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CAN YOU READ THIS HEADLINE?

If Not, You Are Not Alone. There Is A Literacy Crisis In America!

Try striking up a conversation by showing an interesting newspaper article to a person sitting next to you somewhere in the US, and there's a good chance that he or she will not be able to read it.

According to the US Department of Education, half of the adult population cannot read above the sixth grade level. Experts believe there has long been a literacy crisis in the United States, which has become worse in recent times.

The Literacy problem is not restricted to adults; American children also have serious literacy issues. More than a million students drop out of US schools, each and every year, never finishing high school.

This statistic poses a few troubling questions like; how is illiteracy among many adults impacting society and the economy? And how long has the country been trying to tackle the literacy problem? And does social and racial discrimination play a role in the literacy crisis in the United States?

Historically, the American elite and officials have considered many rights and liberties as privileges only given to certain segments of society.

Denying various rights has been a much sourced and highly favored method of control and oppression.

Throughout US history, literacy and the ability to read, has been a privilege only the upper class white man has freely en-

joyed. Free schools did not exist and the poor and minorities, especially African Americans, were not allowed to receive an education. The objective was to preserve a class system, one which ensured that the poor would never rise from poverty and would remain under the authority and power of the elite white man for evermore.

After the slave revolt in 1831, all slave states except for Maryland, Kentucky, and Tennessee,

made it illegal by law to teach slaves to read and write.

From that moment on those who would teach a free person of color or a slave to read or write would be fined between \$250 and \$500, which was quite a large sum of money in the nineteenth century.

Those in power were worried that if slaves learned to read and write, they would access more information and revolt against them, and so, for the same rea-

sons they established illiteracy among Americans today.

"Well, I think the average literacy in terms of reading, for example, if we understand literacy to be skills in reading, that may be around the third to fourth grade, which is a very low level it's where maybe a 10 year old would be reading if they were making normal progress.

I think literacy could be understood in several ways. One is obviously just the ability to

read and write and understand language, vocabulary, grammar, that type of thing.

Another way of looking at literacy is understanding the social world, how well does a person understand geography and history and, how well can someone engage in the social and political life of the world?

On that level, I think Americans are very weak. They tend to have a very limited understanding of the world around them."

John Gehan, Journalism and Public Administration

Today, the literacy rate fluctuates between racial and socio economic groups. Minority communities and races have much lower literacy rates than the majority of the white upper classes.

According to "the economic impact of the achievement gap in America schools" report by McKinsey and Company, Black and Latino students are two to three years of learning behind White students of the same age.

Why Is Language proficiency such a major issue when it comes to minorities?

"Yes, minorities, you know, such as the Black community or the Latino community, suffer from the government's refusal to do anything to equip public schools with the correct resources. And a lot of this also has to do with, again, the quality of education.

And so what I mean by that is right now our public schools are overcrowded. For example, one teacher can have a classroom of 35 to 40 kids and when a teacher is put into a position where they have to manage that many students, the students themselves will suffer because the teacher realistically can't pay attention to that many students, especially when students need that much attention in their formative years where they actually develop their literacy skills.

And so what we're seeing in



(See LITERACY, P. 4)

Utility Scammers Are Clever & On The Rise

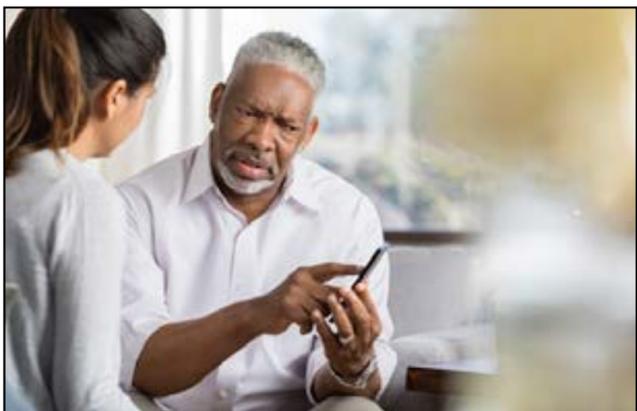
CHARLOTTE, N.C. - A call comes in. The caller ID says it's Duke Energy. An urgent voice insists that your electric service is being disconnected in 30 minutes unless you pay over the phone right now.

If you get a call like this, hang up because Duke Energy never disconnects customers like this. Instead, call Duke Energy at the number on your bill, or check your balance online or via the Duke Energy app. And just like that, you've beaten the scammer.

Sadly, the COVID-19 pandemic has triggered a record number of scam attempts - nearly 30,000 scam attempts were reported by Duke Energy customers in 2020 alone. The good news: Only about 4% of customers have fallen for a scam in the last year, down from more than 9% before Utility Scam Awareness Day began in 2016.

Education works. That's why Duke Energy has joined forces with utilities across the United States and Canada to bring awareness to these criminal tactics. Annually the Utility Scam Awareness Day is hosted in November. Utility Scam Awareness Day is part of the weeklong International Scam Awareness Week, an advocacy and awareness campaign focused on educating customers and exposing the tactics used by scammers.

"Scammers have not shown compassion for small businesses and private citizens enduring the trying circumstances of the last two years," said Jared Lawrence, Duke Energy's vice president of metering services and customer service transformation. "In fact, they have intensified their criminal activity with high-pressure tactics and increasing use of tech-



nology. For that reason, utilities continue to unite to combat scammers by spreading awareness, and we are working with telecom partners to remove access to phone lines and encouraging policymakers to adopt stronger public protections."

Recognized annually, Utility Scam Awareness Day was created by Utilities United Against Scams (UUAS), a consortium of more than 150 electric, water and natural gas companies and their respective trade associations.

End the Call. End the Scam.

Duke Energy - a founding member of UUAS - and the consortium's other member companies have seen an increase in scams attempting to take advantage of the uncertainty of the pandemic. Other scammers are preying on fears over nationwide natural gas price spikes. Many are attempting to use mobile banking apps to emphasize the "ease" of avoiding disconnection (Duke Energy does not take cus-

tomers payments via mobile banking apps).

While the techniques continually shift, the easiest way to defuse the pressure is to stop before you act. That's why this year's awareness theme is "End the Call. End the Scam."

"It's perfectly acceptable for the customer to hang up the phone," said UUAS Executive Director Monica Martinez. "The scammer's initial goal is to pressure their targets and convince them that they work for the utility. Scammers are extremely sophisticated in their tactics, and by simply ending the call, you can end their scam. If you are unsure, you can always call back the utility by dialing the number found on your bill or on their website, and they will provide you with the correct information."

UUAS advises customers who suspect they have been victims of fraud or who feel threatened by a scammer to contact their local utility or law enforcement au-

thorities. Here are tips to protect yourself from falling victim to utility scams.

What to look for

Common scam tactics include:

Threat to disconnect: Scammers may aggressively tell a customer their utility bill is past due and service will be disconnected - usually within 30 minutes - if a payment is not made.

New meter refund: After Duke Energy temporarily suspended disconnections in response to COVID-19 and offered extended payment plans, scammers adapted. Rather than focus on overdue bills, they tell the homeowner they need to pay a deposit for a new meter, which will later be refunded - again insisting on immediate deposit.

Mobile banking apps: Customers are instructed to send immediate payment through a mobile app. Duke Energy does not accept payments through the Cash App, Venmo or Zelle apps. (Customers can make payments directly on Duke Energy's mobile app, available in the Apple App Store for iOS and the Google Play Store for Android.)

Personal information: Criminals promise to mail refund checks for overpayments on a customer's account if they can confirm their personal data, including birthdays and, in some cases, Social Security numbers.

Protect yourself

Customers with past-due accounts receive multiple advance notices, typically by mail and in their regular monthly bill, and Duke Energy will always offer a variety of ways to pay a bill, including online payments, phone payments, automatic bank drafts, mail or in person.



NORTH CAROLINA ATTORNEY GENERAL FIGHTS CAMPAIGN AD PROBE

The campaign committee for North Carolina's Attorney General Josh Stein asked a federal court on Wednesday to block enforcement of a seldom-used libel law as the committee faces possible criminal prosecution for a political ad from Stein's last race.

Under fire for the TV ad targeting his 2020 Republican challenger, Stein's campaign filed a motion asking the 4th Circuit U.S. Court of Appeals to grant a preliminary injunction barring enforcement of the law.

Dating to at least 1931, the law makes it illegal to deliberately disseminate a false "derogatory report" that could harm a candidate's chance of election. The campaign's motion comes as a Wake County district attorney prepares to empanel a grand jury in the case.

The motion urged that the district attorney be blocked from enforcing what the campaign called "an overbroad, poorly tailored criminal libel law" while the court assesses whether it violates the First Amendment right to free speech.

Caught between his political prospects and his duty to defend state law, the Democratic attorney general and potential 2024 gubernatorial contender finds himself fighting enforcement of a criminal law he's meant to defend—one that a former political opponent accused his own campaign of violating.

Stein's GOP rival in 2020—Forsyth County District Attorney Jim O'Neill—cited the law in a complaint to the North Carolina State Board of Elections, prompting Wake County District Attorney Lorrin Freeman's office to investigate even after the elections board dropped the case against Stein's campaign committee in 2021.

"The District Attorney for Wake County, NC, is threatening to enforce a criminal libel law in a way that curtails public debate and undermines the integrity of the democratic process in North Carolina," Stein campaign attorney Pressly Millen wrote.

The O'Neill campaign has argued Stein's commercial, which accused the Republican of letting more than a thousand rape kits go untested, was libelous because police rather than prosecutors are responsible for testing rape kits.

The misdemeanor for violating the law carries a penalty of up to 60 days in jail with fines, but someone with an otherwise clean criminal record would avoid serving time if convicted.

Stein also filed an emergency motion Wednesday asking the appellate court to decide the case by Friday "because grand jury proceedings are imminent."

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Cuban Government Starts Selling Dollars -- With Limits

HAVANA (AP) — Cubans lined up by the dozens at exchange houses on Tuesday for the chance to buy dollars and other hard currency from the government for the first time in two years.

The new policy announced Monday night comes almost three weeks after the communist government began buying hard currency from the public at 110.40 pesos per dollar — a

rate similar to that of the black market and more than four times the rate used for official transactions.

Under the new policy, meant to help combat the illegal market in hard currency, individuals can buy up to \$100 in cash a day at a rate of 123.60 to the dollar in 37 designated state CADECA exchange shops.

The official rate used by government industries and agen-

cies that dominate the economy remains 24 pesos to the dollar.

“I want (euros) to be able to buy snacks for my grandchildren,” said Maricela Prado, a 62-year-old state worker who was among the first in line at an exchange house in central Havana. Jam is one of myriad products hard to find at subsidized state stores.

But 32-year-old camera operator Juan Pérez was dissatisfied with the new measure, arguing the limits on sales would just increase the price of dollars on the black market.

At the start of 2021, Cuba eliminated a longstanding dual currency system, dropping a special type of convertible peso supposedly aimed largely at tourism and foreigners and changing all operations into local currency.

But prices rose much faster than the new higher wages adopted under the reform, which coincided with an economic crisis caused by the COVID-19 pandemic and reduced support from Cuba’s ally Venezuela, which was also struggling, as well as continuing U.S. sanc-



sell at a profit when they return home.

Officials said Monday that under the new policy, sales of hard currency will be limited not only by the \$100 cap but also by how much the local exchange house had purchased from the public the day before.

At the branch visited by The Associated Press, regional CADECA director Kenia Katiuska Mesa told gathered customers that 190 people would be allowed to purchase there on Tuesday.

Economist Mauricio de Miranda said on his Facebook page that the new measures are “insufficient and partial and instead of leading to a solution of the economic problems, widen the grave crisis which has now lasted more than three decades.”

A Cuba specialist at the Javeriana University in Cali, Colombia, he said that without “a program of structural reforms, integral and systematic, they will not manage to overcome the current internal obstacles that impede the economic development of Cuba.”

tions that had limited money sent to Cubans by relatives in the U.S.

Growing shortages led to increasing prices for goods bought from private sellers and to a street-level devaluation of the peso, making dollars and other hard currency sent or brought in from abroad more valuable. That led to long lines and growing public frustration.

The low, fixed official rate meant people avoided exchanging money through the government, starving it even further of hard currency and its ability to import needed products.

Cubans can use special hard currency debit cards to buy goods at specialized state stores and many also seek dollars or euros in order to travel abroad — sometimes buying goods to

The USDA Begins Accepting Applications For \$100 Million In Biofuel Infrastructure Grants

WASHINGTON—U.S. Department of Agriculture (USDA) Secretary Tom Vilsack today announced that USDA is accepting applications for \$100 million in grants to increase the sale and use of biofuels derived from U.S. agricultural products.

USDA is making the funding available through the Higher Blends Infrastructure Incentive Program (HBIIIP). This program seeks to market higher blends of ethanol and biodiesel by sharing the costs to build and retrofit biofuel-related infrastructure such as pumps, dispensers and storage tanks.

“The Biden-Harris Administration recognizes that rural America is the key to reducing our reliance on fossil fuels and giving Americans cleaner, more affordable options at the pump,” Vilsack said. “Biofuels are home-grown fuels. Expanding the availability of higher-blend fuels is a win for American farmers, the



rural economy and hardworking Americans who pay the price here at home when we depend on volatile fuel sources overseas.”

This additional funding follows an April investment of \$5.6 million through HBIIIP that is

expected to increase the availability of biofuels by 59.5 million gallons per year in California, Delaware, Illinois, Maryland, New Jersey, New York and South Dakota.

In June, USDA also announced

that it had provided \$700 million in relief funding to more than 100 biofuel producers in 25 states who experienced market losses due to the pandemic.

These investments reflect the goals of President Biden’s Inflation Reduction Act, which addresses immediate economic needs and includes the largest ever federal investment in clean energy for the future. The law includes another \$500 million aimed at increasing the sale and use of agricultural commodity-based fuels. This funding will allow USDA to provide additional grants for infrastructure improvements related to blending, storing, supplying and distributing biofuels.

Gas prices continue to fall, at the fastest pace in over a decade. Biofuels are an important part of the Biden-Harris Administration’s commitment to lowering gas prices for the American people.

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PRESIDENT BIDEN IS FIGHTING FOR US!

Once again, our President Joe Biden is proving that he is focused on lowering everyday costs.

The Democrats’ plan will lower the costs of prescription drugs, energy, and health care for millions – and it will create good-paying jobs.

It’s paid for by making big corporations pay their fair share – so working families like ours won’t pay a penny more in taxes.

As President Biden and Vice President Harris continue to fight for us like they promised, extreme MAGA Republicans keep on working against us. They had the nerve to side with drug companies and vote against lowering the price of insulin. They voted against lowering seniors’ prescription drug costs, and that’s after they’ve proposed cutting Medicare and Social Security. What’s next?

President Biden is getting us results. But he needs our help to protect and elect more Democrats to continue this progress. Our vote matters. This November, let’s go vote for Democrats who are fighting for us.

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Business & Finance

When Having Insurance Costs You More Than Not Having It

KHN—When Dani Yuengling felt a lump in her right breast last summer, she tried to ignore it.

She was 35, the same age her mother had been when she received a breast cancer diagnosis in 1997. The disease eventually killed Yuengling's mom in 2017.

"It was the hardest experience, seeing her suffer," said Yuengling, who lives in Conway, South Carolina.

After a mammogram confirmed the lump needed further investigation, Yuengling scheduled a breast biopsy for Valentine's Day this year at Grand Strand Medical Center in Myrtle Beach.

Among many concerns she had ahead of that appointment — the first being a potential cancer diagnosis — Yuengling needed to know how much the biopsy would cost. She has a \$6,000 annual deductible — the amount her health plan requires she pay before its contribution kicks in — and she wasn't close to hitting that. Whatever the procedure cost, Yuengling knew she'd be on the hook for most of it.

But the hospital wouldn't give her a price. She was told her providers wouldn't know what type of biopsy needle they needed until the procedure was underway and that would impact the price.

The hospital's online "Patient Payment Estimator" showed Yuengling an uninsured patient would owe about \$1,400 for the procedure.

"That's fine. No big deal," she thought to herself, confident it would be cheaper for her because she did have insurance. A Google search indicated it could be closer to \$3,000, but Yuengling thought that price seemed reasonable, too. She wasn't fretting too much about money as she underwent the procedure.

It soon brought the good news that she didn't have cancer.

Then the bill came.

THE PATIENT: Dani Yuengling, now 36, who is covered by Cigna through her employer, a human resources contractor for the Mayo Clinic.

MEDICAL SERVICE: An ultrasound-guided breast biopsy.

SERVICE PROVIDER: Grand Strand Medical Center, a 403-bed, for-profit hospital in Myrtle Beach, South Carolina. It is one of 182 hospitals owned by Nashville-based HCA Healthcare, which generated \$58.7 billion in revenue last year.

