the X-factor that none of us can control."

STIP Project No. W-5805A

NCDOT TO HOLD PUBLIC MEETING REGARDING A PROPOSAL TO IMPROVE THE INTERSECTION AT N.C. 42 AND PINEY GROVE-WILBON ROAD IN WAKE COUNTY

FUQUAY-VARINA

The public is invited to a public meeting with the N.C. Department of Transportation this month to discuss the proposed roundabout at the intersection of N.C. 42 and Piney Grove-Wilson Road in Wake County.

Project details, including maps and a video, can be found on the NCDOT project web page: <https://publicinput.com/NC42-PineyGroveWilbonRd>. The information will be presented at the meeting allowing for one-on-one discussions with engineers but no formal presentation.

The meeting will be held Sept. 29 at Piney Grove Baptist Church, 3217 Piney Grove-Wilson Road, Fuquay-Varina. The public is invited to attend at any time between 5 - 7 p.m.

People may also submit comments by phone at 512-580-8850 (project code 4594), email NC42-PineyGroveWilbonRd@PublicInput.com, or mail at the address shown below by Oct. 13, 2022.

By Mail:

Reid Davidson
NCDOT Highway Division 5 –
Division Design Engineer
2612 North Duke Street
Durham, N.C. 27704

NCDOT will provide auxiliary aids and services under the Americans with Disabilities Act for disabled people who wish to participate in this meeting. Anyone requiring special services should contact Tony Gallagher, Environmental Analysis Unit, at 1598 Mail Service Center, Raleigh, N.C. 27699-1598, 919-707-6069 or magallagher@ncdot.gov as early as possible so arrangements can be made.

Those who do not speak English, or have a limited ability to read, speak or understand English, may receive interpretive services upon request prior by calling 1-800-481-6494.

Aquellas personas no hablan inglés, o tienen limitaciones para leer, hablar o entender inglés, podrían recibir servicios de interpretación si los solicitan llamando al 1-800-481-6494.

Business & Finance

Many Gen Z Say Economy Is Challenging, 75% Seeking Ways To Earn More Income

CHARLOTTE—As Gen Z looks to establish their financial footing, the economic environment and inflation have posed new challenges in achieving their financial goals. This is according to new research published today by Bank of America's Better Money Habits exploring this generation's (ages 18 to 25) distinct approach to money – including their financial priorities, behaviors and challenges. With Gen Z being far more diverse than previous generations, the new research also examines ways in which race, ethnicity and gender may influence their financial priorities and challenges.

According to 73% of Gen Z, the current economic environment has made it more challenging to save. They feel inflation has made it harder to save for financial goals (59%) and pay down debt (43%) and has created more financial stress (56%) in their lives. Forty percent also say surging rents or home prices have made it challenging to afford day-to-day necessities. According to The Bank of America Institute, younger consumers are getting squeezed the most by higher rent inflation, with median rent payments up 16% year over year in July for Gen Z, compared to just 3% for Baby Boomers.

Gen Z isn't taking inflation and the higher cost of living sitting down. Currently, 75% of Gen Z are taking or considering steps to earn additional income including: changing jobs (34%), turning a passion into a source of income (31%), taking on a second job (26%) or even a job they don't like (23%).

"Gen Z is ambitious and enterprising, and taking positive actions as they join the workforce and make some of their first financial and career-driven decisions," said Christine Channels, Head of Community Banking and Consumer Governance at Bank of America. "Current economic and inflationary headwinds have created added challenges for many. Through our Better Money Habits platform, we're connecting these



young adults to a wide range of resources and guidance designed to give them the skills, knowledge and confidence to succeed financially."

Other key findings from the Better Money Habits research include:

When it comes to success at work and in life, Gen Z is driven by the desire to achieve financial peace of mind (74%) and to comfortably afford the things they want.

Gen Z's top three priorities for the year ahead include furthering their education (40%), advancing their career/salary (32%) and getting a new job (31%). These priorities are followed closely by saving for retirement (25%), traveling (24%), buying a car (22%) and building good credit (20%).

They're more likely than other generations to cite the desire to comfortably afford material items (45%) as a motivator to achieving financial success (vs. 34% of Millennials, 30% of Gen X, 30% of Boomers).

More than half (56%) of Gen Z say discipline is a key trait to achieving financial success, with

other important traits and characteristics being financial savvy (37%), organization (35%), motivation (34%), self-awareness (29%), frugality (20%) and confidence (20%).

Today, two-thirds (66%) are actively saving for financial goals and, despite the current environment, 58% are optimistic about their financial futures.

Much of Gen Z has the financial basics down, though struggle with more complex topics such as investing and debt.

Gen Z feels equipped to handle basic financial tasks, including budgeting (71%), managing day-to-day expenses (70%) and building/managing credit (65%). However, preparedness levels decrease significantly when it comes to the future and more complex topics, including building an emergency fund (54%), saving for retirement (43%) and investing (29%).

Nearly 40% have no investments and of those the top reasons for not investing include having no additional funds to spare (44%), not knowing where to start (31%) and feeling investing is too risky (29%).

Growing up, 35% of Gen Z reported having open discussions with parents or guardians about financial topics – more so than Millennials (26%), Gen X (23%) or Boomers (21%).

Despite greater dialogue about money at a young age, Gen Z still view money talk as a more taboo topic of discussion early in romantic relationships. During the first six months of a new relationship, they feel more comfortable discussing religion (81%), politics (75%) and previous relationships (71%) than they do their income (69%) and debt (60%).

Many also feel more comfortable meeting their partner's family (80%) and saying "I love you" (73%) within the first six months than they do talking about money.

The research also explored how race and gender may influence financial priorities and challenges, including the racial wealth gap. Reflecting on the last five years, about two-in-five Black (41%) and Hispanic (42%) Gen Z say some or significant progress has been

(See **GEN Z**, P. 4)

FUNDraising Good Times

By Mel & Pearl Shaw
Saad & Shaw



BOARD MEMBERS, BEFORE YOU COMPLAIN...
"No nonprofit organization can obtain greatness by stumbling over its board."

—Dr. Fred Lange, co-founder of the United Way.

Complaining is an important part of life. On the positive side of things it can lead to much-needed improvements. On the negative side it can be viewed as "hot air" from people who don't want to do anything to change a situation. In terms of nonprofit boards, complaining—like fundraising—can be both an art and a science. Before complaining consider a quick self-assessment using any or all of the following questions.

As a board member... Do I personally have the skills, resources, and experience to help this nonprofit fulfill its mission, vision, goals, and raise the funds it needs? Am I—in consultation with my family—in a position to make an annual meaningful gift, along with gifts to other fundraising initiatives as they arise? Do I really know the organization's strengths and challenges? Importantly, ask yourself, "Do I care?"

You may know the answer to the "do I care" question or you may be hiding it from yourself. Here are a few more questions to ponder, to help reveal your answer: Do I regularly attend board meetings? Do I let people know if I cannot make a meeting? When was the last time I had meaningful conversation with the CEO about the organization's health and finances?

If you want to complain about fundraising, ask yourself: When was the last time I gave or secured a meaningful financial contribution? Can I effectively make the case? If called on, would I be able to serve in an interim leadership staff position? Am I accessible when needed? Have I committed myself—in writing—to the role I am willing to fulfill? Do I know what others expect of me? Who is benefitting most from my board service: me or the organization? What about my impact, is it quantifiable?

These can be hard questions to ask yourself, or to ask of your fellow board members. But it is important to assess what you are doing and willing to do before complaining about what others are doing or not doing. Consider these words from Roland Martin via a video on Facebook. "The job of board members... let me be real clear. The job of board members is to ensure that the finances of the institution are strong, that processes, accreditation, things along those lines are there as well, and to go raise money. Let me say it again: when people sit on the board it's to go raise money. It's to not sit on boards thinking you high and mighty and then just somehow thinking the money just gonna come rolling in. No! It's working in concert hand in hand with the President."

Martin's message is clear. No one else will say this to you directly because they don't want to upset you. But the most successful boards are comprised of people who give, govern, and fundraise. You can do it too.

Copyright © 2022—Mel and Pearl Shaw of Saad&Shaw—Comprehensive Fund Development Services. Video and phone conferencing services always available. Let us help you grow your fundraising. Call us at (901) 522-8727. www.saadandshaw.com.

A BETTER WAY TO GET THE FUNDS YOU NEED

From building, buying or refinancing your home to purchasing a new car, we have you covered.

At United Bank, we lend more than just money. We'll be with you every step of the way to make sure you get the products you need with the service you deserve.



UNITED BANK



Call:

1.800.327.9862 BankWithUnited.com Any United Bank Branch



Click:



Visit:

Member FDIC



Banking With Bea

By Betesha Ethridge

BUILDING YOUR LINKEDIN BRAND

Hello friends! It has been a few months since I talked to you. So much has happened that I can't wait to tell you all about. I am so happy to bring you some fresh and innovative tips and tricks this week. Let's talk about one of my favorite topics - "Personal Branding!"

As many of you know, I am a fan of the business social media platform, LinkedIn. I have so many success stories that have come from my use of LinkedIn. From jobs, speaking engagements, networking with business leaders, branding for various companies and organizations, and the list goes on!

One of the main questions I get about my LinkedIn is how to build engagement and brand yourself. The key is simply consistency. LinkedIn uses algorithms and it will reward you for following a few key tips.

Here are the top 3 tips. Tip #1 is timing! There are certain times of day that you should post, depending on your audience. You can check your stats after you post to see the different types of people that are engaging with your post and their industry. Once you figure out the perfect time of day, stay consistent. Post daily! Tip #2 is connection! Find out who your followers are and tag 3-5 profiles in your post. If you get 5 comments in 30 minutes, LinkedIn will reward you. Tip #3 is hashtag. Use at least 3 hashtags when you post. Try to use hashtags that have a large following to boost engagement.

I have had many opportunities to lead workshops on building your personal brand using LinkedIn. I can't wait to bring more tips and tricks to all of you. I also love helping review LinkedIn profiles for my BankWithBea friends. Let me know if I can help and if the tips and tricks work for you! Make sure to connect and follow me on LinkedIn. <https://www.linkedin.com/in/bankwithbea> #BankWithBea

Many Gen Z Say Economy—CONTINUED FROM PAGE 3

made to close the racial wealth gap, while others in these groups say no progress has been made (both 30%). Looking to the next five years, about half of Black (47%) and Hispanic (54%) Gen Z believe some or significant progress will be made to close the gap, while others say no progress will be made (28% and 24%, respectively). Additional findings include:

Black Gen Z is paving the way toward financial independence and embracing a hustle culture, though barriers persist around debt and saving.

60% of Black Gen Z identify as mostly or fully financially independent – more so than their non-Black peers (45%).

80% are currently/considering taking routes to earn supplemental income – more so than their non-Black peers – including taking on a second job (35% vs. 25%).

They are 3x as likely to prioritize starting or growing a business in the year ahead compared to non-Black Gen Z (15% vs. 5%).

Black Gen Z is nearly twice as likely to say they currently invest or are considering investing in cryptocurrencies than non-Black Gen Z (22% vs. 12%).

While Black Gen Z is more likely to have debt than their counterparts (60% vs. 44%), this is down from 70% year-over-year.

This community is more likely to cite taking on too much student loan and/or credit card debt as their biggest financial regret (30% vs. 17%).

40% contributed to their savings over the last year (vs. 56% of non-Black Gen Z), however two-thirds (67%) don't have enough emergency savings to cover three months of expenses – with one-third (32%) of all Black/Gen Z citing not having an emergency fund as their biggest financial regret.

Family is at the cornerstone of



Hispanic Gen Z's financial lives; equate homeownership with financial success.

54% percent of Hispanic Gen Z is not financially independent and still rely on family for financial support.

Family is also more of financial motivator, with 36% hoping to pass down wealth to the next generation (vs. 27% of non-Hispanic Gen Z) and to succeed financially to make their parents proud (36% vs. 23%).

57% say being able to provide for their family's future is part of their definition of financial success, and 64% say it's important to educate their family and/or community on financial matters.

Despite an emphasis on family support, nearly two-thirds (65%) say their parents did not talk about finances openly when they were growing up.

Education gaps remain a barrier for this community when it comes to investing. 42% don't have any investments, and when asked why, the top reason is not knowing where to start (42% vs. 27% of non-Hispanic Gen Z).

Hispanic Gen Z is prioritizing

homeownership. Nearly half (45%) say fully paying off a home/mortgage aligns with their definition of financial success, and they're more likely to prioritize buying a home in the year ahead (22% vs. 14% of non-Hispanic Gen Z).

Gen Z women's financial literacy gaps and lack of investing, relative to men, may negatively impact their near and long-term financial wellness.

Gen Z women and men feel equally equipped to build/maintain credit (64% vs. 66%) and stick to a budget (69% vs. 73%).

However, Gen Z women feel less equipped to manage day-to-day expenses (63% vs. 76%) and to build an emergency fund (48% vs. 61%). Just 38% of Gen Z women have enough emergency savings to last three months, compared to 48% of Gen Z men.

In terms of longer-term planning and investing, Gen Z women's financial knowledge has them feeling less equipped than Gen Z men to save for retirement (37% vs. 49%) and to invest (22% vs. 35%).

Today, 41% of Gen Z women

have not yet begun investing, compared to 34% of men, and are less likely to even be considering individual investments (36% vs. 47%) or retirement savings vehicles such as a 401(k) (39% vs. 46%).

