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The Carolinian



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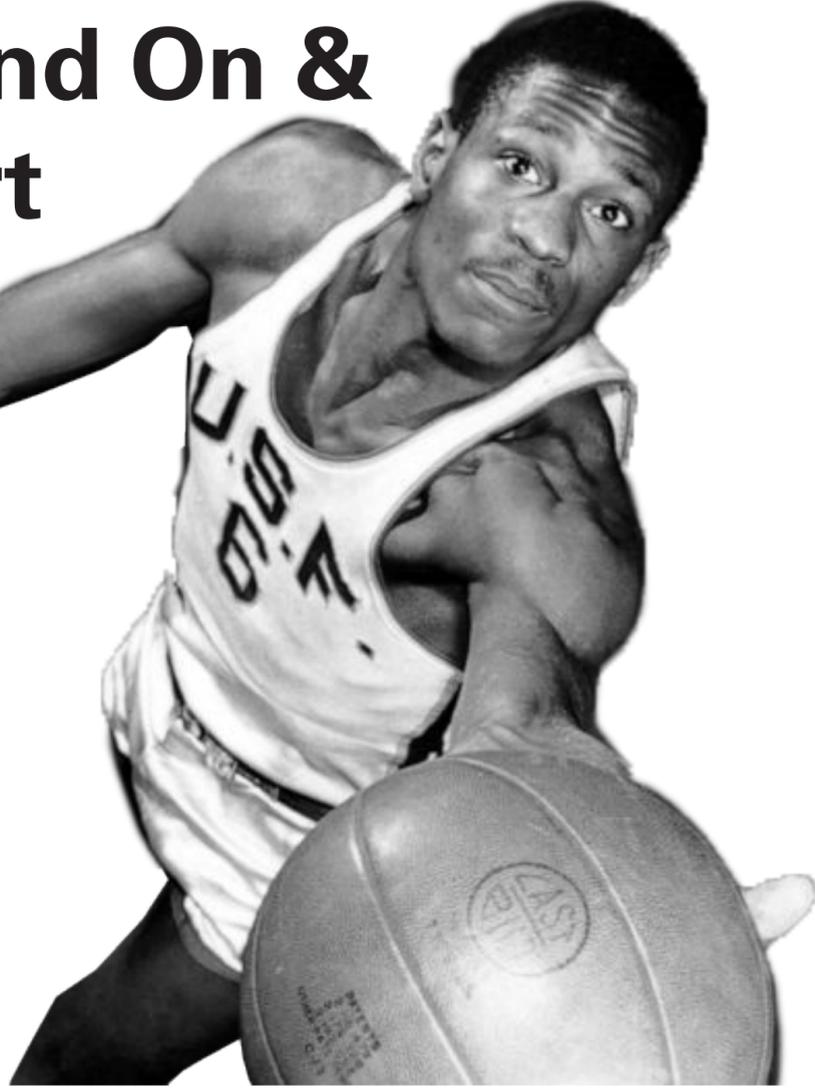
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Dedicated to the Spirit
and Service of God

Bill Russell Was A Legend On & Off The Basketball Court



By Editorial Board

Portland Press Herald
 Bill Russell is on any list of the greatest athletes in Boston sports history, no matter how short it is. He will be mentioned among the best to ever play in the NBA as long as there is a league to talk about. Yet it is his acts of courage and conscience that are his legacy. Russell, who died Sunday at the age of 88, was the greatest winner in the history of major

team sports. He won two collegiate basketball titles and an Olympic gold before going on to lead the Boston Celtics to 11 championships in 13 years, the last two as player-coach. He did it with speed and agility that would put him alongside the best athletes in today's game, and with a commitment to putting his team first that is rare in any era. And he did it in places where many of the fans hated him solely for the color of his skin.

The first Black superstar for a Boston team, Russell faced taunts and threats wherever he went. Even as he became an NBA champion and all-star, Russell was denied entry into hotel rooms and restaurants along with his Black teammates as they toured the country. But Russell, who had grown up in segregated Louisiana, was not going to let anyone tell him he was lesser. Soon, he would find his way as a civil rights activist and a voice for justice.

In 1961, after a restaurant in Lexington, Kentucky, refused to serve Russell and his Black teammates, he led a strike of the game. Russell was in the front row as Martin Luther King Jr. spoke at the 1963 March on Washington. When civil rights activist Medgar Evers was murdered in Mississippi, he organized an integrated basketball camp in Jackson with Evers' brother. Russell also was among a small group of notable Black athletes

who took the unpopular position of supporting Muhammad Ali when the heavyweight champ refused to fight in the Vietnam War, and he supported school desegregation in Boston when it was being met with violent opposition. The racism was often personal, and menacing. Threatening letters were common. Once, his family returned home from vacation to find their home in suburban Boston vandalized, with racial slurs written on the walls and feces on the floor. None of it stopped Russell from saying or doing what was right. So in 2016 when Black athletes and their supporters began kneeling during the national anthem to protest racial injustice, they were following in Russell's footsteps. Despite fierce blowback — some of it not all that different from what Russell faced in the 1950s — they persevered, and the movement helped bring

attention to the racism that still motivates many in this country today. As the protests grew widespread, Russell sent out a photo of himself kneeling in support. It was a fitting picture that connected eras. If Russell had never faced down hate during his career with such dignity and resolve, today's athletes may not have had the same opportunities. Russell showed that a man 6-feet-10-inches tall could play basketball with the speed of a track star and the grace of a ballet dancer. He proved that defense and rebounding could win championships — lots of them. His athletic talents opened doors. His determination and commitment made him a star. Being a star gave Bill Russell a platform, and he used it stand up for dignity and opportunity for all — leaving a lesson that everyone after him could follow.

Inflation Is Hitting Black America Hard

By Stacy M. Brown

NNPA
 Black households are more exposed to inflation fluctuations than their white peers, according to a study published by the Federal Reserve Bank of Minneapolis. The differences, while not overwhelming, are not trivial either, the study authors wrote. For example, if prices paid by white households increase by 7 percent over a year, calculations by researchers suggest that one may expect them to increase by 7.5 percent for Black families. "In our research, we examine how this informs the trade-off between inflation and unemployment stabilization for White and Black households," the study authors explained. "The result implies that when evaluating trade-offs between inflation and unemployment, one ought to keep in mind that the costs of inflation may be borne disproportionately by the more disadvantaged group." With gas, food, and other prices rising, the authors concluded that necessities such as groceries, electricity, and wireless



phone service make up a larger share of Black families' budgets. The study said that Black households are also spending a more significant portion of their income on goods and services with prices that change more often. The result, according to researchers, isn't a mystery: "Black families will suffer the worst effects of rising inflation because they lag behind their White counterparts in income, wealth, financial savings and home ownership." "Black families, especially those without an employed college graduate, are affected the most by inflation compared with

all the other demographics," said Ellie Walters, the CEO of Findpeoplefaster.com. "Necessities like groceries, accommodation, gas, electricity bills, and phone bills eat up most of their income, leaving them with fewer savings since most of them fall within the low-income groups," Walters said. She said Black families are affected by even the slightest increase in price, and with the rising recession, many might have to live without most of these necessities. "A large number of Black families live paycheck to paycheck and cannot easily escape the constantly increasing wealth

gap between them and the other demographics, especially the white," Walters remarked. "Inflation often makes this dilemma worse, since during inflation, wages are cut, and workers are laid off. These low-income earners, largely made up of Black community members, are trapped by an economic cycle that seems rigged against them." Ronda Brunson, an expert in financial planning and credit restoration at Project Restore Bmore, agreed that Black households would continue to feel the impact of rising inflation. "Most Black homes with car

(See INFLATION P. 3)

Green Party Gets The Nod From Board

RALEIGH, N.C. (AP) — The North Carolina State Board of Elections unanimously voted Monday to recognize the Green Party as a new political party, reversing its previous decision to reject the party's petition while the board investigated the signature sheets for fraud. Katelyn Love, the board's legal counsel, announced Monday that the North Carolina Green Party has submitted more than enough signatures validated by both the state and county elections boards to earn immediate recognition. But Green Party candidates still face an ongoing legal battle to appear on the November ballot after the state board's initial

rejection of the petition led the party to miss the July 1 deadline to submit its nominees. Following the Monday morning vote, the North Carolina Democratic Party announced it will file a lawsuit in state court this week to "protect the integrity of the North Carolina political process" as the board continues to investigate some Green Party signature gatherers. The lawsuit had not been filed as of late Monday afternoon. Democrats have warned that Green Party certification could divide progressive voters and clear a path for Republican victories in key races — particularly the tight U.S. Senate race be-

tween Democrat Cheri Beasley and Trump-endorsed Republican Rep. Ted Budd. "This was never a political decision, but always an important one," board chair Damon Circoستا, a Democrat, said Monday. "I personally did what I said I would do from the start. If there came a time when I believed there were enough valid signatures to recognize the Green Party, I would vote to do so." Though the elections board determined it does not have authority to extend the candidate filing deadline, an Aug. 8 federal court hearing in Raleigh could widen the window for a new political party to nominate candidates in

North Carolina. The board's Democratic majority previously rejected the Green Party petition in a 3-2 vote on June 30, citing petition sheets with nearly identical handwriting, incomplete personal information, duplicate names and deceased signatories. The Green Party then sued the board on July 14, alleging Democratic interference in the petitioning process and asking the court to reverse the board's decision. The board filed a response to the lawsuit on Friday, opposing the Green Party's demand that a judge order the board to

(See GREEN PARTY, P. 3)

The Safe Bus Company



WINSON-SALEM—The Safe Bus Company was chartered in 1926, when several small "jitney" services merged their operations to better serve Winston-Salem's African-American citizens. With the motto "safety and service," Safe Bus Company eventually employed more than 80 drivers and carried 8,000 passengers a day, earning the distinction of being the largest African-American-owned and-operated transportation business in the world. In 1972, Safe Bus Company was purchased by the Winston-Salem Transit Authority. Founders of Safe Bus Company: John M. Adams, Elliot A. Davis, George I. Dillahunt, Jefferson H. Hairston, Elijah T. Miller, Joseph Miller, Harvey F. Morgan, Ralph R. Morgan, Charlie R. Peebles, George Ragsdale, Clarence T. Woodland (Michael C. Wilcox Photo)

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Remembering Reverend T. Anthony Spearman, A Man Of Action

Tyria McCray
Staff Writer

Revered T. Anthony Spearman, Greensboro native, former president of North Carolina NAACP, and civil rights activist passed away on July 19, 2022. Widely known as "Ted", Spearman was born on August 22, 1951, in Rye, New York but spent most of his formative years in Port Chester, New York. His call to ministry began in 1995 at Livingstone College in Salisbury, NC then on to minister at other churches years later.

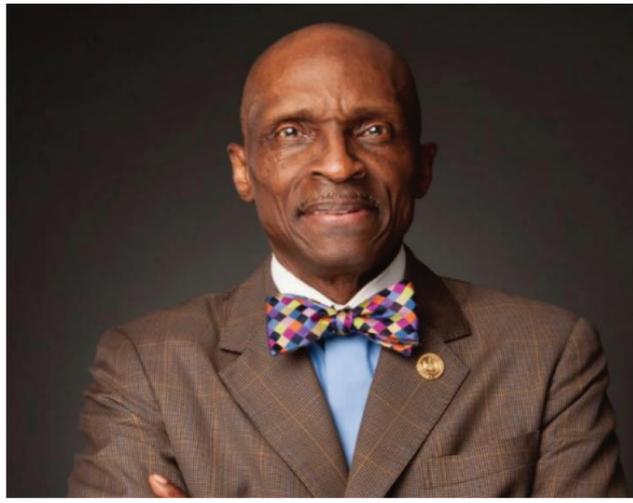
During his childhood, Spearman's father, along with his two siblings were members of the NAACP and since then, nearly 50 years later, he was still standing on the forefront fighting for justice. Spearman was known as a profound staple in his community. He wore a plethora of hats such as an ordained elder in the African Methodist Episcopal Zion Church, immediate past President of the State Conference of Branches of the North Carolina NAACP, and a past President of the North Carolina Council of Churches.

Additionally, he fought for equal

rights for African Americans, the LGBTQ+ community, and voting rights. He was among the Greensboro Pulpit Forum members who advocated for KMart employees in Greensboro from 1995-1996. Furthermore, he marched with Smithfield Workers in order to improve their working conditions. For over the past ten years, he was a constant participant with the Historic Thousands on Jones Street Peoples' Assembly Coalition.

In 2017 Dr. Spearman was elected President of the NC NAACP Conference of Branches. He was active in many organizations on his quest to make the lives of others better. While at the University of Detroit, he became a proud member of Omega Psi Phi, Incorporated, the first fraternal organization founded at a historically black college/university. This brotherhood reflected his own principles of manhood, scholarship, and perseverance. Ted was rarely seen without wearing his most favored purple Omega baseball cap. It was his badge of honor.

As a staunch and passionate advocate in the criminal injustice



and higher minimum wage arena, Spearman was one of the first seventeen persons arrested during the Forward Together Moral Monday Movement. He believed that courage is the foundation of acts of civil disobedience.

Even though he has accom-

plished such great victories, there was one discrepancy along the road. In June of 2022, Rev. Dr. T. Anthony Spearman filed a 28-page lawsuit against national NAACP President/CEO Derrick Johnson and Chairman Leon W. Russell. The lawsuit, filed by Greensboro

attorney Mark T. Cummings in Guilford County Superior Court, contends that "the Defendants conspired to have Plaintiff (Spearman) removed" because of his support of a victim of sexual harassment, who herself had filed suit against the national organization and her accused harasser. A second reason for his dismissal, according to the suit, was Spearman's "growing national profile stemming from his many successful and high-profile activities."

Jazmyne Childs had accused Rev. Curtis Gatewood, a state conference member, of sexual harassment in 2017. Although, according to Spearman, the allegations were confirmed by an external investigation, when Ms. Childs urged Johnson to take action, he ignored her; when Spearman publicly stood with her, he himself became a target for retribution.

In his suit, Spearman accuses Johnson of supporting Gatewood to oppose him for reelection as NC NAACP president in 2019. Which led to Spearman, Johnson, and the other defendants devising a plan to falsely accuse Spearman of fiscal malfeasance and put the NC NAACP under the control of a national administrator, Gloria J. Sweet-Love. Rev. Dr. William Barber, Spearman's predecessor as state president from 2005-2017, stated charges of misappropriation weren't possible. The lawsuit is still ongoing.

