

HURRICANE PREPAREDNESS

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HURRICANE SEASON BEGINS JUNE 1



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The Carolinian



N.C.'s Twice-Weekly African-American Newspaper

\$1.00



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and Service of God

RALEIGH, N.C.

THURSDAY-SUNDAY, MAY 12-18, 2022

VOL. 82, NO. 28

Lisa Cook: First Black Woman In Fed's 108 Year History

WASHINGTON (AP) — The Senate confirmed economist Lisa Cook on Tuesday to serve on the Federal Reserve's board of governors, making her the first Black woman to do so in the institution's 108-year history.

Her approval was on a narrow, party-line vote of 51-50, with Vice President Kamala Harris casting the decisive vote.

Senate Republicans argued that she is unqualified for the position, saying she doesn't have sufficient experience with interest rate policy. They also said her testimony before the Senate Banking Committee suggested she wasn't sufficiently committed to fighting inflation, which is running at four-decade highs.

Cook has a doctorate in economics from the University of California, Berkeley, and has been a professor of economics and international relations at Michigan State since 2005. She was also a staff economist on the White House Council of Economic Advisers from 2011 to 2012 and was an adviser to President Joe Biden's transition team on the Fed and bank regulatory policy.

Some of her most well-known research has focused on the impact of lynchings and racial violence on African-American innovation.

Cook is only the second of Biden's five nominees for the Fed to win Senate confirmation. His Fed choices have faced an unusual level of partisan opposition, given the Fed's history as an independent agency that seeks to



LISA COOK

remain above politics.

Some critics charge, however, that the Fed has contributed to the increased scrutiny by addressing a broader range of issues in recent years, such as the role of climate change on financial stability and racial disparities in employment.

Biden called on the Senate early Tuesday to approve his nominees as the Fed seeks to combat inflation.

"I will never interfere with the Fed," Biden said. "The Fed should do its job and will do its job, I'm convinced."

Fed Chair Jerome Powell is currently serving in a temporary capacity after his term ended in February. He was approved by the Senate Banking Committee by a nearly unanimous vote in March.

Fed governor Lael Brainard was confirmed two weeks ago for

the Fed's influential vice chair position by a 52-43 vote.

Philip Jefferson, a economics professor and dean at Davidson

College in North Carolina, has also been nominated by Biden for a governor slot and was approved unanimously by the Finance Committee. He would be the fourth Black man to serve on the Fed's board.

Biden has also nominated Michael Barr, a former Treasury Department official, to be Fed's top banking regulator, after a previous choice, Sarah Bloom Raskin, faced opposition from West Virginia Democratic Sen.

Joe Manchin.

Cook, Jefferson, and Barr would join Brainard as Democratic appointees to the Fed. Yet most economists expect the Fed will continue on its path of steep rate hikes this year.

HBCU To Close After 157 Years

A historically Black college in central Illinois named after Abraham Lincoln and founded the year the former president was assassinated will close this week, months after a cyberattack that compounded enrollment struggles due to the coronavirus pandemic.

Lincoln College, which saw record enrollment numbers in 2019, said in a news release that

it scrambled to stay afloat with fundraising campaigns, a consolidation of employee positions, and exploring leasing alternatives.

"Unfortunately, these efforts did not create long-term viability for Lincoln College in the face of the pandemic," the school, which opened in 1865 in Lincoln, about 170 miles southwest of Chicago, said in the release.

Then, as COVID cases fell and students returned to schools across the country, the college was victimized by a December cyberattack. It left all the systems needed to recruit students, retain them and raise money inoperable for three months.

Lincoln's president, David Gerlach, told the Chicago Tribune

(See **HBCU TO CLOSE**, P. 2)

\$80M In Homebuilding Contracts, Thousands Of Hurricane Survivors Remained Displaced

By Lisa Sorg

NC Policy Watch

Sam Cockrell removed from the front of his house in Lucama a plank of plywood that had been spray-painted in orange with the word: "Keep."

He dismantled a second board. It read "Out."

"I want to keep the front door," Cockrell said, unlocking it, "as a memory."

He opened the door into darkness. An invisible mist of mildew escaped as if the house had been holding its breath and then exhaled.

Since Hurricane Matthew devastated eastern North Carolina in October 2016, the state has received \$236 million in federal disaster relief money to rebuild or renovate single-family homes that sustained major or severe damage, such as Cockrell's. At least 1,780 houses belonged to low- and moderate-income households.

Yet five years after the state received its funding, only 717 houses have been finished and another 169 are in progress. Meanwhile, Cockrell and thousands of North Carolinians have been stranded in motels or with relatives, in dilapidated houses or in travel trailers for months, even years. Some people died before they could move back into their houses, state records show.

A Policy Watch investigation has found that over the past four

years, the NC Office of Recovery and Resiliency (NCORR), which runs the state's housing disaster relief program, has changed its own rules that rewarded one company - Rescue Construction Solutions of Raleigh - with contracts worth \$80 million.