TOTAL BILL: \$17,979 for the procedure, including lab work, pharmacy charges, and sterile supplies. Cigna's in-network negotiated rate was \$8,424.14, of which the insurance company paid the hospital \$3,254.47. Yuengling was billed \$5,169.67, the balance of her deductible.

What Gives: It's not uncommon for uninsured patients — or any patient willing to pay a cash price — to be charged far less for a procedure than patients with health insurance. For the nearly 30% of American workers with high-deductible plans, like Yuengling, that means using insurance can lead to a far bigger expense than if they had been uninsured or just pulled out a credit card to pay in advance.

Ge Bai, an associate professor at Johns Hopkins Bloomberg School of Public Health, recently published research on this topic and said hospitals in the U.S. often set their cash prices lower than the prices they charge to treat commercially insured patients.

"We can very confidently say this is very common," said Bai, who advised that all patients, regardless of their insurance status, inquire about the cash price before undergoing a procedure. "It should be a norm."



Grand Strand charged Yuengling's insurance an extraordinarily high price for her procedure. By comparison, according to the federal government's website, Medicare patients who need an ultrasound-guided biopsy similar to the one Yuengling received would pay only about \$300 — their required 20% coinsurance for outpatient care. Medicare would pay the hospital the remainder of the bill, about \$1,200. The hospital expected more than five times the Medicare price from Yuengling and her insurer. Patients in Conway with private health insurance who are treated at other hospitals also

typically are charged less than what Yuengling paid for the same procedure — on average about \$3,500, according to Fair Health Consumer, an organization that analyzes health insurance claims.

And uninsured patients who pay cash prices and need an ultrasound-guided breast biopsy at the nearby Conway Medical Center are likely to owe even less — about \$2,100, according to Allyson Floyd, a spokesperson for the hospital.

Meanwhile, Grand Strand Medical Center spokesperson Caroline Preusser blamed "a glitch" involving the hospital's online calculator for the inaccurate information Yuengling received and

said the correct estimate for the cash price for a breast biopsy at the hospital is between \$8,000 and \$11,500 "depending on the exact procedure and equipment used."

The hospital removed certain procedures from the payment estimator until they can be corrected, Preusser wrote. She did not say how long that would take.

RESOLUTION: Yuengling tried disputing the charges with the hospital. She called the billing department and was offered a 36% discount, lowering the amount she needed to pay to \$3,306.29. Grand Strand Medical Center allows patients to set up payment plans, but Yuengling decided to charge the full amount to a credit card because she wanted the whole thing to go away.

"I could not sleep. It was driving me crazy. I was having migraines. I was sick to my stomach," she said. "I hate having debt. I didn't want to think about it. Obviously, that didn't work because I'm still thinking about it."

She said she requested on multiple occasions to speak to the hospital's patient advocate and was eventually connected with an outside company, Parallon, which conducted an audit of her bill. She eventually received a letter dated May 26 from the hospital's Revenue Integrity Department. It stated: "After a review of the charges in question and your medical record, the following was identified; The charges on your account were appropriate."

"I don't know why I actually expected a different outcome," she said.

The hospital has requested that Yuengling return for a follow-up appointment related to the biopsy. She has refused.

Harlow Sumnerford, a spokesperson for HCA Healthcare, told KHN in an email that the hospital system apologizes for any confusion caused by the payment estimator "and we are working to fix the issue."

THE TAKEAWAY: With a family history of breast cancer, Yuengling was right to follow up with her doctor after feeling a lump. After failing to get a clear answer on her costs from Grand Strand Medical Center, she could have taken an additional step to explore what other hospitals in the area charge. Although her physician referred her to Grand Strand, she was not obligated to

use that hospital. She could have saved a significant amount of money by opting to undergo the procedure elsewhere.

Furthermore, patients like Yuengling who have a high-deductible insurance plan should consider paying cash prices for certain procedures and not involving their insurance company at all.

Jacqueline Fox, a health care attorney and a professor at the University of South Carolina School of Law, said she isn't aware of any law that would prohibit a patient from doing that. After all, she pointed out, patients with health insurance pay cash prices for prescription medications all the time. It stands to reason they could do the same for medical procedures.

But some facilities make this difficult. Grand Strand Medical Center, for example, offers "self-pay" patients an "uninsured discount," but that discount is limited to people who have "no third party payer source of payment or do not qualify for Medicaid, Charity or any other discount program the facility offers," according to the hospital's website. Only patients confirmed to have no health insurance are offered information about the discount.

In some cases, paying a cash price for a procedure might not make financial sense in the long run because none of it would be applied toward the deductible. Patients might save money on one procedure but end up paying their full deductible if unexpected medical expenses mount later during the calendar year.

Insured patients should reach out to their health plan for a good-faith estimate before a procedure. Under the No Surprises Act, health plans are supposed to give members an idea of their total out-of-pocket costs upon request. Ask for an "Advanced Explanation of Benefits," said Sabrina Corlette, a research professor at the Georgetown University McCourt School of Public Policy, though she points out this part of the law isn't being enforced yet.

The No Surprises Act also allows patients to file complaints with the federal government regarding their medical bills — whether or not they carry health insurance.

Yuengling filed her complaint in June.

Walmart Ordered To Pay A Black Man In Oregon \$4.4M For Racial Profiling

PORTLAND, Ore. (AP) — DDA Multnomah County grand jury has ordered Walmart to pay \$4.4 million in damages to a man who sued the store, saying he was racially profiled and harassed by a Walmart employee at a Portland, Oregon, area store in 2020.

According to the lawsuit the employee "spied" on Dovey

Mangum while shopping, ordered him to leave and called police when he refused, KGW reported.

According to the lawsuit and a news release from his attorneys, Mangum, who was 59 at the time, visited the Walmart in Wood Village on March 26, 2020, to buy a light bulb for his refrigerator. After Mangum arrived, he noticed store employee Joe Williams watching him as he shopped.

Williams told Mangum to leave the store, but Mangum refused, saying he'd done nothing wrong. Mangum's lawyers said Williams told Mangum he was going to call the police and tell them Mangum had threatened to "smash him in the face."

Williams called the non-emergency police dispatch line and told the operator he "had a person refusing to leave," the lawsuit states.



Michael Mangum, left, with his attorney Greg Kafoury. Mangum sued Walmart after he said he was racially profiled and harassed by an employee at the Walmart in Wood Village

According to Mangum's lawyers, deputies from the Multnomah County Sheriff's Office responded and "refused to take action against Mangum." The lawyers said deputies made that decision based on Williams' "shifting explanations" for the reason he called and because of his "reputation for making false reports to police."

According to Mangum's lawyers, the next day, Sheriff's Sergeant Bryan White and another deputy met with the director of the Walmart and the assistant

manager and explained that deputies had noticed a "pattern of behavior" in which Williams would call police to report "dangerous active situations, such as customers physically assaulting him or other employees," that were not happening.

The store and Walmart corporate officials kept him on the job for several more months, and fired him in July 2020 for "mis-handling \$35 of Walmart property," the lawsuit said.

Williams in a deposition denied the allegations that he wrongly

called the police, saying Mangum had threatened to hit him.

Mangum filed the lawsuit against Walmart for negligent retention and action against person who summons police with improper intent.

"He lives the same message of self-respect that he teaches to young people, 'stand up for yourself when you know you're right,'" Mangum's trial lawyer, Greg Kafoury, said in a statement. "Because of his courage, we were able to show the jury an unconscionable failure of responsibility by the world's largest corporation."

Walmart spokesperson Randy Hargrove called into question some of the claims and said Walmart considers the verdict "excessive."

"We do not tolerate discrimination. We believe the verdict is excessive and is not supported by the evidence," Hargrove said in a statement to the news outlet.

He said Mangum interfered with Walmart associates as they were surveilling and stopping confirmed shoplifters, and then refused to leave despite being asked to repeatedly.

"We are reviewing our options including post-trial motions, he said.

R&B Hall Of Fame Headed To Jackson

JACKSON, Miss. (AP) — A small town in the Mississippi Delta that has ties to the civil rights movement will soon be home to the National Rhythm and Blues Hall of Fame.

Project planners hope to finish building the facility in the town of Marks in two or three years, Velma Wilson, director of economic tourism and development for Quitman County, told The Associated Press on Tuesday. Marks is the county seat of Quitman County and has a population of fewer than 2,000 people.

The project is the culmination of a 50-year effort to build a hall of fame for R&B musicians such as James Brown, Aretha Franklin and B.B. King.

"There is no other hall of fame in the world that is primarily focused and dedicated to the history of R&B music on a national scale," LaMont Robinson, CEO of the NRBHF, said in a news release. "My vision to build a hall of fame to honor R&B and its contributions to civil rights, America, and the entire world is something that I don't take lightly."

Robinson founded the hall of fame in 2010. Since 2013, it has inducted more than 200 artists.



Marks appealed to Robinson due to its civil rights history. Martin Luther King Jr. chose the town in 1968 as the starting point for his Poor People's Campaign, which demanded economic justice for poor Americans of all backgrounds. On March 31, 1968, in what would be his final Sunday sermon before his assassination, King described the poverty-stricken families he encountered in Marks.

"I was in Marks, Mississippi, the other day, which is in Quitman County, the poorest county in the United States. And I tell you I saw hundreds of Black boys and Black girls walking the streets with no shoes to wear," King

said at the National Cathedral in Washington. "I saw their mothers and fathers ... They raised a little money here and there; trying to get a little food to feed the children; trying to teach them a little something."

The conditions in the cotton fields of Quitman County and other parts of the Mississippi Delta were the environment in which early civil rights activists and field workers produced music that's now identified as blues, gospel and R&B, project planners said.

"It was this cultural and musical phenomenon that provided the basis for the prodigious economic success and profits of the U.S. music industry worldwide," plan-

ners wrote in a document outlining the project.

As of 2020, Quitman County had one of the 20 lowest median income levels of all counties in the country, according to the U.S. Census Bureau.

"The Hall of Fame will be the catalyst to Delta tourism growth and opportunities, and a means to attract business and industry," said Democratic U.S. Rep. Bennie Thompson, who represents Quitman County.

The city of Marks donated 5 acres (2 hectares) of land for the project.

According to an agreement reviewed by the AP, the Quitman County Economic Tourism and Development agency secured a \$500,000 appropriation from the Mississippi Legislature for infrastructure related to the project. The agency also hopes to secure an \$11 million federal grant through the U.S. Department of Transportation to beef up development around the hall of fame.

"While there is significant energy and excitement in the project, it is also daunting for the QTED staff and will require multiple partnerships to succeed," the agency wrote in the agreement.

FUNdraising Good Times

By Mel & Pearl Shaw
Saad & Shaw

"YOU WANT ME TO WHAT?"

Nonprofit life is full of intrigue, twisted paths, pure luck, genius, generosity, and more. This is the second in an occasional series of fictional fundraising short stories.

"Director of Development." Elana Avery said the words out loud, trying to feel some enthusiasm. Yes, the salary and benefits were more than what she earned as Vice President, Development at the regional Kids First affiliate, but the title didn't reflect her experience and abilities. "If you don't have a doctorate, or 'terminal degree,' we can't hire you as a vice president." That's what human resources emailed to her with her contract, but not what President Taylor had promised. Based on his word, she gave notice and transitioned all her top donors to the president of Kids First and a few board members. She told everyone of her great opportunity; she couldn't turn back now. Elana clicked the box adding her electronic signature to the contract and hit send. "Here's to what's next."

What's next was an email from President Taylor. He wanted to see her in his office right away. "What, can't we Zoom" she muttered, throwing on her jacket. Entering the president's offices she was greeted by the ever-effervescent Alex Anderson, assistant to the president no matter who the president is. "Elana, I am so glad you're here. The chair of the faculty committee just left, and I think the Congressman needs something more than platitudes and promises." Alex continued to refer to President Taylor as "the Congressman" as if the title rose above that of "the President." "You have to be elected to Congress," was his stated rationale.

Hearing their voices, President Taylor opened his office door, smiling a weary smile. "Alex, let Ms. Avery in, you know I need to talk with her." With that Elana was whisked into the office, taking a chair across from President Taylor who sat behind his oversized mahogany desk. "Elana, we have to turn this situation around fast. I want to bring the board together next week and present a plan to transform the college. Especially fundraising and admissions." He hoped she didn't see his nervousness. The faculty were privately threatening a vote of no-confidence while publicly praising the trustees for their hiring decision. What if word got out? Again he wondered how he had been talked into this "opportunity."

Elana looked directly at President Taylor and spoke calmly. "You can't produce such a plan in a week." Inside she was fuming. Is this the man who walked on water, pulling money out of nowhere for all his constituents, all the time? Is this really the visionary who could find a way out of no way? Then she remembered the words of her girlfriend Carrigan, "you know, they don't do the work. It's their aides. Why do you think they're all Harvard graduates?" It rudely dawned on Elana that President Taylor was expecting her to pull a rabbit from a hat. She kept her silence like her mentor had encouraged her to do, but inside she was fuming. "Tricked again."

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There Is A Literacy Crisis In America!—CONTINUED FROM PAGE 1

the United States right now, and actually for a very long time, is that the classrooms expand, there's more kids in classrooms, but there's less teachers.

The teacher turnover rate is also ridiculous because a lot of teachers enter the profession; they see that they're treated very poorly by the administration, by the government itself.

The salary of the teachers is also, you know, stagnating like crazy, the average teacher salary in the United States is ranging from anywhere between \$33,000 to \$36,000 ... you can't even afford a one bedroom apartment with that sort of money."

Shabbir Manji Rizvi, Party for Socialism and Liberation, Chicago

According to the US Department of Education, nearly 130 million American adults read below a sixth grade level. This number signifies more than half of the US adult population.

The Department of Education and the National Institute of literacy have also reported that 32 million adults cannot read at all.

Further alarming statistics show that two thirds of American children live in poverty and have no books at home. Unfortunately, the number of families living in poverty is constantly rising.

Why can't 32 million Americans read at all?

"Isn't that a shameful number? It should be an embarrassment to the rest of the world. You're asking how that is possible, why did that happen?"

And I think I have to go back to this view that there are certain people, many people, in the United States who are viewed as throw-away people, as people who are not useful and not important.

And society does not invest in the way that other people are invested in. Why? Why are there so many people kept at the bottom and who stay at the bottom?

I think it's because our society,

you know, it's capitalism is the basis for relations in our society."

John Gehan, Journalism and Public Administration

Clearly literacy can help in leveling socio economic inequalities that exist predominantly in minority communities. One Gallup Poll estimate shows that illiteracy has a 30% to 42% effect on the lifetime earnings capacity of each individual.

It can also generate trillions of dollars of annual income for a country. The average annual income of adults at the minimum literacy proficiency level is roughly \$63,000; however, those with the lowest literacy levels earn only \$34,000 a year on average.

"So, literacy is creating a workforce that is not really equipped to do technical jobs, not really equipped to do professional jobs. So it's creating a workforce of low paying jobs.

It's also creating a workforce of people that are just not going to be able to access higher education. And this also adds to the unemployment crisis as well.

Many Americans, millions, face unemployment and, you know, the head of the Federal Reserve has even gone as far to say that they need unemployment in order to fight inflation, which is just outright ridiculous."

Shabbir Manji Rizvi, Party for Socialism and Liberation, Chicago

The US Department of Justice has data showing that 75% of state prison inmates are either low-literate, or have not completed high school.

Also, the literacy project foundation reports that three out of five inmates in prison cannot read and 85% of youth offenders struggle with reading.

The Washington State Institute for Public Policy found in a study that by providing general education to people in prison, return of inmates is reduced by 7% on average.



In 2013, the US Department of Education National Center for Education Statistics released the results of the program for the International Assessment of Adult Competencies.

The program presented an overview of proficiency in adult literacy, numeracy and problem solving.

People born after 1980 in the US scored lower than 15 of the 22 participating countries, and overall US adults scored below the international average in all three categories, and ranked almost at the bottom in numeracy.

The bleak literacy statistics are not much better for American children.

According to the US National Center for Education Statistics,

34% of students are below basic reading levels in the fourth grade, and 31% are below the proficient reading level.

Now, even in eighth grade, 27% of children are below the basic reading level and 39% are below the proficient reading level.

The problems associated with illiteracy levels in schools contribute significantly to the rate of high school dropouts.

One in six high school students, or about 1.2 million teenagers, drop out of American high schools every year.

The children's reading foundation states that this problem starts from kindergarten. Students who are behind when they start kindergarten are those who constitute the

largest portion of school dropouts.

Back in October, President Joe Biden announced that the US is falling back on education. He said the rest of the world is starting to out educate us.

Early Education is earlier and more prevalent in European countries. A significant number, we ranked number 34 out of 37 industrial nations in the world in terms of people getting a degree beyond high school.

African American communities have endlessly been subjected to systemic inequities, and are disproportionately affected by illiteracy, poverty and lack of good quality schools, which all contribute to the gap between the overall reading skills of African American and white communities.