Nonetheless, Spearman persevered through those challenges and continued to work for equal

rights. Dr. Rev. T. Anthony Spearman was not only an advocate for voting rights but stayed committed to serving our most marginalized communities. Recently he attended the Moral Moral Rallies which was a part of the Poor Peoples Campaign as well as advocating for pardons of formerly incarcerated black men. His celebration of life was held on Tuesday, August 2, 2022, at 11 a.m. at Trinity African Methodist Episcopal Zion Church, 631 East Florida Street, Greensboro, NC. His wife, Janice Spearman, along with his children, grandchildren, colleagues, mentees, and close friends were gathered. Reverend William L. Barber gave a profound statement after Spearman's passing:

"My heart is broken by the death of Rev. Dr. T. Anthony Spearman. Tears seem not to be enough so I have not cried yet. Instead, I've only been silent and in prayer for his family. I have lost a true brother in the struggle. North Carolina and the nation have lost a champion of justice and a beloved public servant. We have all lost a freedom fighter, a man deeply committed to justice, and a man of true faith. We have lost a scholar, a preacher, a voting rights defender, an advocate for prison reform and for the wrongfully accused and a stalwart soldier in the cause of love and justice for all humankind. This man's efforts and commitment should be cherished. We must honor his life and continue his work."

Families Of Haley, Clyburn Got Casino Shares

The husband of former South Carolina Gov. Nikki Haley and brother of U.S. Rep. Jim Clyburn were given shares of a company that leased slot machines to a North Carolina tribal casino that needed political help to open last year, The Wall Street Journal reported.

Clyburn's brother and a spokesperson for Michael Haley both said the men provided services for the South Carolina-based Catawba Indian Nation's casino in Kings Mountain, North Carolina, the newspaper reported.

The tribe's leader said they met with dozens of federal officials in

a transparent and public process over more than a decade as they sought to secure permission to build the casino.

The newspaper said it reviewed documents from Kings Mountain Equipment Supply LLC, which gets 20 cents for every \$1 in profits the new Catawba Two Kings Casino generates from its hundreds of slot machines.

One stake in the supply company is held by John B. Clyburn, a brother of Rep. Clyburn. The high-ranking Democratic congressman introduced a bill that helped eliminate one of the final hurdles to get federal permission to build the

casino.

Another stake is held by Michael Haley, husband of the former Republican governor who joined plenty of South Carolina politicians to fight against the Catawbas being able to open a casino in South Carolina. That led the tribe to its ultimately successful effort in North Carolina.

The documents reviewed by the newspaper show both men hold less than a 1% claim in the company.

Michael Haley was given his share as payment for his company doing physical and cybersecurity consulting for the project in 2018, a

statement from his company said.

Nikki Haley was U.N. Ambassador for the U.S. at that time after leaving the governor's office a year earlier before her term ended.

As governor, Haley was against the Catawbas opening a South Carolina casino. She attended the 2021 groundbreaking in North Carolina, but her office said she was only acting as her husband's guest and never advocated to get federal approval for the North Carolina site.

John Clyburn told the newspaper he consulted on the project on and off for a decade introducing backers to people he knew, adding "I doubt that I discussed" the project with his brother.

John Clyburn received his share from the slot machine leasing company in September 2013, about a week after the Catawbas first asked for federal approval for the casino, the newspaper reported. He said he was surprised once the casino opened to get seven or eight payments from the company ranging from \$600 to \$1,300.

Rep. James Clyburn said he did not know about his brother's financial interest in the casino and the two never talked about the project.

Green Party—CONTINUED FROM PAGE 1

include its candidates on the ballot.

The board agreed the court should extend the candidate filing deadline should the party earn official recognition at Monday's board meeting, the brief states.

Prior to the board's initial vote, the Democratic Senatorial Campaign Committee acknowledged contacting signers of the Green Party's petition to request they remove their names.

K. Ryan Parker, a plaintiff in the Green Party lawsuit, called the board's decision to certify the Green Party "a welcome surprise

and a huge win for democracy," which he believes was prompted by the recent onslaught of media attention and a desire to settle the matter outside federal court.

"It doesn't change the fact that the Democratic Party attempted to disenfranchise North Carolina voters like me by hiring operatives to call, text and visit voters in their home, attempting to compel them to remove their signatures from the petition," Parker said in an interview Monday. "And it doesn't change the fact that this two-party system, this duopoly, has failed us at every turn and continues

to force voters into a dilemma every four years of voting for a lesser evil."

Ballot preparation begins in mid-August, which Love said should give Green Party candidates enough time to appear on the North Carolina ballot alongside Democrats, Republicans and Libertarians if the court rules in their favor.

Circosta said the board also plans to recommend legislative changes aimed at ensuring those who commit fraud in the signature collection process can be easily identified and brought to justice.

Inflation—CONTINUED FROM PAGE 1

notes are paying double-digit interest rates, same for credit cards. Yet, we are not conditioned to go for better but to be grateful for whatever approval without contesting," Brunson asserted.

"If I am already paying three times more than you for the same vehicle, then of course, when inflation occurs, I'm going to feel it first."

According to the Brookings Institute, the median wealth of a white household is \$188,200, which is 7.8 times more than the average Black household at \$24,100.

Two years ago, the homeownership rate for white Americans was about 73% compared to 42% for Black Americans.

William Thomas of Butler Associates said money problems remain a concern for all, although Black and Brown communities feel the pain more acutely.

Thomas offered what he said were four simple things people can do to navigate tough inflationary times.

"Make a budget, reduce any unnecessary expenses for the time being, which means assessing needs versus wants," Thomas asserted.

"[Also], identify a Community Development Financial Institution in your area and seek financial advice from a professional. This action may support better financial choices while navigating through uncertain financial times. Finally, stick to the plan created."

Thomas advised that when it comes to reducing expenses, evaluate every item you purchase and ask, "Is this a need or want to have item?"

He said sacrificing is essential to achieving success. This may mean brand switching for groceries and planning to switch on your phones.

"The ultimate budgeting goal is to save the savings from your plan so you can stock your bank account with a healthy cushion for important occasions like birthdays, holidays, starting a business, or a rainy-day fund," Thomas continued.

"The best approach is to work with a trusted financial advisor, especially loan officers at your local community bank. Your local lender understands how important it is to access capital.

"Leverage their expertise to help craft a strong plan using accessible, affordable financial products to assist the effort to save while building credit and deflating the impact of inflation."

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Business & Finance

Groupon Partners With "Dilla" To Celebrate Nat'l Black Biz Month

BUSINESS WIRE—Groupon, the trusted local marketplace where consumers go to buy services and experiences that make life more interesting and deliver boundless value, is teaming up with rising social media star Shermann "Dilla" Thomas (@6figa_dilla on TikTok) to help consumers discover and patronize, Black-owned businesses in their hometown of Chicago and across the country during August's Na-

tional Black Business Month. The annual celebration of Black-owned businesses began in 2014 and this year's event comes at a time when macroeconomic challenges such as inflation, workforce shortages and supply chain disruptions exacerbate the strain that minority-owned businesses were already facing in the wake of the COVID-19 pandemic.

In 2020, Groupon saw a 400% increase in search traffic for the

term "Black-owned" and wants to leverage this consumer interest into sustained growth for minority- and women-owned businesses. As a result of the company's 2021 National Black Business Month campaign, these businesses saw a 23% increase in traffic impressions and an 8% increase in units sold.

Chicago's Original Tech Company and "TikTok Historian" Team Up for Black Business

Groupon and Dilla – who is known as Chicago's "TikTok Historian" for the tours he conducts of predominantly Black neighborhoods on Chicago's South Side – are working together to promote and champion Black businesses throughout the United States on the Groupon marketplace and social media.

"At Groupon, we believe that strong, small businesses lead to vibrant, healthy communities. While we're encouraged by the early results of our diverse merchant campaigns, we know

there's much more work to be done," said Jennifer Beugelmans, Groupon's Chief Communications Officer and executive sponsor of the company's Blacks and Allies employee resource group. "This is why we're throwing our support behind opportunities to uplift and showcase Black entrepreneurs. We share Dilla's passion and commitment to telling the stories of underserved communities. That's why we're so excited to drive economic development by helping these small business owners reach new audiences."

Mr. Thomas, who began Chicago Mahogany Tours in 2021, is devoted to telling the story of Chicago's Black history and showcasing important community landmarks to this generation. His bi-weekly bus tour is available for purchase on Groupon and has taken guests to the DuSable Museum of African American History, the Wabash YMCA (the birthplace of Black History Month), childhood homes of iconic Black Chicago-

ans, Pilgrim Baptist Church (the birthplace of gospel music) and so much more.

"As a Black entrepreneur, I appreciate the platform that National Black Business Month provides me and others to tell our stories about why we decided to launch our own businesses. Behind every business, there is a human being who turned their dream into a reality. What we've seen over the past few years is that these businesses — particularly those that are Black-owned — don't have the same access to the resources and support needed to make ends meet during these tough economic times," said Shermann "Dilla" Thomas. "I'm excited to team up with Groupon to provide a bigger platform to them during the month of August and create a lasting boost of support!"

Groupon has a curated collection of Black-owned businesses across the United States and will feature these merchants across Groupon's merchandising chan-



SHERMANN "DILLA" THOMAS

nels throughout the month of August. Groupon will keep the collection live throughout the year to give consumers the opportunity to make supporting these businesses part of their everyday routine. To find Black-owned businesses that you can support in your community, please visit gr.prn/celebrate.

Local Chick-fil-A Offered Meals Instead Of Payment

A Chick-fil-A store in Henderson, North Carolina, is coming under fire for trying to pay their "volunteers" with chicken instead of actual wages. In a since deleted post on Facebook, the fast food restaurant said they were looking for "volunteers" to work at the new drive-thru, offering to pay them five free entree meals for every shift they worked.

"We are looking for volunteers for our new Drive Thru Express!" the store reportedly wrote per The Washington Post. "Earn 5 free entrees per shift (1 hr) worked. Message us for details."

A representative for the chain told PEOPLE that the store has since ended the program. "Most restaurants are individually owned and operated, and it was a program at an individually owned restaurant," a Chick-fil-A spokesperson told Business Insider in a statement. They added that the program was not endorsed by Chick-fil-A, Inc.

This location has been accused of ignoring the Fair Labor Standards Act (FLSA), a federal law that ensures employees are compensated for every hour worked. "Generally, labeling a worker as a 'volunteer' will not remove the employer from its FLSA obligation to pay the required wages if that individual performs work that benefits the for-profit entity," Jennifer Haigwood, director of communications for the North Carolina Department of Labor, told The Washington Post.

The location defended its practice, saying that it was a "volunteer-based opportunity," not a full-time or part-time job, and was advertised to people who might "think it's a good fit for them." They wrote in a separate Facebook post in response to the online backlash: "We've had multiple people sign up and enjoy doing and have done it multiple times. People who sign up for this chose it voluntarily."

Top NC Health Official Can Be Sued For COVID Shutdown

RALEIGH, N.C. (AP) — The North Carolina Court of Appeals ruled Tuesday that Gov. Roy Cooper's secretary of health and human services should not be immune from a lawsuit over the administration's restrictions on large gatherings in the early months of the coronavirus pandemic.

The Department of Health and Human Services temporarily shut down Ace Speedway, a small stock car racetrack in Alamance County, in June 2020 after it repeatedly defied Cooper's

executive order limiting outdoor crowds to mitigate the spread of COVID-19.

The racetrack filed counterclaims that August, alleging the department unlawfully singled out the business for its acts of protest and violated its employees' constitutional right to earn a living.

The appeals court unanimously upheld a January 2021 trial court ruling denying a DHHS motion to dismiss Ace Speedway's claims that the agency selectively enforced the gov-

ernor's orders and impeded the racetrack's ability to make money.

"This case makes us consider the use of overwhelming power by the State against the individual liberties of its citizens and how that use of power may be challenged," the judges wrote.

DHHS Secretary Kody Kinsey, whose predecessor filed the 2020 order to close the speedway, argued before the appeals court that executive officials should be immune from civil lawsuits. But the court ruled

Ace's claims were "sufficient to survive the secretary's motion to dismiss" the lawsuit.

Three days after Cooper issued an executive order placing a 25-person cap on all outdoor gatherings, Ace Speedway hosted approximately 2,550 spectators for its first race of the season on May 23, 2020.

A sign posted on site at a subsequent race that June labeled the 2,000-person gathering a "peaceful protest of injustice and inequality everywhere," the lawsuit states.

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Health & Fitness

Why Food Insecurity Among Gen Z'ers Is So Much Higher

THECONVERSATION—Adult members of Generation Z are experiencing food insecurity at over twice the rate of the average American, according to our latest consumer food survey. In fact, about 1 in 3 Americans born from 1996-2004 have had trouble affording enough food in 2022.

That compares with fewer than 1 in 5 millennials and members of Generation X, and fewer than 1 in 10 baby boomers.

We run the Center for Food Demand Analysis and Sustainability at Purdue University, and every month, through our Consumer Food Insights survey, we query over 1,200 Americans with the goal of tracking national food security as well as many other behaviors, attitudes and preferences related to food.

Food insecurity means having a lack of money or other resources for food. And when food

insecurity surges, it can take a long time for affected populations to recover. After the Great Recession that ran from 2007 to 2009, food insecurity increased by 34%. It took a decade for food insecurity to drop to its pre-recession levels.

With COVID-19, food insecurity increased again, particularly among the most vulnerable groups in society, such as seniors and households with children.

But it also increased for members of Gen Z, who were the most likely to face unemployment due to the pandemic. And for those attending college, the pandemic reduced essential food services on campus and increased the number of students dropping out of school.

Now, with inflation soaring at the fastest pace in 40 years, those who lost jobs during the pandemic and college students with fixed incomes must stretch their limited resources even further at the grocery store.

We have found that education, income and race are three of the



a home, Gen Z by and large isn't benefiting from these factors.

Additionally, full-time college students are generally not eligible for the Supplemental Nutrition Assistance Program, formerly known as food stamps. Although student eligibility has been expanded during the ongoing COVID-19 public health emergency, the paperwork required to apply can potentially discourage young people who have much less experience navigating the government bureaucracy.

Our survey also shows a significant portion of Gen Z – 30% – has relied on free groceries from a pantry, church or other charity.

Prices for food consumed at home are currently jumping at over 12% a year. That's the fastest pace since 1979. Our survey data only reflects some of these recent price gains, so it's unclear yet how much this will affect food insecurity. But what is clear is that Gen Z Americans, like other vulnerable groups, need more support to ensure they can access an affordable diet.

Fighting A Monkeypox Stigma, Misinformation

By Dr. Joy Martinez

Staff Writer

Disease has a way of shining a light on the darker parts and responses of any society. SARS-COV-2 has certainly exposed our vulnerabilities and biases with COVID-19, and the monkeypox virus is doing it again.

Monkeypox isn't new. The first known human case was recorded more than half a century ago in the Democratic Republic of Congo (DRC). Since then, it has been primarily associated with a number of countries in west and central Africa, although there was a small outbreak in the U.S. in 2003. But, when dealing with illness, sickness and disease, it's important to reach any disproportionately affected community with non-alarmist, fact-based messaging about monkeypox that provides people with tools they can use to protect themselves and others.