Hundreds of pages of state records show that even while Rescue blew past construction deadlines and amassed hundreds of homeowner complaints, NCORR gave the company more money, more responsibility - to the detriment of displaced Hurricane Matthew survivors.

NCORR's RebuildNC program is funded by taxpayer dollars through the U.S. Department of Housing and Urban Development. Ivan Duncan, NCORR's chief program delivery officer, is responsible for overseeing all construction within RebuildNC.

Hundreds of pages of documents and interviews with more than 20 people show how Rescue received preferential treatment:

The company was awarded additional contracts, even as it got further behind schedule. Of the 529 homes Rescue won in the bidding process, only 134 are listed as complete, according to state records.

This year, NCORR retroactively altered 85 of Rescue's original bids to allocate an additional \$3.1 million to the company. Until 2021, NCORR's own policy forbade retroactively changing bids despite rising construction costs.



Also in 2021, before NCORR awarded Rescue a \$52 million contract to install modular homes, it changed performance requirements in a way that ended up favoring the company. Had NCORR not amended those requirements, Rescue would have been ineligible to bid, according to the office's own policy.

Rescue also failed to disclose key information in its pre-qualification application that could have excluded it from the HUD program.

Rescue won a bid to be the contractor for Sam Cockrell's new house, at an estimated cost of \$188,000. The home has been in limbo for nearly a year. Cockrell has been living in a Comfort Suites in Wilson County since last June, returning home each day to feed his dogs. (Until the state moved him to the motel, he

lived in his damaged house.)

Between Rescue's backlog and his ongoing dispute with NCORR - he asked that his new 1,000-square foot home be built 30 feet south, on higher ground, instead of elevating it - not so much as a shovel of dirt has been overturned.

"They keep doing the same thing over and over, and not getting anything done," Cockrell said. "I was hoping to get in this year, but I wouldn't bet no dog-gone money on it."

Barbara Pinion and her husband, who live in Bladen County, survived two catastrophic hurricanes, in 2016 and 2018. "It was horrific," Pinion said. "First Matthew, and then Florence flooded us out again. We've been in hell."

Rescue won a bid last September to tear down the Pinions' home and build a new one. The couple signed the paperwork in December. Only last week was NCORR finally moving the Pinions, both in their mid-70s, out of their home. "Four years we have been living in a damaged house," Pinion said. "There's mold, mildew. We were doing the best we could."

The Pinions are now looking for a rental with the \$275 monthly stipend from the state. Their new home isn't scheduled for completion until November.

HUD disaster relief funding targets low- to moderate-income

(See **HURRICANE**, P. 6)

Will Durham's School Board Be All GOP?

By Sarah Jones

Staff Writer

With less than a week until Primary Election Day, many Durham County residents are headed to the polls. Do they realize that the names on the ballot may come with a hidden agenda?

The Durham County School Board election is a nonpartisan election, which allows candidates to run under their own name without presenting their party on a ballot. In Durham County, the Democratic Party as a whole out-

numbers the Republican Party by an immense amount. One would think that the election for the school board would have predictable results, but this might not be the case.

Normally, this nonpartisan election would be nothing more than typical political procedure. This year however, there may be some intentional downplaying of the Republican Party affiliations.

Immanuel Jarvis, the head of the Durham County Republican Party, recently recruited a slate of five right-leaning individuals

who lead with a slogan of "Better Board, Better Schools." Their websites give no hints at their party affiliation and use the platform of "correcting curriculum to give students a better chance in the workforce and college."

Three of these candidates—Valerie Jarvis, Joetta MacMiller, and Curtis Hrischuk—are endorsed by the Grassroots Government, a far right-wing group that refers to themselves as "biblical constituents."

This group of constituents is built on the principles of anti-

abortion in all cases and wants to remove funding from public schools to place it into private schools. The Grassroots Government has even been linked to the Proud Boys - a far-right extremist group who was among those responsible for the January 6th incident at the Capitol last year.

As the public becomes more and more aware of the beliefs and motives of the individuals composing Jarvis' slate of candidates, their opponents are bring-

(See **DURHAM SCHOOLS**, P. 2)



CREWS BATTLE 500-ACRE WILDFIRE IN NORTH CAROLINA PRESERVE

(AP)—Firefighters are trying to contain a wildfire that covered more than 500 acres in southeastern North Carolina on Tuesday and forced the shutdown of a highway, state officials said.

A news release from the N.C. Department of Agriculture of Consumer Services said the Driving Creek Fire is 20 percent contained as personnel from the N.C. Forest Service and the Nature Conservancy respond.

Out of concerns for safety, officials have closed N.C. Highway 211 from the N.C. 214 intersection in Bolton to the U.S. Highway 17 intersection in Supply until further notice, the news release said. Residents and travelers have been advised to find alternate routes.

Officials said the 568-acre fire started on Sunday in difficult terrain 6 miles north of Supply. An initial investigation determined that the fire was caused by a lightning strike that resulted from weekend storms, the news release said. A full investigation is upcoming, the department said.

The department said containing the 568-acre fire has been difficult because of the terrain, organic soils, heavy fuel and wind conditions. Residents can expect impacts from smoke, according to the news release.