Private schools are usually not available in the minority communities and if they are, high tuition fees will prevent African American children from enrolling.

"Racism, historically, and continues to be very prominent, intense, in the United States. That's the short answer. Now the question is kind of how does that play out?"

How does that reveal itself on a day to day or year to year basis? ... certainly, inferior education is a primary method for delivering inferior skills. Lower income people and people of color tend to have inferior schools.

Schools in the United States are largely funded at the local level. So if a person lives in a low income area, as do many minority people of color, minority people; there is less money that goes into the school and as a result, the schools are of lower quality."

John Gehan, Journalism and Public Administration

The inequities in school and community funding is a long standing state of affairs in the United States. These discriminations are at times aided by how the boundaries are drawn and school districts defined, often causing

segregation.

According to a 2019 report by FPL, non white school districts receive \$23 billion less than that of predominantly white districts despite serving the same number of students.

The literacy crisis, or any other crisis for that matter in the United States, has not stopped the government or the US House of Representatives Armed Services Committee from increasing spending on the American war machine.

The committee backed a \$37 billion increase to Joe Biden's already record \$773 billion budget proposal for the Pentagon.

This is while the Senate Armed Services Committee has already backed a \$45 billion increase in this version of the bill.

The US Army has also dropped its mandate for recruits to have a high school diploma or GED certificate in order to enlist for military service. The new policies came amid the Army's recruiting crisis at a time when the reputation of the US military was already dire in terms of the killing of innocent people.

Now by attracting soldiers with lower educational skills the Army does not have to worry about the new soldiers reading or writing about their potential victims.

Illiteracy in the US has been a long standing crisis with little or no progress having been made for years. And at times, it's even seems to have regressed.

The continued and consistent lack of progress raises concerns that keeping some people illiterate might be intentional as a maintainer of the status quo.

And by keeping certain communities, like African American and other minorities, poverty stricken and illiterate, the government seems to be hoping to be able to control these masses more effectively.

This article was contributed by PressTV

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Health & Fitness

Letting Medicare Negotiate Drug Prices Won't Be Game-Changer

By Simon F Haeder

Texas A&M

Democrats hope their new health care, tax and climate law begins to rein in soaring prescription drug prices.

One of its most touted provisions allows Medicare, America's health insurance program for seniors, to negotiate some prescription drug prices for the first time, with some calling it "game-changing" and a significant victory over the pharmaceutical industry. Drug manufacturers had stubbornly opposed any governmental regulation of drug prices for decades and are likely to challenge the measure in court.

As a scholar who has published extensively on the politics of health policy, I'm skeptical that giving Medicare the ability to negotiate prices on a handful of drugs will be as transformative as the law's backers hope. While a good step, it is unlikely to make a significant difference in how much seniors pay overall for medicine.

Fortunately, there are several other provisions in the law that will do much more to meaningfully help seniors struggling with the high cost of prescription drugs.

Pharmaceutical innovation over the past few decades has been tremendous. The quick response to the COVID-19 pandemic in terms of vaccine development and treatments perfectly exemplifies the incredible benefits that drug developers have brought to the world.

Yet these developments have come at a high price, particularly in the United States, where each person spends more than \$1,100 a year on drugs – up from \$831 in 2013. Indeed, Americans are paying substantially more than residents of similar countries like Germany, the U.K. and Australia – who pay \$825, \$285 and \$434 per person each year, respectively.

People who need specific high-priced drugs are even more adversely affected.

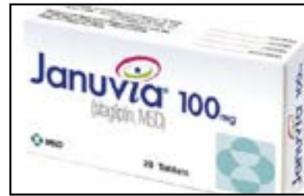
Dulera, an asthma drug, costs 50 times more in the U.S. than the international average. Januvia, for diabetes, and Combigan, a glaucoma drug, cost about 10 times more. Americans shell out, on average, \$98.70 for a vial of insulin, compared with the \$6.94 Australians pay.

These costs impose a big burden on Americans – 1 in 5 of whom skip medications because of the cost. Seniors are particularly affected by these problems.

The reasons for high prices are varied, including the overall complexity of the U.S. health care system and the lack of transparency in the drug supply chain. But as I noted in a 2019 article in *The Conversation*, the biggest reason Americans pay so much more than people do elsewhere is simple: Pharmaceutical companies face no limits setting prices.

The new law, known as the Inflation Reduction Act and signed into law on Aug. 16, 2022, seeks to change that.

The main mechanism to do it is by allowing Medicare to negoti-



ate prices for some of the most expensive drugs. The act gives Medicare the ability to negotiate with drugmakers for 10 drugs starting in 2026 and 20 by 2029.

The law specifies that the medications Medicare is supposed to select must account for most of its spending on drugs and be name brands with no generic equivalents. Research has found that a relatively small number of drugs are responsible for most

spending.

Importantly, pharmaceutical companies may face civil penalties and additional taxes on drug sales if they do not comply with the requirements to establish a "maximum fair price" as laid out in the law.

The provision is expected to save the U.S. government about \$102 billion by 2031 by allowing it to pay less on prescription drugs for Americans on Medi-

care – currently 63 million people. The annual savings amount to about 5% of what Medicare currently spends on drugs.

There's also a separate provision that requires pharmaceutical companies, under certain conditions, to provide Medicare with rebates if drug prices outpace inflation. That measure takes effect this year and is expected to yield \$71 billion in savings over a decade.

While the government savings are meaningful, I believe seniors themselves are likely to see only a minor drop in costs as a result of this provision, mainly through slightly reduced premiums and lower out-of-pocket costs.

The provisions that will make a much bigger difference for seniors lie elsewhere.

Importantly, the new law limits seniors' out-of-pocket expenses for prescription drugs to no more than \$2,000 annually. Previously, there were some restrictions but no limit. This will directly help 1.4 million seniors who exceeded the \$2,000 thresh-

old in 2020.

The law also limits how fast premiums for Medicare Part D, which provides premium-based prescription drug insurance, can rise over the next few years and implements a number of other adjustments.

It also extends the Medicare Part D low-income subsidy to 400,000 seniors who previously earned too much to qualify. This program helps people pay for premiums, deductible and copays and has been valued at \$5,100 a year.

The legislation also limits the cost of insulin to no more than \$35 per month for Medicare recipients only. This amounts to more than \$1 billion in annual savings for seniors. Almost 16 million American seniors have diabetes and are likely to need insulin at some point in their lives.

Lastly, it also eliminates out-of-pocket costs for seniors for vaccines – a move that would have saved money for 4.1 million people in 2020.

Surprising Reasons Behind The U.S. Obesity Epidemic

By Richard Johnson

University of Colorado

Scientific studies and media coverage are rife with warnings on how sugar, carbohydrates, saturated fat and lack of exercise contribute to obesity. And tens of millions of Americans are still overweight or obese in large part because of the classic Western diet and lifestyle.

As an educator, researcher and professor of medicine, I have spent more than 20 years investigating the causes of obesity, as well as related conditions such as diabetes, high blood pressure and chronic kidney disease.

Throughout my many years of studying obesity and related health conditions, I've observed that relatively little is said about two significant pieces of this very complex puzzle: lack of hydration and excessive salt intake. Both are known to contribute to obesity.

Lessons learned from a desert sand rat

Nature provides a clue to the role these factors play with the desert sand rat *Psammomys obesus*, a half-pound rodent with a high-pitched squeak that lives in the salty marshes and deserts of Northern Africa. It survives, barely, by eating the stems of *Salicornia* – the glasswort – a plant that looks a bit like asparagus.

Although low in nutrients, the glasswort's fleshy, succulent sap is filled with water that's rich in salt, at concentrations as high as what's found in seawater.

Recent studies have provided new insights into why the desert sand rat might crave the salty sap of glasswort. Although this has not yet been proven specifically in the sand rat, it is likely that a high-salt diet helps the sand rat convert the relatively low amount of carbohydrates it's ingesting into fructose, a type of sugar that occurs naturally in fruits, honey and some vegetables.

This helps the animal survive when food and fresh water are sparse. This is because fructose activates a "survival switch" that stimulates foraging, food intake and the storage of fat and carbohydrates that protect the animal from starvation.

However, when the rat is brought into captivity and given the common rodent diet of about 50% carbohydrates, it rapidly develops obesity and diabetes. But if given fresh vegetables low in starchy carbohydrates, the rodent remains lean.

My research, and the research of many other scientists over the decades, shows that many Americans unwittingly behave much like a captive desert sand rat, although few are in settings where food and water are limited. They are constantly activating the survival switch.

Fructose and our diets

As mentioned, fructose, a simple sugar, appears to have a key role in activating this survival switch that leads to fat production.

Small amounts of fructose, like that found in an individual fruit, are not the problem – rather it is excessive amounts of fructose that are problematic for human health. Most of us get our fructose from table sugar and high-fructose corn syrup. Intake of these two sugars totals approximately 15% of calories in the average American diet.

These sugars encourage people to eat more, which can lead to weight gain, fat accumulation and prediabetes.

Our bodies also make fructose on their own – and experimental studies suggest it may be enough to trigger the development of obesity.

Since fructose is made from glucose, production of fructose increases when blood glucose levels are high. This process happens when we eat a lot of rice, cereal, potatoes and white bread; those are carbs that rapidly release glucose into the blood rapidly.

And notably, fructose production can also be stimulated by dehydration, which drives fat production.

Fat provides water

Fat has two major functions. The first one, which is well known, is to store calories for a later time when food is unavailable.

The other major but lesser-known function of fat is to provide water.

To be clear, fat does not contain water. But when fat breaks down, it generates water in the body. The amount produced is substantial, and roughly equivalent to the amount of fat burned. It's so significant that some animals rely on fat to provide water during times when it's not available.

Whales are but one example. While they drink some seawater, they get most of their water from the foods they eat. And when they go for extended periods without food, they get their water primarily by metabolizing fat.

Hold the fries

The role of dehydration as a contributor to obesity should not be underestimated. It commonly occurs after eating salty foods. Both dehydration and salt consumption lead to the production of fructose and fat.

This is why salty french fries are especially fattening. The salt causes a dehydration-like state that encourages the conversion of the starch in the french fry to fructose.

What's more, studies show most people who are overweight or obese don't drink enough water. They are far more likely to be dehydrated than those who are lean. Their salt intake is also very high compared with lean people's.



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Ag-Grow-Culture

Food Ingredients Proves The Importance Of Diverse Local Ag

By Jason Lindsay

Staff Writer

In my family just two generations ago, the generation of my grandparents, the last agrarian generation, only went to the store for sugar and flour; and these two things were by no means essential. Everything else that was incorporated into their day-to-day diet was cultivated and produced throughout the community.

Neither of my grandparents were born in hospitals nor frequent doctors throughout their lives until their much elder years. And the one thing I remember them exercising the most in the doctors office was the word "no."

Both of them lived to see there 90's and understood through practice the importance of community growing together. It was the way of life for them and many people throughout rural communities, in particular southern Black country folk.

My grandparents didn't have to do it all. Granddaddy stop raising hogs in the early 1990's strictly due to legislation. Throughout the county, but mostly within a 0-5 mile radius was the collard lady, the neighbors with eggs, chicken and beef, and my grandparents kept a garden. And the list goes on and on. Together we had everything we needed. In my family they were the last agrarian generation before my return to the land.

When this was our reality, fruit trees and bushes grew throughout the community, small gardens were in almost every backyard, and small diverse farms bordered our community. Diabetes was known as the "rich white man's disease." There was little to no demand for dialysis. Cancer was a scarcity and medicine was predominantly a homemade remedy commonly proscribed by the local "root-doctors," and every community had one if not two.

Today in the large absence of agrarian rooted communities, we are sicker than ever under the care of pharmaceuticals and growing sicker. With our grand-

parents, food was medicine. It was grown in fortitude, prepared in love, and served in gratitude. And we all know that mass production can never cater the bodies and wellbeing of our communities like that of those who truly benefit from our own well-being.

So, the problem lies with the fact that we have made our necessity (food) someone else's responsibility. The results of this have proven to be detrimental. Many of the ingredients used in our food in this country are banned throughout the U.K. (United Kingdom), other parts of Europe and Australia.

The ingredients used in our meats, snack foods (particularly one marketed for children), and beverages are laced with contents that are known carcinogens (a substance capable of causing cancer in living tissue). The thing that bothers me the most is these ingredients are not vital to the product and have been substituted for stable, natural ingredients throughout the world.

Take the dye that is used in our foods and drinks. Those dyes have been deemed illegal in the U.K. and other countries because of their adverse effects, primarily to children, yet prevalent amongst adults as well. One of them is the dye: Yellow 5 (tartrazine) and Yellow 6 (sunset yellow FCF) that contain carcinogens like benzidine (dye that is used in paint, textiles, printing inks, paper, and pharmaceuticals) has been connected through studies to both bladder and pancreatic cancer. These yellows damage the white blood cells in every concentration tested. They lead to the loss of sperm count and the shrinking of masculine body parts. Yellow dye numbers 5 and 6 stay in the body for 1-2 days, but how many people do you know that drink Mountain Dew every day and the yellow dyes is what gives the yellowish hue to the Dew.

Another is Red 40 (allura red). Linked to mental disorders like ADHD (attention deficit hyperactive disorder) in children, Red 40 is a chemical compound that comes from coal tar (a by product of coke and coal gas from coal) which increases changes

Nutrition Facts	
Serving Size 1 Bottle (591 mL)	
Amount Per Serving	
Calories 140	
	% Daily Value*
Total Fat 0g	0%
Sodium 270mg	11%
Potassium 75mg	2%
Total Carbohydrate 36g	12%
Sugars 34g	
Protein 0g	
*Percent Daily Values are based on a 2,000 calorie diet.	
WATER, SUGAR, DEXTROSE, CITRIC ACID, SALT, SODIUM CITRATE, MONOPOTASSIUM PHOSPHATE, GUM ARABIC, GLYCEROL ESTER OF ROSIN, NATURAL FLAVOR, YELLOW 5	
Last updated on August 31, 2017.	

of getting skin cancer, lung cancer, bladder, kidney cancer and digestive tract cancer. It was connected to upset stomachs, migraines, the jitters, nervousness, and an inability to concentrate. Red 40 is also artificial and serves no other position in foods but color.

Next lets look at Blue 1 (brilliant blue FCF). Blue 1, also synthetic, is used even in sports drinks like Gatorade and is known to development hypersensitivity reactions within frequent consumers and may cause allergic reactions to venerable individuals. But the most dangerous thing about Blue 1 is that it crosses the blood brain barrier (BBB).

Crossing the blood brain barrier allows toxins such as bacteria to contaminate brain tissues. This leads to inflammation in and around the brain and can result in death. Blue 1 also have been linked to behavioral changes like depression, hives, asthma, ulcers and even tumor growth especially in the kidney.

These dyes live as active ingredients that fill the shelves of American grocery stores throughout the United States. Studies have proven that children susceptible to the cons of



artificial dyes result in behavioral disorders that are prevalent amongst our youth. All of these dyes are petroleum based (a liquid mixture of hydrocarbons extracted and refined to produce fuel including gasoline, kerosene, diesel and motor oil). So, to bring it all together; the components that are used in motor vehicles and machinery of all types are use in foods that are served in America throughout gas stations and convenient stores of all types, every day. Unfortunately, the horror does not stop there.

Lets take a look at BHT (butylated hydroxytoluene) and BHA (butylated hydroxyanisole). Both are preservatives used in foods, moisturizers, and cosmetics. They are nothing less than man made chemical carcinogens. Food like baked goods, chewing gum, beer, potato chips, cereals, meats and even butter also host them as incorporated ingredients (not every band contains BHT and BHA check labeling). BHT and BHA has been proven toxic to the liver, kidney, and lungs at extreme doses. But think about it: how many people do you know that consume at least one of the listed items every single day.

The last stop will be with an ingredient that has been protested

against the most: high fructose corn syrup. This ingredient has found itself in a lot of American's food and has been directly linked to diabetes. High fructose corn syrup comes from GMO (genetically modified organism) corn which is also a known carcinogen. It adds unnatural amounts of fructose into the body and increases chances of fatty liver disease, obesity and weight gain, and many other server diseases like high blood pressure. The biggest kickers to me is high fructose corn syrup has NO essential nutrients.

With all this being listed about the inappropriate and even unnecessary ingredients with our foods, there is much more that is being incorporated into our diets that are not listed. And this all stems from the fact that we made our responsibility (food) someone else's responsibility.

Ingredients like MSG, which is used to trick the brain into wanting more and more, and kills brain cells, and weakens brain function in the process.

Or BVO (brominated vegetable oil) that leads to memory loss. We did get a chance to talk about Olestra which has molecules too long for the stomach to process or potassium bromate which

results in significant increase in kidney, thyroid and other organ cancers. And the list is longer. I think it is safe to say that someone wants us sick.