With 6,326 confirmed cases, the United States now has more monkeypox cases than any other country in the world, and the Centers for Disease Control and Prevention (CDC) expects cases to continue to climb. Mecklenburg County health leaders said Monday that transmission of monkeypox is accelerating locally for the first time. Total infections for the virus is trending upward, said Mecklenburg County Health Director Dr. Raynard Washington. As of Aug. 1, the county confirmed 33 cases of monkeypox in Mecklenburg — up from 12 cases on July 20. That's an increase of 175 percent. "The trend we're seeing right now is for new cases to double every three to four days roughly," Washington said.

Many—though not all—of the reported cases have been among gay and bisexual men. Given this, the CDC is focusing on identifying and using specific channels of communication and messaging that will directly reach gay and bisexual men across racial, ethnic, socioeconomic, and geographic backgrounds.

Current messaging left many confused and believing monkeypox is a sexually transmitted infection, and it isn't known if the virus is transmitted through semen or vaginal fluid. Though monkeypox may not be transmitted through sexual activity, it has been able to take hold in social and sexual networks in which people have close skin-to-skin contact. Language conflating monkeypox and sexuality, however, stigmatizes the community of men who have sex with men, and carries the risk of "driving people away from health services, impeding efforts to identify cases, and encouraging ineffective, punitive measures," as Matthew Kavanagh, UNAIDS Deputy Executive Director, said.

Now, the world is seemingly falling into a historical script of perpetuating stigma and structural inequity that has shown up in responses to other outbreaks. HIV, for example, is portrayed as a disease of gay men and Africans again and again, and COVID-19 focused on Asians and is still outrageously coined the "China Virus." Since the Ebola epidemic of 2013-2016, monkeypox has been pushed aside from its status as an important international priority, despite the fact that outbreaks continue to appear.

Spreading through skin-to-skin contact, the disease is most often transmitted through sexual activity, and the World Health Organization (WHO) continues to urge gay and bisexual men to limit their sexual partners. But this came at a high social cost, as critics lambasted the organization charging that fixating on how the virus impacts different populations is unproductive and unhelpful.

Not everyone agrees. "At the end of the day, it's not homophobic to say that certain groups are disproportionately impacted by the monkeypox outbreak," said Grant Roth, who is part of a network that collects information about the disease. Dr. Don Weiss, a New York City Department of Health senior epidemiologist was reassigned within the department after speaking out about the city's politically correct messaging on the monkeypox outbreak doubled down on his criticisms and also took aim at the city's coronavirus response.

The Department of Health issued a statement saying, "For decades, the L.G.B.T.Q.+ community has had their sex lives dissected, prescribed, and proscribed in myriad ways, mostly by heterosexual and cis people." The department argued that "abstinence-only guidance" has historically "poorly" performed and that it crafted its guidance "with this disgraceful legacy in mind," according to a statement.

According to Weiss, a 22-year veteran of the department and its most senior communicable disease epidemiologist, "Too often public health policy has cared more about optics than data." Weiss wrote a letter to New York City Health Commissioner Ashwin Vasan in July arguing that department leadership "is more concerned with stigma avoidance" for gay men rather than "giving people the risk information they need to protect themselves and others. People are suffering."

The way leadership communicates about the virus is a delicate balance. On one end, it tends to make people who are disproportionately impacted feel fatalistic and less likely to seek help. On the other end, it makes those who have been less impacted inaccurately believe they are less vulnerable. Both allow the virus to continue to spread more rapidly. Overemphasis on one demographic can lead to assumptions about why the disparity in infection rates in social networks exist, and activates harmful stereotypes.

Dr. Joseph Lee, a professor of health education and promotion at East Carolina University who has studied public health messaging says, "We need to make sure we're getting the right people involved in reaching the right communities and saying things in a way that resonates, because the harm of getting it wrong is real and hard to repair."

"You can recognize that there are differences and that's important to do, but it doesn't mean it has to be the emphasis or message of the campaign. It just tells you who the messaging needs to go to," Lee said.

Joaquín Carcaño, the director of community organizing at the Latino Commission on AIDS, said "When you say no sex, you're mischaracterizing that MPV, also known as monkeypox, is a sex-associated transmission, which it can be, but it's not the end all be all."

Since June, the CDC has said it has made a concerted effort to do extensive education and outreach to the LGBTQ community. The agency says it has worked with umbrella organizations for local Pride committees, released educational videos, engaged with groups that work with health disparities and industries whose workers may be exposed to monkeypox. There are agency generated awareness campaigns on Instagram and on dating apps popular with the gay community like Scruff, Adam4Adam and Grindr. The CDC is also planning to participate in listening sessions with LGBTQ community groups.

But those efforts have not shortened the lines for vaccines or eliminated the extensive paperwork necessary to get access to treatments.

Following the WHO, and in an effort to elevate their public health response and open access to emergency resources, California, Illinois and New York state have declared public health emergencies. San Francisco became the first major US city to declare a local health emergency last week, and New York City did so Saturday.

Monkeypox is spread through direct contact with an infectious rash, scabs, or body fluids. It's found in respiratory secretions and is transmitted during prolonged, face-to-face contact, or during intimate physical contact, such as kissing, cuddling, or sex. You may become infected by touching objects, fabrics (such as clothing or linens) that previously touched the rash or body fluids of someone with monkeypox or being scratched or bitten by an infected animal. It's important to remember, the virus can be acquired by all people, regardless of gender identity or sexual orientation.



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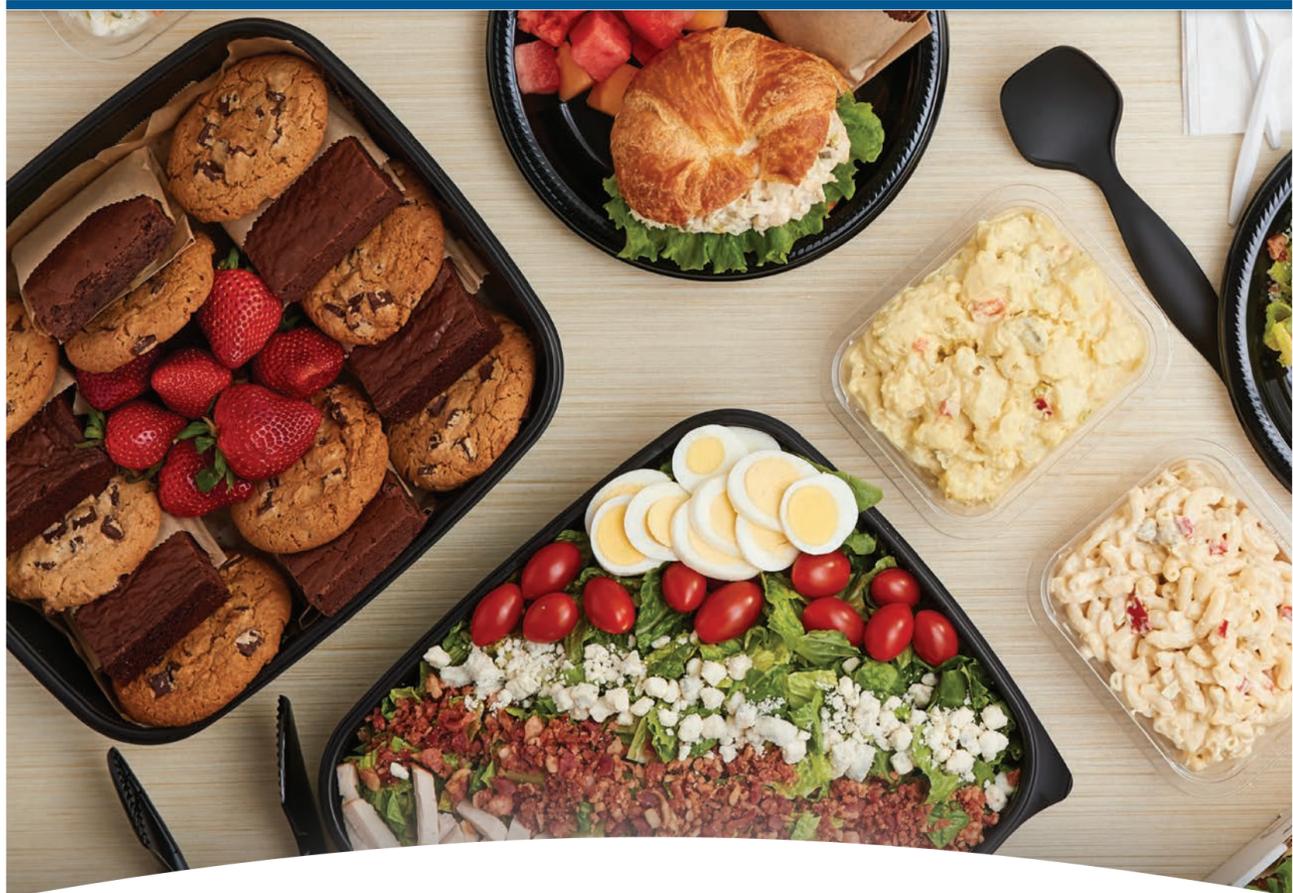
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FOOD LION CATERING

Ag-Grow-Culture

Urban Farming Is A Growing Agricultural Industry, Not A Fad

By Jason Lindsay

Staff Writer

When I started farming in 2011, before small farming was cool, I was completely shunned by my family. No one understood why I would leave my job as a language arts teacher to pursue long days in hot fields. To say I was called crazy would be to put it lightly. I was seen as irrational, and my choices were deemed illegitimate. All because somewhere out there with dirt under my nails and sweat on my back I realized I was made for this, I was made for farming.

After many years of dedication and determination I began to meet people that understood my dream, respected it, and knew a need for it. At the time I did not understand the significance but, being able to submerge myself in farming and yet still connect to the community around me (without a strong market presence) is something that was simply amplified by my geographies as a young "urban farmer."

At this time urban agriculture had not reached small town America for the most part. Within the last 30 years urban agriculture has increased by 30 percent. But then (2014) urban agriculture was booming in major cities in abandoned lots and on roof tops. Amongst rural farmers, urban farmers were not seen as farmers at all. Just gardeners. Yet in more ways than one, urban agriculture was exposing the general public to food grown in ways they had not since their rural experience.

In times past, farming was thought of as a rural practice, but urban agriculture has been growing in America since the 1980s.

On rural farms crop production is spread through the land, stretched out in rows and on big farms it was mostly monocultures (cultivation of a single crop). The face of urban Ag is much different. The innovation of raised beds (growing off the ground) and vertical planting (planting up instead of out) has made up for the lack of space presented in urban cities. And I would say, most importantly, urban Ag has



learned from the mistakes of the past. The broad majority of urban agriculturalist produce organic foods (grown without the use of synthetic chemicals).

When I began growing in 2011, I understood I didn't want synthetic chemical to grow my food, but didn't understand the extent in which it was being sold to me. I didn't know that "miracle grow" was synthetic. The commercials seemed pretty natural to me, and I saw my grandmother in her elder years use it when she no longer had chickens and the neighbor didn't have cows (original forms of fertilizer).

In many urban farm settlements, where education has been placed in the forefront, miracle grow and other companies like it have been ousted and in 2014 I used them in educating my community (in particular the youth) in sustainable healthy practices to strengthen us a whole.

It was around 2012 when the USDA was forced to recognize the imprint that urban Ag was making. The GDP (US Gross Domestic Product) estimated agriculture to represent 1.2 percent, long story

short, the Ag sector fell short and the next year USDA acknowledged urban farm contributions as a growing sector and including a growing demand for support and/or funds. It was not until 2018 that USDA would begin to put something on paper and this in many cases caused a divide between urban and rural farmers.

In the 2018 Farm Bill (multi-year law that governs an array of agricultural and food programs), much under the guidance of America's then first lady, Michelle Obama, stated that any property that could produce \$1,500.00 annually in a manner considered agriculture could be a farm, be recognized by the government as a farm and receive a farm number. Meaning urban farms could now sign-up for USDA programs and subsidies. Rural farmer already felt their needs had not been met and now they were forced to share with people they didn't even see as farmers.

Yet, the reality was that legislation had changed, but the scale in which they measured who got what had not at all been altered. The amount a farmer could get

from USDA in crop insurance or anything else for that matter was (and in many ways still is) based on the amount of acreage farmed. Before the 2018 Farm Bill you could not register a farm unless you had a minimum of ten to twelve acres. So, for urban farmers USDA contributions were little to none.

When I first began my journey as a farmer, I was told by a farmer that what I did was "cutesy farming" at best. It was not understood by the elders how farming could be so romanticized by a generation that for the most part grew up off the farm. But, it was because for the first time since the trans-atlantic slave trade, farming was not being interpreted through a lens outside of oppression, even outside of the lens of monetary gain. Urban agriculture was being perceived from the angle of physical health, food access, and mental health (via therapies).

The average age of new and beginning farmers is a decade or more younger than the average rural farmer and 26 percent of new and beginning farmers

are under the age of 35. In earlier generations farms were generational, meaning most farmers grew-up on farmers and parents farmed as well. But today farmers are coming from all walks of life. I was the first generation in my family to be born off the farm. I did everything society said do. I put education first and am a college graduate. I started my career only to find that the only place that made me whole and complete was the very place my parents ran from in pursuit of better opportunities, the farm.

The farm is not the place my parents left. For much of Black America those farms have been targeted and taken. Urban agriculture is ushering the next generation of farmers through exposing people to Ag that would not have seen it on a day-to-day bases. That's one reason why a large portion of new and beginning farmers are coming out of untraditional pathways.

The face of American Ag has already changed. It is no longer the image of a old white man outside of a red barn, but what is now a more accurate depiction of

today's agriculture is a 20-30 year old woman standing alongside an aquaponics system (a system in which plants are not grown in soil but instead water from fish tanks feed the crop). A better picture would be a community organization that collectively grow together on the abandoned lots in and around their communities.

Today, between 15-20 percent of the food produced worldwide is grown in an urban setting and this number is steadily growing. For me and many others urban agriculturalist, urban farming was our way into the Ag sector. The Ag sector was a place where doors were forced shut for the outside population (via legislation). No one wanted us to grow food. They much rather you buy it. Some say that we don't have enough food to feed the world. This could not be further from the truth. The reality is that growing food is something we could all do for ourselves and is nothing shy of our responsibility, but we have pawned this off to someone else.

At the turn of the 19th century over 85 percent of American lived on farms. Today, that percentage is less than two. And in the news, we are threatened with food shortages. As a people, we will never have what we need if we make our necessities someone else's responsibility. America with a population of over 329 million, less than 11 percent farm land and less than 2 percent have farm or Ag related employment (I want even began to mention what percentage of them are living below the poverty rate). Let's just say 60 percent of farms in American report a negative income.