2 NORTH CAROLINA BEACH HOUSES COLLAPSE INTO ATLANTIC SURF

RODANTHE (AP)—Two beach houses have fallen into the waves along North Carolina's coast, U.S. National Park Service officials said in a statement Tuesday.

The unoccupied homes were located along Ocean Drive in the Outer Banks community of Rodanthe. The park service confirmed both collapses Tuesday and has closed off the areas around the houses.

Debris from the first fallen house was spreading widely. Officials from the Cape Hatteras National Seashore, which is part of the park service, said they will be working closely with the homeowner to co-

(See **STATE BRIEFS**, P. 2)

Courageous Conversation: Creating Accessible Workplaces

Did You Know?

Organizations that hire people with disabilities are shown to have 28% higher revenue, double the net income, and 30% higher economic profit margins than those that do not. Gain more insight from Kamille Richardson, founder of iSee Technologies, as she shares her experience and perspective as someone who is totally blind from birth at our Courageous Conversation this May.

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HBCU To Close — CONTINUED FROM PAGE 1

that the school paid a ransom of less than \$100,000 after an attack that he said originated in Iran. But when the systems were fully restored, the school that had just over 1,000 students during the 2018-19 academic year discovered "significant enrollment shortfalls" that would require a massive donation or partnership to stay open beyond the current semester.

A GoFundMe campaign called Save Lincoln College was launched with a goal of raising \$20 million but as of this week, only \$2,352 had been raised. And Gerlach told the Tribune that the school needed \$50 million to remain open.

"The loss of history, careers, and a community of students and alumni is immense," Gerlach said in a statement. The school also announced that the Higher Learning Commission had approved what are called Teach Out/Transfer Agreements with 21 colleges. The school held a college fair last month to give students a chance to learn where they might want to transfer.



Ke'Shawn Hess, a business student at Lincoln College poses Tuesday, April 12, 2022, in Lincoln, Ill. /Chicago Tribune via AP

STATE BRIEFS

Continued from page 1

ordinate cleanup activities. This is the third time a home has fallen into the surf this year. A house in Rodanthe collapsed in February and spread debris across many miles of beaches before the homeowner and volunteers were able to clean most of it up. However, clean up efforts for smaller pieces of debris continues.

"Unfortunately, there may be more houses that collapse onto Seashore beaches in the near future," David Hallac, superintendent of National Parks of Eastern North Carolina, said in a statement. "We proactively reached out to homeowners along Ocean Drive in Rodanthe after the first house collapse and recommended that actions be taken to prevent collapse and impacts to Cape Hatteras National Seashore."

Durham Schools — CONTINUED FROM PAGE 1

ing new information to light in hopes of educating voters before it's too late.

Recently, a string of tweets has come to light from Hrischuk in 2012. In these tweets, he states "The Sun causes Global Warming. No kidding." And discloses how it is an "ethical imperative" for people to do anything they can to pay as little in taxes as possible and uphold their patriotic duty to "starve the beast."

Joetta MacMiller, a candidate running for the school board, is known to be a member of a politically conservative group called the New Group of Patriots. She was also an active participant in the NC Values Coalition's "Mama Bear Workshops" which took place last month. The goal of the event was to educate parents and guardians on how they can protect their children from "harmful curriculum and indoctrination in schools."

After looking further into the organization whose event MacMiller attended it was made known that this group is against same-sex marriage and fighting for the right to freely exercise religion in both public and private institutes.

NC Values states, "We believe that human thriving is dependent upon marriage as the union of one man and one woman and that children do best when they are raised by their married mother and father."

The question that continues to be raised by these discoveries is why would Immanuel Jarvis recruit such a right-sided slate of candidates and then make it nearly impossible to identify their affiliations?

Jarvis has been extremely vocal in his stance as a Trump supporter. In July of 2020, a podcast aired where Jarvis had an alarming piece to say about Black voters. He stated, "If they had a cardboard box running for president, 85 percent of the African-American community would vote for the box."

Whether this quote was to showcase the distaste many Black voters feel for Trump or insult their intelligence, the quote was thought to have been wildly inappropriate by many. Immanuel Jarvis's wife will be running for school board district four board seat against veteran school board member Natalie Beyer.

The beliefs and values of the members of the school board trickle down into what is taught in classrooms across the county. The candidates selected by Jarvis and their push toward a less progressive society could lead to less inclusive schools and hinder the growth of our nation, say critics.

Sarah Bickley, a former reporter for a local daily, teacher, author, wife, and mother of one, has been doing all she can to educate incoming voters on the positions of the candidates on the ballot.

When asked her opinion on the matter she stated, "This is a nationwide strategy for Republicans to sneak in under the radar and leave us with an all-Republican slate. It's a hostile takeover—these are not sane people of goodwill, it's three people endorsed by a far-right government group that calls themselves the "biblical constituents."

When asked about Curtis and his tweets about global warming—a concept taught in many schools nationwide and his position on taxes, she said she believed he "feels no obligation to society—he is dangerous and toxic and should not be on a school board or in any other leadership position."