The farm once served us our pharmaceuticals and when it did, we had our health. We are responsible for food and small local diverse farms are the only operations that can accommodate that to the core. Both backyard and community gardens are the only operations that can accommodate this scenario.

We must make our food our responsibility, again. Relationship building must be at the core of our community in order to organize patterns of good health and longevity instead of displays of ignorant food choices and inherent illnesses.

The only way we can dispose of the diseases that plague us is to eliminate them from our diet and replace them with fresh fruits and vegetables, because even canned goods contain these ingredients. Our deliverance dangles from the vine, baring within them the seeds of tomorrow. And when planted, tomorrow is made better than today. So let us Sankofa our tomorrows by applying our agrarian lifestyle, today.

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Community

Ques & Deltas Partner For Back-To-School

On Sunday, August 21, the Iota Iota Chapter of Omega Psi Phi Fraternity, Inc. Omega CHAMPS mentoring program, the Raleigh Alumnae Chapter of Delta Sigma Theta, Inc., and the Omegas of Raleigh joined forces for the second year in a row to sponsor the Annual Back to School Giveaway.

Last year these organizations decided to collaborate to make sure children are prepared for the first day of school.

Marvin Lee Whitaker Jr. Basileus of the Iota Iota Chapter of Omega Psi Phi, Inc., stated:

"We look forward to this time of the year. All organizations involved are eager to ensure that we do what's right and what's best for the children and the community when the time arises.

"We look forward to these continued partnerships as our events increase in size each year. As men of The Omega Psi Phi Fraternity, Inc. our Cardinal Principles are Manhood, Scholarship, Perseverance, Uplift and these are the principles that we live by."

Lillian M. Davis, President for the Raleigh Alumnae Chapter stated, "The Back to School

Giveaway was successful due to each of our organizations focusing on the needs of the children in Wake County and ensuring they have the tools to be academically successful.

"Delta Sigma Theta's focus on Educational Development is embedded in the 5-Point Programmatic Thrust and encourages educational enrichment programs for all ages. We hope to continue this collaboration in the future and expand the donation efforts to demonstrate our dedication to the children and parents in Wake

County." Omega CHAMPS Executive Director Wayne Perry described how the program's proteges, ages 9-14 years old, are involved in the community event.

"Giving back to the community is one of the principles of the Omega CHAMPS program. They were on site to assist in distributing the supplies for the drive thru only event."

This event was held at the Omega Multipurpose Center located on 1004 Vandora Springs Road, Garner. Victor Bruinton, Chairman of the Omegas of

Raleigh said, "We are pleased to partner with the Deltas and Omega CHAMPS for this important community event by hosting the giveaway at our facility."

Backpacks and supplies were distributed one per child. The endeavor resulted in 235 book bags given away over the course of four hours.

This was a drive-through event. Parents and children remained in their cars at all times.

Article submitted by Bro. David Carter, MSBA—Iota Iota Chapter Reporter.



Mathias Bishop Photo

Addressing Durham's Growing Housing Crisis

By Tyria McCray

Staff Writer

More than 6,000 Durham households currently live under the area median income level, which is about \$26,000 a year. At that rate, a minimum wage worker would have to work 23 hours a day to afford a basic, two-bedroom apartment.

The Area Median Income (AMI) is what housing developments use to determine who gets access to subsidized housing. In Durham, the AMI is \$62,812 a year as of 2020.

To hopefully implement a solution, dozens of Durham residents gathered Saturday to bring awareness to the lack of affordable housing and seek a creative solution.

Organizer Heeya Sen told news outlets Saturday morning that the goal is to protect those even further below the AMI.

"A lot of the affordable housing people even get priced out," Sen said. "People who are making fixed income or minimum wage workers are not able to get into affordable housing units let alone purchase a home or find a house at market rate."

As the cost of housing in Durham continues to rise, it's making it more difficult for people to purchase homes and find affordable places to live in the city.

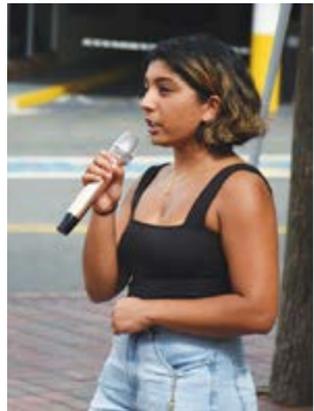
Since the \$95 million affordable housing bond passed in 2019, the city's community development department gave an update on the progress the city has made on providing more affordable housing.

As more expensive housing continues to go up, council members acknowledged the need to look for more innovative ways to create a balance of both affordable homes and the more expensive homes that the market is demanding; which led community leaders Saturday to ask that 30 out of every 100 units be occupied by someone making around \$19,000 a year or less.

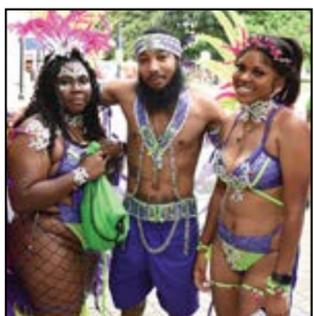
"Part of this rally is also asking for a change in how decisions are being made about housing in general," said Sen.

"We wanted to be more like this event where people are speaking from their lived experience of housing and security and we want people in power to be listening to those voices more than anything."

Sen said she will continue campaigning through the years.



The 2022 CaribMask Caribbean Carnival



CaribMask Caribbean Carnival is a yearly celebration of Caribbean culture and cuisine that begins with vibrant carnival masqueraders marching through Fayetteville Street in downtown Raleigh, into the CaribMask Festival Village which houses Caribbean food vendors as well as arts and crafts markets, live performers from the Caribbean and the CaribMask Kid's Corner. This annual event is put on by the RDACA (Raleigh-Durham AfroCaribbean Association).

Photos by Mathias Bishop and Delmas Cooper.



HONORING THE FALLEN—Wake County deputy killed in the line of duty drew hundreds of law enforcement officers to the Raleigh area to pay their respects in deputy Byrds canine led the funeral procession (Delmas Cooper Photo)

A Small Nonprofit Doing Big Things

By Tyria McCray

Staff Writer

It would be presumptuous to say that everyone is doing well right now, in terms of financial stability, healthcare, and overall well-being.

That being said, in light of these challenging times, a local, black-owned nonprofit, Chrissy's Place of Refuge, is doing its due diligence to make a difference.

As a 501(c)3 agency, Chrissy's Place specializes in the needs of North Carolina families, by helping low-income families transition off of government assistance and helping middle- to low-income families experience financial relief by decreasing the number of individuals on government assistance.

CEO and founder Cassetta Scott launched Chrissy's Place in November 2021. She has 14 years of experience working with families and is eager to help more.

"Life experience is what compelled me to begin this venture. Prior to the completion of my degree, I struggled with the same turmoil that many low-income families experience today," she said. "I was a single mother who needed housing, childcare, medi-

cal assistance, and a sustainable income.

"I also desired the opportunity to change my situation; however, assistance and support were limited."

By having that personal experience, she realized that the need was for low-income families. Scott wanted to not only provide opportunities for families who desire to elevate and end generational curses for their families, guide families, as well as link them with the resources that they need to make sure that they can obtain trades and degrees.

The nonprofit also has plans to shift the paradigm (pattern) by implementing the proper resources and support for low-income and middle-class families.

Once those plans are underway, Chrissy's Place hopes to either educate other states on ways to provide this support to their state, as well as work collaboratively to expand the network of Chrissy's Place of Refuge to their states.

With more families needing assistance, the process for getting assistance is not as strenuous as some may think.

"Families will have the opportunity to complete our online or

PDF form with basic demographic information, and family size, as well as an opportunity to explain their current situation and what they are seeking to gain from our organization," she said.

"Our organization will then work to place individuals on our tracking form based upon family size for housing."

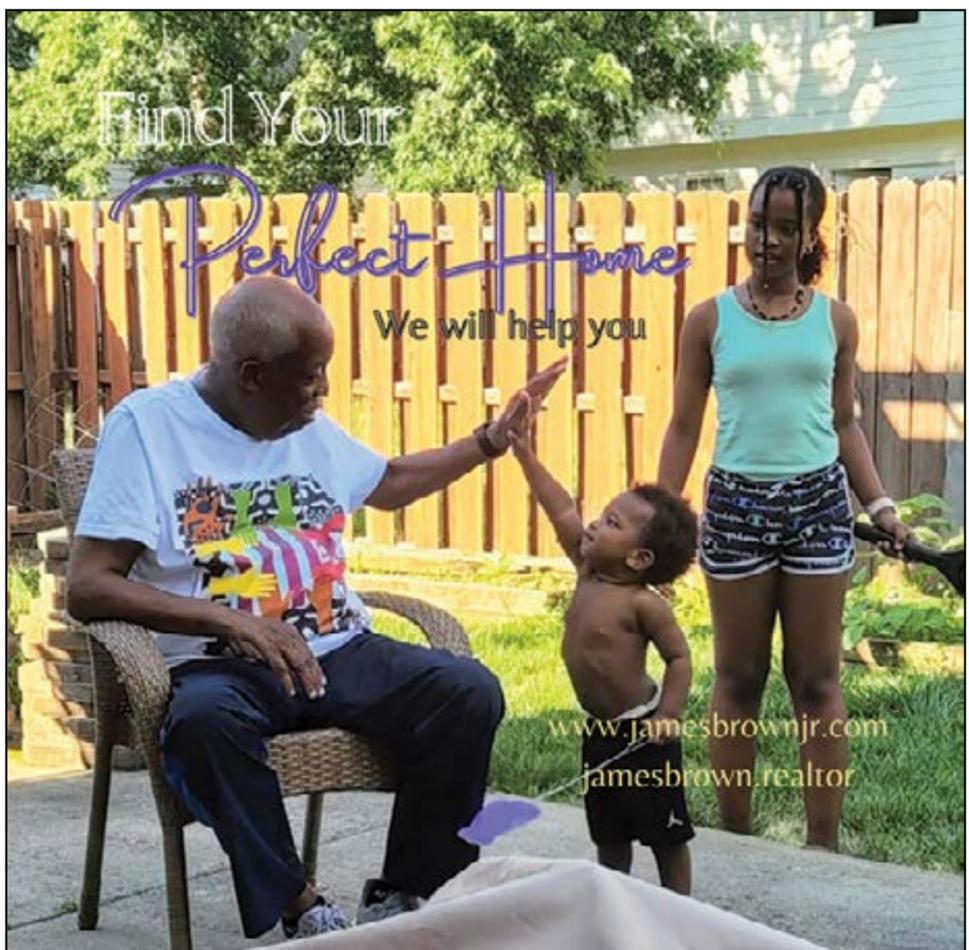
Being that the program is intended to help low-income families, Chrissy's Place does request for applicants to identify their source of government assistance to ensure that they are identifying the correct population.

As long as the individual or family is in government assistance, they are qualified.

Scott shared that she does have plans on moving forward and referenced her favorite quote, "I'm not looking to conform, I am looking to reform."

As a leader, counselor, and mother of three, she prides herself on humanity and the ability to do good for others when they are unable to do for themselves.

Currently, Chrissy's Place is working to bridge gaps for the community. Scott plans to ensure that seeds for opportunity are planted, and a harvest of change for families are imminent.



Sports

Sanders And Simmons Explain What It Will Take For HBCU Football To Thrive

By Kendrick Marshall

HBCUSports

Where HBCU athletic programs should be amid the frenetic arms race for recruits and revenue in an expanding college sports ecosystem has been well-documented.

Florida A&M coach Willie Simmons and Jackson State coach Deion Sanders explained on Monday, August 15th how HBCUs should be thinking about their place when asked whether SWAC schools would attempt to demand and leverage TV deals to improve programs in the same fashion as FBS schools.

"Do we even think like that?" Sanders asked in response to the question posed by music mogul Luther Campbell as part of a Twitter Spaces conversation. "Coach Simmons knows that, he thinks like that. I think like that. Eddie (George) thinks like that. Hue (Jackson) thinks like that."

Everyone that's been outside the realm of college football thinks like that. But everyone doesn't and that singlehandedly has been where the problem is. We all need to think like that and think outside the box."

Simmons, whose Rattlers will face Sanders' Tigers in the Orange Blossom Classic in Miami, Florida on Sept. 4, added HBCUs must first "decide what and who we want to be" now and in the future while balancing longheld traditions versus the current aspirational realities that collegiate programs have.

"I think a lot of times — again this isn't to ruffle any feathers — but I think that word tradition sometimes handicaps us because we feel like the tradition of Jake Gaither, Eddie Robinson (and) W.C. Gordon ... that (we are) somehow throwing that away if we aspire to become a Power 5 program or we aspire to become an FBS program," said Simmons. "But the reality of it is if we



want to provide the best opportunities for our young men and women, then what's best for us (is) to go out and secure significant TV revenue because that's what the money is, right?"

Simmons went on to explain that Division I schools and conferences are able to secure multimillion-dollar media rights deals that outweighed whatever revenue stream that could not be made up by alumni giving alone

— something that has often been the lifeblood of HBCUs.

While Simmons said he appreciates alumni and community investment in HBCUs, until schools are afforded a "multi-million, billion-dollar TV deal" where each member institution can benefit, economic disparities will continue to exist.

The third-year FAMU coach said that schools — big and small — all across the country

have taken the initiative to exit conferences, sacrifice in-state rivalries and leave familiar terrain to put their programs in a better position athletically and financially.

Florida A&M most recently joined the SWAC along with Bethune-Cookman after more than 30 years in the MEAC.

"Tennessee State left, you know, to go join a predominately white institution conference. (North Carolina) A&T did it. Then Hampton did it. They were viewed as sellouts and (that) they're getting away from their HBCU roots or from the tradition of HBCUs," said Simmons, who also used schools from Power 5 conferences leaving to join another for several million in yearly payouts.

And there are other schools across the country that have done the same thing. The purists say, 'Oh well, you know we got some rivalries that aren't even taking place anymore.' Well, guess what? Those programs are still able to thrive. And they're winning because they're in a position now where they can generate more revenue."

6 HBCU Teams To Compete In Sifford Cup

CHARLOTTE— The Presidents Cup announced June 1st the six teams set to compete in the inaugural Charlie Sifford Centennial Cup, slated for August 29, 2022, at Quail Hollow Club in Charlotte. Johnson C. Smith University will serve as the host school for the event, which will showcase top Historically Black Colleges and Universities (HBCU) men's golf programs in a Presidents Cup competition during the event's media day.

The 2022 Presidents Cup will be contested on September 20-25 at Quail Hollow Club.

Howard University, Florida

A&M University, Alabama State University and Texas Southern University are the four Division I HBCU teams to qualify, while Livingstone College in nearby Salisbury, North Carolina, qualified as the top Division II HBCU program during the 2021-22 season. The qualifying schools were solidified via the Golfstat Ranking on May 5, 2022.

"Charlie Sifford's legacy as the first African-American player on the PGA TOUR continues to impact future generations of golfers, allowing for kids from all backgrounds to experience this great sport," said 2022 Presidents Cup Chair John Harris.

"On behalf of the Presidents Cup and Quail Hollow Club, we are thrilled to welcome these top HBCU players to our community for a first-of-its-kind showcase event and the opportunity to compete on a world-class venue just weeks before the top U.S. and International players arrive in Charlotte."

All participating teams will receive complimentary travel and accommodations for the event, with arrivals slated for Saturday, August 27. Teams will spend Sunday, August 28, at Quail Hollow Club, with a partner brunch hosted by Charles Sifford, Jr..

NCCU QB Richard On BCFHOF Watch List

ATLANTA - North Carolina Central University junior quarterback Davius Richard has been named to the Black College Football Hall of Fame (BCFHOF) 2022 Watch List for the Black College Football Player of the Year Award. The award is presented annually to the most outstanding football player from

a Historically Black College & University.

A native of Belle Glade, Florida, Richard is a Preseason All-MEAC First Team honoree who claimed All-MEAC Second Team recognition in 2021. He ranked second in the MEAC with 2,496 yards of total offense, an average of 226.9 total yards per

contest, and threw for 2,133 yards to become just the second quarterback in NCCU history to register more than 2,000 passing yards in consecutive seasons. He completed 58.0% of his passes (177-for-305) and accounted for 23 total touchdowns (15 passing, 8 rushing).

After his first two seasons (2019, 2021) at NCCU, Richard ranks eighth on NCCU's all-time career passing list with 4,153 passing yards, and seventh in career total offense with 4,761 total yards.

"Davius is one of the hardest workers on the team," said NCCU football head coach Trei Oliver. "He's a field general. He doesn't say a whole lot, but when he talks, he gets everybody's attention. He's really done a good job of developing his body and overall strength. He's very smart and understands exactly what the coach is trying to accomplish each play call. He does a really good job reading the defense and taking what the defense gives him."