The future image of American Ag is not hundreds of acres of a monoculture, but instead a plethora of small farms with crop diversity planted with the understanding and consent of the communities in which they serve. Urban Ag is not going anywhere. Even with some people granting it a fad. Urban Ag will be here because no one else will be able to afford to feed us. This makes it our problem, again, ours to fix and here is one step towards resolve.



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Community

Biden Lifetime Achievement Award Event

By Tyria McCray

Staff Writer

Durham residents, local officials, pastors, and family and friends all gathered at North Carolina Central's new student union for The Joseph R. Biden Lifetime Achievement Award and Volunteer Service Award Ceremony on Saturday, July 30.

Lifetime achievement awards recognize contributions over the whole of a career, rather than or in addition to single contributions.

Furthermore, the awards are presented by various organizations offered on multiple levels and are designed to recognize key milestones of service achievement. Levels include

bronze, silver, gold, and the highest honor, the President's Lifetime Achievement Award for those who contribute more than 4,000 hours of service in their lifetime.

This year's honorees consisted of Durham Mayor Elaine O'Neal, Mrs. Minnie Forte-Brown of the North Carolina School Board Association, Mrs. Sylvia Wiggins of Helping Hand Mission, Insurance Agency Owner Ms. Ava Alston Brownlee, Dr. Bobbie L. Richardson of the Board of Trustees for Golden Leaf Foundation, Abner Mason of American Medical Association, Pastor John P. Kee, Judge Floyd B. McKissick Sr., and youth advocate, Ms. Aniya D. Jones.

Dr. Beverly Kee, who is the Executive Director of the Premiere Coalition Partners Association, LLC, was the guest speaker. Dr. Kee gave the White House Reading and Lapel Pin pinning, as well as the presentation of the Lifetime Achievement Award and Gold Medallion.

Once the ceremony was underway, a few local officials shared

remarks.

"As chairman of the Durham county legation, it is my honor to welcome you to the Bull City. This campus was founded on the principles of truth and service," said state Senator Mike Woodard, Durham District 22.

Dr. Linda Richardson Wilson, Director of Community and Business Partnership for Guilford County Schools, shared remarks as well.

"Thank you for your vision and for recognizing these leaders. This is such an auspicious occasion. It is my distinct honor to offer reflections to the recipients of the lifetime achievement award. You all are our true heroes!" she said.

Closing out the ceremony, Pastor Fredrick Amos Davis gave a powerful prayer with D&D ensemble following with a great jazz selection.

Lastly, in honor of his grandfather Dr. Grady D. Davis, Sr., Violinist Clifton Harrison graced the audience with a virtual musical selection via London, United Kingdom.



Durham Native Afloat, Keeping Us Safe

PEARL HARBOR – A 2019 Lakes High School graduate and Durham, North Carolina, native is serving in the U.S. Navy as part of the world's largest international maritime warfare exercise, Rim of the Pacific (RIMPAC).

Petty Officer 3rd Class Cholee Brown is a sonar technician aboard USS William P. Lawrence, currently operating out of Pearl Harbor, Hawaii.

A Navy sonar technician is responsible for tracking and monitoring submarines and potential underwater threats.

Today, Brown uses skills and values similar to those learned in Durham.

"I try my best to always be patient with people, because patience leads to understanding, which creates a healthy work environment," said Brown.

As the world's largest international maritime exercise, RIMPAC provides a unique training opportunity that helps participants foster and sustain cooperative relationships that are critical to ensuring safety at sea and security on the world's oceans. RIMPAC 2022 is the 28th exercise in the series that began in 1971.

The theme of RIMPAC 2022 is

Capable, Adaptive, Partners. The participating nations and forces exercise a wide range of capabilities and demonstrate the inherent flexibility of maritime forces.

These capabilities range from disaster relief and maritime security operations to sea control and complex warfighting. The relevant, realistic training program includes gunnery, missile, anti-submarine and air defense exercises, as well as amphibious, counter-piracy, mine clearance operations, explosive ordnance disposal and diving and salvage operations.

"The warfare games being played during RIMPAC are extremely intricate, and play a huge role in continuing to develop interoperability with our allies," said Brown.

Serving in the Navy means Brown is part of a team that is taking on new importance in America's focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of the National Defense Strategy.

"The Navy provides a maritime presence that benefits us and our allies," said Brown. "What we do with presence and deterrence is essential for global commerce to



operate unencumbered."

With more than 90 percent of all trade traveling by sea, and 95 percent of the world's international phone and internet traffic carried through fiber optic cables lying on the ocean floor, Navy officials continue to emphasize that the prosperity and security of the United States is directly linked to a strong and ready Navy.

According to Chief of Naval Operations Adm. Mike Gilday, four priorities will focus efforts on sailors, readiness, capabilities, and capacity.

"For 245 years, in both calm and rough waters, our Navy has stood the watch to protect the homeland, preserve freedom of the seas, and defend our way of life," said Gilday. "The decisions and investments we make this decade will set the maritime balance of power for the rest of this century. We can accept nothing less than success."

Hosted by Commander, U.S. Pacific Fleet, RIMPAC 2022 will be led by Commander, U.S. 3rd Fleet, who will serve as Combined Task Force (CTF) commander. Royal Canadian Navy Rear Adm. Christopher Robinson will serve as deputy commander of the CTF, Japan Maritime Self-Defense Force Rear Adm. Toshiyuki Hirata as the vice commander, and Fleet Marine Force will be led by U.S. Marine Corps Brig. Gen. Joseph Clearfield. Other key leaders of the multinational force will include Commodore Paul O'Grady of the Royal Australian Navy, who will command the maritime component, and Brig. Gen. Mark Goulden of the Royal Canadian Air Force, who will command the air component.

"Completing my initial military training during the recent pandemic was a challenge, but I prevailed and was successful, which means a lot to me," said Brown.

During RIMPAC, a network of capable, adaptive partners train and operate together in order to strengthen their collective forces and promote a free and open Indo-Pacific. RIMPAC 2022 contributes to the increased interoperability, resiliency and agility needed by the Joint and Combined Force to deter and defeat aggression by major powers across all domains and levels of conflict.

As a member of the U.S. Navy, Brown and other sailors know they are part of a legacy that will last beyond their lifetimes.

"Serving in the Navy means protecting the people I love and care about while protecting American interests," added Brown.

By Chief Mass Communication Specialist Jeffery Tilghman Williams

2022 Womens Empowerment

By Tyria McCray

Staff Writer

Women's Empowerment 2022 was back into full swing this year in Raleigh.

Thousands of women from all walks of life gathered at the PNC Arena in the capital city to enjoy great music, teaching, shopping, seminars on mental and physical health, and good laughs.

It was also the first in-person conference since the pandemic.

Comedian and actress Sherri Shepherd kicked off the conference along with a star-studded lineup aimed at celebrating and honoring the accomplishments of women which included Gospel artists Erica Campbell and Tameka Mann, Raheem Devaughn, David Banner, Tank, Kimberly Michelle, and Byron Cage.

The theme of this year's event was "Faith, Family & Career."

After almost two years of uncertainty, virtual learning, social distancing, and working from home, this year's Women's Empowerment provided attendees with a day of respite and spiritual self-care that they've needed.



FORR THE CITY BASKETBALL CAMP

Over 50 youth took part in the initial FoRR the City Basketball Camp organized by Amber Nichols. Amber was featured in Forbes 30 under 30 in December 2021 and she is the current GM of the Capital City Go-Go. The event was held Saturday at Broughton High School in Raleigh. Several former college players helped to coach the kids. Mathias Bishop Photos

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Sports

Hall Of Fame Welcomes Inspirational 'Field Mouse,' Sam Mills

NEW ORLEANS (AP) — Perhaps the late Sam Mills would have been a blue-chip college recruit and high NFL draft pick had someone invented — as the 5-foot-9 linebacker memorably suggested — “a computer to measure heart.”

Mills played Division III college football and was not drafted. That made his rise to stardom with the New Orleans Saints and Carolina Panthers — and his enshrinement in the Pro Football Hall of Fame in Canton, Ohio, this weekend — all the more re-

markable.

The player nicknamed Field Mouse had the will to “keep pounding,” as he’d famously say. It made him an inspiration to people facing long odds in many aspects of life, whether they were undersized football prospects or cancer patients.

“I get emotional talking about him and I always have, because the darn guy was special,” said Jim Mora, who coached Mills in the USFL with the Philadelphia and Baltimore Stars, and then with the Saints. “I loved the guy.” Former Saints quarterback Bobby Hebert was struck by how little Mills resembled an NFL player in public. Not only was Mills a bit shorter than the average guy on the street, but he wore prescription glasses and had an air of politeness and approachability.

“He was a straight-and-narrow, great guy, just down to earth,” Hebert said, noting that Mills also ran Bible study with the Saints. “Not only was he a leader, like X’s and O’s, but also a spiritual leader. ... Sam was as tough as they come on the field and a perfect gentleman off.”

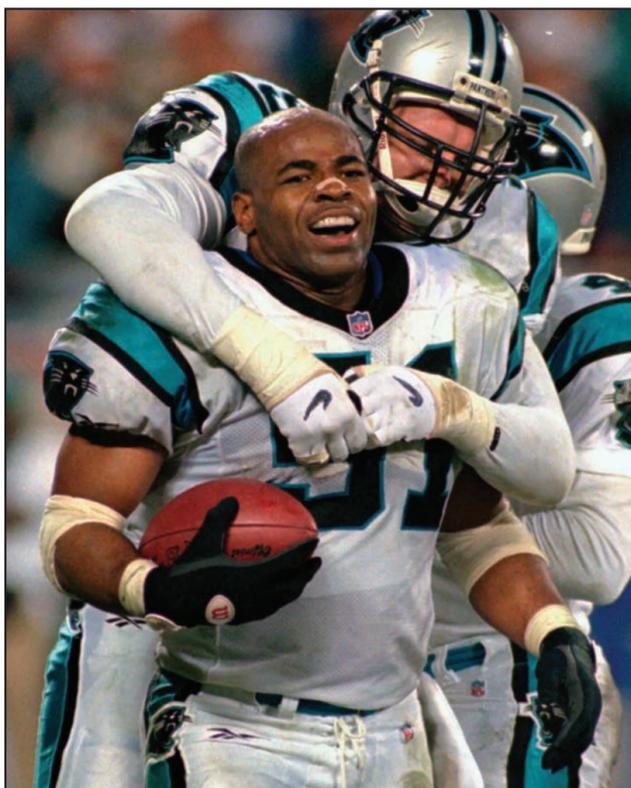
Hebert also marveled at Mills’ ability to so thoroughly win over the fan bases of two long-time divisional rivals.

“You know, I go to the same division, from the Saints to the Falcons, and I’m a mercenary,” Hebert said. “Sam’s a hero for both” New Orleans and Carolina.

Mills was part of New Orleans’ vaunted “Dome Patrol,” which included fellow Hall of Famer Rickey Jackson, as well as Vaughn Johnson and Pat Swilling, and is widely cited as one of the best four-linebacker units in NFL history.

Saints players who’d gaze downward at Mills in defensive huddles “all looked up to him,” Mora said. “Maybe they felt like he was an overachiever. He wasn’t. He was just that good.”

Outside the Panthers’ home stadium stands a statue of Mills wearing his No. 51 jersey. Mills spent the last three of his 12 NFL seasons in Carolina. In 1996, his



Delhomme on the back side and said, “Let’s go get better.”

Delhomme refers to that moment as an awakening in which he told himself: “You need to grow up and try to be just a tenth of this guy.”

“Everybody knew he was dying,” Delhomme continued. “He was doing chemo. And he’s running out to practice ... and he’s going to coach his ass off.”

Mills was just 45 when he died in April 2005. “Keep pounding” remains the Panthers’ tag line.

“He lived ‘keep pounding,’ and it resonates with people because it’s real and because it’s not just a sports thing,” said Mills’ eldest son, Washington Commanders defensive assistant coach Sam Mills III.

“I feel honored that I’ve had a chance to be around someone that’s touched so many people’s lives,” Mills III added. “You see how many people he’s affected with his story of small school or small stature. And then when you go post-cancer, you see how many other people who have nothing to do with football would come up and speak to him about their fight. I feel privileged to have been a part of that — to see what that has meant to people, to see what stopping and talking to someone for two minutes out of your day means to people.”

When Mills was playing high school football in Long Branch, New Jersey, he had little expectation of going to college until his coach persuaded him. He was good enough at Montclair State to receive training camp invitations from the Cleveland Browns and Toronto Argonauts of the CFL. Neither team kept him because of concerns about his size, and he went back to New Jersey to teach photography at East Orange High School and serve as an assistant football coach.

In 181 NFL games, Mills made 1,265 tackles, had 23 fumble recoveries, forced 22 fumbles, had 20 1/2 sacks and intercepted 11 passes. He also was part of the first four playoff teams in New Orleans Saints history and the first in Panthers history.



Team The News’ D. Murphy (50) drives down court against the Sharpshooters’ Mike Collins (30) and Zack Newkirk (10) during the second half. *Steve Worthy Photos*



Team Kenny Sharpshooters pose with their championship trophies after their defeat of The News in the Chavis Summer Basketball League Finals. The News and Kenny’s Sharpshooters met in the Chavis Summer Basketball league finals on July 28th at St. Augustine’s University. Kenny’s Sharpshooters went on to win the 2022 Chavis Adult League Finals 100-83.

second with the Panthers, he was named All-Pro. He also went into coaching with Carolina and was an assistant when he was diagnosed with intestinal cancer before the 2003 season.

Mills kept coaching during his treatment and made what is known as his “keep pounding” speech on the eve of the club’s Super Bowl matchup with New England at the end of that season.

“When I found out I had cancer, there were two things I could do: quit or keep pounding,” Mills said then. “I’m a fighter. I kept pounding. You’re fighters, too. Keep pounding!”

The quarterback of that Panthers team was Louisiana native Jake Delhomme, who grew up watching Mills call the Saints’ pre-snap defensive signals, fear-

lessly shed blocks from offensive linemen who dwarfed him and then plant ball carriers on their backs.

“I always kind of revered Sam Mills,” Delhomme said. “I was that young kid that was like: ‘Man, that’s the undersized guy. That’s the guy that made it. That’s the Field Mouse.’”

During the speech, “You felt that emotion,” Delhomme recalled. “It was like, ‘Oh my God, let’s put on the uniform now. Let’s play right now!’”

But Delhomme’s most poignant memory of Mills came earlier that season, a few days after a loss to Dallas. Delhomme recalled feeling sore, sluggish and uncharacteristically sorry for himself as he walked to practice. Then Mills jogged past, slapped



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Church



Faith Missionary Sets Homecoming

Faith Missionary Baptist Church will celebrate its 46th Homecoming on Sunday, August 21, at 11 a.m., at 908 Suffolk Blvd., Raleigh.

The Homecoming Theme is "There Will Be Glory After This!!" (Romans 8:18 (KJV)).

Dr. Idella L. Johnson of Watts Chapel Missionary Baptist in Raleigh is the scheduled Guest Preacher.