Bickley painted a picture of the schools she used to teach in years ago. "When there was disarray in my classroom, I would teach my students to treat each other with kindness and fairness so they could all flourish and thrive." She went on to say, "but the vision of these people is bleak and grim."

Bickley wanted to use this conversation as an opportunity to remind voters that May 17th is the final election day for the school board and that if these candidates are selected, Durham County will be stuck with them.

She closed the interview by saying, "Durham is a wonderful town and county, and we need to be working together to make schools better."

Attempts were made to get a direct comment from Jarvis for this article, but with no success. As of press time, there was still no contact.



(ISSN 00455873)
1504 New Bern Ave, Raleigh, North Carolina 27610
Mailing Address: P.O. Box 25308
Raleigh, North Carolina 27611
Periodical Postage Paid at Raleigh North Carolina 27611
Warrenton Address: P.O. Box 536
Warrenton, NC 27589
Postmaster
Send all address changes to:
The Carolinian
1504 New Bern Avenue
Raleigh, NC 27610
PUBLISHED SIX TIMES MONTHLY
SUBSCRIPTION RATES

One Year\$45.00
Payable in advance. Address all communications and make all checks and money orders payable to *The Carolinian*.

Founded by P.R. Jervay, Sr. in 1940
The Carolinian Newspaper, Inc. of Raleigh

PublisherAdria Jervay
Production ManagerHoward Barnett
Sales ConsultantPaul R. Jervay, Jr.
Circulation ManagerAndrew Alston
Jervay Agency, National Advertising Representative
www.TheJervayAgency.com

Member:
North Carolina Black Publishers Association
National Newspaper Publishers Association
HUB Certified MWBE

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Business & Finance

Be Financially Prepared For A Disaster

Americans at all income levels have experienced the challenges of rebuilding their lives after a disaster or other emergency. In these stressful times, having access to personal financial, insurance, medical and other records is crucial for starting the recovery process quickly and efficiently.

- Gather financial and critical personal, household and medical information.

- Consider saving money in an emergency savings account that could be used in any crisis. Keep a small amount of cash at home in a safe place. It is important to have small bills on hand because ATMs and credit cards may not work during a disaster when you need to purchase necessary supplies, fuel or food.

- Obtain property (homeowners or renters), health and life insurance if you do not have them. Not all insurance policies are the same. Review your policy to make sure the amount and types of coverage you have meets the requirements for all possible hazards. Homeowners insurance does not typically cover flooding, so you may need to purchase flood insurance from the National Flood Insurance Program.

BE SAFE!

- Be cautious about sharing personal financial information, such as your bank account number, social security number, or credit card number.

- Do not click on links in texts or emails from people you don't know. Scammers can create fake links to websites.

Remember that the government will not call or text you about owing money or receiving economic impact payments.

Be aware that scammers may try to contact you via social media. The government will not contact you through social media about owing money or receiving payments.

- Keep in mind that scammers may try to take advantages of financial fears by calling with work-from-opportunities, debt consolidation offers, and student loan repayment plans.

- Contact the Federal Trade Commission (FTC) at ftc.gov/



complaint if you receive messages from anyone claiming to be a government agent.

EMERGENCY FINANCIAL AID KIT

The Emergency Financial First Aid Kit (EFFAK), a joint publication from Operation Hope and FEMA, can help you prepare financially and provides tips to reduce the financial impact of disasters on you and your family.

FOR ORGANIZATIONS

Encourage people throughout your organization or workplace to prepare financially. Here are some ideas to promote financial preparedness in your organization:

- Hold a brown bag meeting. Make a presentation at an existing staff meeting using Safeguard Critical Documents and Valuables to support your discussion.

- Include financial preparedness information in the staff monthly newsletter.

At Home

Store important documents either in a safety deposit box, an external drive or on the cloud to make it easy to access during a disaster.

Take time now to safeguard these critical documents. Be cautious about sharing personal financial information, such as your bank account number, social security number, or credit card number.

HOUSEHOLD IDENTIFICATION

- Photo ID (to prove identity of

household members)

- Birth certificate (to maintain or re-establish contact with family members)

- Social Security card (to apply for FEMA disaster assistance)

- Military service

- Pet ID tags

FINANCIAL & LEGAL DOCS

Housing payments (to identify financial records and obligations)

Some individuals and households may experience financial difficulty because of the pandemic. If you do not think you can pay your loan payments on time, immediately contact your bank and discuss your options before skipping any payments or taking any other actions contrary to the terms of your loans.

- Insurance policies (to re-establish financial accounts)

- Sources of income (to maintain payments and credit)

- Tax statements (to provide contact information for financial and legal providers and to apply for FEMA disaster assistance)

MEDICAL INFORMATION

- Physician information (in case medical care is needed)

- Copies of health insurance information (to make sure existing care continues uninterrupted)

- Immunization records

- Medications

INSURANCE INFORMATION

Having insurance for your home or business property is the best way to make sure you will have the necessary financial resources to help you repair,

rebuild or replace whatever is damaged. Document and insure your property now.