"We recognize the unique financial needs across diverse and historically underserved communities," Channels added. "The insights from this annual research help to inform how we tailor resources and guidance to empower the next generation as they embark on their financial journeys. Last year, for instance, we developed a Gen Z financial guide based on insights into the priorities, preferences and challenges of this growing client segment."

The study was conducted June 24 - July 13, 2022, by Ipsos in both English and Spanish and is based on nationally representative probability samples of 1,098 general population adults (age 18 or older), and a partially overlapping sample of 921 Gen Z adults (age 18-25), including 124 Gen Z adults from a non-probability sample.

This survey was conducted primarily using the Ipsos KnowledgePanel®, the largest and most well-established online probability-based panel that is representative of the adult US population. Panelists are scientifically recruited into this invitation-only panel via postal mailings to a random selection of residential addresses. To ensure that non-internet households are included, Ipsos provides access to a tablet and internet connection to those who need them. Because of this probability-based sampling approach, KnowledgePanel findings can be reported with a margin of sampling error and projected to the general population. The margin of sampling error for the general population sample is +/- 3.2 percentage points at the 95 percent confidence level.

SUPPORT SMALL & LOCAL BUSINESSES

Small and local businesses are what make communities strong. When you spend your money with these companies, those dollars stay here. Your dollar circulates in the community so much longer when you buy local. These business owners are your neighbors, your friends and a big part of the financial backbone of our communities.



Jack's Seafood & Soul Food
LOCALLY OWNED SINCE 1976
Two Locations

1516 New Bern Ave
Raleigh, NC 27610
919-755-1551

5416 Rock Quarry Rd
Raleigh, NC 27610
919-329-8125

\$1.00 OFF
any take-out or dine-in combo order. Must present coupon at time of purchase.
offer exp 9/30/2022

AUTO ACCIDENTS
CALL
ELWOOD BECTON
ATTORNEY AT LAW
919-856-0414
FREE CONSULTATIONS
"KNOW YOUR LEGAL RIGHTS"
805 NEW BERN AVE. • RALEIGH, NC 27601

Get Your Free Market Report

What is your home really worth?



Contact me today for a free market report: 919-832-1814 ext. 305

Lea Funeral Home
2500 Poole Road
Raleigh, NC 27610
(919) 231-1000



Professional Service With Personal Care
Call or Visit Us. We also offer Cremation Services & Pre-need Arrangements.
You can reserve Our State-of-the-Art Banquet Facilities for your next event

We Only Build Garages and Out-Buildings
Stu Daugherty
Owner
Visit us at the:
HOME IMPROVEMENT CENTER
4905 Departure Dr.
Raleigh, N.C. 27616
(919) 790-1234
FAX (919) 790-1010
www.carolinacustombuilders.com
carolinacustom@hotmail.com

ABE JONES
Attorney at Law
3401 Wendell Boulevard
Wendell, N.C. 27591
919-817-2714 (office) 919-817-2711 (cell)
legalaffairs@abejoneslaw.com
Fax: 919-366-6770

LAW OFFICES OF ABE JONES

Carolina Custom Builders

RBR PT Specializes in:
*Functional assessments
*Strength training
*Modalities for pain
*Balance/Stability training
*Flexibility/Mobility training
*Home exercise programs

(No physician's referral to get started)
1300 Corporation Pkwy, ste. B
Raleigh, NC 27610
919-917-7729 (office)
919-400-4178
www.rbrpt.com

Health & Fitness

Yes, Black Patients Do Want To Help With Medical Research

By Julia Liu and RaKetra Snipes

Morehouse School of Medicine

Clinical trial participants are predominantly white. Despite Black and Hispanic people respectively making up 12% and 16% of the U.S. population in 2011, together they made up only 6% of clinical trial participants overall that year.

Clinical trials that are representative of all patients are essential to ensure that treatments are effective for everyone. Drugs work differently for each person based on different factors. Including diverse patient populations in clinical trials makes sure these factors are accounted for. But the perception that recruiting white patients is easier, less time-consuming and more cost-efficient than recruiting underrepresented or underserved patients contributes to health disparities seen today.

We are gastroenterology researchers at Morehouse School of Medicine who run clinical trials and study ways to improve participant diversity. Identifying and addressing the barriers to enrolling in research that patients face can not only increase participation, but can also lead to better patient care.

The problem of access

Barriers to clinical trial participation start with a lack of access to trials.

Clinical trials have specific eligibility criteria, and may require a number of study-related visits to the hospital where they're conducted. But underserved and underrepresented populations often aren't seen in practices that recruit patients for clinical trials.

Typically, clinical trials are designed by research-focused physicians working in urban medical centers. The majority of

Black and Hispanic patients have limited access to the health care system as a whole, and the centers that serve them often do not have the research infrastructure or resources to run clinical trials.

While researchers have made attempts to increase the diversity of clinical trial participants, misconceptions and biases within the medical community about underrepresented populations limit these outreach efforts. For example, beliefs persist that Black patients aren't willing to participate in research studies and are noncompliant and mistrustful due to historical abuse from medical researchers, such as in the Tuskegee syphilis study.

A colon cancer case study

One example of how lack of diversity in clinical trial participation can lead to poor health for patients is outcomes for inflammatory bowel disease. IBD is a chronic condition that comes in two forms, ulcerative colitis and Crohn's disease. Patients with IBD have an increased risk of developing colorectal cancer.

Black patients account for 75% of IBD cases at Morehouse School of Medicine. Many of our current patients were either previously misdiagnosed or only treated for their symptoms in the emergency room without further investigation. This has led to many of our patients getting diagnosed with IBD when the disease is already at an advanced stage, making it more difficult to treat.

Julia Liu started Morehouse's first colorectal cancer clinical trial in 2021. The Prevention of Colorectal Cancer Through Multiomics Blood Testing study evaluated whether a particular blood test could aid in early colorectal cancer screening. Due to misconceptions about Black patients' interest in research, we

anticipated few patients would participate in the trial because our patient base is 90% African American. The sponsor for the study expected an enrollment rate as low as one to three patients per week at our site.

However, when enrollment began, we saw high interest among our Black patients. After three months, we had enrolled 100 patients, 85% of whom were Black.

So how did we do it?

First, we identified the participation barriers our Black and Hispanic patients faced.

We conducted a pilot study to identify more broadly the main barriers to research participation in underserved and underrepresented populations in our area. We reviewed enrollment rates, failures to meet eligibility and data issues, among others, from our past studies to see where we could improve.

We evaluated the role of mistrust by surveying patients at an IBD education conference. Although patients often cited mistrust of health care providers



and systems as a major barrier to trial participation, 70% of patients with a college education trusted their gastroenterologists, and 100% of patients with less than a college education trusted their doctors. Moreover, while 83% of respondents knew about the Tuskegee syphilis study, only 23% indicated that their decision

to not participate in research was influenced by that study.

We also identified other barriers based on our experience working with Black patients in other clinical trials. A significant one was low levels of health literacy, or the ability to understand and make informed health care decisions. Another was

limited access to specialty care, particularly when patients have been waiting for months for an appointment. Lack of transportation was another.

Time was another barrier. Because many of our patients have limited exposure to clinical studies, they have many questions and concerns that most clinicians do not have the time to answer in the space of a standard appointment. Patients also could not afford the time commitment required for complex clinical trials. An informed consent process can take over an hour, and many trials require frequent and prolonged hospital visits, for which patients may not be able to take paid time off.

After identifying these barriers, we worked to create solutions to help our patients participate in research.

Partnering with an institution dedicated to serving underserved populations can also help. But above all, research participants are looking for a genuine interest in their well-being.



family meals ready when you are



Visit foodlion.com/catering
or stop by the deli at your
local store.



Place your order by
filling out the order form
online or in-store.



Pick up your order
from the deli at a time
that works for you.



FOOD LION
CATERING



At the conclusion of the training tour, Black Folks Camp Too and Great Outdoor Provision Co. have also partnered with Durham-based Triangle Land Conservancy to host community hikes and "campfire" conversations.

"When people have meaningful outdoor experiences, their quality of life, health and social wellbeing improve, and in turn their communities become stronger and more sustainable. Everyone deserves the opportunity to spend time in nature, regardless of their background," said Diquan Edmonds, Education and Outreach Manager for Triangle Land Conservancy.

"Triangle Land Conservancy is honored to work with Black Folks Camp Too and longtime partner Great Outdoor Provision Co. to help educate the public and connect more people with nature. We hope that you join us in our upcoming You Belong Outside series with a panel at GOPC's Raleigh store on October 20th, and a gathering at the TLC Brumley Nature Preserve in Chapel Hill on Oct. 22."

In 2020, America's National Parks released data showing that 77 percent of visitors in National Parks were White, with most recent data showing only 6 percent of National Park visitors identifying as Black.

With 640 million acres of Public Lands available to everyone, that we all pay for with our tax dollars, it is imperative that we welcome ALL to explore, enjoy, and protect our nation's natural spaces, wonders, landmarks, and extraordinary beauty.

Ag-Grow-Culture

The 2023 Farm Bill May Focus On Environment, But Must Diversify

By Jason Lindsay

Staff Writer

The United States Farm Bill is a legislation that was born in a time of great struggle for the country; the Great Depression.

Under President Roosevelt's New Deal legislation of the 1930, the Agricultural Adjustment Act went into effect in 1933, America's first Farm Bill. At the time, America was looking in the face of the depression and witnessing astronomical drops in the agricultural market as a result of events like the Dust Bowl. The Dust Bowl was a series of devastating dust storms that damaged the ecology including agriculture throughout American and Canadian farms. This disaster was triggered by the lack of good agricultural practices with farmers ignoring indigenous dryland farming methods. So, when met with drought, the soil of the southwestern Great Plain region collapsed and was gone with the wind.

The Farm Bills have been in a constant state of evolution since. The 1938 Farm Bill introduced farm insurance. In 1973, nutrition programs (later SNAP/EBT) were included for the first time. In the 1980's conservation (prevention of wasteful use of a resource particularly environmental, animal, and marine conservation) was incorporated. Forestry and Energy was introduced in 2002. 2008 hosted horticulture for the first time. Beginning farmers and ranchers witnessed their first credit provisions in the 2014 Farm Bill and the 2018 Farm Bill made mention to urban farms and farmers for the first time and will expires in September, 2023.

From the perspective of a small farmer (50 acres or less) in particular a Black Farmer, the Farm Bill has been shaped around us in a manner that excludes us and has historically done so. Discrimination of Black farmers inhibited our ability to access programs and in many ways has closed the door on how the Farm Bill impacts Black farmers. Majority of the Farm Bill's subsidies go to big ag.



farmers. Commodity crop such as corn, soybean, and wheat received more than 70 percent of the subsidies administered. This all but closes the door on small farmers as well and farmers of color, who are more likely to farm small diverse acreage while sharing the space with small white-owned operations who are effected as well.

Let's face it, the Farm Bill doesn't really engage farming directly and when it does, commodity crops (big ag.) is pulled to the front of the line.

Currently, under the 2018 Farm Bill, nutrition programs like SNAP (Supplemental Nutrition Assistance Program) receives 76 percent of the budget. Resent inflation and rising food prices are perceived to increase in the 2023 Farm Bill. We are talking about hundreds of billions of dollars.

The 2018 Farm Bill consumed \$428 billion and predictions for 2023 are summing up around \$648 billion. The debates for agricultural priorities are under way and the demand for not "just

another day at the mill," are at an all-time high.

Farming has become more expensive, especially for chemical farmers. Organic farmers have been affected well with spikes in fuel cost and major delays in shipping. But the cost of petroleum based products, in particular fertilizer, has made the cash output of farming increase by more than 100 percent for many farmers. All of this is in the wake of natural disasters taking center stage from coast to coast.

Over 11 major rivers across America are drying up, including the Colorado River which is the most over used river in the world. Also the Rio Grande, which is the fifth largest river in the nation, has been reported to show a decrease in flow by 1/5.

Water contamination is depicted to be more and more of an issue for the nation like the situation in and around Jackson, Mississippi leaving over 180,000 people without clean water. States like Kentucky are enduring record flooding with some river ris-

ing 19 feet above average. California and other western states of experiencing record droughts.

This places American legislation in a position that it must respond. The face of Agriculture in America is changing as we speak and that is quite literal.

Predictions indicate that 40 percent of farmland in the United States will exchange hands by 2035. With the average age of a farmer being 65 this does not seem to be a stretch at all. It's not only one problem that there are not yet enough farmers to replace them, but statistics show that these transitional farmlands are not remaining farmland in large numbers.

Between 2001-2016, 11 million agricultural acres were converted/developed into businesses and housing complexes, and another 18.4 million are forecast to be sold out of agriculture by 2040. Today, 132 million acres are owned by landlords and 239 million acres are owned by senior principal operators. Within the next 20 years 371 million acres will transfer ownership. This

places an entirely new face on agriculture, if the face of agriculture is the farmers.

Not only will the face of agriculture change, but the methods must as well. The fluctuation of climate throughout the nation is forcing us to pay attention and this needs to be supported through legislation.

2023 Farm Bill conversations hint at increasing ecological farm production practices by 20 percent. This is much needed because the cost of soil remediation is extremely high and promises no immediate financial return. Records show that in 2017, only 6 percent of farmers reported the use of the regenerative measures of cover-cropping (a crop grown for the enhancement and protection of the soil). A very small percentage of the blame goes to not properly educating farmers, in particular big ag. growers, but a strong majority of the reasoning behind not cover-cropping is expense.