Four finalists will be unveiled after the season. The winner of

the Black College Football Player of the Year Award will be announced during halftime of the 2023 HBCU Legacy Bowl and will be honored with the Deacon Jones Trophy. The HBCU Legacy Bowl is scheduled for Saturday, Feb. 25, 2023, in New Orleans, Louisiana. The game will be broadcast live on NFL Network.

"Black College Football has outstanding talent, as evidenced by the Inaugural HBCU Legacy Bowl," said Super Bowl XXII MVP and BCFHOF co-founder Doug Williams.

"The Deacon Jones Trophy is the most prestigious football award for HBCUs," said BCFHOF co-founder and 2012 inductee James Harris. "Deacon Jones was a pioneer and an icon, and still to this day represents the very best of Black College Football."

The Watch List candidates have been selected based on past performance and future potential. Additions to the list may be made as the 2022 season progresses. The finalists and the winner will be chosen by a Selection Committee.



Raleigh native and NBA's Atlanta Hawks head coach Nate McMillan hands off an Atlanta Hawks bag full of school supplies to a car waiting in line at Lions Park. In Raleigh's Lions Park on August 20th, parents and students lined up to receive free backpacks and school supplies at Atlanta Hawks Coach Nate McMillan's annual Stuff the Bag Back to School Festival.

Volunteers from the Kemetic Cultural Science & System of Unity, gather notebooks as part of school supplies to be given away at Lions Park. Steve Worthy Photos



Ben Shelton Leaves Florida To Turn Pro



GAINESVILLE, Fla. (AP) — NCAA tennis champion Ben Shelton is leaving the University of Florida to turn pro.

The 19-year-old Shelton, who was born in Atlanta, announced his decision Tuesday on Twitter.

He received a wild-card invitation for the U.S. Open, which begins in New York on Monday.

Shelton won the 2022 college singles championship as a sophomore for Florida. His father, former professional tennis player Bryan, coaches the Gators.

Shelton is ranked 171st this week. He is a left-hander who is listed at 6-foot-4 and 195 pounds on the ATP website.

Shelton made his ATP debut at Atlanta last month and won his first match there, before losing to 2018 Wimbledon semifinalist John Isner in a third-set tiebreaker.

Last week at Cincinnati, Shelton beat No. 5 Casper Ruud, this year's French Open runner-up, by a 6-3, 6-3 score, making Shelton the youngest U.S. man to defeat an opponent ranked in the top five since Andy Roddick in 2001.

Roddick was the last American man to win a Grand Slam title, doing so at the 2003 U.S. Open.



Bieniemy Still Awaits Head Coaching Job

Eric Bieniemy is still waiting to land a head coaching job after interviewing with 14 teams over the past four years.

He's not pouting but he's not giving up, either.

Bieniemy has assembled an impressive resume as the offensive coordinator for the Kansas City Chiefs under Andy Reid. The Chiefs scored the third-most points (565) in NFL history in his first year at the helm in 2018. Patrick Mahomes was NFL MVP that season. They won the Super Bowl the following year.

Yet, Bieniemy has been passed over for coaches who've accomplished far less. Still, he has a bright outlook.

"I'm very proud that I've had the opportunities that I've been given," Bieniemy told The Associated Press. "You want to come away with the job, but you still got to feel proud and stand tall that you were given that opportunity. But also realizing that it's not just about the opportunity, it's how you learn from that particular situation that you've been given. I've made it a point to just digest all the information, go back through all my notes. I always want to reevaluate myself first. Yes, it hasn't happened, but



that's not going to be a downfall to me not pursuing my dreams or my goals.

"When it's all said and done, Eric Bieniemy is going to continue to be Eric Bieniemy. I'm going to be the best offensive coordinator that I can possibly be. I'm going to be the best husband I can be, the best father. And I will continue expanding my horizons and making sure that when the next hiring process comes around, I will give myself a better opportunity to go and pursue

the job that wants to pursue me."

After six interviews following the 2020 season, Bieniemy met with the Saints and Broncos earlier this year. New Orleans went with in-house assistant coach Dennis Allen and Denver hired former Packers offensive coordinator Nathaniel Hackett.

In a copycat league where teams continually pluck top coordinators from successful teams, it's a mystery why Bieniemy keeps missing out. Nearly half the teams have interviewed him.

The New York Jets brought him in twice in 2019 and 2021.

Reid's extensive coaching tree includes Super Bowl champions John Harbaugh and Doug Pederson. There's also Sean McDermott, Ron Rivera, Leslie Frazier, Todd Bowles, Matt Nagy and more. Reid has called Bieniemy "an owner's dream" and a "tremendous leader." Mahomes and other players have heaped praise on him.

Bieniemy maintains a positive perspective.

"Sometimes the job is not right for us and it may not be the time, but that's OK," Bieniemy said. "Our job is to pursue a championship so my job is to make the very most of this. And then when that opportunity comes around again, I guarantee you I'm going to be better because of the experiences that I've had. And that's what I'm looking forward to so we can't sit around and wallow in pity."

While he strives to become a head coach, Bieniemy is helping other coaches advance their careers. He was among the featured speakers at the NFL Quarterback Coaching Summit in June. Bieniemy led a discussion on how to interview for an offensive coordinator position.



Kambosos/ Haney Rematch

MELBOURNE, Australia (AP) — Australian boxer George Kambosos will do most of his preparation for a world title rematch against Devin Haney in the Philippines, where he once worked out as Manny Pacquiao's sparring partner.

Kambosos and Haney are scheduled to get back into the ring in Melbourne on Oct. 16 at Rod Laver Arena. The 23-year-old American won their June fight in a unanimous decision and took Kambosos' three belts to become undisputed world champion.

Kambosos spent most of the three years between 2017 and 2019 in the Philippines working out with Pacquiao, who won 12 world titles in eight weight classes.

Haney goes into the October fight with a 28-0 record with 15 knockouts. Kambosos (20-1, with 10 KOs) enforced the rematch clause from the original contract.

Church

SERMON of the WEEK



Religion And Mental Health

By Emily Costello

The Conversation

(THE CONVERSATION) Religious leaders often try to support the people they serve during challenging times. This supportive role was especially important during the past few years as the nation dealt with a pandemic, social distancing and the loss of more than a million lives.

In a recent discussion sponsored by the Global Religion Journalism Initiative, academics and religious leaders discussed faith-based mental health counseling, including its benefits and limitations.

Natasha Mikles, an assistant professor at Texas State University, moderated the discussion.

Academic panelists included Thema Bryant, a trauma psychologist, ordained minister in the African Methodist Episcopal Church and professor at Pepperdine University and Rabbi Seth Winberg, senior chaplain at Brandeis Hillel at Brandeis University. Publisher and author David Morris also took part.

Below are some highlights from the discussion. Answers have been edited for brevity and clarity.

Natasha Mikles: Are there times when religion can actually be a source of stress rather than comfort for someone who's going through a difficult time?

Thema Bryant: Yes, religion can be used for healing and empowerment, and it also can be used to oppress, marginalize and shame. In psychology, there's something called positive religious coping and negative religious coping. Positive religious coping is believing that God is loving and ultimately wants to help, and that's associated with positive mental health outcomes. Fundamentally believing that God is harsh and trying to penalize me is associated with more negative religious outcomes, and more negative mental health outcomes.

Seth Winberg: Yes, depending on the person and the circum-

stances, the faith, traditions and the community that one is living in, faith can certainly be a burden, or a strain, or a source of trauma. But for many people, faith provides a community, a social network, a sense of shared values, a rhythm to life and a common culture that I think is very powerful.

David Morris: Yes, too often people are given simplistic platitudes about how their loved one is in heaven. But as grief continues, they might be shamed a little bit and be told that they should move on. But grieving takes time. There are plenty of examples in religious literature of people in tremendous grief and tremendous sorrow.

Natasha Mikles: What tools can religious professionals use to help people have a more balanced understanding of how their religious tradition thinks about mental health?

Seth Winberg: In a page of the Talmud, there's an open dialogue that rabbis across generations and people of faith across generations are having with each other. And I sometimes encourage students to feel free to try to talk to me or with anyone in that kind of open way—to take the risk of asking questions that we might think we can't ask and still be a person of faith. I think, because of our modern, maybe American, perception of clergy, people don't expect contemporary faith leaders or rabbis to be open to that kind of discussion. But that's where Rabbinic Judaism started.

Thema Bryant: Yes, I think there's a wonderful role for ministers and other faith leaders to play in promoting and creating space for mental health. And one of the pieces is transparency. I have seen ministers from pulpits talk about mental health challenges, talk about their grief, or talk about themselves going to therapy. That can really open the door, letting our humanity show.

Natasha Mikles: In the past two years of the pandemic, have you seen a change in the types of things that young people are

struggling with?

Seth Winberg: What I've observed personally is a kind of suspended animation of young adults' social, emotional and spiritual development. I think they've really suffered from a lack of in-person interactions in a variety of aspects of their lives, but particularly their social spiritual development. It really does something to be physically distanced from people in such extreme ways.

It's not so obvious what the right faith-based responses are. One of them is just being present with people and being with them as they try to figure it out—not trying to give them answers and biblical verses, but to just let them express that really uncertain feeling. And having them feel that there's a slightly older adult in their lives that just nods and lets them express those doubts and those questions, I think, can be helpful.

Thema Bryant: I would definitely agree that a major challenge for young adults has been loneliness and disconnection. Another big piece is around injustice. Some sanctuaries have fought for these issues, but other sanctuaries have not only been silent but have actually promoted really oppressive [ideas]. And I like to say it's healthy to be outraged about outrageous things. And there are some outrageous things that have been done and said, even in the name of faith and religion. Young people have a need not only for community and companionship, but [support in] addressing social injustices.

Watch the full webinar to hear the panelists discuss the impact of COVID-19 on in person religious traditions, clergy burnout and share more actionable advice for incorporating mental health discussions in faith.

The Conversation is an independent and nonprofit source of news, analysis and commentary from academic experts. The Conversation is wholly responsible for the content.

Practical Biblical Principles

WHAT FOUNDATION ARE YOU BUILDING ON?
Read: Luke 6:46

Jesus spent a lot of time defining the life of a Christian. He talked about loving your enemies, not judging others, Christians are known by the fruit they bear. He even raised the issue about how much do you really respect Him, even though we call Him Lord?

Jesus implied hypocrisy and unfaithfulness when He mentioned the fact that we call Him Lord and don't do the things He tells us to do. If He is truly our Lord, we will not hesitate to do the things He tells us to do without excuse or any push back. We respect and fear Him because of Who He is, holding the power and authority over the entire universe. What our mouth speaks generally agrees with what is in our hearts. We cannot fool Jesus as to what is really in our hearts.

In a sense, Jesus gives all of us a clear warning not to misjudge Him. Whoso ever takes Me seriously and hears Me, says Jesus, and apply My saying and teaching serious, is like unto a wise person. "I will show you whom he/she is like: He/she is like a man building a house, who dug deep and laid the foundation on the rock. And when the flood arose, the stream beat vehemently against that house, and could not shake it, for it was founded

on a rock.

But he who heard and did nothing is like a man who built a house on the earth without a foundation, against which the stream beat vehemently; and immediately it fell. And the ruin of that house was great.

There are those who think of Jesus as a person who is often spoken of, but not someone to take seriously. What our Lord is telling us is in plain language is do not play with Him for He is about His Father's business and is not about to waste His time fooling around with those who do not take Him as real and serious. To do so will be like building a house on loose sand. And when the rain and flood come (hard trials and tribulations) the house will not stand due to the lack of faith in the Lord. In short, Jesus is talking about a life that is and will be lost. Lost simply because someone did not take Him at His word nor believe in Him. On the other hand, if one trusts and believes in Him one's life will be preserved through hard trials and one's life will be sustained by faith in Christ in Whom they believe.

This text is a short, in-your-face saying by Christ, as recorded by Dr. Luke. Jesus is saying either you believe in Me or not believe in Me, but don't play with Me. This, Jesus implies when He asks the question, "Why call me

Lord, Lord and do not the things I say to you?" He is the God of the entire universe. Nothing is made without putting His hands to it, including our body and soul. I can condemn the spirit and destroy the body as well, says Jesus, But I came to save you and to present you faultless before My Father. I come to give you life and to give it to you more abundantly.

When we do not take Jesus seriously, this means that we do not value our very own soul, nor do we value eternal life with the Father, which He offers us.

Jesus does not beg anyone to follow Him. He only suggests that we take up our cross and follow Him. Living this life God gave us is a serious endeavor and we should take it as such. Love is serious. To be loved is serious. Jesus loves us. The Father loves us (John 3:16). The question is, "Do we love Jesus and the Father?"

The "Rock" mentioned in the proposed house building is Christ. Love Him don't leave Him. We are to build our spiritual house on the "rock" which is a clear symbol of faith. We are to have faith in Jesus, not "fake" in Jesus.

J. L. Caldwell, Pastor
New Jerusalem Baptist
Cathedral
Durham, NC
Website: www.mynjbc.org



PERSEVERING FROM OLD FOUNDATIONS TO NEW FRONTIERS

The following is a collaboration of sermons for Lincoln Park Holiness Church Founders' Day. Sermon Text Ephesians 3:20 NKJV "Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us."

By Elder Demetrius Hunter
Build on the Foundation. Paul spends most of this chapter in Ephesians encouraging the church to depend on the grace of God. He does this hoping the people will grab hold to the grace and stretch their faith to further the Gospel.

His goal was to inspire the Ephesian church to continue in the faith by explaining the same grace that led him to do great things is the same grace that they have access to.

We even see this in Ephesians 3:13 when he said, "I ask you, therefore, not to be discouraged because of my sufferings for you, which are your glory." He wanted them to see his present situation as evidence that they, even in the worst situations, could build on the foundation.

With this, we learn that whatever we go through, we can still build on the foundation. In sickness, we can still build. In tough times, we can still build. Even with no money in our pocket, we can still build; for we will be known for not what we go through but rather how we handle what we go through. We should remember how our patriarchs and matriarchs handled their trials as evidence of how we can overcome and build.

By Evangelist Anthony Evans
We have come together to celebrate Founders' Day and to thank our Lord and Savior for the Founders of this church. The Founders of Lincoln Park set a

high standard for how service and business should be conducted in this house.

As we talk about Persevering From Old Foundations to New Frontiers, we are reminded by the Apostle Paul that we have been accepted into the family of Gentiles by the work of the Spirit of Christ, building a foundation on the Apostles and Prophets with Christ being the Chief Cornerstone.

As everything is in its proper place and unforeseen events take place, we must persevere and move on to the next thing, or new frontier. God can bless far more than our wildest dreams.

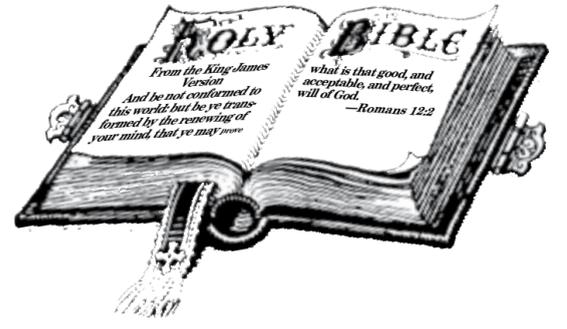
Those very dreams and blessings should be used to move the church into new frontiers, such as expanding ministries. These ministries include the food pantry, transportation ministry, youth and senior ministry, and others. We know that God can do anything except fail, so we must find a way to Persevere

From Old Foundations to New Frontiers, Amen.

By Eldress Belinda McKoy
It's Founders' Day. The one thing that "The Builder" Bishop Eli Ratcliff, Jr. would not let us forget is the founder Bishop Eli Ratcliff, Sr. He had a great love for his father and he never wanted us to forget the bridge that carried us across. In 1940, a vision for a church named Lincoln Park Holiness Church was visualized and built on a sure foundation; built on the perseverance of the old saint.

Perseverance is the quality of those who persevere—continue to do or try to achieve something despite difficulty or discouragement, doing something despite difficulty or delay in achieving success.

You can look around and see the progress we have made from 1940 until 2022. Not of our own strength or ability, but with the



strength of God.

I Chronicles 16:11 "Seek the LORD and his strength; seek his presence continually!" The Good News: If we must persevere in anything, it should be turning our attention to God. He is there for us through anything, and we can call upon him any time.

Romans 12:12 "Rejoice in hope, be patient in tribulation, be constant in prayer."

Now it's 2022 and we are living in a time that none of us have seen before. A New Frontier. We don't know what tomorrow holds, but we do know who holds tomorrow.

This is not "Star Trek the Next Generation," but Lincoln Park "The Next Generation."

Deuteronomy 31:6, "Be strong and bold; have no fear or dread of them, because it is the Lord your God who goes before you. He will be with you; he will not fail you or forsake you."

We are exploring New Frontiers. Like Paul says in Philipians 3:13, "Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead."

Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us.

I don't care what you say, what you think, how much you grumble and complain. I know somebody who is able to do exceedingly, abundantly above all we ask or think, according to the power that works in us.