HOUSEHOLD CONTACT INFO

- Banking institutions

- Insurance agents

- Health professionals

- Service providers

- Place of worship

GET YOUR BENEFITS ELECTRONICALLY

A disaster can disrupt mail service for days or weeks. If you depend on Social Security or other regular benefits, switching to electronic payments is a simple, significant way to protect yourself financially before disaster strikes. It also eliminates the risk of stolen checks. The U.S. Department of the Treasury recommends two safer ways to get federal benefits:

- Direct deposit to a checking or savings account. If you get federal benefits you can sign up by calling 800-333-1795 or sign up online.

- The Direct Express® prepaid debit card is designed as a safe and easy alternative to paper.

Apply for government-funded unemployment, healthcare, and food and nutrition benefits to supplement your income or savings.

Consider using online and mobile banking services, if you are able. These services enable you to practice social distancing and conduct banking transactions at the same time.

From Ready.gov

FUNDraising Good Times

By Mel & Pearl Shaw
Saad & Shaw



ARE YOU A DONOR CULTIVATOR OR A DONOR CHASER?

Some professional fundraisers love "the chase." Others pride themselves on their skill at developing longstanding relationships with donors who stay with the organization and grow their giving over time. We refer to these two types of fundraisers as "chasers" and "cultivators." Similarly, some organizations need money now, from wherever they can get it. Others are busy fundraising in advance of their need, proactively sharing their vision and securing resources. Again, we use the terms "chasers" and "cultivators." Is one type better than the other? We think it depends on your situation. What's important is to know the differences in individual and organizational style so you can build a team that meets the needs of your organization now and in the future. Take a close look at your staff and volunteer fundraisers to see if you can identify which have the characteristics of a "cultivator" and which more closely resemble "chasers."

Chasers love the hunt. They want to bring in big gifts and make a big impact. They like instant reactions and are not afraid of cold calling, believing that "if you don't ask, they won't give." They are fearless and creative, looking under every rock for an opportunity. Some cultivators become chasers in a crisis. Others are "forced" into chasing by a boss who says, "so and so gave to the organization up the street, call them up and get a gift." Chasers delight in instant opportunity and are not adverse to "twisting" the organization's programs and priorities to meet those of a donor or funder. People can become chasers when there is a high need for funding, very little staff, limited infrastructure, and/or low volunteer support. When you chase, the costs can be low, but the risk of alienating potential funders can be high. This type of fundraising is often transactional with low transparency and accountability within the nonprofit. The fundraiser's rationale is this: if it works that's great; if not, we will keep moving. They feel pressured to pull a rabbit from the hat and save the day.

Cultivators pay attention to data management, recording interactions with donors and volunteers, and looking at giving trends. They plan their solicitations, conducting formal and informal research prior to asking. They work with a pool of qualified prospective donors and have determined an ask amount for each, along with the appropriate solicitation method. They believe that creating awareness for the organization is as important as asking, knowing that if people don't "know" the organization their interest in giving can be limited. They focus on communicating how the organization meets a need, and they share the tangible and intangible benefits of giving, stressing the development of a mutually beneficial relationship.

Our question is this: how will you sustain and grow? For those who look at development and fundraising with an eye to balancing the short-term and long-term, you need to know where to put your resources when. Sometimes you need to chase; we believe that all times you must also cultivate.

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One Ten: Creating Opportunities For Economic Sustainability

By Tyria McCray

Staff Writer

Maurice Jones, CEO of OneTen, has made a promise to Black Americans across the nation to not only break those barriers that get in the way of getting high-paying jobs but make sure Blacks are put on the frontlines for higher-level positions.

OneTen is an initiative that seeks to raise the bar for corporate employers to provide "family-sustaining wages" to one million Black people.

In most cases, the majority of junior-level positions require a bachelor's degree just to be interviewed whereas Jones cites that over three-quarters of Black Americans lack a four-year degree. That then leads to them not applying and the expectations for many of those jobs are only increasing.

With that in mind, Jones teamed up with a number of current and former CEOs to develop a solution to bring more

inclusivity in the workplace. Just to name a few, Ken Frazier from Merck, Kenneth Chenault, formerly of American Express, Ginni Rometty of IBM, Kevin Sharer, formerly of Amgen, and Charles Phillips of Infor and Oracle joined Jones.

They first came to the realization that jobs that pay \$60,000 and above require a four-year degree which is the same with jobs that pay \$40,000. With that requirement alone, most blacks are deemed unqualified because they do not have a degree.

This is what inspired the vision for OneTen to hire, promote and advance one million Black talented individuals. CEO Jones spoke with *The Carolinian* on how this came to be.

"The origins of OneTen initiative ultimately resonates back to 2020. The COVID-19 pandemic began which disproportionately impacted minorities. Followed by a series of killings such as Ahmad Arbery, George Floyd, Breyonna Taylor and



more.

"The one with the most heart-breaking or with the most global impact was the murder of George Floyd in the middle of broad daylight. That being said, that sequence of events brought upon people asking "Who is America and are we

who we think we are? Are we as good as we desire to be and if not, what can be done about it?"