Programs designed to negate the expensive nature of cover-cropping have been over-

whelmingly under funded and even made un-accessible for certain farmers. Under the USDA, the NRCS (Natural Resource and Conservation Service) and EQUIP (The Environmental Quality Incentive Program) were created in order to address natural resource issues and provide services to improve water quality, air quality (for both ground and surface water) and prioritize soil health for farmers across the nation. Yet, USDA has a proven reputation for discrimination against farmers of color along with other non-equitable actions. And EQUIP has left 70 percent of its applications unfunded between 2010-2020.

We are witnessing a changing of the guard within agriculture. In the past, bills like the United States Farm Bill have left out the folks that don't have lobbying representation on the hill with Black and small farmers at the top of the list. Alongside this was the awaking and growth of new agricultural sectors like urban farming. This has created a scenario that forces the range which farming is measured to be redrawn.

83 percent of Americans live in urban settings, yet only 3 percent of urban land is used for urban farming. With the sensitivity of our food system, to empower folk with the ability to grow where they live and interact in the spaces where their food is produced is nothing shy of justice.

New farmers are in high demand and the secession plan for current farms are incomplete. That is to say: a large majority of the future farmers of America will not come from traditional farm families. This places us as a nation in a posture that must prioritize land access and land tenureship. And this comes at a time where the value of land is at an all-time high. In the 1990's the average acre was valued around \$1,329.00. As of 2020 the average acre is valued at \$3,160.00, an increase exceeding 100 percent. The eyes of farmers across the country are on this bill. America again will have a chance to make it right, to bridge the gap between practice and principle.

Proudly Serving the Triangle as your Local Auto Repair Shop

since 1998

Schedule an appointment online today! | www.atlantictireonline.com

Hours: M-F 7:30 a.m. - 6 p.m. Sat 7:30 a.m. - 4 p.m.

**\$5 Off
OIL CHANGE**

CAROLINIAN-2022, EXPIRES 6/30/2022

**FREE
TIRE ROTATION AND ALIGNMENT CHECK**

CAROLINIAN-2022, EXPIRES 6/30/2022



We carry Michelin® Premier® A/S



Community

Warren County, Birthplace Of The Environmental Justice Movement

The exact start of the environmental justice movement in America is not clear. Local groups have complained about unwanted land uses for decades. Prior to the early eighties, these local protests were considered isolated and protesting communities were not associated with other communities in similar situations.

This isolated protesting all changed in the early 1980's and the environmental justice movement became a national social and racial protest that galvanized communities across the country seeking social justice and environmental protection. The initial environmental justice spark sprang from a Warren County, North Carolina, protest. In 1982, a small, predominately African-American community was designated to host a hazardous waste landfill. This landfill would accept PCB-contaminated soil that resulted from illegal dumping of toxic waste along roadways. After removing the contaminated soil, the state of North Carolina considered a number of potential sites to host the landfill, but ultimately settled on this small African-American community.

In response to the state's decision, the National Association for the Advancement of Colored People and others staged a massive protest. More than 500 protesters were arrested, including Dr. Benjamin F. Chavis, Jr., from the United Church of Christ, and Delegate Walter Fauntroy, then a member of the United States House of Representatives from the District of Columbia. While the Warren County protest failed to prevent the siting of the disposal facility, it did provide a national start to the environmental justice movement.

Following the Warren County protest, people in poor minority



Afton protesters lie in the street, blocking dumptrucks of contaminated soil

communities created groups to fight environmental burdens they claimed:

Resulted from being targeted by industry for activities that threaten the environment (e.g., use, storage, and disposal of toxic chemicals); and,

Produced high rates of environmental illness.

While local protests decreased such threats to some communities, the groups realized another effective way to prevent harmful environmental impacts was to develop a loose, national, multicultural coalition of such community groups to collectively speak out for environmental justice and to challenge others with similar interests to also speak out.

The Warren county residents presented feelings similar to

many other residents in small, low-income, and minority communities across the country. The common feeling was that these communities were targeted based on their demographics.

They all felt that but for their race and economic status, their communities would not have been designated to host a hazardous waste disposal facility. Furthermore, they felt a lack of power to defeat siting decisions and would be constant repositories for waste treatment, storage, and disposal facilities.

The Warren County protest and the emerging environmental justice movement served as the impetus for a number of studies designed to measure the connection between race and hazardous waste-siting decisions. Delegate Fauntroy

asked the General Accounting Office (GAO) to review hazardous waste siting decisions in U.S. Environmental Protection Agency (EPA) Region 4. This region includes the states of Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, and Tennessee—states with a high proportion of minority residents. The GAO conducted a study and found that there are four hazardous waste landfills in Region VI's eight states. Blacks make up the majority of the population in three of the communities where the landfills are located. At least 26 percent of the population in all four communities have incomes below the poverty level and most of the population is Black.

Another study that sprang from the Warren County protest is Toxic Waste and Race, a 1987 United Church of Christ study that examined the relationship between waste siting decisions in the United States and race. That study concluded that race was the most significant factor in

siting hazardous waste facilities, and that three out of every five African Americans and Hispanics live in a community housing toxic waste sites.

Critics to both studies have presented arguments supporting different conclusions for waste siting decisions. Some argue that the cost of land and favorable business climates are greater predictors of waste siting decisions. Others have argued that minority and low-income residents have moved into neighborhoods hosting a waste facility due to the cheap cost of land. Regardless to the reason, a clear feeling in many minority communities is that they have been targeted for unwanted land uses and have little, if any, power to remedy their dilemma. Correct or incorrect, this is the position from which many environmental justice activists make their environmental justice decisions.

Another key event in the history of environmental justice is the First National People of Color Environmental Leadership

treatment, storage, and disposal facilities. While many of the representatives had by now become familiar with struggles similar to their own in other communities, this summit was the first attempt to convene a large number of communities together to discuss their common interests and to seek a common solution.

One of the outcomes of the First National People of Color Environmental Justice Summit was a consensus document called the Principles of Environmental Justice. This set of principles is the product of a 4-day effort to get hundreds of delegates from various parts of the country, with different and sometimes competing interests, to reach common agreement on a number of issues. The Principles and the Summit laid out a process for maintaining communication and growing this new environmental justice movement as a national matter.

In 1992, the environmental justice activities around the country led to a call by President George Bush Sr. for the establishment of an Environmental Equity Work-



Dr. Benjamin F. Chavis, Jr. leads protest in Warren County

across the country came together in Washington, DC, to focus national attention on what they perceived as a national problem—targeting minority communities for hazardous waste

ing Group, headed by EPA Administrator William Reilly, and the initiation of federally sponsored meetings on environmental justice with community leaders to seek solutions.

NC Serves Aboard Newest Warship

By Stephanie Fox
Navy Office of Community Outreach



cause we can be anywhere at any time in a moment's notice," said Calderon-Martinez.

With more than 90 percent of all trade traveling by sea, and 95 percent of the world's international phone and internet traffic carried through fiber optic cables lying on the ocean floor, Navy officials continue to emphasize the importance of accelerating America's advantage at sea.

"Maintaining the world's best Navy is an investment in the security and prosperity of the United States, as well as the stability of our world," said Adm. Mike Gilday, Chief of Naval Operations.

"The U.S. Navy—forward deployed and integrated with all elements of national power—deterring conflict, strengthens our alliances and partnerships, and guarantees free and open access to the world's oceans. As the United States responds to the security environment through integrated deterrence, our Navy must continue to deploy forward and campaign with a ready, capable, combat-credible fleet."

Calderon-Martinez and the sailors they serve with have many opportunities to achieve accomplishments during their military service.

"My proudest Navy accomplishments are receiving the Navy and Marine Corps Achievement Medal and the Navy and Marine Corps Commendation Medal," said Calderon-Martinez.

"I received the Navy and Marine Corps Achievement Medal by helping USS San Antonio during inspections of the damage control equipment. I helped them transfer equipment from one location to another, and I helped to demonstrate properly functioning equipment to the inspectors."

have in the Navy."

These lessons have helped Calderon-Martinez while serving aboard USS Fort Lauderdale.

Amphibious transport dock ships are warships used to transport and land Marines, their equipment, and supplies by embarked Landing Craft Air Cushion or conventional landing craft and amphibious assault vehicles augmented by helicopters or vertical take-off and landing aircraft. These ships support amphibious assault, special operations, or expeditionary warfare missions and serve as secondary aviation platforms for amphibious operations.

Serving in the Navy means Calderon-Martinez is part of a team that is taking on new importance in America's focus on strengthening alliances, modernizing capabilities, increasing capacities and maintaining military readiness in support of the National Defense Strategy.

"The Navy contributes to the National Defense Strategy be-

Application Period Opens For RM Urgent Housing Repair Program

Rocky Mount, N.C. — The annual application period for the city's urgent housing repair program opens Monday and continues until Oct. 7.

The city of Rocky Mount offers up to \$15,000 in funding to assist with the rehabilitation of deteriorated homes that are owned and occupied by very low-income households.

The goals of the Urgent Repair Program are:

- To alleviate housing conditions which pose an imminent threat to the life or safety of very low-income homeowners with special needs.

Eligible repairs include flooring, plumbing, electrical and HVAC system upgrades, roof repair or replacement, lead, mold or asbestos abatement, as well as accessibility features such as wheelchair ramps, handrails and grab bars, kitchen and bathroom adaptations and door alterations.

Funding sources for this program include \$132,000 from the North Carolina Housing Finance Agency and \$150,000 from the city of Rocky Mount.

Residents earning less than 50% of Area Median Income who own and live in a single-family residence within the city limits of Rocky Mount are eligible for assistance. These yearly income limits range from \$14,050 for a single-person household to \$33,450 for a four-person household.



CHARLIE PERRY
MEAT MKT. MGR.

LARRY'S SUPER MARKET
2041 Milburnie Road • Raleigh, N.C. 27610

Phone 834-0152

LARRY's has served Our Customers for 52 years with Fresh Cut Meats, Farm Fresh Produce & A Wide Variety of National Grocery Brands. Shop LARRY's This Week & Save \$\$\$.



MIKE HARRIS
STORE MGR.

CURRENT SPECIALS

WIZE BONELESS CHICKEN BREAST

ONLY \$2.99 LB.

FRESH PORK SPARE RIBS

ONLY \$15.99 PKG

FRESH TOMATOES

ONLY \$1.49 LB.

FRESH CHICKEN LEG QUARTERS

ONLY \$8.99 8 LB PKG

FRESH BONELESS RIB EYE STEAK

FAMILY PACK \$6.99

Larry's Sells Fresh Chicken By The Case, Whole Or Cut Up.

Please Call 834-0152 For Pricing And To Place Your Order In Advance. Visit Our Website at www.larryssupermarketraleigh.com



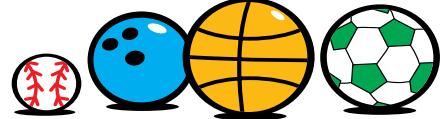
LARRY'S SUPER MARKET

2041 Milburnie Road
Raleigh, N.C. 27610

We've Got
All Your
Favorite
Snacks!


Kid Scoop®
.com

SPORTS FACTS & OPINIONS



FACTS

are pieces of information based upon things that can be measured, proven or seen by anyone.

Example: The golfer hit the ball 217 yards is a **fact**. The golfer is a fantastic player is an **opinion**.

Read each statement and decide which information is a fact and which is an opinion. If you think it is a fact, explain how it can be proven.

Basketball is more exciting than baseball.

FACT
 OPINION

How can this be proven?

The Giants beat the Rockies 4 - 0.

FACT
 OPINION

How can this be proven?

The Chicago Bears uniform is navy blue and burnt orange.

FACT
 OPINION

How can this be proven?

OPINIONS

describe how someone feels about a thing or event. They can vary from person to person.

Mike Babcock was named head coach of the Toronto Maple Leafs in 2015.

FACT
 OPINION

How can this be proven?

Babe Ruth was 19 years old when he began playing for the Boston Red Sox.

FACT
 OPINION

How can this be proven?

Soccer is more fun to watch than golf.

FACT
 OPINION

How can this be proven?

The Dallas Stars won the Stanley Cup in 1999.

FACT
 OPINION

How can this be proven?

The Cavaliers scored 28 points in the second quarter.

FACT
 OPINION

How can this be proven?

BLEACHER BANTER

Read what the fans in the bleachers are saying about the football game. Color each speech bubble that contains a FACT in green. Color each bubble that is an OPINION red.