Rev. Dr. G. A. Jones, Jr., is Pastor at Faith Missionary Baptist Church, Raleigh.

As an extra health precautionary measure, masks are required.

Thank you for your understanding.

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. Colossians 3:16.

A native of Oakland, Calif., Dr. Idella L. Johnson is the youngest of seven siblings. Dr. Johnson has devoted her life to helping the message of Christ dwell among those she has encountered in ministry, from providing Sunday School piano accompaniment during her childhood to later serving as a mentor, traveling across the country conducting music workshops and national performing tours, and speaking at conferences.

After earning both a Bachelor of Arts degree, with honors, in Music and a Master of Arts degree in Ethnomusicology at the University of California, Berkeley, Dr. Johnson went on to earn the Doctor of Philosophy in Ethnomusicology at the University of Pittsburgh, Pittsburgh PA.

Throughout her career, Dr. Johnson has honored the call to "teach and admonish... with all wisdom through psalms, hymns, and songs from the Spirit" by

serving as a Minister of Music, Musical Director, Director of Praise and Worship, and Church Organist with various ministries.

She has had the privilege of recording two albums with U.C. Berkeley's Young Inspiration Gospel Choir, and has worked with such gifted artists as the late Daryl Coley, Quincy Fielding, V. Michael McKay, Calvin Bernard Rhone, Helen Stephens, Kirk Whalum, Richard Smallwood, Kurt Carr, Ricky Grundy, Jennifer Holiday, and Brent Jones throughout her career.

During her time in Pittsburgh, Pa., Dr. Johnson served the Greater Pittsburgh Area as the Director of the Pittsburgh City-Wide Revival Mass Choir, as well as the Music Director for the 1997 NAACP National Convention.

As a result of her musical leadership during the 2003 National Urban League Convention, Dr. Johnson formed and directed choirs who performed for such dignitaries as the Honorable William Jefferson Clinton, Kweisi Mfume, Marc Morial, Tom Ridge, Myrlie Evers, and the late Coretta Scott King.

In 2000, Dr. Johnson began her tenure as an Assistant Professor of Music at Tufts University in Medford, Mass., where she taught several courses in Ethnomusicology and African-American Music, and served as the Director of that university's largest performing and touring ensemble, the 125-member Tufts' Third Day Gospel Choir.

After relocating to the Raleigh area in the summer of 2004, she soon accepted the call of God on her life to preach His Word. Meanwhile, she continued serving as a consultant in the development of several churches' music ministries and as a psalmist and workshop facilitator at several churches.

She served as Music Director of Faith Baptist Preschool and

the Minister of Music and Arts at Shaw University's Thomas J. Boyd Chapel. She has also served on the teaching faculty of the North Carolina General Baptist State Convention's Congress of Christian Education. Dr. Johnson has also served as a consultant for Duke Divinity School's Non-Degree Certificate Programs.

Making her mark in her adopted home state of North Carolina, Dr. Johnson was a 2016 Lamp-lighter Award finalist. She participated with productions for the State of North Carolina (Department of Military & Veterans Affairs; North Carolina National Guard), NC State Fair and for the WRAL television show "Spiritual Awakening," and she has been a judge for Omega Psi Phi Fraternity's Talent Hunt competition.

In January 2010, Dr. Johnson became the Minister of Music, Worship & Arts at Raleigh's Watts Chapel Missionary Baptist Church. On May 1, 2011, Dr. Johnson preached her initial sermon at the Watts Chapel Missionary Baptist Church and was licensed to preach the Gospel of Jesus Christ.

While she looks forward to continuing to minister to God's people through music, "...singing to God with gratitude in [her] heart," she is humbled and blessed beyond measure to have the opportunity to proclaim His glorious Gospel whenever and wherever He opens the door.

Dr. Johnson is a member of Alpha Kappa Alpha Sorority Inc., and the Raleigh-Wake Chapter of Jack and Jill of America, Inc., for which she has served as Program Director and Chaplain. She is the proud and blessed mother of three children: Cole Alexander, Adia Grayce, and Aria Marie.

To God be the glory for the things He has done!

SERMON of the WEEK



HOW TO CONQUER CRITICISM
Sermon by: Overseer William Eli Ratcliff

Elbert Hubbard had great advice on how to avoid criticism; his advice was: "Do nothing, say nothing, and be nothing." However, ironically, I believe David in the Bible had a much better plan.

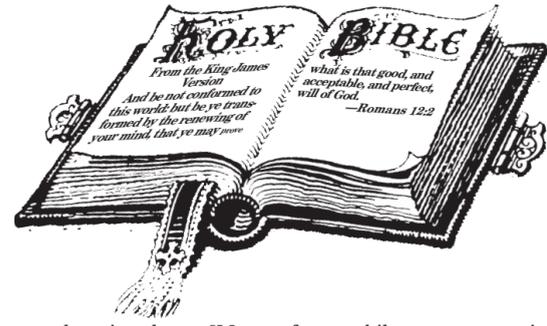
I Samuel 30:6 KJV, "And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the LORD his God."

While David and his men were out fighting a battle away from home, the Amalekites went there and raided Ziklag, and burned it down. They took captive all who were there, the wives, children and all both young and old.

When David's troops found their camp burned down and their wives and children gone, they lifted up their voices against David and criticized him and even spoke of killing him.

Although David was a proven warrior and had been a mighty man in battle, that meant nothing to his soldiers, because now they were frustrated and overwhelmed with grief and looked at David as a scapegoat.

All fingers of criticism and vengeance were now pointing at David. They failed to realize and had forgotten that David was God's chosen leader. Remember: At one time, all of David's brothers had been called by Samuel for the Godly Certification of a future king, but only David proved to be the



chosen and anointed one. [Many are called, but few are chosen. The anointing makes the difference!]

I'm sure, most if not all the men with David had a calling on their lives to do God's will in battle as well, but when this calamity came, only God's chosen one could lead them from their rock bottom state of sorrow to victory. Furthermore, they needed a leader that could rise above criticism and not dwell on having a pity party.

So, David conquered criticism by strengthening himself by God's Power. He knew from experience that the battle was not his but the Lord's. Don't let what you can't do stop you from doing what you can do.

No one is perfect. That's why pencils have been equipped with erasers. Adversity causes some people to break, while it causes others to break records. I believe that all world record holders, both spiritually and naturally, have had to deal with criticism. All of us will have to go past criticism and failure if we are to succeed.

Tell yourself, "Eventually, I'm going to break some habits and records that God will be proud of." Countless men, women, and children in the Bible had to deal with criticism. Jesus himself was even criticized for healing the lame, the blind, and sick, etc. I believe we can conquer criticism the same way that we conquer sin and that's by leaving it in the hands of the Lord; He erases criticism and gives us Salvation!

Furthermore, we already have the victory, because Christ died

for us while we were yet sinners.

We are more than conquerors because we know that God causes everything to work together for the good of those who love Him and are called according to his purpose. We should believe that nothing can separate us from God's deliverance, protection, and endless love.

Yes, David's plan worked, and he and his army had outstanding success.

I Samuel 30:18-20 NKJV says, So David recovered all that the Amalekites had carried away, and David rescued his two wives. And nothing of theirs was lacking, either small or great, sons or daughters, spoil or anything which they had taken from them; David recovered all.

Then David took all the flocks and herds they had driven before those other livestock, and said, "This is David's spoil."

Lastly, whenever we face criticism and calamity or threatened with death as David was, remember what the Word says, in Romans 8:38-39 NKJV, "For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."

If God be for us, who can be against us? When people turn on you, turn to God and ENCOURAGE YOURSELF in the Lord!

To view complete sermons by Pastor William Eli Ratcliff and other guest ministers, please visit our website at lincolnparkchurch.com or our YouTube Channel.

Practical Biblical Principles

WORK OUT YOUR SOUL SALVATION WITH FEAR AND TREMBLING—PART ONE
Read: **Philippians 2:12; Acts 2:42-43**

What does it mean to work out your Salvation? How do we work out our soul salvation? One cannot work out one's soul salvation. We do not own our soul God does. We are to work out our salvation. There is a big difference in working out our soul's salvation as opposed to working out our (own) salvation.

The soul is regarded as being the essence of the human person which is regarded as being immortal, invisible, and the source of origin of spirituality, emotions, volition (having a will to do)—the moral and spiritual part of man.

One of the many reasons to work out your own salvation is to know and understand the consequences of sin. Although God is loving, merciful, and forgiving, He nevertheless holds believers accountable for all disobedience. Paul reasons, "If we say that we have no sin, we are deceiving ourselves and the truth is not in us. If we confess our sins, He is faithful and righteous to forgive our sins and to cleanse us from all unrighteousness" (I John 1:8-9).

Paul knew he was serving a holy and just God the faithful believer will always live with fear and trembling. This "fear" translates and describes fright or terror (Luke 21:26). This word can also mean "reverential awe" (Acts 2:43). "Trembling" refers to shaking and is the word meaning tremor. Both reactions, fear, and trembling, are proper when one becomes aware of one's own spiritual weakness and the power of temptation.

Contrary to popular belief, God seeks such an attitude in His children, as His words in Isaiah 66:2 indicates: "To this one I will look, to him who is humble and contrite of spirit, and who trembles at My word."

An Old Testament truth is, "The fear of the Lord is the beginning of wisdom (Psalm 111:10)." This is not a fear of being doomed to eternal torment, nor a hopeless dread of judgment that leads to despair. It is rather a reverential fear, a holy concern to give God the honor He deserves and avoid the chastening of His displeasure. Such fear protects against temptation and sin and gives motivation for obedient, righteous living.

When Paul was in Corinth he spoke of his fear and trembling as he ministered to the church. Paul spoke later of this same fear and trembling to those who received Titus when He brought the word to the Corinthian church (II Corinthians 7:15). This kind of fear and trembling is closely related both to obedience to the Lord and affection for Him and for fellow believers. It is for that reason Solomon could declare: "How blessed (happy) is the man who fears always" (Proverbs 28:14).

We must be diligent in the use of all the means which lead to our salvation, persevering to the end. With great care we must work out our salvation, for it is God who worketh in us. Knowing this, it should encourage us to do our utmost, our best, for our labor will not be in vain.

We must still depend on the grace of God. The working of God's grace in us, is to quicken and engage our efforts. Working out our salvation is not a small thing; our only soul depends

upon it. Lest we forget, we are working to preserve our only soul. This we do if we bring salvation to ourselves. Salvation is defined as being separated and saved from sin and its penalties.

Christians are confused and without a deeper understanding when they are faced with the saying, "God's goodwill to us is the cause of His good work in us. Part of working out our salvation is to seek and take on as many good works as we can. This means take on good deeds to do, but most important is to take on issues of faith and spiritual perfection and be victorious.

God cannot work in you if you do not request that He do so daily basis. In no way does this imply that one gains salvation by doing good. This would mean that we get to heaven by works. Not so!

Do your good duty without murmuring and do not find fault with the good work you do, especially if your good works and faith is the result of Jesus being in your life. Give no just cause for offense, do not quarrel, be in peace with yourself and others. The more perverse people are and become, the more careful we should keep ourselves blameless and harmless. To do so will enlighten others. We are to become a lighthouse, or the candle held high and not hidden under a bush.

Our Lord promised to help us work out our salvation. He did His part on the cross. Now let us do our part!

J. L. Caldwell, Pastor
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Editorials

Editorial Policy

Unsigned editorials in this space are the opinion of the newspaper. All other opinion pieces, including those from regular columnists, are the opinion of the writers themselves. The Carolinian strives to provide provocative commentary that is likely to spur thoughtful debate, regard-

Should We Worry About Fewer Youth Working?

By Mike Walden
Guest Editorial

For many people, reaching a certain age causes them to think more about their past life. For me, that age was 70. Since attaining that milestone, I find myself thinking more about my seven decades, particularly the early ones.

With all the changes in the labor market in recent years, I've been remembering my early days of working. Even before I could legally work for pay, I had chores around my parents' house and odd jobs. One was picking up nails on construction sites where my father worked. I think I received a penny per nail.

My official entry into the workforce was at age 16 when I took a job at a fast food restaurant. I worked there a couple of months before finding a better-paying job at a furniture warehouse. I stayed there six years, working half-time during my remaining high-school years and four years in undergraduate college. In the summers I worked a full, 40-hour week.

Looking back, I think I learned valuable lessons from my introduction to work, including taking orders, being punctual, cooperation, performing undesirable tasks—like cleaning garbage cans—and interacting with strangers. At the time I didn't understand their importance, but now I truly think my restaurant and warehouse jobs contributed to my success later in my life.

Between 1950 and 1990, the percentage of youths aged 16 to 19 who were working or actively looking for work ranged—with a few exceptions—between 45 percent and 55 percent. Or, stated another way, around half of 16-19-year-olds were in the labor force.

But in the 20-year period from 1990 to 2010, the percentage of working 16-19-year-olds plunged, bottoming out at close to 33 percent. Since then there's been little change. Some experts think the 16-19-year-old work rate will drop to closer to 25 percent by 2030.

What's happened, and is it good or bad news that young people are working less?

One big factor behind the lower work participation of young people is the growth in the importance of education. As the economy has changed and moved away from using human physical strength to using human cognitive abilities—especially for higher-paying jobs—more young people have seen the need to graduate from high school and then attend college. But to attain the high school grades to first graduate and then be admitted to college, high schoolers may not want to take the time for a part-time job.

Indeed, the motivation to substitute study for work has extended into the summer. In 1980 only five percent of high school students aged 16-19

attended summer school. Recent data show 30 percent of 16-19-year-olds are now attending summer school. One economist found the increase in summer school attendance accounted for almost all of the decline in summer work by high-schoolers. Then, once in college, student loans can reduce the need for a job to pay tuition and living expenses.

Another factor is competition from other workers, particularly senior citizens and immigrants. The fastest growing demographic group in the country is individuals 65 and over. Some older individuals may decide to work just to keep busy, while others need employment to supplement their Social Security and other pension income. Senior citizens have been especially recruited by restaurants—notably fast-food restaurants—where strenuous physical tasks are limited.

Foreign immigration to the U.S. has surged in recent decades. For immigrants—especially males—with limited English language skills, jobs in construction have become attractive. Immigrants now account for 25 percent of the construction workforce. In the summer, construction jobs used to offer major employment options for 16-19-year-olds males. Now many of those jobs are taken by others who work full-time year-round.

Interestingly, the decline in working youths has not been limited to our country. Countries with similar economies to the U.S., especially in Europe, have seen similar downward trends in paid work by young people. The reasons also appear to be the same: the increased focus on more education, and the employment alternatives provided by older individuals and immigrants.

Our country's declining birth rate will add another element to this story. The relative size of older teenagers (aged 16-19) will decline, and in many states the absolute number of 16-19-year-olds will also shrink. This means there will be even fewer young individuals available for work, suggesting that firms will continue to turn to older workers, immigrant workers, and—increasingly—to technology and automation. We're already seeing more technology and automation being used in sectors like hospitality and food service.