You can't make me doubt Him. I know too much about Him. I tried Him and I know Him for myself. New Frontiers.

To view complete sermons by Pastor William Eli Ratcliff and other guest ministers, please visit our website at lincolnparkchurch.com or our YouTube Channel.

Ship Center Serves Community

By Tyria McCray

Staff Writer

Pastor Chris Jones of The Ship Church, recently launched the Ship Community Center on the 2600 block of South Saunders Street in Raleigh.

Just one week ago, Jones and his team opened the 11,000-square-foot building which will serve as one-stop shopping for Raleigh's most-marginalized people.

Inside the facility sit weights and workout equipment provided free for anyone who might find a gym membership out of reach.

Also included is The Galley, a discount grocery store in an area that can be a food desert for people with low incomes.

Residents will also be able to shop at Treasures, a women's clothing boutique with racks of new and gently used clothing at deep discounts.

"Gas prices are going up, transportation costs are going up, and housing is going up. And so, we want to help fill those gaps, so people are able to survive in our city," Jones said

"I think this is a lot better because a lot of people knew about what we were doing, but we were down in a neighborhood, and we targeted that neighborhood. Now,

we can go for a bigger target."

Pastor Jones hopes that this new community center will bring new blessings to the nearby Raleigh families who need it most.

The center says it feeds 3,000 Wake County families a month and just a few days ago, volunteers were packing 80 bags of free, fresh groceries for homes that need them.

"So many times, we don't get opportunities to have that upward mobility," Ship Outreach Executive Director Wanda Thomas said. "So, to be filling the gaps and give people a way to have a hand up to me is very important."

Jones added that future plans are underway for a community kitchen and on-site workforce training.

Obituaries

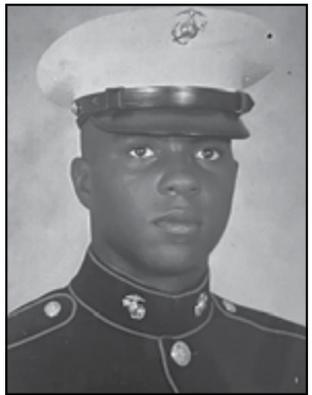
ROLAND TONEY, JR.
Sunrise on September 21, 1958—
Sunset on July 25, 2022

Roland Toney, Jr. who was a retired active soldier in the Marine Corps was the son of the late Roland Toney, Sr. and Effie Hinton Toney of Raleigh.

He was also the grandson of the late Deacon Ivon and Deaconess Lillian Hinton of Raleigh.

He leaves behind a sister, Rosa Mae Toney and brother, Ronald Toney of Raleigh; a wife, Jackie, and three children of San Diego, Calif. who will greatly miss him.

Roland was well-loved by everyone who knew him and will be greatly missed.



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Editorials

Editorial Policy

Unsigned editorials in this space are the opinion of the newspaper. All other opinion pieces, including those from regular columnists, are the opinion of the writers themselves. The Carolinian strives to provide provocative commentary that is likely to spur thoughtful debate, regardless of whether we agree with it.

Revolutions, Evolutions And Serena Williams

By Julianne Malveaux
TriceEdneyWire.com

Unquestionably, Venus and Serena Williams revolutionized women's tennis. With serves that approached the speed of light, fantastic agility, exceptional athleticism, and the grace of gazelles, they changed how women played tennis.

Furthermore, they were outspoken about issues like pay equity, advocating that women tennis players should earn as much as men. While they were graceful, they were not gracious, sometimes because of the hateful, racist barbs lobbed at them. Serena had a couple of famous meltdowns and shouting matches with referees. She paid the price for them, and, often, she won anyway.

And she's given us many magic tennis moments. Consider the iconic black catsuit she wore in 2018 as a new mom. Conventional tennis was aghast, and the French Tennis Federation went so far as to ban the look. Venus and Serena's presence in championship tennis was an irritant to those who once saw tennis as a narrow White occasion, and their appearance was harshly criticized when, as teens, they sported beaded braids. Some criticism was so ugly and vociferous that one wonders if the protest was on the Williams sisters' fashion or their simple presence.

While Serena has been well-sponsored, I don't think she's ever gotten her "due." I'll never forget the 2006 US Open "I Feel Pretty" campaign celebrating Maria Sharapova and her White blondness. The sizzling Serena is the antithesis of White blondness, and there has never been such a celebration of her Black beauty.

Despite slights large and small (and it was rather disgusting to see all these Sharapova look-alikes sprinkled throughout Manhattan and on television "feeling pretty"), Serena has been the personification of Dr. Maya Angelou's poem, "And Still I Rise."

"You can write me down in history with your bitter, twisted lies; you may trod me in the very dirt, but still, like dust, I rise."

Serena says she is "evolving away" from tennis and toward other things, including her venture capital firm. After winning 23 grand slams, the most in the Open era, she says she will likely hang her racket up after this month's US Open. Many say she is unlikely to win it—she's not won a tournament

since winning Wimbledon in 2016. More recently, she's given birth to daughter Alexis Olympia Ohanian in 2017 and has since been plagued with injuries. Still, she has continued to compete and speak out about Black maternal health after her harrowing birth experience. She continues to grace magazine covers and remains an advocate for women, civil rights, and human rights.

Serena will be 41 on September 26. Her evolution is timely. She and her husband want to expand their family. She has other fish to fry in the sizzling grease of life. And she continues to inspire young people, not only tennis players but many others who admire her persistence, resilience, and presence.

Indeed, Serena's evolution reminds us all about the seasons of life and the transitions we all experience as we age. Our movements are evolving, too. Even our methods of organizing are evolving.

The internet has changed the ways we communicate, organize, and interact. It has changed how we view politics, economics, and even race matters.

The combination of communications shifts and COVID has revolutionized the workplace, with only the most turgid bureaucracies insisting that things must be as they always were. Hybrid schedules and hybrid learning are more the rule than the exception, with employers learning that they can expect more productivity from workers who can enjoy flexibility.

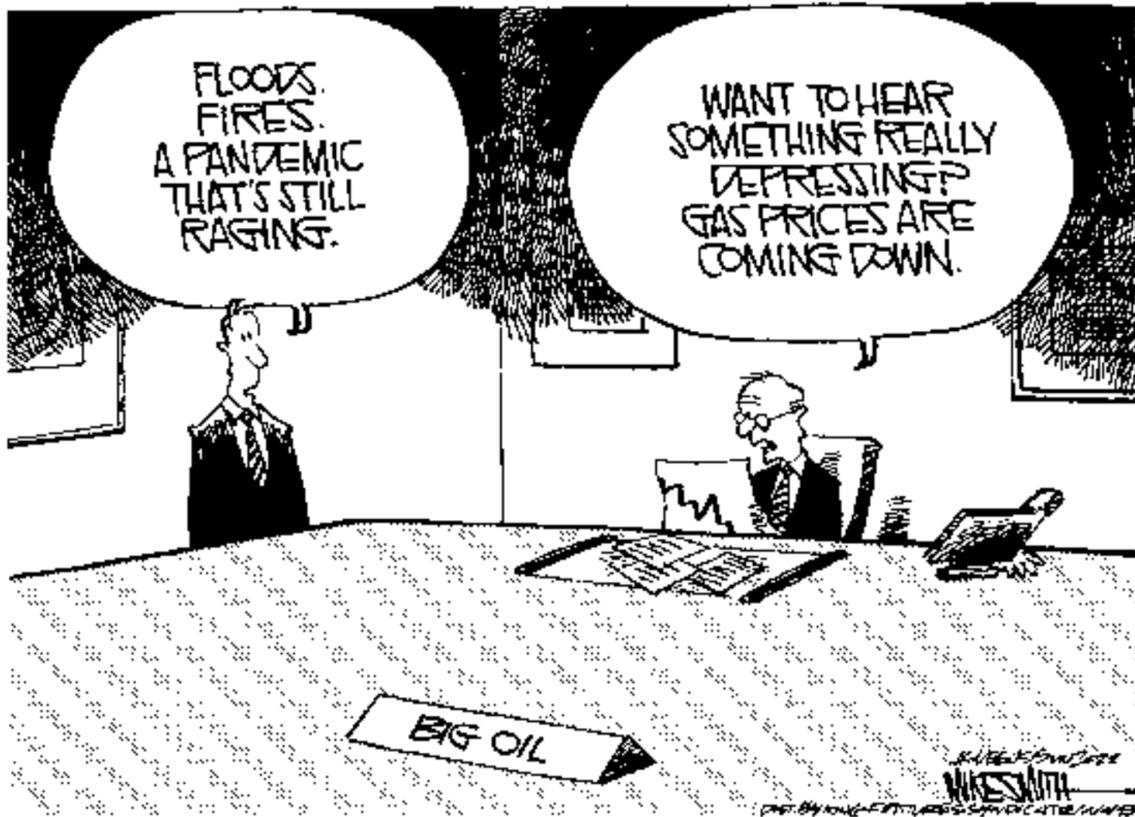
Additionally, our planet may benefit from the new workplace flexibility as our carbon footprint shrinks when we do less commuting.

Serena Williams and her sister, Venus, revolutionized tennis as we knew it 50 years ago when Martina Navratilova and Chrissie Everet dominated the sport. The Williams women opened the door for a generation of more diverse and hard-hitting players.

Now Serena is doing another kind of role-modeling. She is modeling balance, the art of aging gently and gracefully, and the magic inherent in second and third acts and new life chapters.

Serena has not always gotten her due, but she will always be an iconic champion, a tennis GOAT (greatest of all time). In her evolution, may she forever rise.

Dr. Julianne Malveaux is an economist, author and Dean of the College of Ethnic Studies at Cal State LA. julianmalveaux.com/.



A Different Voice

By Dorothy Shaw Thompson



CALLING ALL TEACHERS

Maybe I'm prejudiced, having been a teacher myself at one time, but this situation public schools have found themselves in seems to me to be chickens coming home to roost. We all have been teachers in some way and most certainly we all have been taught. Unfortunately, teachers have never been given their "just do" by our institutions and government because in capitalism value is judged by the salaries people are provided. Though some school systems pay more than others and there has long been an outcry to pay teachers more, this outcry seems to have reached its limit for many souls in the profession. It was reported that in last year alone 600,000 teachers called it quits and low pay was not the only reason. One man who quit said that he used to work a 50-hour week but was even then paid for a 40-hour week. He was emotional as his sadness broke forth as he said that during the pandemic and afterwards that 50-hour week became a consistent 70-hour week with no increase in pay for the extra hours. Another teacher needs three more years toward full retirement but she says she's giving it all up because of the stress she's experiencing that has seeped into her personal life and affected her own family. "I know the feeling." Interestingly enough, none of the teachers who were interviewed as to why they chose to get out of the classroom complained about the students; all of them talked about the administration.

To tease out what has happened to this experience of teachers, I think we might begin by looking at what has happened to the institution over the past 50-plus years. I believe that there is one persistent theme that is really evident even today. That theme is lack of trust. When I began my first teaching experience in 1968, I was trusted. It was my job to be in charge of my classroom. Nobody ordered me to do a lesson plan to turn in weekly and nobody came periodically to my classroom to oversee what I fought or how I taught it. I was granted a job based on my NTE exams and my character as attested to by the recommendations of my references. This was the case for all the teachers in that school and the year went smoothly. When I went back to teaching in the public schools after having been a home school coordinator and having taught three years at a local college, I was surprised at how things had changed. Lesson plans at the whim of someone who had never taught and "drop-ins" from administrators as well as end of the year evaluations. Contracts were given year by year and instead of teachers being seen as the experts in their field, there was an atmosphere of distrust and grumblings.

The percentage of African-American teachers continued to drop each year with the complaint being, "We just can't find Black and qualified teachers." What had changed? I found that one thing that had changed in this locale was the definition of "qualified." I can't speak for teachers of another race but too many applicants were told that they should seek a job in another county and try again further down the road. I wondered if they thought city schools were more prestigious than county schools and I asked at school board meetings and never got an answer.

Though I was working in the city schools and "somehow" was able to get a job, it was more who I knew and who knew me. One job I got I don't believe they even saw my NTE scores or my college transcript. When I left that job the person who got my position got it because we had a plan. He didn't apply until I resigned so that when he went for the interview and they told him that there were no jobs, he could say, "Mrs. Thompson just resigned." He got the job.

The other thing I noticed was that many students didn't think they could become teachers because they didn't see many teachers who looked like them in their school experience. That really is important. We tend to try for things that we think we

(See **A DIFFERENT VOICE**, P. 11)



Becoming Sarah

BE STILL AND BREATHE

Twenty-two thousand. That's the number of breaths the average person takes in a day, yet yesterday I felt like I didn't breathe at all. I recently started my first week of my senior year of college and with every task and syllabus checkoff my mind felt like it was moving a mile a minute. By the end of the day, I was exhausted but kept going, only to wake up the next day at 6 a.m. and do it all again. It was after this that I realized as humans we are constantly on the go. Always running to something. Always completing something. Never taking the time to be still and breathe.

I am of course guilty of this, but in the rare unintentional moments I am still, I find an overwhelming sense of peace and see things with a bit more beauty. A week ago, I was driving to work. It's about a fifteen-minute drive down country back roads with a total of two stoplights during the entire trip. As rain began to sprinkle from the sky instead of turning on my

windshield wipers right away, I let the rain fall and watched as droplets of water covered my windshield.

My freshman year roommate used to do this all the time and it would both scare and confuse me. For as long as I could remember when the rain started the wipers went on. It was a reflex. It felt natural. When I finally asked her why she did this, I remember her telling me the world looked different in the rain. Whether she was being facetious or not, it was on this day, on my way to work that I realized she was right. The world looked different in the rain.

For so many of us, the rain and the wipers are how we approach our life. We see something and immediately must fix it. Immediately must take action. We cover up and blotch until we are left with a squeaky-clean windshield. We dismiss the rain. The stress. All the heavy things that aren't our individual sunshine. We dismiss the challenges that make life-life.

As the stigma around mental health continues to decrease there is an almost unwavering filter that clouds a good portion of my generation. We grow up learning to wipe away before we process. To turn on the wipers before the first tear leaves our eyes. I didn't realize it, but this habit that I had observed in so many of my friends growing up, a habit I had seen in my very own brothers was something that I possessed myself.

Slowly, I am beginning to learn that the rain is there to show us that the world isn't all about the hustle. It's about living, about embracing the highs and lows of your journey and connecting with that part of yourself you sometimes find easier to wipe away.

So, whether your rain is not getting a promotion you had waited months for, or the stress of being in a new environment or maybe your rain is as simple as getting out of bed in the morning. The moment you take a minute to see the rain for what it is, sitting in the sun becomes that more special.

Child Watch

By Marian Wright Edelman



THE INFLATION REDUCTION ACT: CELEBRATING, BUT CONTINUING THE WORK

In a week full of headlines, President Biden was celebrating a series of key victories for his priorities in Congress and beyond. One of the biggest was the Senate's hard-fought passage of the Inflation Reduction Act, which is expected to head to President Biden's desk soon to be signed into law. The Children's Defense Fund (CDF) applauded the Senate for passing this bill, which will provide some needed relief for children and families across the country and represents an important step forward in the fight to protect our planet and people from uncurbed climate change and corporate greed. But the Senate also passed up opportunities to go even further.

CDF joined others pushing Congressional leaders to add a provision that would have closed the Medicaid coverage gap by increasing eligibility in the 12 states that have refused federal funds to expand health care coverage. Without it, more than two million people—primarily Black and Brown individuals and families who live in the South—are still being unjustly denied health coverage. Congressional leaders also failed to make critical investments in child care, nutrition, housing, and fighting child poverty in our rich nation through an expanded and permanent Child Tax Credit (CTC).

CDF co-chairs the Automatic Benefit for Children (ABC) Coalition, a group of national, state, and grassroots organizations seeking to create a child allowance, or a guaranteed minimum income for children, that provides regular, meaningful assistance to families, promotes racial equity and justice, enjoys broad public support, and serves as a foundation for a more equitable and inclusive social support system. An expanded, fully inclusive CTC is a critical step towards that goal. As the ABC Coalition notes, when the CTC was expanded through the American Rescue Plan Act of 2021, 35 million families with 65 million children—approximately 90 percent of all children in the United States—benefited from its immediate and consistent relief before the Senate allowed the program to expire in December 2021. Kali Daugherty, a member of the ABC Coalition's Parent Advisory Board, explained how the CTC helped her family and others she works with in social services: "[For other families,] it meant they could pay their utility bill, get a new pair of shoes for their children, and have enough food for their family. For my family it meant making it to the end of the month without having to [put] gas, groceries, or other needed items on a credit card. It meant I could avoid the constant circle of high interest payments to get our basic needs met." She added: "I implore Congress to address the financial burden children and families in our country are facing and to bring back the monthly CTC payments that helped to eliminate this."