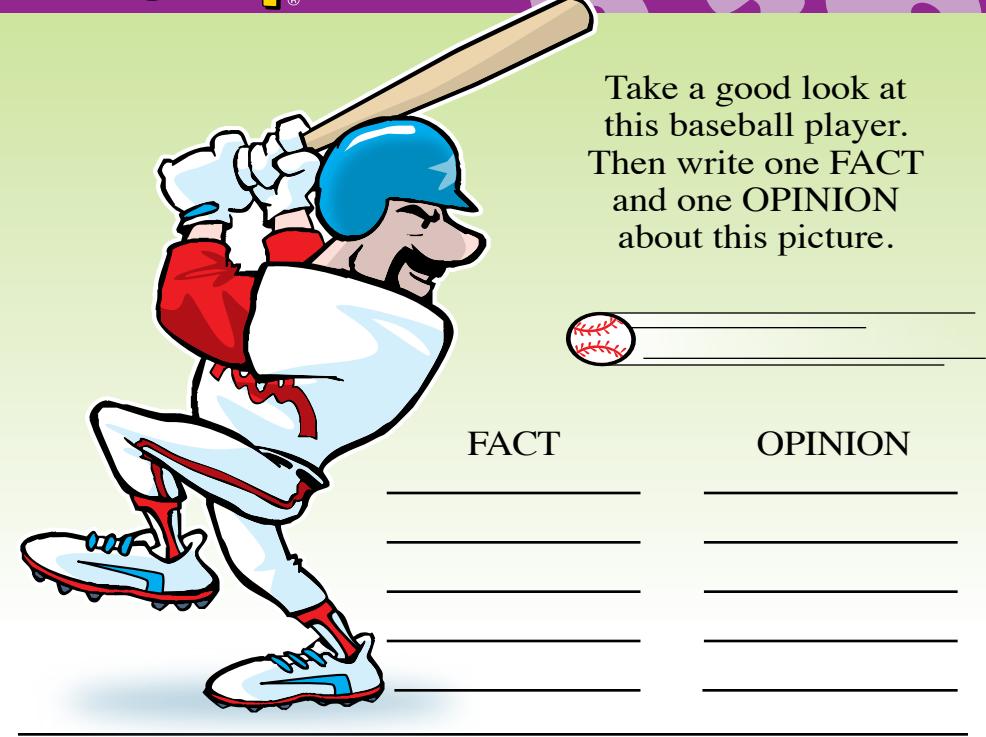
Standards Link: Reading Comprehension: Follow simple written directions.

Fact and Opinion Photo Game

Look at a photo in today's newspaper. Write three facts about the photo. Then write three opinions about the photo.

Standards Link: Reading Comprehension: Follow simple written directions.

Kid Scoop Puzzler



Standards Link: Follow simple written directions.

Double Double Word Search

DIFFERENCE
REPORTER
OPINIONS
BASEBALL
CHICAGO
PROVEN
SPORTS
DECIDE
FACTS
THINK
EVENT
BEARS
VARY
TEAM
BEAT

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

F	O	L	L	A	B	E	S	A	B
A	P	S	T	R	O	P	S	K	R
D	I	F	F	E	R	E	N	C	E
E	N	T	A	O	C	I	T	H	P
C	I	A	V	C	H	S	T	I	O
I	O	E	A	T	T	N	A	C	R
D	N	B	R	N	E	S	D	A	T
E	S	O	Y	V	P	A	I	G	E
N	I	B	E	A	R	S	M	O	R

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.



Kid Scoop Together:

Questions for Fact-Checking Detectives

Facts can be checked with research, and these days a lot of people use the internet for their research. Unfortunately, not all information on the internet is true and accurate. Here are some tips to help you do research on the internet more carefully.

The News Literacy Project provides a list of 10 questions to help people do research on the internet. Below are three of those topics. To see all 10, go to the source link below.

Gauge your emotional reaction:

Is it strong? Are you angry? Are you intensely hoping that the information turns out to be true? False?

Consider the headline or main message:

a. Does it use excessive punctuation (!!!) or ALL CAPS for emphasis?

b. Does it make a claim about containing a secret or telling you something that "the media" doesn't want you to know?

Consider the source of the information:

a. Is it a well-known source?

b. Is there a byline (an author's name) attached to this piece?

c. Go to the website's "About" section: Does the site describe itself as a "fantasy news" or "satirical news" site?

d. Does the person or organization that produced the information have any editorial standards?

e. Does the "contact us" section include an email address that matches the domain (not a Gmail or Yahoo email address)?

f. Does a quick search for the name of the website raise any suspicions?

Source: newslit.org

Kid Scoop VOCABULARY BUILDERS

This week's word: PROVEN

The verb **prove** with the past tense **proven** means to demonstrate the truth or evidence.

It is a **proven** fact that horses have four legs.

Try to use the word **proven** in a sentence today when talking with your friends and family members.

FROM THE Kid Scoop LESSON LIBRARY

Graph It!

Study one page of today's newspaper. Underline facts in red and opinions in blue. Count the number of facts and the number of opinions. Make a graph showing your data.

Standards Link: Research: Use the newspaper to locate information.



Write On!

My Turn at Bat

It was my turn at bat and the fans were going crazy ...
Finish this story.

Church



Catholic Church Has More Diversity, More Controversy

By Mathew Schmalz

College of the Holy Cross

This story was supplied by The Conversation for AP customers. The Associated Press does not guarantee the content.

There is a lot of talk about "synodality" in the Catholic church these days. Synodality refers to a process in which bishops and priests consult with lay Catholics about issues in the church.

In 2021, Pope Francis called for the "Synod on Synodality," a worldwide discussion of issues that impact the church, which will culminate with a bishops' meeting in Rome. A final report is scheduled for October 2023.

The Catholic Church in Germany has also moved forward with a national "synodal path" to restore trust after its own sexual abuse scandal.

The German synodal path has been controversial. On Sept. 8, 2022, a minority of German bishops blocked a motion to redefine Catholic teaching on homosexuality, bisexuality, gender identity and masturbation. In response, some proponents of these liberalizations warned they would "take

it to Rome."

Church leaders around the world and in the Vatican have closely watched the German meetings. There has been sharp debate over calls by German Catholics for priests to ordain women and bless same-sex unions. These proposals have been embraced by some German church bishops, but criticized by the Vatican as well as by an international group of 74 bishops.

As a scholar of global Catholicism, I believe this controversy reflects much wider tensions within Catholicism. In 1910, two-thirds of the world's Catholics lived in Europe. Today, just one in four do. The church's numbers have grown most quickly in Africa and Asia. As more power shifts to the global south, the church sometimes struggles to chart a path forward for all regions, each of which has its own distinct perspectives.

The German meeting spotlights particularly difficult topics about sexuality and women's roles, where some Catholics in Europe, North America and Australia clash with Catholics elsewhere.

The Catholic Church is often assumed to look and feel the

same everywhere. But Catholicism is culturally quite diverse.

The most public disagreement involves African Catholics and those in the United States and Europe. For example, Ghanaian Catholic bishops have criticized advocates for LGBTQ rights for imposing "their so-called values and beliefs." Other African bishops have said they feel betrayed by liberal sentiments in European Catholicism, such as the push to allow Holy Communion for divorced church members.

Polygamy continues to be a pressing issue in some regions of Africa. While Catholic doctrine prohibits polygamy, polygamous unions are still common in many countries with significant Catholic communities.

A crucial question is how to welcome polygamous families into the church. Some African bishops have suggested that the church's most important rites, called sacraments, should be available for at least some polygamous Catholics.

Tribalism also remains a challenge. For example, a Nigerian priest published a social media video asserting the superiority of the Igbo tribe. In rejecting such attitudes, other African priests have emphasized that African Catholics should draw on the philosophy of "ubuntu" that affirms collective belonging to humanity.

Issues in Asia, home to 12 percent of Catholics, are diverse.

In Japan, for example, where Catholics make up less than 1 percent of the population, the main dilemma is how Catholics can maintain their community identity.

In the Catholic-majority Philippines, recent meetings for the Synod on Synodality have focused on how poverty and corruption impact the Catholic community and the nation as a whole.

In India, where 20 million Catholics live, the Dalit Catholic community is especially important. Dalit means "oppressed" or "crushed" and refers to the marginalized groups once known as India's "untouchables."

PASTOR STEVENSON

First Baptist Church will celebrate Family and Friends Day Sunday, Sept. 25, at the 11 a.m. service.

The guest speaker will be Rev. Dr. Joe L. Stevenson of the Macedonia New Life Church, Raleigh.

Church members who were baptized by Dr. Dumas A. Harshaw, Jr., Ph.D. and clergy who were ordained, mentored, or who served during Dr. Harshaw's tenure will be honored.

After the church service a "walk through" boxed lunch reception will be held in the church's Family Life Center.



PASTOR STEVENSON

some way and told him to leave his native country (Genesis 12: 1-4). We have no biblical record of how and when God was able to communicate with Abram during this time. Abram and family had previously lived in a pagan society. God chooses to know and be known when He chooses. God chooses to love when He chooses to do so. No one knows the depth, reason and why of God's love. God's love is never meant to be a mystery, but meant to be personally experienced through His Son, Christ.

Now after some 3,500 years of God dealing with human creation, we come to the moment when He is ready to declare His love for man. We are not to forget the prophecy God declared to Adam and Eve in the Garden after they had disobeyed. God promised the coming of the Messiah, Who will correct the fall of man's situation (Genesis 3:15). Here we are today witnessing how God went about loving us.

Did God know what was going to happen with Adam and Eve? It appears that God did know one way or another what would be the outcome of Adam and Eve's behavior. God did tell Adam and Eve what would happen if they disobeyed—they would surely die.

It was some 1,500 years after Adam and Eve that God sent the great flood. It appears that God went "all in," so to speak, some 2,000 years later and decided to make man a permanent part of His love. At this point in Bible history God is choosing to permanently love His human creation. We can take stock in the fact that at creation, God said all He had created is good (Genesis 1:31). Yet for some 500 years man had not been on his best behavior before God. Yet God made this choice to love us.

Abram's father, Terah, had plans to take his family and his son's families to Canaan. Terah died in Haran, Babylon (Genesis 11:31-32). It was then God called Abram to leave Haran and travel some 800 miles to an unknown area of Canaan land which is now Israel. For the first time God communicated to Abram in

is walking through the split animals as culturally required to make a bona fide and lasting Covenant. Abram is not walking through the cut-in-half animals. It is possible that before God showed up for the ceremony, Abram walked through the split animal parts while in the process of cutting them in half.

Given the negative issues God had already experienced with His people, God chose to make this Covenant with Himself. This way God knew He would carry out the Covenant contract regardless of what Abram may or may not do. This is God's love for us, a guarantee. He will carry out the Love Covenant Himself through His Son Jesus, the Christ. Regardless of what our behavior is, we will always have God's love available to us.

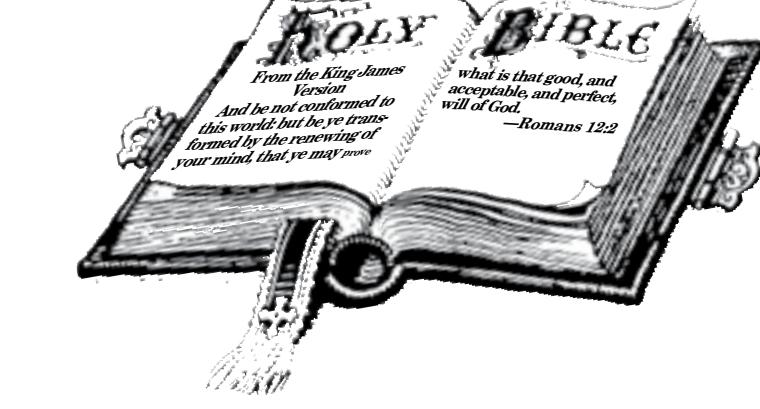
The foreboding "smoking pot" is God showing Abram that ugly things will happen to his offspring—400 years of Egyptian Slavery (Genesis 15:12-13). The smoking pot vision includes the ugly things and infighting which will take place inside of His future family. The "bright lamp" in the vision symbolizes the bright side of things which includes the coming of the Messiah, who will take away our sins; forever washing away the sin problem of death Adam and Eve created in the Garden.

God's vision to Abram is for all of us to take note in that God's love is here to stay and His Son is on His way back to us to re-take His kingdom here upon the earth. In a sense, to start a new creation all over again! (Revelation 21:5).

J.L. Caldwell, Pastor
New Jerusalem Baptist
Cathedral
Durham, NC
Website: www.mynjbc.org

God is now communicating with Abram by vision (his spiritual mind). Abram can't move in his sleep, yet he sees God in the form of a great smoking pot and bright lamp passing through the cut animal parts. Only God

SERMON of the WEEK



WHATEVER IT TAKES, GO ALL IN

By: Mother Belinda McKoy

Romans 8:38-39: "For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."

Actions, good or bad, have always caused consequences. It's always been a standard that you will be rewarded for good actions or penalized for bad actions.

Polygamy continues to be a pressing issue in some regions of Africa. While Catholic doctrine prohibits polygamy, polygamous unions are still common in many countries with significant Catholic communities.

A crucial question is how to welcome polygamous families into the church. Some African bishops have suggested that the church's most important rites, called sacraments, should be available for at least some polygamous Catholics.

Tribalism also remains a challenge. For example, a Nigerian priest published a social media video asserting the superiority of the Igbo tribe. In rejecting such attitudes, other African priests have emphasized that African Catholics should draw on the philosophy of "ubuntu" that affirms collective belonging to humanity.

Issues in Asia, home to 12 percent of Catholics, are diverse.

In Japan, for example, where Catholics make up less than 1 percent of the population, the main dilemma is how Catholics can maintain their community identity.

In the Catholic-majority Philippines, recent meetings for the Synod on Synodality have focused on how poverty and corruption impact the Catholic community and the nation as a whole.

In India, where 20 million Catholics live, the Dalit Catholic community is especially important. Dalit means "oppressed" or "crushed" and refers to the marginalized groups once known as India's "untouchables."

But while Saul was on the way to do more damage to the church, traveling on a road called Damascus (Act 9:1-19), he saw a light shining down from heaven, and heard a voice saying "Saul, Saul, why persecutest thou me." Saul asked and answered his own question, "Who art thou Lord". And the Lord said, "I am Jesus whom thou persecutest: it is hard for thee to kick against the pricks." And he, trembling and astonished, said, "Lord, what wilt thou have me to do?"