Yet this still leaves the second question—whether it's good or bad that fewer youths in their late teens and early 20s are receiving the experiences of, and lessons from, working for pay. I think my early jobs were valuable for me both then and later in life. But every situation and individual are different, and every decision involves both benefits and costs. The best I can conclude is, parents and their children will have to jointly decide.

Walden is a Reynolds Distinguished Professor Emeritus at North Carolina State University.

NOW THAT WE'RE DONE CELEBRATING OUR INDEPENDENCE...

WE CAN GET BACK TO WORK...

BEGGING SAUDI ARABIA FOR OIL...

AUSTRALIA FOR BABY FORMULA...

CHINA FOR LITHIUM...

CANADA FOR FEMININE HYGIENE PRODUCTS...



Letters To The Editor

Managing Anger Is Not Easy

To The Editor:

Anger is one of the most difficult emotional unforeseen issues that we have to learn to deal with because of the causes and effect of uncontrollable anger. In fact, anger essentially affects every organ in the body. It affects the heart, blood pressure, nerve system, vision, hearing and other organs simultaneously and can cause more harm to the individual that is angry than to the opposing party you are angry with. Individuals who are unable to control their anger have had heart attacks and strokes and died due to their inability to control their anger. Therefore it is incumbent upon all individuals to understand the detriment of uncontrollable anger.

Anger is an emotion that can range from mild irritation to intense rage. While many people categorize anger as solely "negative emotions," it can be positive. Angry feelings may spur you to stand up for someone or they may lead you to create social change. However, when left unchecked, angry feelings can lead to aggressive physical behavior, including yelling at someone or damaging property. Angry feelings also may cause you to withdraw from the world and turn your anger inward, which can impact your health and well-being.

Anger become problematic when it's felt too often or too intensely or when it's expressed in unhealthy ways, which can take a toll physically, mentally and socially. For this reason, anger management strategies can be beneficial and can help one discover healthy ways to express your feelings.

I have taught classes on managing anger. In teaching the class, one of the questions we asked individuals is: What do you do when you get angry? Many individuals admitted that when they get angry, they "lose it" others simply admitted that they really didn't know what they did when they became angry. This is the root causes of physical violence where individual lose their lives because of their anger.

I recall going to Rikers Island a Correctional Institute in New York City to do a training program for the inmates on managing conflict and anger. At the conclusion of the program, one of the inmates who were serving a "life sentence" thanked me for sharing information on how to resolve conflict. He further stated that he truly enjoyed the program and if some of his fellow inmates had received some training on managing conflict and anger management, some of them probably would not be incarcerated. He further stated that an individual "Dissed Him" and he killed him because he was unable to control his anger. In that instance, two individuals lost their lives, the individual who was killed and the individual who committed the crime. There are thousands and thousands of instances

(See **MANAGING ANGER**, P. 11)

A Different Voice

By Dorothy Shaw Thompson



FACEBOOK

Okay, I'm a slow learner. I admit it, I confess it and I'm fine with it, so... it has taken me 12 years to get on Facebook. Yes, I had a Facebook page 12 years ago that my second son set up for me for a good reason at the time, but after the reason was over I never looked at it. I was prejudiced... I had been told that people posted about what they ate (Dwight Spencer) and what they did that day, etc. and I wasn't interested but now I am. So, now that I have confessed I'll share with you what I like about it (I'm assuming that you are interested but I'm not trying to convince you...)

I have not been lonely during this pandemic. I do very well with staying home. I used to be more of an email person until Brad took over my computer and my friends let me know that I was sending too many emails (laugh out loud) but I stopped needing a computer when my job stopped. By the way, I was the last person on my job to use the computer. When it became necessary and I had to do it (I had gone to several workshops) and couldn't get it, my daughter Nikki taught me the computer and I was good to go.

I also had a flip phone and loved it. Friends and family were amazed because they'd send me stuff and I couldn't open it... so there was a chorus of... "Dot, get a smart phone..." I'd say if you want me to have one so badly... you buy it. Okay, so now I have one, I got one as a gift and Brad's cousin Demetria called me with unasked-for tutorials that helped, but... my son Tommy actually sat down with me until I got somewhat proficient (much to his chagrin). Do your kids want you to know in your senior years what they have been doing since kindergarten?

Okay, back on subject. I have really learned to like this device. I am able to talk to people all over the world with Facebook. Every day, I hear from my "little brother," who lived up the street who educates me with his interest in wildlife and science, etc. (Ronald Curtis). I can go to a wake to let people know I care about them when a loved one dies and then come home and watch the funeral on Facebook. I have touched base with a schoolmate (Brenda Cannady) who loves the oddities of trees

and agrees with my political views and shares great posts. I hear every day from my friend Mattie who was my "bestie" in Winston-Salem my first year out of college. Also, I get to watch my grand-nieces grow as well as other children that I care about. Facebook for me is about connection. Not just with those who are far away but also those who are up close and personal and people I don't know.

When the pandemic first began and churches had closed, I really missed my Sunday School class but Brad had an idea that I could do the class online and with the help of my sins, I did a class for almost two years or more but when my sons went back to work they set me up on Facebook and showed me how to tape it myself. I frankly haven't been brave enough to do it, but it's still online and I'm amazed how many people continue to watch it. Actually, I like Bible study and Sunday School with discussions so that wasn't my favorite way. I have been having Sunday School on Zoom for about a year with Rod Hodges' class. Tony Farrell told me about it and Dr. Al-Anubia instructed me on how to get on. This stuff for me is wonderful, it feeds my soul.

The last benefit for me is sharing inspiration with my friends. On Facebook, there are just wonderful posts that are scriptures, sayings and pictures. Each morning since January, I send out messages to my family and friends who want them. I use pictures, scriptures and sayings from Facebook and then I add commentary. My friend Mattie started this by sending these to me and I would forward them. Then she got the bright idea that I would take it over, adding her 140 to my smaller list. I told her that she had lost her mind, LOL. Years ago, I had read a book, *How to Say No Without Feeling Guilty*, so I said no three different times before she realized I meant it. I really enjoy this and it's a reminder for me.

So far, I'm enjoying Facebook. My sons say they have unleashed a monster because I get to read their posts now (smile) but what good is a parent if you can't criticize them? So now I keep in touch with them and my college classmates, my line sisters of Delta Opp-Oop, high school friends and people that I had forgotten to remember. I have friends who have Alzheimers and we communicate. It's wonderful for right now and actually so much more. I get a chance to stay connected without leaving my house. I can Google stuff and almost get

(See **A DIFFERENT VOICE**, P. 11)

Child Watch

By Marian Wright Edelman



THE FUTURE HAS ITS EYES ON YOU

"The future has its eyes on you." That was the message children enrolled in Children's Defense Fund (CDF) Freedom Schools® summer programs across the country heard and shared as they participated in this year's National Day of Social Action on July 20. CDF Freedom Schools programs encourage students in grades K-12 (known as "scholars") to excel and believe in their ability to make a difference in themselves and their families, schools, communities, country, and world with hope, education, and action. Every summer scholars participate in a National Day of Social Action. This event has been a regular part of CDF Freedom Schools programming since the program's beginning, and gives young people a chance to participate in collective action and use their voices to express their desire for change and their vision for a more equitable future. Above all, the National Day of Social Action reinforces CDF's message that children are never too young to make a difference.

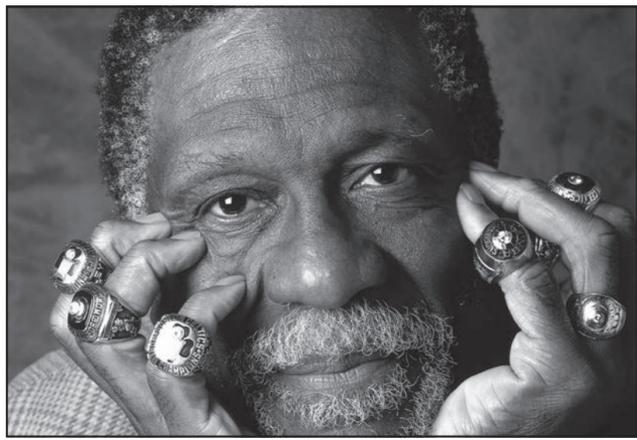
This year's theme was Climate Justice is Racial Justice. CDF Freedom Schools leaders partnered with Youth vs. Apocalypse, a diverse group of young climate justice activists working together to lift the voices of youth, especially youth of color and working class youth, to fight for a livable climate and an equitable, sustainable, and just world. At CDF Freedom Schools sites across the country scholars took field trips to science museums, shared youth-produced videos, wrote letters to their elected officials, learned about clean water and other needs in their communities from local experts, and found many other ways to learn more and share their urgent message.

This year's National Day of Social Action felt especially relevant during a week when record-breaking extreme weather made headlines around the world and at home, including in many of the states and communities where our scholars live. Children have their eyes on what adults are doing and not doing. When *Time* magazine named then-16-year-old climate change activist Greta Thunberg their 2019 Person of the Year—making her the youngest person ever honored—*Time* noted she represented a new wave of young people who refuse to accept the world adults have created for them: "She is a reminder that the people in charge now will not be in charge forever, and that the young people who are inheriting dysfunctional governments, broken economies and an increasingly unlivable planet know just how much the adults have failed them." *Time* added: "Leaders respond to pressure, pressure is created by movements, movements are built by thousands of people changing their minds. And sometimes, the best way to change a mind is to see the world through the eyes of a child."

When we look outside through a child's eyes we are reminded that the earth is the Lord's, the psalmist says, and we should rejoice in it—not destroy it! When we look at our nation and world through our children's eyes and hearts we are able to see how much urgently needs action. These are overarching children's and human survival issues that often don't seem to matter to military, corporate, and political greedies

(See **CHILD WATCH**, P. 11)

Other Viewpoints



BASKETBALL'S G.O.A.T. BILL RUSSELL HAS DIED

As one listens to the pontification of sports analysts, especially "First Take" talk about basketball in trying to capture the game's Greatest of All Time—GOAT, one hears the names of Michael Jordan, LeBron James and maybe a Kareem Abdul Jabbar mentioned with Kobe Bryant on the periphery. All of these "too soon" athletes who are from the era of the "individual show" game pale in comparison to William "Bill" Felton Russell who played the consummate team game leading the Boston Celtics to 11 consecutive NBA Championships in 13 years including those where he was the Celtics' Player Coach.

Russell was a 6'10" center for the NBA's Boston Celtics from 1956 to 1969. He became a five-time NBA Most Valuable Player, 12 Times NBA All-Star and was pivotal in setting a record for repeat championships at 8 from 1959 to 1966, i.e. an octo-peat trumping any bragging about a two-peat or three peat. His record highlights show he led his University of San Francisco Dons to two NCAA Championships in 1955 and 1956, captained the gold-medal winning 1956 Summer Olympic U.S. national basketball team and was the first Black coach in the NBA though John B. McClendon of the ABA's Cleveland Pipers was the first Black coach of any professional sports.

Having watched Russell play professional ball his entire career along with his point man who he repeatedly said if he had to pick one player to take the last shot it would have been recently deceased 10 Championship Ring holder and teammate Sam Jones, from North Carolina, they put on a show of majesty and beauty. Bill Russell and players of that day didn't have the conditioning equipment, cushioned shoes or facility perks of today's athletes but in their often used Chuck Taylor laced up high tops it was skill with the 15-footer, free throw line clutch shooting, dunk, pick and roll with a touch of spice, etc. Russell's dominating defense and rebounding would often stifle much taller competition, as in a Wilt Chamberlain, leading the NBA in rebounds four times with a dozen seasons of 1,000 or more.

Bill Russell was the first Black player to achieve superstar status in the NBA without the millions being thrown his way. He didn't take a knee but consistently put his beliefs on the line for which he was honored with the Presidential Medal of Freedom acknowledging his accomplishments on the court and for civil rights. Russell was inducted in the Naismith Memorial Basketball Hall of Fame in 1975 as a player and again in 2021 for his coaching career. All of the bogus and biased listings of the greatest NBA players in history do an injustice to their rankings, if Russell doesn't top the list for he did whatever it took for his team to win whether shooting, rebounding or just grunt work appreciating, his greatness came when his team won. Bill Russell's game was a thing of beauty and a joy forever. For that reason, the 2009 renaming of the NBA Finals' MVP trophy to the Bill Russell NBA Finals Most Valuable Player Award truly honors its GOAT.

Dr. Ada M. Fisher is a physician who was a medical director in a Fortune 500 Company, previous member of a county board of education, licensed secondary education teacher, author, poet, gifted public speaker and was the NC Republican National Committeewoman (2012-2020). Her Book Common Sense Conservative Prescriptions Solutions Good For What Ails Us, Book I is available.



BANANAS, COFFEE AND SUGAR

By Rod Ross

Staff Writer

The question we need to ask ourselves is the supply chain disruption a hoax? Look at the cost for commodities like coffee, sugar, and palm oil. Many of these imported commodities have fared quite well during the so-called supply chain issue that has led to apparent shortages in our grocery stores. But bananas tell the truth and remove the fiction and falsehood and expose a reality that forces common sense to take the wheel over mindless, blind following.

When baby formula and many other shelf items went missing in action, you could still find bananas stocked on the shelves. Chiquita Banana is headquartered in Charlotte and back in 2014 they merged with Irish banana company Fyffes to become the largest banana company in the world. Approximately 1.2 billion are imported annually through Seaport Manatee located in Tampa, Fla.

This is achieved by the first fruit company having their own fleet of ships. According to the company's website, their first farms were in Costa Rica in 1871. By 2002, all of their farms in Costa Rica were SA8000 compliant and by 2004 all Chiquita-owned farms were SA8000 certified. As the world's largest banana distributor, they have had no issues with ensuring their bananas reached our stores and kitchen counters.

The significance of this is, Americans are bombarded with narratives that suggest that boats are floating in the ocean because there is no one available to work the ports. Yet there are people available to unload 1.2 billion bananas. If you happened to walk into any of the outlet stores and malls, stores like Banana Republic, Gap, and Old Navy, were never understocked. Much of their clothes are manufactured in Asian countries like Indonesia and Vietnam. But Gap Brand's struggles haven't been due to supply chain issues as much as it does with the fact they have to compete with every other clothing chain. Chiquita has few competitors. Neither company has had an issue with supply chain woes.