By leaving the expanded CTC out of the Inflation Reduction Act, Congress shirked their responsibility to answer that plea and continue the CTC's demonstrated success. The ABC Coalition sums it up this way: "It is a missed opportunity to improve the health and well-being of families with children across the country. It is a missed opportunity to support families and keep millions of children out of poverty. It is a missed opportunity to help families meet the rising costs of raising children. It is a missed opportunity to help families offset the economic burden imposed by inflation. It is a missed opportunity to advance racial equity. It is a missed opportunity to invest in local communities... It is our duty as a nation to protect all children and families and give them the resources they deserve not only to survive, but to thrive. As policymak-

(See **CHILD WATCH**, P. 11)

Talk To Us

Stimulating a lively discussion of issues that concern the community is one of our main tasks at The Carolinian. We want to know what you think. This issue's topic:

What's your take on Serena and Venus Williams and their effect on tennis, and on athletics in general? Will they ever be forgiven for changing the way the White-dominated sport was played?

Other Viewpoints



REDISTRICTING IS VOTER SUPPRESSION TOO

By Ben Jealous

People for the American Way

When Charles Diggs, Jr., won election to Congress in Michigan's 13th District in 1954, he launched nearly seven decades in which the city of Detroit had at least one Black member of Congress. That's likely to change this year. Because of redistricting, Detroit no longer has majority-Black congressional districts. And in the first primary election with newly drawn district lines, a Black candidate did not win the Democratic contest in the heavily Democratic 13th. That means the city is likely to lack Black representation in Congress for the first time in decades.

Redistricting is robbing Black candidates and voters of hard-fought for opportunities they have had for years. In Detroit, new districts merged Black areas of the city with White neighborhoods across 8 Mile Road. The city stands to lose Black representation in Congress and have less representation in the state legislature. Knowing what the impact could be, voters have spoken out forcefully against the new redistricting maps from pulpits to street corners to the state capitol and even before the state courts.

Sadly, Michigan is not alone. *The New York Times* reported in August that this year, "judges in Alabama, Georgia, Louisiana and Ohio have found that Republican legislators illegally drew those states' congressional maps along racial or partisan lines, or that a trial very likely would conclude that they did." But elections are moving forward anyway.

We've all heard about the restrictive voter suppression laws that far-right state legislatures are passing. We've heard about the crack-downs on voting hours and mail-in voting, and even on giving food and water to voters in long lines. But we don't hear enough about redistricting as another weapon being used to intimidate voters and keep us from exercising our constitutional rights. It is erasing us from Congress and state legislatures. We need to call it out and challenge it where we see it.

Calling out and challenging means organizing, litigating, and legislating. It means supporting national and local organizations that unite communities against racist gerrymandering and seek justice in the courts. They might not win every case, but advocacy and activism are essential to righting this wrong.

We must also keep voting, running for office, and educating. My organization, People For the American Way, houses an African-American Religious Affairs network that has reaffirmed for more than a decade that "every election matters and every vote counts"—and that includes primaries. For Black ministers in our network, voting and civic participation are acts of faith and so much more. As Reverend Dr. Steve Bland, Jr., pastor of Liberty Temple Baptist Church in Detroit said, "It's not about left or right. Splitting Detroit into two districts was an insult. But we have faith and must deal with our self-interest by voting in every election!"

I know that a lot of media coverage of this summer's primaries has focused on one big question: will Trump-style, MAGA candidates win or lose? But there's another question that needs to be asked: how harmful are the impacts of redistricting on our communities in this year's elections and those to come? The current reality dictates that we do not sit out any election. We need to resolutely register, educate, motivate and turn out voters. In every election. Every time.

Ben Jealous serves as president of People For the American Way and Professor of the Practice at the University of Pennsylvania. A New York Times best-selling author, his next book Never Forget Our People Were Always Free will be published by Harper Collins in December.



STUDENTS ARE A PROBLEM FOR PUBLIC EDUCATION

By Dr. Ada M. Fisher

Former NC Republican National Committeewoman

Though the rancor about the public-school systems failures often break the sound barrier yelling they need more money, the talk about the students who enter the system often hides uncomfortable truths.

1. Students who enter public school are just sometimes not prepared to learn often with no backup from home to reinforce important lessons being taught. What happened to homework?

2. Teachers are being expected to do more than educate, i.e., too often being asked to act as a substitute parent, expected to be a counselor and therapist without having stepped foot in the child's home, patroller of violence and provide answers when children are neglected.

3. Violence consumes too much of the educational milieu from the need for resource officers, scans for weapons, bars and gates on ports of entry and societal tolerance for bad behavior.

4. There was often a reasonable way to reach the student or family where party-line phones let the nosy neighbors in on what was going on; therefore, everyone kept you in line. Frequently changing numbers and missing addresses unfortunately hinders communications for too many unable to pay cell phone rates.

Fifty years ago, there were some things done which worked though they have fallen by the wayside. Discipline was handled by washing dishes in the cafeteria at lunch time where no one wanted to be seen. Teachers were expected to do a home visit at the beginning of the school year where much could be learned about strategies and educational adaptations which might be called for to counter many lack of opportunities as well as support the abundance of exposure for others. Suspensions were in order for brass knuckles, knives or

King Crossword

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55

ACROSS

1 Rec Planet
5 Dandy guy
8 Espy
12 Part of O.E.D.
13 I can't slay
14 Frau's male
15 Male lead in
16 Old
17 Oldsmobile
18 Head honcho
20 Desolate
27 Presidential nickname
23 Do fractions
24 "Toodle-oo!"
27 Shun liquor
37 Actress Thuman
39 Hostel
34 Pie — mode
35 Gifted
38 "Hoops" author Haley
30 Ajar affirmation
40 Sust fish
42 Demand
45 Zealous
40 Gestation location
50 Gun the engine
52 Black-and-white cookie
53 Spoken
54 "As I see it," lo a texter
55 Cold War mi-

DOWN

1 Potatoes partner
2 Folksinger Guthrie
3 Wheelchair access
4 Sports venues
5 "Never m'ld" 29 try
6 Single
7 "Crawl space"
8 Japanese faith
9 Statue base
10 Baseball's Hershey
11 Tea carrier
10 Letters of approval?
21 Calendar abbr.
24 Boy king
25 Docs org.
26 Amulet
28 Away from WSW
29 Try
30 Pub order
31 Remiss
36 Safe to consume
37 Refusal
38 Move st
41 Hectic hosp. area
42 Vector's cry
43 Sushi wrapper
44 Hall a sextet
46 Gaelic
47 Tree hornie
48 Afghanistan's — Bora region
51 Outback bird

The choice we face is not between a society of junkies and a "drug-free America." History has taught us that neither of those things is going to happen.

The choice is between a society where we're free to choose what we eat, drink, smoke, or otherwise ingest—and are responsible for what follows—or a society where eating, drinking, smoking, or otherwise ingesting the "wrong" substance may mean prison whether we harmed anyone else or not.

We're moving in the former direction. And should continue to do so.

Thomas L. Knapp (Twitter: @thomaslknapp) is director and senior news analyst at the William Lloyd Garrison Center for Libertarian Advocacy Journalism (thegarrisoncenter.org). He lives and works in north central Florida.



ONE SCREEN, TWO MOVIES? THINK AGAIN.

By Thomas L. Knapp

William Lloyd Garrison Center

Another week, another scandal, but the latest—the August 8 FBI "raid" on former president Donald Trump's Mar-a-Lago home in Palm Beach, Florida—looks set for a run of a month or more.

Democrats, as usual where Trump is concerned, see the search and seizure operation as an omen of imminent comeuppance for a disgraced politician. Indictments! Convictions! Orange coveralls! Lock him up!

Republicans, as usual where Trump is concerned, see it as politically driven prosecution. Witch hunt! Rogue FBI! What about Hillary Clinton? What about Hunter Biden?

"Confirmation bias," Scott Adams tweeted back in 2017, "explains how two movies can play on one screen. I see ear plugs and you see rubber bullets."

Both sides are seeing what they want to see. Each side is convinced that they're with the "good guys" while the other side's supporters are mentally deranged and violently criminal.

Why can't both sides be at least partially right?

What if Republicans and Democrats are both playing politics AND the worst things they say about each other are true?

What if there's at least a grain of truth in nearly every "scandal" claim AND the accused's defenses are really just self-serving excuses and evasions?

What if there aren't any good guys in either of the movies perpetually playing on our shared screen?

It's comforting to think of politics in binary terms.

We like to believe that, while some politicians may be corrupt, they're usually on the other side of a partisan aisle from us honest and righteous people. The corrupt or dishonest on our own side are "a few bad apples."

I strongly suspect that even many of those same politicians believe they're the good guys, and attempt to remain pure of heart and firm on principle.

But consider:

Politics is ultimately about power.

While most of us see power in terms of using it for good or evil, right or wrong, a certain demographic displays "A lack of empathy and sense of detachment from others for the sake of achieving one's own goals... The ability to charm and influence others... [and] Inability to take responsibility for one's actions, instead blaming others or rationalizing one's behavior."

Think of some prominent politicians and consider how well their personalities and behaviors apparently map to those three items from the Psychopathic Personality Inventory.

While, per Lord Acton, "power tends to corrupt," it also attracts those who are predisposed to corruption in the form of power for its own sake. They approach it with more zeal and sharper focus, and therefore more successfully, than those who only reluctantly grasp the One Ring.

One screen, two movies? No. We're all strapped to our chairs for repeated viewings of *One Flew Over the Cuckoo's Nest*.

Thomas L. Knapp (Twitter: @thomaslknapp) is director and senior news analyst at the William Lloyd Garrison Center for Libertarian Advocacy Journalism (thegarrisoncenter.org). He lives and works in north central Florida.

A DIFFERENT VOICE

Continued from page 10

will be successful at. Also, there was a myth that local predominantly Black colleges were not producing students equal to those from the local predominantly White counterparts. Some students were told by their White counselors that they would do better not to go to college than to go to one of the local Black colleges. I went to the counselors and they told me yes, they told the students that, yet when I challenged them using myself, the other Black teachers in the system and the few administrators and people at the central office—all who had attended Black colleges and universities, it didn't make a dent in their belief systems. This belief that the color of one's skin creates inferiority or superiority is so deep in our society that it will take major uprooting to make for change.

Today, with the idea that a teacher has to be "tun-toting," psychologists and social workers, effective handlers of angry students who bring their anger into the classroom, it will take really "special teachers" to agree to accept jobs in this arena. We are really embarking on a crisis when teachers are given instructions as to what they can and cannot say to students, expected to lie about history for fear of some parent monitor suing, then we are in trouble. When the *Diary of Anne Frank* and *The Bluest Eye* can be banned, when "wokeness" is derided and silence is applauded, we are reaching a time when poets such as Robert Frost and James Weldon Johnson will appear to be subversive and the speeches of Dr. Martin Luther King, Jr. and President Abraham Lincoln will not be allowed in speech making classes. The calling of "all teachers" threatens to be answered with silence, then what shall we do?

CHILD WATCH

Continued from page 10

ers return to Washington, they can and must prioritize policies like the expanded CTC and send relief to families now."

Our failure and refusal to center our children's needs and invest in policies to end preventable child poverty and deprivation is a moral blight on our nation. We know what works, which makes it all the more shameful that we've let the CTC lapse and let millions of children fall back into poverty. We cannot let politics stand in the way of good policy. We must keep up the faith and the fight to extend the expanded CTC and end child poverty once and for all.



MORE YOUNG AMERICANS ARE USING CANNABIS AND HALLUCINOGENS. THAT'S GOOD NEWS.

By Thomas L. Knapp

William Lloyd Garrison Center

According to a recent National Institutes of Health survey, United Press International reports, "use of marijuana and hallucinogens among young adults in the United States reached an all-time high in 2021."

According to the survey, 43 percent of young adults admitted to having used cannabis in the past year, with 8 percent saying they've tried LSD, psilocybin mushrooms, or other "hallucinogens."

That, believe it or not, is good news. Both of these "drug" categories have a history of use as long as the history of humanity, with known medical and mental benefits, few negative side effects, and virtually no correlation to violent behaviors.

None of these items should have ever been illegal to use, possess, sell, or grow/manufacture in the first place, and increasing familiarity with them continues to feed growing opposition to the "war on drugs."

They're all, in three words, "safer than alcohol."

Which, the same survey says, remains the most popular "drug," with binge drinking rebounding from a 2020 low and "high-intensity" drinking steadily increasing.

That's the bad news.

If I knew one of my children (all now thankfully and safely out of their teens) was going out to "party," and that recreational substances would be involved, I'd much rather they got into a bag of weed or some mushroom caps than into a case of beer or a fifth of bourbon. There's just less potential for senseless brawls, sexual assault, or driving while impaired.

Don't get me wrong. I've personally got nothing against alcohol, and don't think it should be illegal. I use it, although these days I drink maybe a six-pack of beer and a few ounces of whiskey a year; it used to be... well, quite a bit more.

Here's the thing:

People have both self-medicated and recreationally dosed themselves with various things since there have been humans.

They'll keep doing so, even if politicians get together and decree that they mustn't.

Classifieds

LEGALS

DURHAM COUNTY

NOTICE TO CREDITORS File No. 22 E 951

Having qualified as Executor of the Estate of Susan Maxwell Sauls of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 4th day of November, 2022, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 4th day of August, 2022.

Joseph Maxwell Lodwell
Executor
c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs
4 Consultant Place
Durham, NC 27707
8-4, 8-11, 8-18 & 8-25, 2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 000642

The Undersigned, having qualified as Executor of the Estate of Mary F Fletcher, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.
Lynne F Williams
Executor

111 Beechwood Drive
Youngsville, NC 27596
8/4,8/11,8/18 and 8/25/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 000993

The Undersigned, having qualified as Executor of the Estate of Emily Louise Dashner, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.
Roger J Dashner
Executor

907 Toxaway Dr
Hendersonville, NC 28791
8/4,8/11,8/18 and 8/25/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 896

The Undersigned, having qualified as Executor of the Estate of James Benjamin Horton, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.
Lessie Meadows-Horton
Executor

4202 Pin Oak Dr
Durham, NC 27707
8/4,8/11,8/18 and 8/25/2022

NOTICE TO CREDITORS

Having qualified as Executor of the Estate of VASILY GONCHAROV, deceased of Durham County, N.C. On the third day of August, 2020, the undersigned does hereby notify All persons, firms, and corporations having claims against said estate to exhibit them to the undersigned at the office of

the attorney for the Estate on or before the 12th day of November, 2022 or this notice will be pled in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.

This the 4th day of August, 2022.
CALVIN PLEASANTS
Executor

c/o Leslie O. Wickham Jr.
Attorney At Law
3310 Croasdaile Drive, Suite 500
Durham, N.C. 27705
8/4,8/11,8/18 and 8/25/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 001010

The Undersigned, having qualified as Executor of the Estate of Brenda Y. Crenshaw, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 11th day of August, 2022.

Cynthia Crenshaw
Executor
5850 Westower Drive Apt G
Richmond, VA 23225
8/11,8/18,8/25 and 9/1/2022

NOTICE TO CREDITORS FILE NO 21 E 851

Linda Winston Prather died on 01/13/2021 in Durham County, NC Court file 21E851. All persons, firms or corporations indebted to Linda Winston Prather will please make immediate payment. Those having claims against Linda Winston Prather are to present them before 11/16/22 or this Notice may be pleaded to bar the claim.

Claims may be sent to William G. Harriss, Attorney for the estate at Arges Law Firm
3200 Croasdaile Drive
Suite 706
Durham, NC 27705
Diane Adamson
Administrator
8/11/22, 8/18/22, 8/25/22, 9/01/22
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 001002

The Undersigned, having qualified as Executor of the Estate of Phelena Mebane Hughes, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 11th day of August, 2022.

Omega L Mebane
Executor
13123 Ashford Woods Lane
Charlotte, NC 28278
8/11,8/18,8/25 and 9/1/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

In The General Court Of Justice District Court Division File Number 22-CVD-686 NOTICE OF SERVICE OF PROCESS BY PUBLICATION

To: JOHN DOE,

Defendant.

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is for child custody. You are required to make defense to such pleading no later than September 20th, 2022 said date being at least forty (40) days from the first publication of this Notice, and upon your failure to do so, the Plaintiff, MARTINA EUNICE PEREZ ROBLERO, will apply to the court for the relief sought.

This, the 11th day of August, 2022.

Aneta Paval, Esq.
Paval Law Offices, PLLC
7404 Chapel Hill Rd
Suite M
Raleigh NC 27607
Telephone: (919) 410-6690
8/11,8/18, and 8/25

STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 944

The Undersigned, having qualified as Administrator of the Estate of Julianna Accius, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 11th day of August, 2022.