Saul became Paul and had a new mission. Paul didn't slack up because he had a new mission, but with the same vigor that he persecuted the Church, he did the work of the Lord. Paul was All IN. He preached, taught, prayed, built, mentored and encouraged until he died.

Whatever it takes, Go ALL IN. Be like Paul who said, "I will let nothing separate me from the love of God. Not Death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature...." because Paul was All IN.

The writer of our text is Paul. If you remember, Paul went through a name change from Saul to Paul. He knew about being a bad and good actor. Saul was a persecutor of the church. Saul was bad. He knew he was bad, but he did whatever it took to bring the church down. He even went to the high priest to get a letter permitting him to persecute the disciples of Jesus. Whatever it took, Saul was All In. This is where you say "be careful what you wish for."

When the devil meant it for bad, God turned it around for good. Saul thought he had all that he needed to do the job. He was all in.

The woman with the issue of blood had been sick for 12 years, had been to all the doctors, had spent all of her money. She was at her wit's end, but she heard there was a man called Jesus that was going around healing the sick. But there was a problem. He had so many followers and she was so sick that she didn't know how she was going

to get his attention. But I believe, she said to herself, Whatever It Takes, I'm going to press through this crowd. I might get trampled by the crowd, but Whatever It takes, I'm All IN. He doesn't have to anoint me with oil, lay His hands on me, he doesn't even have to recognize my presence, but if I can just touch the hem of His garment, I will be made whole.

Likewise, when the world was destined for destruction because of disobedience, Jesus implored his father to prepare Him a body so He could come down and save the lost. There was a cost. He had to give his life. Jesus was looking at what had to be done and weakened... "O my Father, if it be possible, let this cup pass from me: nevertheless, not as I will, but as thou wilt," whatever It takes.

If it takes ridicule, All IN, carrying a cross, crown of thorn, All IN, pierced in the side, vinegar for water; whatever it took to give us the opportunity to live, Jesus was All IN.

Young people, I know you have goals and aspirations, but Go All In with God. You might make it without God, but with God, all things are possible. Whatever It Takes, Go All IN. You might lose a friend or two, but Jesus is a friend like no other. You might have to (God forbid) put your phone down, stay off Facebook, Twitter, YouTube and TikTok, but He will keep you in perfect peace if you keep your mind on Him. Whatever It Takes, Go All IN.

To view complete sermons by Pastor William Eli Ratcliff and other guest ministers, please visit our website at lincolnparkchurch.com or our YouTube Channel.



Cultural Awareness



Community Events



Job Opportunities

The Carolinian

N.C.'s Twice-Weekly African American Newspaper

SUBSCRIBE TODAY

Yes, I Want A 1 Year Subscription For \$45.00

Yes, I Want A 2 Year Subscription For \$75.00

NAME _____

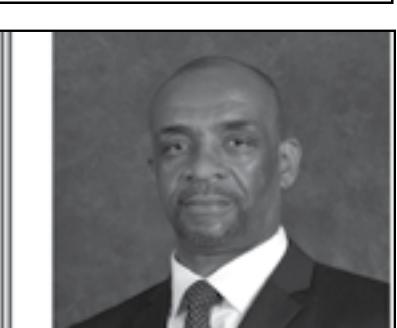
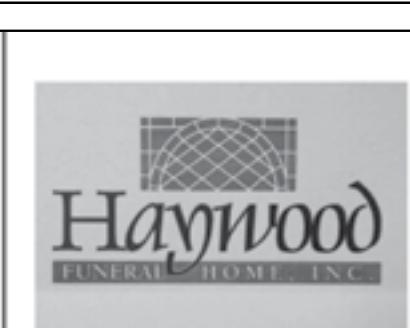
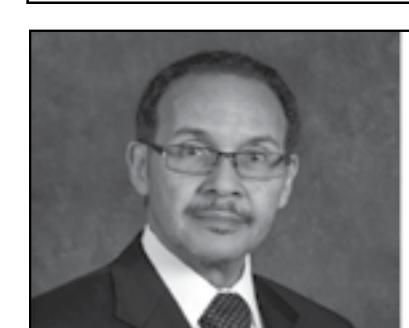
ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

EMAIL _____

Make checks payable to The Carolinian Newspaper
Mail your subscription form and payment to PO Box 25308 Raleigh, NC 27611



"Our family serving your family four generations"

www.haywoodfh.com

2415 S Wilmington Street Raleigh, NC 27603

919-832-2835

Editorials

Editorial Policy

Unsigned editorials in this space are the opinion of the newspaper. All other opinion pieces, including those from regular columnists, are the opinion of the writers themselves. The Carolinian strives to provide provocative commentary that is likely to spur thoughtful debate, regard-

Should the Fed Stop Influencing Interest Rates?

By Mike Walden
Guest Editorial

The Federal Reserve (the “Fed”) is now in the process of increasing interest rates. This is a tactic the Fed uses when it wants to slow the pace of the economy in order to reduce price increases. Stated another way, the Fed is increasing interest rates to reduce the inflation rate.

The Fed followed the opposite interest rate policy during the pandemic. Then the objective was to increase spending and economic growth in order to combat issues from the COVID-19 pandemic. The Fed lowered their key interest rate—the federal funds rate—to almost zero. The policy worked as the economy strongly rebounded and returned to pre-COVID levels by early 2021.

But many economists think the Fed’s policy of extremely low interest rates during the pandemic has led to the high inflation rates we are now experiencing. Extraordinarily low interest rates and the money the Fed effectively created to support those low rates sparked a buying spree by consumers that exceeded the availability of products constrained by supply-chain problems.

Hence, the Fed’s policy of low interest rates to deal with one problem—recession—led to another problem—inflation—and caused the Fed to switch to the exact opposite policy of higher interest rates. Does this seem somewhat counterproductive?

It’s not just recent Fed policy that would cause many to answer “yes” to the question. It’s that we can see the same Fed policy used in previous years. For example, interest rates were very low prior to the sub-prime recession of 2007–2009. The Fed raised their key interest rate to contain the jump in prices—particularly home prices—which then brought on the recession. To end the recession, the Fed lowered their key rate to almost zero, where it remained for several years. It’s a pattern we’ve seen several times since World War II.

Why does the Fed follow this up-and-down interest rate policy? The answer goes back to the 1930s when the country experienced the Great Depression. The Fed was a young institution then and it was roundly criticized for not using its powers to fight the Depression. Worried that the country would face another depression after World War II, Congress told the Fed to use its powers to keep unemployment low and prices stable.

Hence, the real debate is whether the government—particularly the Federal Reserve—should act to smooth out the ups and downs in the economy. That is, should the Fed take action to “cool” the economy when it is running hot and inflation is surging? Also, should the government move to stimulate the economy when it is down, joblessness is rising and businesses are failing?

This is an old debate which also began in the 1930s. The argument for stimulating the economy when it’s down is easy to make, because people and

businesses suffer when economic times are bad. There is pressure for the government to spend money to reduce the suffering of households and to keep as many businesses alive as possible. There is also support for the government to create conditions that will allow the private economy to come back. This is where the Federal Reserve’s policies of low interest rates and ample money creation come in.

But there are several arguments against an active role of government—and particularly the Fed—to influence the macro-economy. The major complaint is that—rather than smoothing the ups and downs in the economy—the Fed’s actions could actually contribute to those ups and downs.

Critics say to look no further than today for an example. The COVID-19 pandemic generated a deep recession in early 2020. The federal government pumped massive amounts of money—some estimates say over \$5 trillion—to support households, businesses and public institutions. The Federal Reserve was a key player in this effort by using their power to create money and fund a large part of the \$5 trillion by pushing their key interest rate to 0 percent.

Now many analysts say we are “paying for” these actions with higher inflation rates, a result of “too much money chasing too few goods and services.” As a result, the Fed has reversed its policies and is raising interest rates, reducing the money supply and creating the conditions for a possible recession.

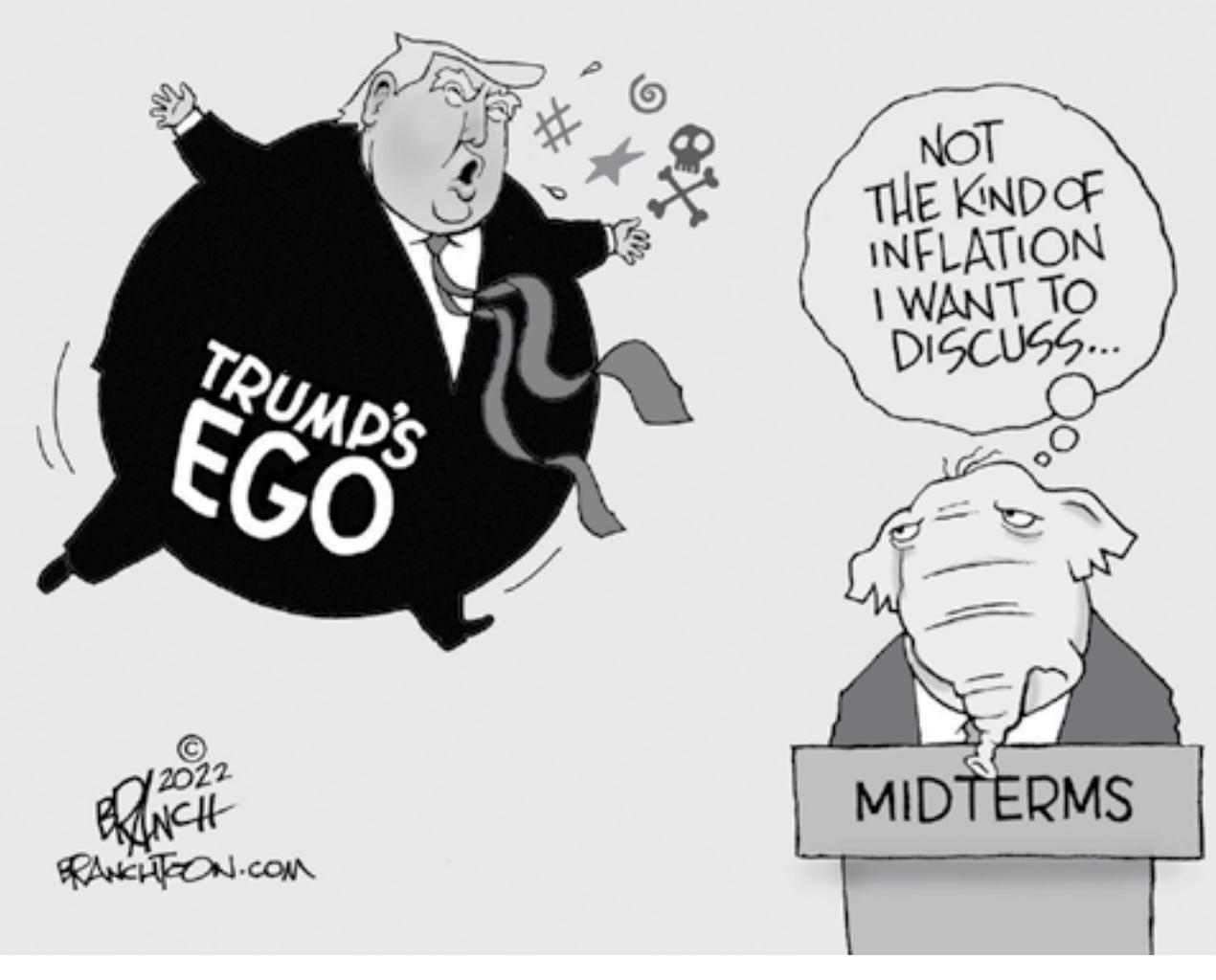
There are other criticisms of the Fed’s active policies in guiding the economy. One is that its policies of lowering interest rates and creating money most help wealthier households who have financial investments—such as stocks and bonds—that greatly benefit from the policies. Also, when the Fed raises interest rates that could prompt a recession, job losses are concentrated among lower-income workers, with many higher-income jobs protected. Both of these impacts of Fed policies could contribute to greater income inequality.

Recognize that this debate over Fed actions sets up a very difficult choice. Should we let the economy run its course? That is, when the economy weakens—for whatever reason—and unemployment rises, incomes decline and bankruptcies surge, should the Fed follow a “hands off” policy and let the economy heal itself? Also, should the Fed be passive when high inflation is an issue?

Or, should the Fed take an active role in managing the economy, even if the Fed’s actions actually make the economy more unstable and unequal in income?

These questions have been around for almost a century, and they won’t be resolved overnight. Still, we should periodically revisit them, have a debate and then decide!

Walden is a William Neal Reynolds Distinguished Professor Emeritus at North Carolina State University.





To Be EQUAL

By Marc H. Morial
President, National Urban League

TRAILBLAZING NEWS ANCHOR BERNARD SHAW INSPIRED A GENERATION OF BLACK JOURNALISTS

“The qualities that made him our anchor—our rock: a manner and a voice that makes every word believable; the coolest demeanor in the hottest situations; the cut-to-the-quick interviewing style; and, at his core, a powerful combination of journalistic integrity and pure instinct.”