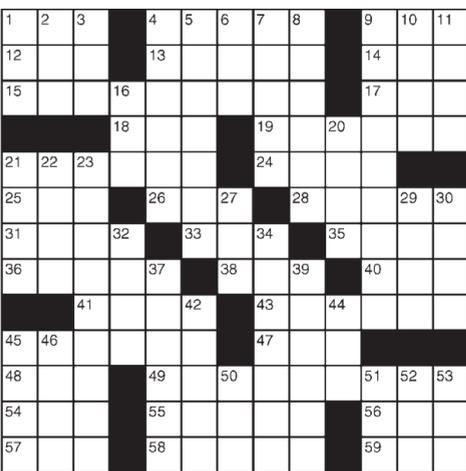
However, brands that have relied heavily on products from China have had supply chain issues. American automakers Cadillac and Buick have select vehicles manufactured in China. There are also other car manufacturers who are throttled by needed parts from other countries.

How much of Washington D.C.'s politicians are on China's payroll? During the Clinton administration, Toyota offered an EV Rav 4 for development to China. President Obama continued to lay the ground-

King Crossword

ACROSS

- 1 Witty one
- 4 Brings in
- 9 Rail
- 12 Mess up
- 13 Unconventional
- 14 Quarterback Manning
- 15 Airhead
- 17 Heavy weight
- 18 Verily
- 19 Made finer, as flour
- 21 Rope parts
- 24 "Holy —!"
- 25 Prefix with gram or center
- 26 Spasm
- 28 Picture puzzle
- 31 Towering
- 33 "Eureka!"
- 35 Nickelodeon's "Explorer"
- 36 Politico Stevenson
- 38 Branch
- 40 Klutz
- 41 Village People hit
- 43 Place of worship
- 45 Thief
- 47 Equal (Pref.)
- 48 Terre Haute sch.
- 49 Inflatable pool toy



- 54 Prof's degree
- 55 Point of view
- 56 Noon, on a sundial
- 57 Blue
- 58 Portals
- 59 Moray, for one
- 6 — glance
- 7 Spectrum creator
- 8 Soon-to-be grad
- 9 Cartoon vamp
- 10 Medicinal plant
- 11 Peel
- 16 Coloring agent
- 20 Skedaddled
- 21 Greek salad cheese
- 22 Apple tablet
- 23 Melville sailor
- 27 Dance syllable
- 29 Russian river
- 30 Ump's call
- 32 Gentle soul
- 34 Newspaper piece
- 37 Headache aid
- 39 Fits together
- 42 Where the action is
- 44 Unruly group
- 45 Tears
- 46 Job-safety org.
- 50 Literary rep
- 51 Chopping tool
- 52 Fish story
- 53 Dogpatch adjective

DOWN

- 1 Entanglement
- 2 "Intourage" character
- 3 Spike's warning
- 4 Actor De Niro
- 5 Turkey is part of it

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work of that Chinese connection, and after Trumpinomics threatened to balance import export ratio to one that was more fair, President Biden has forced Americans to accept that we must switch to Electric Vehicles by way of soaring gas prices and limited supply of traditional naturally aspirated gas vehicles.

It has become far too easy for reports to say the reasons why prices are high is because of the COVID pandemic. Or they insult our intellect by saying the cost has risen because the war in Russia has created a demand. In a war zone, people's priorities aren't palm oil, it's survive the day and survive the night. Unless you are a combatant, civilians and non combatants are trying to figure out how to handle exile and are seeking safe passage to a land that will harbor them. So where is the logic that we are experiencing a price hike here as a result of an area that is barely populated and no one is working due to a war? Displacement would only cause a burden in the economies that now must deal with a flux of people who are after limited supplies. But common sense says if the people move from place A to location B, then send the supplies to location B because the consumer base is there and are no longer in location A. In other words, move your product around.

Carlos Buqueras, executive director of Seaport Manatee, is on record as stating that Seaport Manatee is "No. 1 in the country in imports of fresh orange juice." That is why we still have orange juice and not baby formula because there is no supply chain disruption. Just market manipulation. All one has to do is look at the price of commodities over the past three years. While everything is taking a hit on the market, commodities rose while shelves were empty. We cannot miss the elephant in the room because someone yells "look at the jackass."



THE POWER OF THE TRUTH

By Ben Jealous

People for the American Way

The truth has power. That is why an army of politicians, lawyers, political schemers, media personalities, and admirers of former President Donald Trump have tried so hard to keep Americans from learning the truth about his effort to overturn the 2022 election.

Fortunately, he failed to overturn the election. And he and the corrupt members of his inner circle have failed to keep the truth hidden.

The House select committee investigating the Jan. 6 attack on our country—and the criminal conspiracy that led up to it—is an important exercise in truth telling. The committee finished its first round of televised hearings in July and expects to pick up again in September.

We have learned a lot thanks to the work of committee members and staff, principled members of Trump's own administration, and journalists whose work has shed light on things Trump and his cronies desperately tried to keep hidden.

Donald Trump wanted to stay in power after losing the 2020 election. He wanted it so badly that he tried to bully his loyal vice president into making a power-abusing end run around the Constitution. He wanted it so badly that he worked his supporters into a rage with endless lies about the election being stolen.

He called these enraged supporters to Washington, D.C., to interfere with a key step in the peaceful transfer of power. He sent them to the Capitol knowing that many were armed. And for hours, while members of the Capitol Police were being brutalized, and members of Congress and Vice President Pence's security detail were calling loved ones, not sure they would live through the attack, Trump did nothing.

Well, to be more accurate, he did nothing to stop the rampage. He did plenty of harmful things.

He did watch the violence on television. He did pour gasoline on the fire by denouncing Pence while the attack was under way. He did take calls from fearful members of Congress only to dismiss their pleas for help. He did reject direct appeals from his own daughter to call off the attack. He did tell his chief of staff that he didn't think the mob chanting "hang Mike Pence" was doing anything wrong. He thought Pence deserved it for choosing the Constitution over Trump's desire to keep his grip on power.

Only when it was becoming clear that the attack would fail to stop Congress from affirming Joe Biden's victory did Trump grudgingly tell his troops to withdraw.

But even that was a tactical retreat. His attack on our democracy hasn't stopped. Or even slowed down.

Trump continues to lie about the election being stolen from him. His enablers in right-wing media and far-right social media networks spread the lie even further. MAGA activists harass election officials. State legislators use that lie to justify laws that make it harder for people Trump sees as his enemies to vote.

Even worse, they are trying to get more Trump loyalists and Big Lie believers into positions where they will have the power to succeed at what Trump and his team tried to do this time around: overturn the election results in key states. Trumpists and election deniers are running for office as local election officials, state legislators, and secretaries of state, where they will have power to interfere with how elections are run and votes are counted.

And potentially even worse than that, they are also enlisting the far-right Supreme Court majority that Trump cemented with three justices who were preapproved by the far right-wing legal movement. They have agreed to consider a fringe legal theory pushed by the hard right.

If the court's new activist far-right majority embraces this legal theory, it would let state legislators violate state constitutions and ignore and override the will of the voters. And it would be impossible for courts to step in as a check on anti-democratic abuses of power. This is a battle plan for authoritarian rule.

It may be hard for many people to believe just how extreme Trump's movement and his political supporters have become, and just how much of a threat to democracy they pose as we approach this year's congressional elections. The January 6 committee has done democracy a big favor by dragging important truths into the light of day. We can't turn away from them. To preserve our country and our freedoms, we must recognize that they are threatened. And we must act to protect them.

Ben Jealous serves as president of People For the American Way and Professor of the Practice at the University of Pennsylvania. A New York Times best-selling author, his next book Never Forget Our People Were Always Free will be published by Harper Collins in December.



NC WARN SUPPORTS CLEAN ENERGY GROUPS' CARBON PLAN

Statement by executive director Jim Warren:
Durham—NC WARN commends the NC Sustainable Energy Association, Southern Environmental Law Center and their partners for offering a North Carolina carbon reduction plan that we believe is consistent with the needs of North Carolinians, particularly in terms of climate and economic justice.

We encourage individuals, nonprofits, businesses and Governor Cooper to urge the NC Utilities Commission (NCUC) to abandon Duke Energy's discredited, climate-wrecking proposal and work together to make the plan by Synapse Energy Economics, the consultant for NCSEA, et al., the best it can possibly be.

We also call on all parties to link their carbon plan thinking to the hyper-urgent call by a globally prominent climate scientist right here at Duke University. Dr. Drew Shindell is leading the planetary warning that reducing the expansion of natural gas (methane) infrastructure is absolutely crucial to efforts to avert widespread climate and social catastrophe, and that curbing methane gas emissions can help "very, very quickly."

We appreciate that NCSEA, et al., Attorney General Josh Stein, the big tech companies and other parties in the carbon plan docket have shown the NCUC how Duke Energy manipulated its calculations to heavily slant the case for expanding gas over the far cheaper transition to solar-plus-storage, energy-saving and other climate-protecting solutions.

Similarly, NC WARN engineer Bill Powers exposed how Duke rigged its draft plan in numerous other ways to gain approval for up to 11,700 MW of new gas-fired generation (dozens of units) and \$19 billion in grid projects. That's the corporate monopoly approach: build costly projects and raise rates, which especially harms the most vulnerable residents.

Among the many ways the Synapse proposal beats Duke Energy, it retires coal-fired plants faster, adds no new gas-fired plants, and emphasizes energy-saving and distributed generation. These all help keep rates down, cut coal ash and air pollution, and help slow the climate crisis that is disproportionately impacting communities of color.

The NCUC announced Friday its plan for hearing additional evidence on the carbon plan over the next two months. In that process, NC WARN will offer a few amendments to the Synapse plan that could allow even quicker phase-out of existing coal and natural gas power plants.

As detailed in Powers' report that NC WARN and the Charlotte Mecklenburg NAACP filed in the docket, the billions Duke Energy wants for new gas and grid projects can largely be avoided by siting solar projects up to 5 MW in size closer to where energy use is high. Solar-plus-storage on rooftops, parking areas and open urban spaces would also reduce the need for costly new transmission towers, avoid plowing power lines through already-impacted rural communities, and speed the shift off dirty, dangerous power.

The NCUC should resist deferring to Duke Energy's draft plan. The carbon plan differs from other dockets where the NCUC must rule on an application by the utility. Legislators instructed the NCUC to write the carbon plan, then the NCUC requested a draft plan from Duke as a first step.

Duke Energy's draft has been thoroughly discredited and opposed by virtually all parties. Thus, the NCUC should move ahead by perfecting Synapse's plan. This lets North Carolina finally join the global effort to avert runaway climate change, while building the state's clean energy economy and helping communities already devastated by climate impacts.

NOTE: Synapse ran a separate analysis of carbon reductions if North Carolina were to join a controversial carbon-pricing program among several East Coast states (RGGI), but Synapse did not make a recommendation on RGGI. Many environmental justice organizations—including NC WARN—have long been concerned that carbon pricing systems cause increased impacts in marginalized communities.

Now in its 34th year, NC WARN is building people power in the climate and energy justice movement to persuade or require Charlotte-based Duke Energy—one of the world's largest climate polluters—to make a quick transition to renewable, affordable power generation and energy efficiency in order to avert climate tipping points and on-going rate hikes.

MANAGING ANGER

Continued from page 10

this kind of violence is committed and society believes that the solution is to "lock them up" instead of being pro-active and institute conflict resolution and anger management teaching/training programs in the schools, churches and community organizations.

I believe that individuals who learn to resolve conflict and manager anger will have a tool that almost guarantees success in relationships, work environment, family and the community.

Hezekiah Brown
Elizabeth City

A DIFFERENT VOICE

Continued from page 10

in trouble buying stuff but that's not me. I like it when Dwight post his food, I only wonder why he didn't brings me a plate (smiles). I love Ruby Green and Esther Delany's pictures of their yards. I like encouraging and being encouraged and staying in touch with all of my college roommates and other friends and it's a cheap way to send a birthday card.

CHILD WATCH

Continued from page 10

who continue to threaten our existence by stealing billions of resources for the few instead of investing those resources to eliminate poverty and spread hope. But children understand the world they want and deserve. I am so proud of CDF Freedom Schools scholars and all young people who are doing their part to build that better world right now.

Classifieds

LEGALS

DURHAM COUNTY

STATE OF NORTH CAROLINA
DURHAM COUNTY
NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 22 E 918

The Undersigned, having qualified as Executor of the Estate of Ida Elaine Sherron Alford, a/k/a Elaine S. Alford late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 14th day of October 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 14th day of July, 2022.

Judy A. McDuffie
Executor
Stephen V. Alford
Co-Executor
411 Sherron Rd
Durham, NC 27703
7/14,7/21,7/28 and 8/04/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE TO CREDITORS AND DEBTORS OF GENEVIEVE AGNES LARSON

All persons, firms and corporations having claims against Genevieve Agnes Larson, late of Durham County, North Carolina, are notified to exhibit them to Pamela J. Larson as Executrix of the decedent's estate on or before October 15, 2022, c/o Gregory Herman-Giddens, Attorney at Law, 1340 Environ Way, Chapel Hill, NC 27517, or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above named Executrix.

This the 14th day of July, 2022.

Pamela J. Larson
Executrix
c/o Gregory Herman-Giddens, Atty. Galbraith, PLLC
1340 Environ Way
Chapel Hill, NC 27517
7/14,7/21,7/28 and 8/4/22
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 22 E 921

The Undersigned, having qualified as Executor of the Estate of Douglas Eric Griffin, Jr., late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 14th day of October 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 14th day of July, 2022.

Janet Wales Brown
Administratrix
PO Box 62622
Durham, NC 27715
7/14,7/21,7/28 and 8/04/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE TO CREDITORS File Number 22 E 900 JUANITA MABLE HAEFLING ESTATE

The undersigned, having qualified as Administrator of the Estate of Juanita Mable Haeffling late of DURHAM County, NC does hereby notify all persons, firms and corporations having claims against said estate to present them to the undersigned at the address below on or before the 14th day of October 2022, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.

This, the 14th day of July 2022.

Stephan M. Haeffling
Administrator of the Estate of Juanita Mable Haeffling
c/o The Law Office of Anne Page Watson, PLLC
3400 Croasdaile Drive, Suite 205
Durham, NC 27705
7/14,7/21,7/28 and 8/4/2022

NOTICE TO CREDITORS
The undersigned, Cynthia Browning Register, having duly qualified as Executrix of the

Estate of Peggy Ann Vaughan, deceased, late of Durham County, North Carolina, hereby notifies all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdaile Drive, Suite 205, Durham, North Carolina 27705, on or before October 21, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This the 21st day of July, 2022.

Cynthia Browning Register,
Executrix
C/O Ronald G. Coulter
Attorney at Law
3400 Croasdaile Drive
Suite 205
Durham, NC 27705
1-919-246-5775
July 21, 28, August 4, 11, 2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 2022 E 000934

The Undersigned, having qualified as Executor of the Estate of Edwin Randall Strickland, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 21st day of October 2022, or this notice will be pleaded in bar of their recovery.

This the 21st day of July, 2022.