Once people began asking those necessary questions, corporate CEO's collaborated on a solution to bring more diversity into the workplace as well

as make sure the work environment is inclusive.

"By corporate CEO's meeting, they are literally ripping at the fabric of the American democratic experiment," said Jones.

Therefore, once those companies came together, they agreed on providing quality jobs. They began to look at the data and saw there they needed to adjust pay and adjust the requirements which is what led to the beginning of OneTen.

Jones also shared how OneTen plans to broaden shared prosperity pertaining to homeownership. Data stated that White home-ownership is over 60 percent whereas Black home-ownership is slightly over 40 percent. Which is the lowest homeownership rate among African-Americans in the country in a generation.

"I am working on two legs of a stool that has to be stood up for everyone if we going to truly have the country that we want to have," said Jones.

In addition, to ensure that

these corporate jobs are staying true to their word, OneTen will be holding them fully accountable and also publishing their results as a coalition. They are also in constant communication with the companies.

"Accountability is built into the one-ten coalition and our journey. The companies that are joining this coalition are really committed. So their commitment is a big piece of the accountability as well."

So far, a total of 70 employers have joined with OneTen and over 100 organizations are equipping talent for the jobs being provided.

Nonetheless, Jones plans to tackle the wealth gap within the country that largely breaks down race and place with the nation. Their goal is to simply remove the barrier of a certain credential so someone can earn his or her way into the middle class while also changing the economic strategies of Black talent.

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Fact & Fitness

By Jeneea Jervay-Bush, M.S.

LET'S TALK NUMBERS

What are the goals of your fitness activities? What are the numbers that measure progress towards those goals and signify when you've arrived at your destination? The most common response I've heard over the years has been "lose weight and get more tone" accompanied by a specific body weight on the scale. This was also me before I started my current career so I can relate to wanting to get back into that killer little black dress in the closet.

Multi-faceted goals with substance, accountability, milestones, flexibility, and comparative inputs yield better results; for me personally and those I've worked with that listened to the guidance. This approach is harder, more complicated, more time consuming, and requires honest self-reflection. Decades of failure, and now sustained success, have taught me that commitment strong enough to drive the desired results is absent without the above discomfort.

The health and fitness of a human body is so much more than a weight number on a scale. The factors to be considered in addition to the body weight number are body fat, visceral fat, skeletal muscle, Body Mass Index (BMI), and body age. Investing in a less than \$100 scale with 2 points of bioelectrical impedance can provide you an estimate of these factors. Watch the manufacturer's video online or have a personal trainer show you how to correctly use it if you need additional guidance. Take the full list of measurement no more than monthly. How often you do just the body weight number is up to you. Your gym may already have this type of scale, however I found that it's easier to be consistent and fewer eyes when there's one at home.

There is some sunshine and rainbows on this path! Initial results and then sustained results fortify your commitment. There's a month that comes along as you make this journey where your body age, which is calculated from the other factors, equals your chronological age. This day is so significant that it will briefly be considered as an annual anniversary. The anniversary notation of your measured body age equaling your chronological age disappears the month when your measured body age is LESS THAN your chronological age!

...continued next week.

Hikers Want To See More Black Hikers

By Angela Johnson

The Root

Debbie Njai has used hiking to relieve stress since dealing with a difficult time in August of 2019. But while the time outdoors provided much-needed relaxation for her, Njai noticed that she didn't see much melanin out there on the trails. According to National Park Service data, only 6 percent of all national park visitors are Black.

"Hiking in itself is a form of meditation," she said. "But to really take it a step further and incorporate journaling or incorporate mindful yoga, or affirmations as we start our day, I think people will see an even elevated effect."

In an effort to bring more Blacks to national parks across the country, Njai founded Black People Who Hike in September 2019. The St. Louis group is looking to encourage more Blacks to get outside and explore national parks across the country. With a \$120,000 ParkVentures



grant from the National Park Foundation, the group can help Black people experience park sites that they've never seen before.

The group has explored nearly 75 nearby trails since September of 2019. Now, they are planning

to explore other national parks across the country. Yosemite National Park in California, Yellowstone National Park in Wyoming and Hawaii Volcanoes in Hawaii are just a few stops that Njai and the Black People Who Hike leaders will take the group.

During their three to four-day excursion participants can enjoy other activities, including kayaking, camping, yoga, meditation and journaling. There will also be a Black history component of the walking tours.

Participants pay for their travel to the park. But once they arrive, a grant from the federal government will cover additional expenses such as park entry fees, food, outdoor equipment and lodging. Black People Who Hike has made some scholarships available to help people in need get to the parks.

Njai hopes her group's tours encourage more people of color to make an effort to visit natural parks around the country.

"I think just by exposing Black people and reengaging Black people to hiking in St. Louis is kind of a big deal... but then to really go to these national parks outside of Missouri is taking hiking to another level," she said.

Anyone interested in participating can request information by texting NPT2022 to 55444.