—Judy Woodruff

Representation in media matters. It can shape not only how people perceive one another, but how people perceive themselves. That’s why the remarkable career of television journalist Bernard Shaw, who passed away this week at the age of 82, was so significant. When the brand-new 24-hour cable news network CNN launched in June of 1980, America saw a Black man in the prime-time anchor chair. He was only the second Black anchor of a network evening news program; Max Robinson had been named co-anchor of ABC News’s “World News Tonight” in 1978 just two years earlier. While Shaw’s award-winning career may have inspired an entire generation of young Black journalists, Shaw himself had no role models of color. But he knew what he wanted to be from the time he was a teenager growing up in Chicago. CBS News correspondent Edward R. Murrow “was my idol,” Shaw said. “He was the kind of journalist, the kind of interviewer, the kind of anchorman I wanted to be.”

In 1961, when Walter Cronkite, also of CBS, arrived to report a story on Oahu where Shaw was stationed as a Marine, Shaw seized his chance.

“I called the hotel 34 times and left 34 messages,” Shaw said. He waited two hours for Cronkite in the hotel’s lobby.

“He was the most persistent guy I’ve ever met in my life,” Cronkite said. “I was going to give him five begrudging minutes and ended up talking to him for a half hour. He was just determined to be a journalist.”

Shaw downplayed the role of race in his career but said, “There were times when my color did play a role in perceptions, or people’s reactions to me.” He recalled a moment as

(See **TO BE EQUAL**, P. 11)



A Different Voice

By Dorothy Shaw Thompson

TRUTH VERSUS FORCE

Some weeks ago, I shared a post on Facebook that has been reshared and commented on a number of times. It was a sermon by the late Rev. Billy Graham at a crusade in Africa where he basically stated that Jesus was a Black man. I commented that if there were those who were disturbed by this, “They might want to change the name of their cult.” Actually, I was joking. What I meant was that if there were those “Christians” who were disturbed by news that Jesus was a man of color, they (1) had not read the Bible and (2) they didn’t really believe in the words that Jesus spoke, because His teachings are not racist. Cults are people who group together to believe something that makes them set apart from others. Well, there was one guy who took offense at not only what I commented but at the idea that Jesus was Black. Interestingly, he never commented on what Billy Graham said.

Interestingly, he first questioned the use of the “color” words... Black or White. Asked me if I am Christian, etc. I agree with him that the terms White, Black or Brown are not colors but neutral hues or shades; however, those terms are used to describe racial identity. The question is why be disturbed by the use of those terms when referring to the race of Jesus as either. I believe that those terms have conscious and subconscious reactions because one term is thought to be a negative and the other a positive. The bottom line for me is that when I suggested to him that the Bible describes Jesus as bronze with hair like lambs-wool those are characteristics true to African people, he responded with insults, saying that Africa’s contribution to America was slavery and that I should go back to Africa. With that, he revealed his opposition to Jesus being Black. In my mind he wants to see Black people as an inferior race and by default see himself as superior.

(See **A DIFFERENT VOICE**, P. 11)



Becoming Sarah

By Sarah Jones

CROWN TO CROWN

When I was eight years old, I remember running to my mother crying over my hair. I was in second grade and every day during circle time my teacher would sit in an old wooden

rocking chair and read us a story. I remember looking at the pictures with wide eyes and open ears, in total awe as the images seemed to leap off the page and dance around the room. It was my favorite part of the day until it wasn’t.

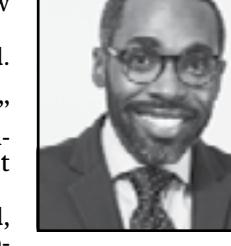
As I’m enjoying the story, a classmate of mine lets out a grunt and complains how he couldn’t see over my hair. At this point in my life, my mother had transitioned from being a stay-at-home mom to being a full-time teacher, nevertheless she had always made sure all four of her children left the house presentably. My hair was slicked back into a giant puff at the crown of my head tied together by two beaded knockers. To me, before this moment, my hair was fine.

I had always known that my hair was different than my classmates but in my mother’s words that’s what made it beautiful. I used to wonder why my hair didn’t bounce around in a ponytail or hang low past my shoulders like my classmates. As my mother used to say, I was blessed with a head full of hair that only grew towards the sun. In that moment, sitting on that carpet being the only one with hair growing towards the sun didn’t feel like something that made me feel special. It made me feel isolated.

I remember being filled with embarrassment and tilting the side of my head in the palms of my hands. I stayed in this uncomfortable position until the story was over simply so my classmate could see. That weekend I remember sitting criss-crossed between my mother’s legs as she painted my hair with white chemicals.

I sometimes wish that she would have let me toughen up through the comments, but I know she was tired of the tears. I had watched as a relaxer transformed her hair every month. In my eyes, my mother was the most beautiful woman in the world. No one ever complained over not being able to see over her hair or asked why it didn’t move when she walked. In a

(See **BECOMING SARAH**, P. 11)



CONSERVATIVELY Speaking

By Paris Dennard

HOW ARE PEOPLE SURVIVING?

“Like, how are people surviving?” That is the question that was posed to millions of followers on social media by Cardi B regarding this economy that is still not showing the signs of real recovery. For someone in her shoes, a millionaire several times over, there might not be a significant change in her lifestyle or bank account, but that is not the case for most Americans, especially those in the Black community.

The full quote from Cardi B is: “I was looking at some areas. The way that the prices soar up... like how are people surviving? I want to know. My family and my friends, they’re so grateful to have me, but it’s just like, what happens to people who don’t have a me?”

The data shows that people are struggling to survive, and most do not have the safety net of a multi-millionaire to keep us afloat or help us buy a home, pay off debt, or the high gas and grocery bills.

A recent poll conducted by High Point University shows that 73 percent of North Carolinians continue to believe that the issue of inflation is the most important issue, with 47 percent saying President Biden deserves a lot of the blame. “North Carolinians were also asked to think about the prices they are currently paying for products compared to last year. Majorities said that prices are much higher for gas for their cars (76 percent), meat (64 percent) and eggs (52 percent).

(See **CONSERVATIVELY SPEAKING**, P. 11)



Child Watch

By Marian Wright Edelman

A PLACE FOR EVERYONE

“As Barack said, if the two of us can end up on the walls of the most famous address in the world, then, again, it is so important for every young kid who is doubting themselves to believe that they can, too.”

On September 7, former President Barack Obama and First Lady Michelle Obama visited the White House for the unveiling of their official White House portraits. The two extraordinary paintings, by Robert McCurdy and Sharon Sprung, have now taken their place in the historic gallery of former Presidents and First Ladies displayed on the White House walls. The traditional portrait installation ceremony was ignored and delayed during the last administration, but this week, with President Biden, First Lady Biden, Vice President Harris, and Second Gentleman Emhoff all in attendance, once again the Obamas made spectacular and moving history.

Both President Obama and First Lady Obama acknowledged the meaning of the moment as they spoke, and Mrs. Obama expressed the special hope that these portraits will help set a new standard of representation for our nation’s children. She said: “A girl like me, she was never supposed to be up there next to Jacqueline Kennedy and Dolley Madison. She was never supposed to live in this house, and she definitely wasn’t supposed to serve as First Lady. But I’ve always wondered: Where does that ‘supposed to’ come from? Who determines

(See **CHILD WATCH**, P. 11)

Letters To The Editor

Some Legal Ramifications That Support Teaching Literacy To African American Students

To The Editor:

I just read in *The Carolinian*, a twice-weekly African-American Newspaper, August 25-31, 2022 edition, an article titled: "Can You Read This Headline?"

First, permit me to reiterate a few comments taken from the article. It states that throughout U.S. history literacy and the ability to read has been privilege only the upperclass White man has freely enjoyed. Free schools did not exist and the poor and minorities, especially African-Americans, were not allowed to receive an education. The objective was to preserve a class system one which ensured that the poor would never rise from poverty and would remain under authority and power of the elite White man forever more.

From that moment on those who would teach a free person of color or an enslaved person to read or write would be fined between \$250 and \$500, which was quite a large sum of money in the 19th century. Those in power were worried that if those enslaved learned to read and write they would access more information and revolt against them.

There has been and still is much discussion about teaching literacy to African-American students. Oftentimes, the issue centers around the language that the students use. As a result, the tension seems to be that many African-American students speak and write a language which many consider a "deviant dialect." Is there then legal evidence that supports teaching literacy to African-American students?

As defined in the United States Public Law 103-382, Section 7501 (8) (A) and (B) mean an individual

Who:

Was not born in the United States or whose native language is a language other than English, and comes from an environment where a language other than English is dominant, and

Who has sufficient difficulty speaking, reading, writing, or understanding the English language and whose difficulties may deny such individuals the opportunity to learn successfully in classrooms where the language of instruction is English or to participate fully in our society.

Section 7501 (11) of Public Law 103-382 reads as follows:

Native Language—The term "native language" when used with reference to an individual... means the language normally used by such individual, or in the case of a child or youth, the language normally used by the parents of the child or youth.

Furthermore, the Equal Education Opportunities Act, Title 20 Section 1703(f) Codes states

No state shall deny equal educational opportunity to an individual on account of his or her race, color, sex, or national origin, by... (f) the failure by an educational agency to take appropriate action to overcome language barriers that impede equal participation by students in its instructional programs.

So, in closing, let's remove the shackles from our outdated thinking and get on with educating our youth for literacy and survival. Let's have literacy, liberty and justice for all.

Roosevelt A. Farmer

Other Viewpoints

LONG LIVED THE QUEEN

By Dr. Ada M. Fisher

Former NC Republican National Committeewoman

When Queen Elizabeth II, Elizabeth Alexandra Mary from the House of Windsor, died on Sept. 8, at the age of 96 after a successful and long reign of 70 years, one must suspect that there was more at play than often appreciated. Immediately preceding her coronation was a Chrism of anointment at the age of 25 in a secret ceremony cloaked from public view by the Order of the Garter's gold canopy. This type of anointing has biblical precedent dating to King Solomon and reportedly allows those who would rule to confront their maker and pledge their fealty only to Him.

Though some may erroneously discount the importance of Queen Elizabeth II given the often brutal and vicious savagery of the history of the monarchy and its sometimes ill-begotten gains, these things did not happen on her watch. She slowly became the standard bearer of change in how royalty was meted. Dr. Donald A. Henderson, former Dean of the Johns Hopkins University School of Hygiene and Public Health told me in an interview for the paper there to always remember that change is incremental not incidental. Such typified the 70-year reign of Queen Elizabeth who impacted the monarchy on religion, family, undying loyalty to her nation, the utmost discretion in understanding her role as a constitutional monarch and so much more.

As head of the Church of England, the Anglican Church issue of divorcee's marrying into the line for the throne were front and center with her ultimately assuming the throne by the Abdication of King Edward VIII for American divorcee Wallis Simpson. This pull from within on changing family dynamics affected her sister Princess Margaret, children Charles, Princess Anne and Prince Andrew to be followed behind by Prince Harry and Margaret's son Peter Phillips. The need for church inclusiveness was strengthened by the appointment of the Anglican Church's first Black Bishop, Rose Hudson-Wilkins, as Chaplain to the Queen. The needs of her family put the church on notice that some things would change; now divorced King Charles III heads the monarchy.

If it is possible for a Queen to be a feminist, Elizabeth was for she proved that a woman could successfully rule, raise a family and sustain a marriage albeit with some help and against the ranks of those who failed to see their necessary supportive role in all of this. By changing the laws of succession, she gave future females in the line of heritage an equal opportunity to lead based on birth order. She opened the door to inclusion in the family ranks to commoners whose progeny could be considered in the line of succession. And she allowed for a mistress to become her son Charles' wife, as well as to become the Queen Consort.

It is said the Queen's motto was don't complain and don't explain, just get on with it for she didn't suffer fools. Though the English monarchy's right to legislate was constitutionally limited, as she stated, it was from her heart that she derived her power. But it was much more... in her leadership shown during WWII she refused to seek safety in another nation's haven, but joined the English efforts, becoming a mechanic and the only monarch to serve in a war. After the war her wedding dress was purchased with her own ration coupons, having those donated by her future subjects returned. In marrying Prince Phillip, her choice went against parental advice and allowed her to choose her heart's desire who pledged himself her liege as she noted her strength and stay.

Having served with 14 Prime Ministers from Winston Churchill to currently Liz Tuss, her Commonwealth included 16 different countries where she was recognized as Queen though they are independent sovereign states which once reflected vestiges of Great Britain's former colonial empire.

The Queen's legions of soldiers, worker's and officials of England reflect integration at the highest level. In 2017 Elizabeth hired first ever Black assistant Major Nana Kofi Twumasi-Ankrum as her equerry who heads up the Crown's Royal Mews (travel—carriages, horses, etc.).

Princess Diana may still be seen as "The People's Princess" for some but it is Elizabeth II who is The Queen of Hearts. G-d Bless the Queen.