Calcy Accius
Administrator
1050 Audace Ave, Unit 102
Boynton Beach, FL 33426
8/11,8/18,8/25 and 9/1/2022

NOTICE TO CREDITORS

The undersigned, Rhonda K. Barnes and Loftin W. Barnes, Jr., having duly qualified as Co-Executors of the Estate of Irene Robbins Barnes, deceased, late of Durham County, North Carolina, hereby notify all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdaile Drive, Suite 205, Durham, North Carolina 27705, on or before November 11, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This 11th day of August, 2022.

Rhonda K. Barnes/Loftin W. Barnes, Jr.,
Co-Executors
C/O Ronald G. Coulter
Attorney at Law
3400 Croasdaile Drive
Suite 205
Durham, NC 27705
1-919-246-5775
August 11, 18, 25 and Sept 1, 2022
NORTH CAROLINA
DURHAM COUNTY

In The General Court Of Justice Superior Court Division 21 SP 861 Statutes § 28A-22-3 & § 1A-1 Rule 4

In the Matter of
Diane Adamson, Administrator
of the Estate of Linda Winston
Prather, Deceased (estate File No.
21 E 851, Durham County)

v.

Tammy Speed; Grace Russom; John R. Prather; Carl Prather; Philip Prather; Gayle Johnson; Martha Mooseman; Jim Prather; Tommy Prather; Elaine Burden; Joe Prather; Jane Isabel; Shirley Prather Crews; Steven Caruthers; Juli Williams; Debbie Alexander; Christy Curtis; Kathy Hansford; Robert McKnight; Jackie Perez; The Estate of Beverly Kay Blanton Key, deceased, a/k/a Brevia Kay Blanton Key; Brenda Blanton Moss; Spencer L. Woods Jr.; Pat Green Gostanian; Anita Green Brower; Jarrell (Keith) Green; Attorney Catherine L. Wilson for Brianne Jones Williams, Richard Lynn Jones, Brittney Hart Dillon, Brian Steven Jones; Attorney Thomas J. Neagle for Kemp and Associates Inc.; Leimome Peters Cheeks; Leimome Peters Cheeks as Agent under POA for Lani H. Peters; The Unknown Heirs of the Estate of Beverly Kay Blanton Key, deceased, a/k/a Brevia Kay Blanton Key; Estates of Post Deceased Heirs, Known and Unknown; Guardians and Agents of Unknown Heirs; Unknown Unnamed Heirs at Law of Linda Winston Prather Deceased, if any; whose whereabouts, names and locations are unknown, whether *In Esse*; or *En Ventra Sa Mere*, competent or incompetent, adult or minor, and who have or may have any interest in the Estate of Linda Winston Prather, Deceased;

Respondents.

NOTICE OF SERVICE OF PROCESS BY PUBLICATION TO BE PUBLISHED IN DURHAM COUNTY TO: ALL PERSONS WHO MAY HAVE AN INTEREST IN THE ESTATE OF LINDA WINSTON PRATHER, DECEASED.

TAKE NOTICE that a Special Proceeding against you has been filed in the above-entitled action with the DURHAM County Clerk of Court pursuant to N.C.G.S. § 28A-22-3.

The nature of the relief being

sought is for the purpose of finally determining accurately the identity of the heirs-at-law of Linda Winston Prather; deceased; and to have an Order entered determining the identity and interest of each heir-at-law.

You are required to identify yourself as a person with an interest in the Estate of Linda Winston Prather by September 23, 2022 by (i) entering your appearance in this proceeding by filing your Notice of Appearance in the above-entitled action with the Clerk of Superior Court; Durham County Special Proceedings, Durham County —Estates, 510 South Dillard St, Durham, NC 27701; and/or (ii) asserting your claim in writing to the undersigned by September 23, 2022.

Failure to appear will subject and bind you to such orders as may be entered in this matter.

This the 11th day of August, 2022.

Diane Adamson
Administrator of the Estate of Linda Winston Prather; c/o William Harriss Esq., NC Bar No: 1943; Of Counsel, Arges Law Firm
3200 Croasdaile Drive, Suite 706
Durham, NC 27705
8/11, 18, 25/22.

STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE TO CREDITORS

THE UNDERSIGNED, having qualified on the 11th day of August, 2022, as Executrix of the ESTATE OF ELIZABETH ANN MCCONNELL, Deceased, of Durham County, North Carolina, does hereby notify all persons, firms and corporations having claims against said Estate to exhibit them to the undersigned on or before the 19th day of November, 2022 or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This, the 18th day of August, 2022.

MARY MARGARET ARMSTRONG
EXECUTRIX
ESTATE OF ELIZABETH ANN MCCONNELL
c/o Jennifer Dalman, Attorney
Walker Lambe, PLLC
Post Office Box 51549
Durham, North Carolina 27717
8/18, 8/25, 9/1 and 9/8 2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1052

The Undersigned, having qualified as Executrix of the Estate of Rose Briggs McCloud, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.
Chandra Rebecca McCloud Glover
Executrix
9608 Bayview Parkway
Charlotte, NC 28216
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 000996

The Undersigned, having qualified as Executor of the Estate of Melton Douglas Lynam, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Cathi Higgins Turner
Executor
4804 Mistletoe Lane
Durham, NC 27703
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

In The General Court Of Justice Superior Court Division Before the Clerk File Number 22 E 979

The Undersigned, having qualified as Executor of the Estate of Lisa Marian Humbert, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Jessica Anne Presto
Executor
10594 Evergreen Spring Place
Raleigh, NC 27614
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2021 E 000954

The Undersigned, having qualified as Executor of the Estate of Socratis Gerondelis, a/k/a Socratis E Gerondelis, a/k/a Socratis Effatios Gerondelis, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Aliki Gerondelis
Executor
712 Continental Drive
Durham, NC 27712
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1039

The Undersigned, having qualified as Executrix of the Estate of Isaac A Shaw, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Tevis Shaw Ector
Executrix
809 Springdale Drive
Durham, NC 27707
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 2022 E 001051

The Undersigned, having qualified as Executor of the Estate of Curtis Lee Farrar, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 18th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Dana Farrar
Executor
1800 Williamsburg Rd
Apt 12C
Durham, NC 27707
8/18,8/25,9/1 and 9/8/2022

NOTICE TO CREDITORS AND DEBTORS OF EGBERT L. HAYWOOD, JR.

All persons, firms and corporations having claims against Egbert L. Haywood, Jr., late of Durham

County, North Carolina, are notified to exhibit them to Gregory Herman-Giddens as Administrator CTA of the decedent's estate on or before November 19, 2022, c/o Galbraith, PLLC, 1340 Environ Way, Chapel Hill, NC 27517, or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Administrator CTA.

This the 18th day of August, 2022.

Gregory Herman-Giddens
Administrator CTA
Galbraith, PLLC
1340 Environ Way
Chapel Hill, NC 27517
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1041

The Undersigned, having qualified as Executrix of the Estate of Grace A Amrein a/k/a Grace Alena Amrein, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 19th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Linda M Suggs a/k/a Linda Amrein
Suggs
Executrix
4628 Jimmy Rogers Road
Durham, NC 27704-8763
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1032

The Undersigned, having qualified as Executor of the Estate of Robert Earle Pate, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 19th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 18th day of August, 2022.

Lori Pate Gaddy
Co-Executor
135 Causby Hoyle Road
Casar, NC 28020
David Wayne Pate
Co-Executor
1076 Grove Circle NW
Ocean Isle Beach, NC 28469
8/18,8/25,9/1 and 9/8/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk

File Number 22 E 1088

The Undersigned, having qualified as Executor of the Estate of Iris June Vinegar, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 26th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 25th day of August, 2022.

Richard J. Vinegar
Co-Executor
8415 Iverness Way
Chapel Hill, NC 27516
Jonathan Rein Vinegar
Co-Executor
17 Willow Road
Lawrenceville, NJ 08648
8/25,9/1,9/8 and 9/15/2022

**eMail Classified
Ads 24/7 To
ads@caro.news**

Classifieds

LEGALS

DURHAM COUNTY

STATE OF NORTH CAROLINA
DURHAM COUNTY
**NOTICE OF SERVICE
OF PROCESS BY PUBLICATION
In The General Court of Justice
Superior Court Division
Before the Clerk**

File Number 2022 E 001077

The Undersigned, having qualified as Administrator of the Estate of Linnette Pettiford, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 26th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 25th day of August, 2022.

Kelisa Pettiford
Administrator
1217 Golden Eagle Drive
Durham, NC 27704

8/25,9/1,9/8 and 9/15/2022

NOTICE TO CREDITORS

Having qualified as Administrator of the Estate of Herbert Michael Mackey, late of Durham County, State of North Carolina, this is to notify all persons, firms and corporations having claims against the decedent to present them to the undersigned on or before the 25th day of November, 2022, or this Notice will be pleaded in bar of recovery. All persons, firms and corporations indebted to said estate please make immediate payment to the undersigned.

This the 25th day of August, 2022.

James M. Ellis, Administrator
Stone & Christy, P.A.
110 N. Dougherty Street
Black Mountain, NC 28711
8/25,9/1,9/8, and 9/15/2022

STATE OF NORTH CAROLINA DURHAM COUNTY

NOTICE TO CREDITORS

THE UNDERSIGNED, having qualified on the 21st day of February, 2022, as Co-Executors of the ESTATE OF JOHN KING WOODY, JR., Deceased, of Durham County, North Carolina, do hereby notify all persons, firms and corporations having claims against said Estate to exhibit them to the undersigned on or before the 26th day of November, 2022 or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This, the 25th day of August, 2022.

JOHN KING WOODY, III
JAMES WATTERSON WOODY
CO-EXECUTORS
ESTATE OF JOHN KING WOODY, JR.

c/o Jennifer Dalman, Attorney
Walker Lambe, PLLC
Post Office Box 51549
Durham, North Carolina 27717
8/25,9/1,9/8 and 9/15/2022

WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

NORTH CAROLINA
COUNTY OF WAKE
**In The General Court of Justice
District Court Division
File No: 22 CVD 9560**

[CHILD CUSTODY PROCEEDING]
JUDITH BAITY & JEREMY SANDERS,
Plaintiffs

v.

CARRIE BRANHAM & UNKNOWN FATHER,

Defendants.

To the Unknown Father of a male child born to Carrie Branham on 8/20/2018, in Wake County, NC.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action and a hearing date of September 26, 2022, has been established. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned child to Plaintiffs.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than September 20, 2021, said date being forty (40) days from the first publication of this notice. Upon your failure to do so,

Plaintiffs will appear on September 26, 2022, in Wake County Family Court to apply for the relief sought.

This, the 11th day of August, 2022.

Katherine S. Moyer
JusticeMatters, Inc.
Attorney for Plaintiffs
P.O. Box 58058
Raleigh, NC, 27658
919/794-7511, Ext. 9.

August 11, 18 and 25,2022.

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

NORTH CAROLINA
COUNTY OF WAKE
**In The General Court of Justice
District Court Division
File No: 22 CVD 9559**

[CHILD CUSTODY PROCEEDING]
DEECEE McHOSE & DOUGLAS McHOSE,
Plaintiffs

v.

BRITTANY McHOSE & UNKNOWN FATHER,

Defendants.

To the Unknown Father of a female child born to Brittany McHose on 10/24/2021, in Orange County, NC.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action and a hearing date of September 26, 2022, has been established. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned child to Plaintiffs.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than September 20, 2021, said date being forty (40) days from the first publication of this notice. Upon your failure to do so, Plaintiffs will appear on September 26, 2022, in Wake County Family Court to apply for the relief sought.

This, the 11th day of August, 2022.

Katherine S. Moyer
JusticeMatters, Inc.
Attorney for Plaintiffs
P.O. Box 58058
Raleigh, NC, 27658
919/794-7511, Ext. 9.

August 11, 18 and 25,2022.

STATE OF NORTH CAROLINA WAKE COUNTY

NOTICE TO CREDITORS

File Number 2022 E 003210

The Undersigned, having qualified as Administration of the Estate of Susie L Wilson, 2212 Evers Dr, Raleigh, Wake County, NC 27610. This is to notify all persons, firms, and corporations having claims against said decedent to exhibit them to the undersigned on or before November 19, 2022. This notice will be pleaded in bar of their recovery.

All persons, firms, and corporations indebted to said estate are notified to make immediate payment.

This the 18th day of August, 2022.

Regina S Wilson
Administrator
3756 Whitney Park Ln
Greenacres, FL 33463
8/18,8/25,9/1 and 9/8/2022

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

STATE OF NORTH CAROLINA
COUNTY OF WAKE
**DISTRICT COURT DIVISION
FILE NO. 19 SP 2837**

**IN THE MATTER OF THE
ADOPTION OF L.W.J., a minor
male child.**

TO: KYLE TODD HOLT

TAKE NOTICE that a Petition for Adoption was filed on 11/20/2019 with the Clerk of Superior Court for Wake County, Raleigh, NC, in the above-entitled special proceeding.

The Petition relates to a male child born on December 22, 2009 in Johnston County, North Carolina.

The birth mother's name was Amanda Leigh Johnson, now deceased.

TAKE NOTICE that you are required to file a response to the petition within forty (40) days after the date of the first publication of this notice, on or before 9/28/2022 in order to participate in and receive further notice of this proceeding.

IN THE EVENT YOU FAIL TO RESPOND, THE CLERK OF SUPERIOR COURT WILL ENTER AN ORDER ALLOWING THE ADOPTION TO PROCEED WITHOUT YOUR CONSENT. Any parental rights that you may have will be terminated upon the entry of the decree of adoption.

This, the 18th day of August, 2022.

Katherine S. Moyer
JusticeMatters, Inc.
Attorney for Plaintiff
P.O. Box 58058

Raleigh, NC, 27658
919/794-7511, Ext. 9.
8/18, 8/25, 9/1, 2022

NOTICE TO CREDITORS

The Decedent, Carol Morgan Brewington, who lived at 725 Fitzgerald Drive, Raleigh, North Carolina 27610, passed away on August 21, 2021. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Anthony L. Blalock, Esquire at 7800 Falls of the Neuse Road, Unit # 99753, Raleigh, North Carolina, 27615, or to both the probate court and the named legal representative before September 22, 2022.

Anthony L. Blalock
Esquire
Legal Representative for estate of Carol Morgan Brewington.
8/25,9/1,9/8, and 9/15/2022

HALIFAX COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

NORTH CAROLINA
COUNTY OF HALIFAX
**In The General Court of Justice
District Court Division
File No: 22 CVD 423**

TARAQ K. KEARNS,
Plaintiff

v.

PAMELA LAVETTE BROWN,
Defendant.

Please take notice that a pleading seeking relief against you has been filed in the above-referenced action. The nature of the relief being sought is as follows:

Plaintiff is seeking a judgment of absolute divorce from the bonds of matrimony based upon one (1) year

separation pursuant to the provisions of North Carolina General Statutes Section 50-6.

You are required to make defense to such pleading no later than October 11th, 2022 which is at least 45 days from the first publication of this notice. Upon your failure to file a pleading by the above date, the party seeking service against you will apply to the Court for the relief sought.

This, the 25th day of August, 2022.

Ronnie C. Reaves
Attorney for Plaintiff
State Bar No. 10489
1001 Julian R. Allsbrook Highway
Post Office Box 587
Weldon, North Carolina 27890
Tel: (252) 536-2503
Fax: (252) 536-5130
8/25, 9/1 and 9/8/2022.

The Carolinian
Newspaper
c. 1940



COMICS

Just Like Cats & Dogs by Dave T. Phipps

GOOD NEWS FELLAS, A FEW PEOPLE GOT LET GO TODAY SO THERE'S EXTRA DONUTS IN THE BREAK ROOM.

GRON & BEARD IT by Wagner

"Who owns the hybrid in the executive parking lot?"

TIGER by BUD BLAKE

HEY- A DIME! MINE!

MINE MINE

MINE MINE

MINE MINE

MINE! MINE!

YOURS

Amber Waves by Dave T. Phipps

YOU TWO GO PLAY, BUT NOT COWBOYS AND INDIANS. THAT IS CULTURALLY INSENSITIVE.

AND DON'T DO COPS AND ROBBERS AS THAT JUST GLORIFIES GUN VIOLENCE.

AND FORGET DODGEBALL AS THAT JUST PROMOTES BULLYING WEAKER KIDS.

WHAT'S THE POINT OF BEING A KID? EVEN WHEN YOU'RE BEING GOOD YOU'RE BAD.

The Spats by Jeff Pickering

I WAS JUST THINKING...

... OR AT LEAST I "THOUGHT" I WAS!?!

Meet the next generation of change-makers



For nearly two decades, our Student Leaders® program has helped prepare civic-minded high school students to become successful in the workforce by connecting them to employment, skills development and service. Through leadership training and paid internships with local nonprofits like **YMCA of the Triangle**, they gain practical work and life experiences. It's just one more way we're working together with our communities to build a better future for all.



Younger members of our community are more involved and empowered than ever. I can't wait to see the progress they make.

Kari

Kari Stoltz
President, Bank of America Triangle

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