What Is Fentanyl & Why Is It So Deadly

By Kavita Babu

UMass

Buying drugs on the street is a game of Russian roulette. From Xanax to cocaine, drugs or counterfeit pills purchased in nonmedical settings may contain life-threatening amounts of fentanyl.

Physicians like me have seen a rise in unintentional fentanyl use from people buying prescription opioids and other drugs laced, or adulterated, with fentanyl. Heroin users in my community in Massachusetts came to realize that fentanyl had entered the drug supply when overdose numbers exploded. In 2016, my colleagues and I found that patients who came to the emergency department reporting a heroin overdose often only had fentanyl present in their drug test results.

As the Chief of Medical Toxicology at UMass Chan Medical School, I have studied fentanyl and its analogs for years. As fentanyl has become ubiquitous across the U.S., it has transformed the illicit drug market and raised the risk of overdose.

Fentanyl is a synthetic opioid that was originally developed as an analgesic - or painkiller - for surgery. It has a specific chemical structure with multiple areas that can be modified, often illicitly, to form related compounds with marked differences in potency.

For example, carfentanyl, a fentanyl analog formed by substituting one chemical group for another, is 100 times more potent than its parent structure. Another analog, acetylfentanyl, is approximately three times less potent than fentanyl, but has still led to clusters of overdoses in several states.

Despite the number and diversity of its analogs, fentanyl itself continues to dominate the illicit opioid supply. Milligram per milligram, fentanyl is roughly 50 times more potent than heroin and 100 times more potent than morphine.

Drug dealers have used fentanyl analogs as an adulterant in illicit drug supplies since 1979, with fentanyl-related overdoses clustered in individual cities.

The modern epidemic of fentanyl adulteration is far broader in its geographic distribution, production and number of deaths. Overdose deaths roughly quadrupled, going from 8,050 in 1999 to 33,091 in 2015. From May 2020 to April 2021, more than 100,000 Americans died from a drug overdose, with over 64% of these deaths due to synthetic opioids like fentanyl and its analogs.

Illicitly manufactured fentanyl is internationally synthesized in China, Mexico and India, then exported to the United States as powder or pressed pills. Additionally, the emergence of the dark web, an encrypted and anonymous corner of the internet that's a haven for criminal activity, has facilitated the sale of fentanyl and other opioids shipped through traditional delivery services, including the U.S. Postal Service.

Fentanyl is both sold alone and often used as an adulterant because its high potency allows dealers to traffic smaller quantities but maintain the drug effects buyers expect. Manufacturers may also add bulking agents, like flour or baking soda, to fentanyl to increase supply without adding costs. As a result, it is much more profitable to cut a kilogram of fentanyl compared to a kilogram of heroin.

Unfortunately, fentanyl's high potency also means that even just a small amount can prove deadly. If the end user isn't aware that the drug they bought has been adulterated, this could easily lead to an overdose.

As an emergency physician, I give fentanyl as an analgesic, or painkiller, to relieve severe pain in an acute care setting. My colleagues and I choose fentanyl when patients need immediate pain relief or sedation, such as anesthesia for surgery.

But even in the controlled conditions of a hospital, there is still a risk that using fentanyl can reduce breathing rates to dangerously low levels, the main cause of opioid overdose deaths. For those taking fentanyl in nonmedical settings, there is no medical team available to monitor someone's breathing rate in real time to ensure their safety.

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BEFORE A HURRICANE

- ✓ **Know your zone:** Do you live near the Gulf or Atlantic Coasts? Find out if you live in a hurricane evacuation area by contacting your local government/emergency management office.
- ✓ **Have a Family Emergency Plan:** Before an emergency happens, sit down with your family or close friends and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency supplies kit or another safe place where you can access it in the event of a disaster.
- ✓ **Put Together an Emergency Supplies Kit:** Put together a basic disaster supplies kit and consider storage locations for different situations. Check emergency equipment, such as flashlights, generators and storm shutters. For a list of key items for your kit, see www.ready.gov/kit
- ✓ **Review Your Homeowners Insurance:** Review your insurance policy to ensure that you have adequate coverage for your home.
- ✓ **Understand NWS forecast products,** especially the meaning of NWS watches and warnings.

DURING A HURRICANE

- ✓ **Secure your home:** Cover all of your home's windows. Permanent storm shutters offer the best protection for windows. A second option is to board up windows with 5/8 inch exterior grade or marine plywood, built to fit and ready to install. Buy supplies before the hurricane season rather than waiting for the pre-storm rush.
- ✓ **Stayed tuned in:** Check the websites of your local National Weather Service office and local government/emergency management office. Find out what type of emergencies could occur and how you should respond. Listen to NOAA Weather Radio or other radio or TV stations for the latest storm news.
- ✓ **Follow instructions issued by local officials.** Leave immediately if ordered!

IF NOT ORDERED TO EVACUATE:

- ✓ **Take refuge in a small interior room,** closet or hallway on the lowest level during the storm. Put as many walls between you and the outside as you can.
- ✓ **Stay away from windows,** skylights and glass doors.
- ✓ **If the eye of the storm passes over your area,** there will be a short period of calm, but at the other side of the eye, the wind speed rapidly increases to hurricane-force winds coming from the opposite direction.