The Carolinian

King Crossword

ACROSS

1	Distressing	service
4	Islet	
7	Bright star	
11	Snappiness	cracks
13	Ciel order	
14	Liberate	free
15	U2 land find	
17	Saison	
18	A'st out of	
19	Attempts	
20	Judicial garn	
22	Gentry	
24	"Whig-ism"	free
26	Macaron	imperial
27	Widewhore	Road producer
29	Unscripted	one
34	Antenna Arthur	
36	Hindu royal	
37	Gold-living	king
39	Country	named for an
		neighborhood
41	Fyu, especially	
42	Tax farm ID	
44	One of the	Folsom
46	Chorus member	
50	Housegroup	
52	Pitched	
54	Spheres	
56	Shock for one	

57 Part of TNT 8 Poetic intuition
58 Dance move 9 Moving day
59 Pile 10 Inevitable
60 Chateau 11 Parallel in a
61 Whistling 12 Relationship
words game
62 Part of TNT 13 Daily flight?
63 Dance move 14 Clothing
64 Pile 15 Tea
65 Chateau 16 Cost
66 Whistling 17 Darden
words 18 Accusum
67 Part of TNT 19 Daren
68 Dance move 20 Darr
69 Pile 21 Darr
70 Chateau 22 Darr
71 Whistling 23 Darr
words 24 Mayberry
62 Part of TNT 25 Darr
63 Dance move 26 Darr
64 Pile 27 Darr
65 Chateau 28 Darr
66 Whistling 29 Darr
words 30 Cheeky
31 Fief'd prop
32 Hm' coolers
33 Fully experienced
34 Exploited
35 Out of green
tree
36 Zhivago's love
37 Holocat's
ancestor
38 Designated
39 Printing error
40 Scribbly
41 Scribbly
42 Part
43 Apr. check
crasher
44 Gratitude

TO BE EQUAL

Continued from page 10

pool reporter covering a reception for President Lyndon Johnson "sumptuous ballroom" at the Plaza Hotel in New York. Among the guests were National Urban League President Whitney M. Young. "It was clear that this night had a very strong civil rights theme." Just before making his entrance, President Johnson reached out to Shaw and touched him on the head and said, "It's good to see you."

"I know, as a human being, that he did that—one, because I was Black, and because of the emphasis that night," Shaw said. "Just a small thing."

His status as the only Black reporter in the room took a colder turn when President Richard Nixon unexpectedly announced his nomination of Clement Haynsworth, who had previously ruled to uphold racial segregation, to the Supreme Court.

"As the President was praising his nominee, professionally, my right hand was copying down every word. But my mind was thinking, 'Clement Haynsworth? Supreme Court justice?' And though Shaw was standing just a few feet away, "The President never once looked at me. I know what was in the President's mind—I could not prove it—but I knew it, instinctively."

In addition to breaking racial barriers, Shaw played a key role in the transformation of CNN into a media powerhouse during the 1991 Gulf War. His riveting reporting from under a desk at the Al-Rashid Hotel in Baghdad, as cruise missiles flew past his window, defined both the coverage of the war, and Shaw's personal courage and skill as a journalist.

It was Shaw who alerted CNN's headquarters when the first bombs fell on Baghdad.

"He had the microphone first, the instinct to broadcast, to be there," fellow CNN correspondent Peter Arnett said. "He didn't hesitate. He scooped the world."

Like his idols Murrow and Cronkite, Shaw brought some of the most consequential moments in history into America's living rooms—the attempted assassination of President Ronald Reagan in 1981, the 1989 demonstrations in China's Tiananmen Square, the 1995 terrorist bombing in Oklahoma City. But when he retired in 2001, he expressed regret.

"Looking back over my career when I think about all the things that I did, but all the things that I missed within my family because I was out doing—I don't think it was worth it," he said.

His advice to the next generation was, "Pursue your dreams, but know that it will cost you."

A DIFFERENT VOICE

Continued from page 10

Let me be clear that it doesn't matter to me what color Jesus is. I like His message and His model. For me the truth is not in our physical bodies but in the life we live and how we treat each other. A relative who is a follower of Islam (used to be a member of my church) challenged us to take down the picture of Jesus portrayed as a White person. I shared the fact that some of us attempted that over 50 years ago but our idea was voted out. That didn't make me move my membership or join another religion because my faith is not based on a picture or what others believe is the color of Jesus. I joined the church when I was five years old. I don't think there was a picture of Jesus in that church, nor did it bother me that when at seven I joined the church I'm a member of now. The picture he talks about is front and center and yes, the artist portrayed Him as a White male. Ideas and message are more important to me than the body that delivers the message. I'm not a Christian because I think Jesus is Black or White. The fact that I believe that He came here in a body that was Black (as we refer to racial identity) is just an aside, but for me to think that it's wrong of me to acknowledge the historical Jesus as a Black man would be to think there would be something wrong with me being in an African body as a woman. My body doesn't make me inferior or superior, nothing does. I love the poetry of Robert Frost as well as the poetry of Paul Laurence Dunbar, not because of or in spite of the color of the poets but because of the principles they inspire for and in me. Sometimes when we realize the conversation is not getting anywhere, we have to cease the communication or the lack thereof and that's what I did. It doesn't mean that I have been silenced, it means I chose to stop wasting my time. I will continue to share my belief with those who can hear. I'm never going to stop speaking; my truth because it is disturbing to someone but I do think that arguing is a waste of time.

Why do people get angry with people because they believe differently than them? I think it's because they think that the more people who believe like them, the righter they are. The majority may rule but that doesn't mean that the majority are ruling rightly. We use conformity to represent power when it doesn't. We use force to create conformity too, but history shows us once again that force doesn't equal power. Truth is the only power and it is worthy of latching on to and holding on despite what others think. Truth is like Love, force is like hatred. Truth is something that will rise and rise again. Force is fear and in order to enforce fear one has to lie, control and stay trapped in a struggle with those you fear will learn the truth. Slavery was a case in point. The greatest fear of the plantation owner was that the slaves would learn that they were free. What they didn't know was that freedom was not in the slaves' bodies, it was in their souls, the one place that could not be touched by them. They chose what they believed was power through force and that's why they lost the battle.

BECOMING SARAH

Continued from page 10

way I didn't understand at the time, I had a longing to have that same sense of beauty. The twist was that I didn't need to straighten my hair to obtain it. I just didn't know that yet. I spent the next 6 years getting my hair painted. It no longer grew towards the sun; in fact, it barely grew at all. When I was in high school, I slowly transitioned into protective styling. The monthly paint-

ing and charring away at my roots with a hot comb had finally stopped.

By my sophomore year, my hair had grown from the end of my neck to the middle of my back but I still refused to wear it out. By my senior year, my mother had finally stopped doing my hair and I lived in sew ins. I would pay nearly two hundred dollars to have my hair washed, braided, and concealed under bundles that cost over half my current month's rent. Then I started college, and it was there that I was opened to a whole new world of black hair. Texture, length, color, style—everything was different than the limited exposure I had gotten in my hometown. I remember the first time I got box braids. I had spent 10 hours sitting in my dorm as a friend braided my hair from root to hip. I walked around feeling like a completely different person. Feeling beautiful and powerful in a way I had never experienced before. Fast forward a few months later, I had worn my first braid out in over six years. After years of leaving, it alone, my hair had finally started growing towards the sun again. Fast forward three more years, I'm in the salon contemplating the big chop as I stare at the hair damaged by years of flatironing.

To so many of my friends, hair is just hair. But to me, my hair carries so much emotional significance. With every season of my hair comes a story. When it was relaxed I see myself as a little girl trying to blend in with her White counterpart, braids were a step towards self-discovery and a braid out was a leap towards self-love.

It's hard, because now that I am older, I find myself again trying to conceal what grows from my head, only for different reasons. This week I have interviews to intern at some of the biggest hospitals in the area. As I'm stressing about how to wear my hair, there's a little voice in my head telling me it needs to be straight to be taken seriously. To be accepted. I see the little girl who whose curls were painted and were never the same and the thought of conforming as an adult is something I thought I had grown out of.

So here I am, in the store contemplating on restarting my hair journey. I stand in the aisle waiting for the products to jump out at me. Five years ago, if you saw me here it would be to conceal or try to make my hair more manageable, but today it's not to manage. It's to show it off in all its glory. So, as I approach the most fruitful season of my life, I lead with my head high and my hair that grows towards the sun. I lead empowered but still unsure, nervous but still beautiful—ready to present myself as me.

CONSERVATIVELY SPEAKING

Continued from page 10

Less than half of the poll respondents said that they are paying a much higher price for fruits and vegetables (49 percent), milk (48 percent), natural gas (43 percent), bread (41 percent), electronics (36 percent), clothing (35 percent), water (32 percent) and toys (27 percent).

According to the U.S. Bureau of Labor Statistics, the August overall Black unemployment rate increased to 6.4 percent, the Black unemployment rate for Black men increased to 6.0 percent and the unemployment rate for Black women increased to 5.9 percent.

Additionally, the bureau reported the Consumer Price Index (CPI), which is defined as "the measure of the average change over time in the prices paid by urban consumers for a market basket of consumer goods and services," increased 8.3 percent. That means hardworking Americans are still paying more for basics to survive, like groceries, that increased 13.5 percent.

At some point we must conclude that what is being done at the national level is still not working. The honeymoon period is over—the training wheels are off—two years into the Biden-Harris Administration, we are not being well served. The Democrats are in total control in Washington, D.C. they have all the power, the policies and legislation that has been negatively impacting Americans since 2020.

The stimulus did not work, the infrastructure bill did not work, the so-called inflation reduction law that will not reduce inflation is not going to work either. None of these spending bills signed into law are having a positive socio-economic impact on struggling middle-and lower-income Americans who need relief making the simple question posed by Cardi B a legitimate one, how are people surviving when for 17 straight months we have seen Americans take a cut in real-wages.

Democrats had their chance to prove to everyone that they had the answers, and that their economic plans would work to empower, improve, and uplift but that is just not the case. You do not need an economics degree from North Carolina A&T to understand how bad this economy continues to be because the impact is real every day.

When you give someone your vote it is you telling them that you believe that they will do right by you, represent you and your interests, and enact policies that will keep you safe, and not hurt you from a socio-economic standpoint. When you look at the plight of Black community today, after giving the Democrat party the vote in such great margins, on the whole, we have very little to show for it.

The Democrats in power in the U.S. Senate, U.S. House of Representatives and The White House are pushing policies that are working against us and we know it, we feel it and see it. The question is what are you going to do about it?

Paris Dennard is a prominent communications and political strategist and consultant who has worked at all levels of government and Republican politics.

CHILD WATCH

<p

classifieds

DURHAM COUNTY

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1088**

The Undersigned, having qualified as Executor of the Estate of Iris June Vinegar, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 26th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 25th day of August, 2022.

Richard J. Vinegar
Co-Executor
8415 Iverness Way
Chapel Hill, NC 27516
Jonathan Rein Vinegar
Co-Executor
17 Willow Road
Lawrenceville, NJ 08648
8/25,9/1,9/8 and 9/15/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1049**

The Undersigned, having qualified as Administrator of the Estate of Gwendolyn Olympia Barnes, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 26th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 1st day of September, 2022.

Joseph Barnes
Administrator
6199 Castell Dr
Durham, NC 27713
9/1,9/8,9/15 and 9/22/2022

**NOTICE TO CREDITORS AND
DEBTORS OF
BETTY ROUSE MCNAIR**

All persons, firms and corporations having claims against Betty Rouse McNair, late of Durham County, North Carolina, are notified to exhibit them to George David McNair as Executor of the decedent's estate on or before December 2, 2022, c/o Gregory Herman-Giddens, Attorney at Law, 1340 Environ Way, Chapel Hill, NC 27517, or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This the 1st day of September, 2022.

George David McNair, Executor
c/o Gregory Herman-Giddens, Atty.
Galbraith, PLLC
1340 Environ Way
Chapel Hill, NC 27517
9/1,9/8,9/15 and 9/22/2022

NOTICE TO CREDITORS

The undersigned, Randy Thomas Chambers, having duly qualified as Administrator of the Estate of Marion Thomas Chambers, deceased, late of Durham County, North Carolina, hereby notifies all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdale Drive, Suite 205, Durham, North Carolina 27705, on or before December 1, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This the 1st day of September, 2022.

Randy Thomas Chambers
Administrator
C/O Ronald G. Coulter
Attorney at Law
3400 Croasdale Drive
Suite 205
Durham, NC 27705
1-919-246-5775
9/1,9/8,9/15 and 9/22/2022

**NOTICE TO CREDITORS
File Number 22 E 1113**

SANDRA NORWOOD KRAFT
ESTATE

The undersigned, having qualified as Executrix of the Estate of Sandra Norwood Kraft late of DURHAM County, NC does hereby notify all persons, firms and corporations having claims against said estate to present them to the undersigned at the address below on or before the 2nd day of December, 2022, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/22

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 15th day of September, 2022.

David A. Miller
Executor
C/O Atty Michael Hudson
105 E. Center St
Suite B-12
Mebane, NC 27302
9/15,9/22,9/29 and 10/6/2022

STATE OF NORTH CAROLINA
COUNTY OF DURHAM

NOTICE TO CREDITORS

THE UNDERSIGNED, having qualified on the 1st day of September, 2022, as Executor of the ESTATE OF DOROTHY STEEDMAN SHOAF, Deceased, of Durham County, North Carolina, do hereby notify all persons, firms and corporations having claims against said Estate to exhibit them to the undersigned on or before the 20th day of December, 2022 or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This the 19th day of September, 2022.

ROBERT SAMUEL SHOAF
EXECUTOR
ESTATE OF DOROTHY STEEDMAN
SHOAF

c/o E.J. Walker, Jr., Attorney
Walker Lambe, PLLC
Post Office Box 51549
Durham, North Carolina 27717
9/15,9/22,9/29 and 10/6/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 956**

The Undersigned, having qualified as Administrator of the Estate of Freda G. Cole a/k/a Freda Garlene Cole, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 15th day of September, 2022.

JOHN KING WOODY, III
JAMES WATTERSON WOODY
CO-EXECUTORS

ESTATE OF JOHN KING WOODY,
JR.

c/o Jennifer Dalman, Attorney
Walker Lambe, PLLC

Post Office Box 51549
Durham, North Carolina 27717
8/25,9/1,9/8 and 9/15/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 905**

The Undersigned, having qualified as Administrator of the Estate of Sylvia Jean Smith, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 15th day of September, 2022.