Wendi Strickland Austin
Executor
2716 Anthony Court
Creedmoor, NC 27522
7/21,7/28, 8/4 and 8/11/2022

NOTICE TO CREDITORS

The undersigned, Peter Brandon Reintjes, having duly qualified as Administrator of the Estate of Lea Francine Freeman, deceased, late of Durham County, North Carolina, hereby notifies all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdaile Drive, Suite 205, Durham, North Carolina 27705, on or before October 28, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This the 28 day of July, 2022.

Peter Brandon Reintjes
Administrator
C/O Ronald G. Coulter
Attorney at Law
3400 Croasdaile Drive
Suite 205
Durham, NC 27705
1-919-246-5775
July 28, August 4, 11, 18, 2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 2022 E 000941

The Undersigned, having qualified as Administrator of the Estate of Barbara Poole Barham, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 28th day of October 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of July, 2022.

Melissa Barham Myers
Administrator
306 Pleasant Dr
Durham, NC 27703
7/28,8/4,8/11 and 8/18/2022

NOTICE TO CREDITORS File No. 22 E 805

Having qualified as Executrix of the Estate of William Michael Guilfoyle, Jr. of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 28th day of October, 2022, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 28th day of July, 2022.
Eleanor T. Hanson
Executrix
c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs
4 Consultant Place
Durham, NC 27707
7-28, 8-4, 8-11 & 8-18, 2022

NOTICE TO CREDITORS

The undersigned, Irma Tuulikki Isojarvi, having duly qualified as Administratrix of the Estate of Jouko Ilkka Isojarvi, deceased, late of Durham County, North Carolina, hereby notifies all persons, firms and corporations having claims against the Estate to present them to the undersigned in care of Ronald G. Coulter, Attorney for the Estate, 3400 Croasdaile Drive, Suite 205, Durham, North Carolina 27705, on or before October 28, 2022 or it will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment.

This the 28st day of July, 2022.

Irma Tuulikki Isojarvi
Administratrix
C/O Ronald G. Coulter
Attorney at Law
3400 Croasdaile Drive
Suite 205
Durham, NC 27705
1-919-246-5775
July 28, August 4, 11, 18, 2022

NOTICE TO CREDITORS File No. 22 E 951

Having qualified as Executor of the Estate of Susan Maxwell Sauls of Durham County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 4th day of November, 2022, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 4th day of August, 2022.

Joseph Maxwell Lodwell
Executor
c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs
4 Consultant Place
Durham, NC 27707
8-4, 8-11, 8-18 & 8-25, 2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 2022 E 000642

The Undersigned, having qualified as Executor of the Estate of Mary F Fletcher, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.

Lynne F Williams
Executor
111 Beechwood Drive
Youngsville, NC 27596
8/4,8/11,8/18 and 8/25/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 2022 E 000993

The Undersigned, having qualified as Executor of the Estate of Emily Louise Dashner, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.

Roger J Dashner
Executor
907 Toxaway Dr
Hendersonville, NC 28791
8/4,8/11,8/18 and 8/25/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 22 E 896

The Undersigned, having qualified as Executor of the Estate

of James Benjamin Horton, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 4th day of November 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 4th day of August, 2022.
Lessie Meadows-Horton
Executrix
4202 Pin Oak Dr
Durham, NC 27707
8/4,8/11,8/18 and 8/25/2022

NOTICE TO CREDITORS

Having qualified as Executor of the Estate of VASILY GONCHAROV, deceased of Durham County, N.C. On the third day of August, 2020, the undersigned does hereby notify All persons, firms, and corporations having claims against said estate to exhibit them to the undersigned at the office of the attorney for the Estate on or before the 12th day of November, 2022 or this notice will be pled in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.

This the 4th day of August, 2022.

CALVIN PLEASANTS
Executrix
c/o Leslie O. Wickham Jr.
Attorney At Law
3310 Croasdaile Drive, Suite 500
Durham, N.C. 27705
8/4,8/11,8/18 and 8/25/2022

WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION NORTH CAROLINA COUNTY OF WAKE In the General Court of Justice District Court Division File No: 22 CVD 3174

[CHILD CUSTODY PROCEEDING]
YANET GIRAL FIGUEROA,
Plaintiff

v.
LORENZO ANTONIO JIMENEZ TRINIDAD,
Defendant.

To Lorenzo Antonio Jimenez Trinidad, father of a child born to Yanet Giral Figueroa on 12/3/2008 in Mexico.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned child to Yanet Giral Figueroa and a hearing date of September 14, 2022 has been established.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than 9/1/2022, said date being forty (40) days from the first publication of this notice. Upon your failure to do so, the parties seeking relief against you will apply to the Court for the relief sought.

This, the 21st day of July, 2022.
Katherine S. Moyer
JusticeMatters, Inc.
Attorney for Plaintiffs
P.O. Box 58058
Raleigh, NC, 27658
919/794-7511, Ext. 9.
July 21, 28 & August 4, 2022.

NOTICE OF SERVICE OF PROCESS BY PUBLICATION NORTH CAROLINA COUNTY OF WAKE In the General Court of Justice District Court Division File No: 22 CVD 3971

[CHILD CUSTODY PROCEEDING]
AWA FAAL,
Plaintiff

v.
MOMODOU LAMIN SANNEH,
Defendant.

To Momodou Lamin Sanneh, father of three children, S.S born on 8/27/2008, O.S born on 9/23/2013 & M.S born on 8/31/2018, in Raleigh, Wake County, NC.

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief sought against you is an award of permanent legal custody of the aforementioned children to Awa Faal.

You are required to make defense to such pleading with the Wake County Clerk of Court no later than 9/1/2022, said date being forty (40) days from the first publication of this notice. Upon your failure to do so, the parties seeking relief against you will apply to the Court for the relief sought.

This, the 21st day of July, 2022.
Katherine S. Moyer
JusticeMatters, Inc.

Attorney for Plaintiffs
P.O. Box 58058
Raleigh, NC, 27658
919/794-7511, Ext. 9.
July 21, 28 & August 4, 2022.

NOTICE TO CREDITORS File Number 2022 E 002383

Having qualified as Executrix of the Estate of Barbara Faison Ndyalvan of Wake County, North Carolina, the undersigned does hereby notify all persons, firms, and corporations having claims against the estate of said decedent to exhibit them to the undersigned on or before the 21st day of October, 2022, or this notice will be pleaded in bar of their recovery. All persons, firms, corporations indebted to the said estate will please make immediate payment to the undersigned.

This is the 21st day of July, 2022.

Ewunike Titi Sekou Faison Brown
Hawkins
Executrix
c/o Richard F. Prentis, Jr., Stubbs, Cole, Breedlove, Prentis & Biggs
4 Consultant Place
Durham, NC 27707
7-21, 7-28, 8-4 & 8-11, 2022
STATE OF NORTH CAROLINA
WAKE COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk File Number 2019 E 000339

The Undersigned, having qualified as Executor of the Estate of Geneva Byrd, late of Wake County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 28th day of October 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of July, 2022.

Ruth Odessa Byrd
Executrix
1200 Armstrong Circle
Raleigh, NC 27610
7/28,8/4,8/11 and 8/18/2022

ACTION IN DIVORCE NOTICE ACTION IN DIVORCE IN THE COURT OF COMMON PLEAS OF MONTGOMERY COUNTY, PENNSYLVANIA CASE NO. 2021-24109

Ivy Granston, Plaintiff
vs.
Sammy Ebanks, Defendant

COMPLAINT IN DIVORCE NOTICE TO DEFEND AND CLAIM RIGHTS

Notice is hereby given that a divorce action has been filed between Ivy Granston and Sammy Ebanks on December 8, 2021 and reinstated on June 8, 2022 in the Court of Common Pleas of Montgomery County, PA.

If you wish to defend against the claims set forth in the following pages, you must take prompt action. You are warned that if you fail to do so, the case may proceed without you and a decree of divorce or annulment may be entered against you by the Court.

A judgment may also be entered against you for any other claim or relief requested in these papers by the Plaintiff. You may lose money or property or other rights important to you, including custody or visitation of your children. When the ground for divorce is indignities or irretrievable breakdown of marriage, you may request marriage counseling. A list of marriage counselors is available in the Office of the Prothonotary Montgomery County Courthouse Swede and Airy Streets Norristown, PA 19401

If you do not file a claim for alimony, marital property, counsel fees, or expenses before the final decree of divorce or annulment is entered, you may lose the right to claim any of them.

You should take this paper to your lawyer at once. If you do not have a lawyer, go to or telephone the office set forth below. This office can provide you with information about hiring a lawyer.

If you cannot afford to hire a lawyer, this office may be able to provide you with information about agencies that may offer legal services to eligible persons at a reduced fee or no fee.
Lawyer Referral Service
100 West Airy Street
Norristown, PA 19401
610-279-9660, ext. 201
www.montgomerybar.org
Attorney Name (if applicable):
Caron P. Graff, Esquire
Address: 123 Old York Road, Jenkintown, Pennsylvania 19406
Mail Affidavit to (your name): Caron P. Graff, Esquire
Address: 123 Old York Road
Jenkintown, PA 19046
Daytime phone number:
215-572-6868
8/4/2022



"He deliberately got a hearing aid so he could turn me off!"

Solution time: 22 mins.

W	A	G		R	E	A	P	S		B	A	R
E	R	R		O	U	T	R	E		E	L	I
B	I	R	D	B	R	A	I	N		T	O	N
				Y	E	A		S	I	F	T	E
F	I	B	E	R	S		M	O	L	Y		
E	P	I	T	I	C		R	E	B	U	S	
T	A	L	L	A	H	A		D	O	R	A	
A	D	L	A	I		A	R	M		O	A	F
		Y	M	C	A		T	E	M	P	L	E
R	O	B	B	E	R		I	S	O			
I	S	U		B	E	A	C	H	B	A	L	L
P	H	D		A	N	G	L	E		X	I	I
S	A	D		G	A	T	E	S		E	E	L

Galaxycon2022



Classifieds



REQUEST FOR PROPOSALS FOR ESTEY HALL HVAC REPLACEMENT PROJECT

Shaw University is seeking proposals from qualified firms to provide services and equipment for the replacement of HVAC units at Estey Hall, located on the campus of Shaw University in Raleigh, NC.

Firms that are interested in providing the requested equipment and services to Shaw University are invited to review the RFP and submit a Proposal Form, in electronic form only. Please find the RFP and the Proposal Form on our website at <https://www.shawu.edu/real-estate-strategic-development/rfp/>.

Each firm is solely responsible for the timely delivery of its Proposal Form. All Proposal Forms must be delivered by 3:00 pm local time on August 17th, 2022. No Proposal Forms will be accepted after this deadline. Firms accept all risk of late delivery regardless of fault.

Shaw University reserves the right to accept or reject any and/or all submittals, to waive informalities, and to award the contract as deemed in the best interest of the project or the University.

eMail Your Ads 24 Hours A Day To ADS@CARO.NEWS

NORTH CAROLINA
NASH COUNTY
In The General Court Of Justice
District Court Division—Small Claims
File No. 22CVM1405
COMPLAINT TO ENFORCE
POSSESSORY LIEN ON MOTOR
VEHICLE

CJ's Auto
c/o PO Box 48662 Raleigh, NC 27620
4311 layola Avenue Rocky Mount,
NC 27804
vs.
Unknown Owner,
TO: Unknown Owner
TAKE NOTICE the petitioner
has filed with the clerk a petition

in proper form indicating that the petitioner has a valid lien against a 1996 Dodge, ID No. 2B6HB21Y9TK190000, and that the petitioner shall have the right to sell to the highest bidder the motor vehicle listed on xxxxxx at the Nashville Courthouse, at 8:30 a.m. You are required to make a defense to such pleading before such date and time.

This the 4th day of August, 2022.
Gabriel Rivera
C.J. White
4311 layola Avenue
Rocky Mount, NC 27804
8/4,11,18/22

WANTED WBE, MBE & DBE BIDS

for the following jobs:

NCDOT DIVISION FOUR LETTING
DD00375 Halifax Co. Bid Date: Aug 9th

NCDOT CENTRAL LETTING
C204734 Wilson Co. Bid Date: Aug 16th

These projects may involve some or all of the following aspects of construction: construction survey, clear and grub, trucking, drainage, milling, paving, incidental concrete, fence and guardrail, signs, structures, traffic control, utilities, signals, pavement marking, erosion control and seeding. Bids can be emailed to stw.quotes@stwcorp.com

Please contact S. T. Wooten at 252-291-5165, Fax 252-243-0900 no later than 5:00 p.m. the day before the bid date.

The North Carolina Department of Transportation, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 Stat. 252, 42, U.S.C. 2000d to 2000d-4) and the Regulations, hereby notifies all bidders that it will affirmatively ensure that any contract entered into pursuant to the advertisement, disadvantaged business enterprises will be afforded full and fair opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. In accordance with other related nondiscrimination authorities, bidders and contractors will also not be discriminated against on the grounds of sex, age, disability, low-income level, creed/religion, or limited English proficiency in consideration for an award.

D/M/WBE

SUBCONTRACTORS/SUPPLIERS WANTED

T.A. Loving Company (NC General Contractor License No. 325) is seeking certified DBE subcontractors and suppliers for the following projects that bid for NCDOT:

Bid Date: 08/09/2022 at 2:00 PM
Project: Replace Bridge #119 Over Tributary of Deep Creek in Halifax County (Division 4)

Plans and specifications are available for inspection at the following locations: TA Loving Company, NC DOT Division office.

Potential subcontracting opportunities include but are not limited to surveying, demolition, clearing and grubbing, hauling, asphalt paving, striping, traffic control, earthwork, erosion control, seeding, sodding, linework, and directional drilling.

Please contact Justin E. Hill at our office as soon as possible if you are interested in submitting a proposal on any portion(s) of this project. Quotes may be emailed to **Justin E. Hill—jehill@taloving.com**. All quotations will be accepted up to bid closing time on bid date. Our address, phone number, and fax number is as follows.

T.A. Loving Company PO Box 919 Goldsboro, NC 27533
919-734-8400 (phone) 919-736-2148 (fax).

TA Loving Company is an Equal Opportunity Employer



CHEVROLET & THE NNPA ARE CHARGING FORWARD WITH YOUNG TALENT!

This HBCU Talent Is Bringing That Energy To *Discover The Unexpected* 2022



ANTONIO ANDREWS II
Tuskegee University
—
CHEVROLET CORPORATE FELLOW



RAZA EL
Tuskegee University
—
CHEVROLET CORPORATE FELLOW



JEVON JAMESWHITE
Howard University
—
CHEVROLET CORPORATE FELLOW



ASHLEY MCJUNKIN
Texas Southern University
—
CHEVROLET CORPORATE FELLOW



JVONTE 'JAY' MORRIS
Prairie View A&M University
—
CHEVROLET CORPORATE FELLOW



MENRA MAPFUMO
Clark Atlanta University
—
NNPA FELLOW



ASIA ALEXANDER
Howard University
—
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FREDERICK HARRELL
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—
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—
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