Shaliga M. Rhodes
Co-Administrator

below listed address.

This the 8th day of September, 2022.

Wallace Smith
Administrator
3015 Wheat Grain St
Durham, NC 27704
9/8,9/15,9/22 and 9/29/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY

**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court Of Justice
Superior Court Division
Before the Clerk
File Number 22 E 1078**

The Undersigned, having qualified as Executor of the Estate of Louise D. Miller, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 16th day of December 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This, the 1st day of September 2022.

Stephanie Kraft
Executrix of the Estate of Sandra Norwood Kraft

c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdale Drive, Suite 205
Durham, NC 27705
9/1,9/8,9/15 and 9/22/2022

STATE OF NORTH CAROLINA

classifieds

CAR LIENS

VEHICLE
 Little John's Towing & Recovery LLC
 7108 Poole Road
 Raleigh, NC 27610
 c/o PO Box 46882
 vs.
 Unknown Owner,
 TO: Unknown Owner

TAKE NOTICE the petitioner has filed with the clerk a petition in proper form indicating that the petitioner has a valid lien against a 2021 PJ Trailer, ID No. 3CVCE2229M2617996 and that the petitioner shall have the right to sell to the highest bidder the motor vehicle listed on October 25, 2022 at WCCH, 316 Fayetteville Street, Third Floor, at 1:30 p.m. You are required to make a defense to such pleading before such date and time.

This the 15th day of September, 2022.

John Lanier

c/o PO Box 46882

Raleigh, NC 27620

9/15,22,29/22

NORTH CAROLINA

WAKE COUNTY

In The General Court Of Justice
 District Court Division—Small
 Claims

File No. 22 CV 007179
**COMPLAINT TO ENFORCE
 POSSESSORY LIEN ON MOTOR
 VEHICLE**

Colt-Land Towing & Recovery

8045 Chapel Hill Road

Cary, NC 27513

PO Box 46882

Raleigh, NC 27620

vs.

Unknown Owner,

TO: Unknown Owner

TAKE NOTICE the petitioner has filed with the clerk a petition in proper form indicating that the petitioner has a valid lien against a 1955 Pontiac, ID No. A755H4499 and that the petitioner shall have the right to sell to the highest bidder the motor vehicle listed on October 25, 2022 at WCCH, 316 Fayetteville Street, Third Floor, at 1:30 p.m. You are required to make a defense to such pleading before such date and time.

This the 15th day of September, 2022.

Karl Neal

c/o PO Box 46882

Raleigh, NC 27620

8045 Chapel Hill Road

Cary, NC 27513

9/15,22,29/22

NORTH CAROLINA

WAKE COUNTY

In The General Court Of Justice
 District Court Division—Small
 Claims

File No. 22 CV 007180
**COMPLAINT TO ENFORCE
 POSSESSORY LIEN ON MOTOR
 VEHICLE**

B&C Automotive Inc.

105 Hester Street

Knightdale, NC 27545

c/o PO Box 46882

Raleigh, NC 27620

vs.

Unknown Owner,

TO: Unknown Owner

TAKE NOTICE the petitioner has filed with the clerk a petition in proper form indicating that the petitioner has a valid lien

against a 2012 GMC Sierra, ID No. 1GT125E85CF238521 and that the petitioner shall have the right to sell to the highest bidder the motor vehicle listed on October 3, 2022 at WCCH, 316 Fayetteville Street, Third Floor, at 1:30 p.m. You are required to make a defense to such pleading before such date and time.

This the 15th day of September, 2022.

c/o PO Box 46882

Raleigh, NC 27620

9/15,22,29/22

NORTH CAROLINA

WAKE COUNTY

In The General Court Of Justice
 District Court Division—Small
 Claims

File No. 22 CV 011314
**COMPLAINT TO ENFORCE
 POSSESSORY LIEN ON MOTOR
 VEHICLE**

Calvary Motors LLC

925A Kitchen Drive

Raleigh, NC 27603
 c/o PO Box 46882
 Raleigh, NC 27620
 vs.

Unknown Owner,

TO: Unknown Owner

TAKE NOTICE the petitioner has filed with the clerk a petition in proper form indicating that the petitioner has a valid lien

against a 2004 Audi, ID No. WAUJT68E84A023764 and that the petitioner shall have the right to sell to the highest bidder the motor

vehicle listed on October 25, 2022 at WCCH, 316 Fayetteville Street, Third Floor, at 1:30 p.m. You are required to make a defense to such pleading before such date and time.

This the 15th day of September, 2022.

Yomicogunbodee

c/o PO Box 46882

Raleigh, NC 27620

925A Kitchen Drive

Raleigh, NC 27603

9/15,22,29/22

MECHANICAL DESIGN ENGINEER (MULTIPLE OPENINGS)

Technosoft Engineering, Inc. seeks Mechanical Design Engineer (Multiple Openings) in Morrisville, NC and unanticipated locations throughout the US, for providing project/product assessments via Agile methodology. Relocation required. Send resumes to rchafale@technosofteng.com.

D/M/WBE

SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE, MBE, and WBE subcontractors and suppliers for the Raw Water Intake Screen Replacement project for Greenville Utilities Commission which bids September 20, 2022, at 2:00 PM. Plans and specifications for this project are available at the following locations: TA Loving Company, 400 Patetown Road, Goldsboro, NC 27530 * Hazen and Sawyer, Inc.; 4011 West Chase Boulevard, Suite 500; Raleigh, NC 27607 * Dodge Data and Analytics website.

Potential subcontracting opportunities include but are not limited to demolition and erosion control. Please contact Michael Cox (mcox@taloving.com) if you are interested in submitting a proposal on any portion(s) of this project. Contact via phone 919-734-8400; fax 919-736-2148; or email. All quotations will be accepted up to bid closing time on bid date. TA Loving Company is an Equal Opportunity/Affirmative Action Employer.

Please advise if assistance is needed with obtaining necessary equipment, supplies, materials, or insurance/bonding to satisfy the work requirements. We are willing to accept quotations on all or partial quantities and items of work. We can offer 2-party check payments and quick payment agreements, but the agreements need to be negotiated prior to bid date.

RHA WAITING LIST

All applications that were current and on Raleigh Housing Authority's (RHA) public housing waiting list as of August 1, 2022 have been automatically added to RHA's new project based voucher waiting list. These applications have been added based on the date and time of the original housing application. PBV recipients will be assigned to an appropriately sized apartment within a complex owned and managed by RHA.

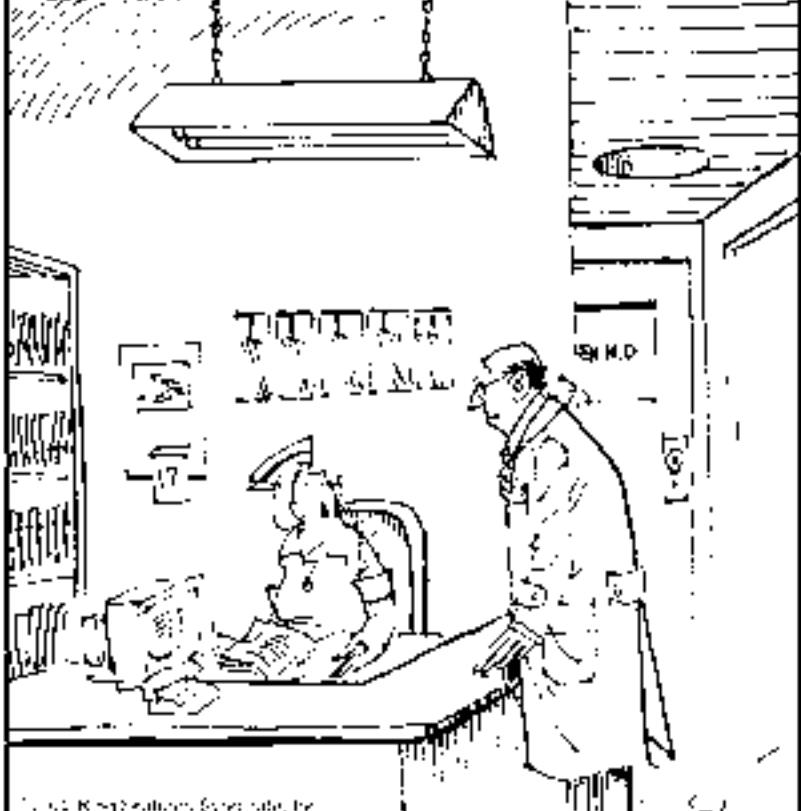
Each RHA waiting list is operated independently and these additions will not impact an applicant's status on any other RHA waiting list. Applicants wishing to update or remove an application from a waiting list must notify the Agency. Communications can be made: in writing to 900 Haynes Street, Raleigh, NC 27604, by email to housinginfo@rahaonline.com, and by fax to (919) 831-6160.

King Crossword Answers

Solution time: 22 mins.

E	A	R	B	I	T	N	O	V	A
B	L	O	B	A	G	E	A	D	A
B	O	N	O	G	O	B	V	E	N
S	T	A	B	S	R	O	B	E	
F	U	N			W	I	L	L	O
C	O	C	N	U	T	B	O	O	N
A	P	E	R	B	E	A	R	A	N
M	I	D	A	S	E	C	U	A	D
P	E	E	P	E	R	S	S	N	
J	A	I	L		P	A	U	E	Y
O	G	R	E		T	R	I	S	E
T	O	S	S		Y	A	P	I	D

LAFF - A - DAY



"All of our clients are paid up ...except for the 8 amnesia patients."



"It's times like this that I wish we didn't have a cool car!"

Sports

St. Augustine's Football Falls To Limestone In 73-14 Loss



RALEIGH, N.C. (Sept. 10) - Christopher Perkins (So./Spring Lake, NC) threw two touchdown passes for Saint Augustine's University in a 73-14 non-conference football loss to Limestone at the George Williams Athletic Complex on Saturday.

Perkins tossed a 60-yard touchdown pass to Rashawn Faustine (Fr./Delray Beach, FL) and a two-yard pass to Mehki Hague (R-Fr./Winston-Salem, NC) in the third quarter. William Reid (Fr./Washington, NC) made both extra points.

The Falcons quarterback completed 19 of 30 passes for 223 yards, two touchdowns and one interception. Deandre Proctor (So./Elizabeth City, NC) had four receptions for 47 yards. Jarvis Dudley (R-So./Fayetteville, NC) gained 33 yards on one carry.

John Seter completed 16 of 23 passes for 242 yards, two touchdowns and one interception for Limestone (1-1 overall). Tre Stewart rushed for 120 yards and three touchdowns on 12 carries and Mikey Jones caught four passes for 123 yards and two scores. Jadarius Hector had six receptions for 112 yards and two touchdowns. Steve Worthy Photos

Wallace Holds Off Boss, Title Contenders To Win At Kansas

KANSAS CITY, Kan. (AP) — Bubba Wallace was so comfortable cruising around Kansas Speedway on Sunday that he told his team over the radio in the closing laps that he didn't want to know who was chasing him or how far back they might be.

He probably would have smiled knowing it was his boss.

Denny Hamlin managed to trim into Wallace's lead down the stretch, but the co-owner with Michael Jordan of the No. 45 car for 23XI Racingulti-

mately ran out of time. Wallace took the checkered flag for his second NASCAR Cup Series victory, and made it back-to-back weeks that a non-playoff driver won a postseason race.

"I knew Denny was going to be strong," Wallace said after climbing out of his car and throwing a little shade at his many detractors. "It's cool to beat the boss, but man, we were just lights-out. Once we got to the lead, it was a lot of fun."

Wallace got around playoff

contender Alex Bowman for the lead with 67 laps to go, then built a 2-second cushion over a parade of drivers in the title hunt, each trying to earn the win that would ensure their spot in the round of eight.

Hamlin wound up at the front of it, finishing second to climb into third in the playoff standings.

"I was driving as hard as I could," said Hamlin, who had no qualms about passing his own driver for the win. "Nothing

will ever come free when you're driving for me. If you think I'm going to let you win, you better find another team."

Wallace, who became the 18th different driver to reach victory lane this season, also won during last year's playoffs at Talladega, when he was likewise out of the title picture. And his victory Sunday came after Erik Jones, who also missed out on the postseason this year, won a chaotic race a week ago at Darlington.

"Just so proud of this team, so proud of the effort that they put in each and every week," said Wallace, who won in the same No. 45 car that Kurt Busch drove to victory at Kansas earlier this year. "They work their tails off and I'm so proud."

Busch stepped out of the ride while dealing with a concussion. He was quick to tweet his congratulations.

Bell finished third and Bowman fourth with playoff outsider Martin Truex Jr. in fifth. William

Byron, Ross Chastain, Kyle Larson, Ryan Blaney and Daniel Suarez — all firmly in the playoff hunt — rounded out the top 10.

Bell was the only driver to clinch a spot in the next round on points. The other 11 are up for grabs heading to Bristol.

"I'm very happy that we're finally getting the results that this team deserves," Bell said. "Our speed has been there all year. I feel like we've given up a lot of good finishes. Hopefully we can build on this and keep rolling."

KNOW *Before* YOU GO

• BACK TO SCHOOL •

Whether in the classroom, playground or hallways at school, COVID-19 vaccines and boosters protect you.

Everyone ages 6 months and older can get a safe and effective COVID-19 vaccine.



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES

For more information visit MySpot.nc.gov.