For more information, visit www.weather.gov/hurricanesafety

AFTER A HURRICANE

- ✓ **Stay informed:** Continue listening to a NOAA Weather Radio or the local news for the latest updates. If you evacuated, return home only when officials say it is safe.
- ✓ **Stay Alert:** Drive only if necessary and avoid flooded roads and washed-out bridges. If you must go out, watch for fallen objects in the road, downed electrical wires, and weakened walls, bridges, roads and sidewalks that might collapse.
- ✓ **Assess the Damage:** Walk carefully around the outside of your home to check for loose power lines, gas leaks and structural damage.

STAY SAFE:

- ✓ **Stay out of any building if you smell gas,** if floodwaters remain around the building or if the building or home was damaged by fire and the authorities have not declared it safe.
- ✓ **Carbon monoxide poisoning** is one of the leading causes of death after storms in areas dealing with power outages. Never use a portable generator inside your home or garage.
- ✓ **Use battery-powered flashlights.** Do NOT use candles. Turn on your flashlight before entering a vacated building. The battery could produce a spark that could ignite leaking gas, if present.



Situata, Mass., Oct. 29, 2012 - The few summer homes left standing after the Perfect Storm in 1991, stand ready for the tidal surge that is still hours away. Photo by Mariño Caliendo / FEMA



Mantoloking, N.J., Nov. 5, 2012 - This house was destroyed by the storm surge of Hurricane Sandy. FEMA

Understanding Hurricane Risks: Five Things To Remember

By Jennifer Weeks

The Conversation

June 1 marks the start of the 2018 Atlantic hurricane season, with some communities still rebuilding after last year's largest storms.

The National Oceanic and Atmospheric Administration is predicting a 75 percent chance that this year's hurricane season will be near or above normal. That translates to 10 to 16 named storms, with winds at or above 39 miles per hour. Of these, five to nine could become hurricanes, with winds at or above 74 miles per hour, including one to four hurricanes that reach category 3, 4 or 5, with winds of 111 miles per hour or higher.

Five stories from the past year offer insight into the complexities of preparing for and recovering from major hurricanes.

1. Flooding is a risk near coasts and inland

Flooding is the most serious risk during hurricanes and other major storms. In coastal areas, high tides and storm surge are factors in flooding risks. But when Louisiana State University geographer Nina Lam studied development patterns in the United States, she found that development was declining in most coastal flood zones, but was increasing in flood zones inland.

Why the divergence? Lam suspects that people who experience flooding in coastal areas may move inland, but not realize that they are still vulnerable if they settle in inland flood zones. She calls for more education and communication about flood risks in inland communities, as well as support for affordable housing located away from flood zones.

2. When sea level rise speeds up

In another study, scientists at the University of Florida showed that converging natural variations in Earth's climate patterns have repeatedly created "hot spots" for sea level rise along the Eastern Seaboard over the past century. When these zones form, sea levels can rise up to

six times faster than the global average for one to several years.

"These hot spots amplify the severity of coastal flooding that is already occurring from storms and king tides," civil engineer Arnoldo Valle-Levinson and geologist Andrea Dutton write. "Residents between Charleston, South Carolina and Jacksonville, Florida—a stretch where sea levels are at least 4 inches higher now than they were in 2010—have found this out the hard way." They also see signs that this pattern is occurring along the Louisiana and Texas Gulf coasts.

3. People with lower incomes suffer most

Even in well-prepared communities, some residents have far more resources than others to weather storms and rebuild afterward.

Historian Chris Sellers, who studies equality and social justice at New York's Stony Brook University, analyzed damage across Long Island from Superstorm Sandy in 2012 and found that low-income and minority communities suffered more damage than their affluent neighbors. Well-off residents typically lived on higher ground, and their neighborhoods were zoned less densely, which enabled them to soak up floodwaters.

Similarly, many lower-income residents could not afford to buy flood insurance on their homes or pay out of pocket to rebuild afterward. Federal and state aid helped, but came so slowly that five years after Sandy, one-third of homeowners who qualified for state rehabilitation money were still restoring their homes.

"Now more than ever, we need a nationwide conversation on ways our coastal landscapes have developed so that our most vulnerable citizens are now at greater risk from such massive storms," Sellers states.

4. Older adults may need special help afterward

Disaster response operations after major storms typically last days to weeks. But Sue Ann

Bell, a clinical associate professor of nursing at the University of Michigan who has worked in these efforts, warns that impacts on the elderly can be long-lasting.

"Age alone does not make people more vulnerable to disasters, but many health issues that are common with aging do, including frailness, memory impairment, limited mobility and chronic illness," Bell writes.

In a study that analyzed a 2011 tornado outbreak in the southeastern United States, Bell found that hospital admissions among older adults who lived in a ZIP code with a tornado touchdown increased over the 30 days after

Hurricane Survivors Remained

—CONTINUED FROM PAGE 1

households, like the Pinions, whose insurance doesn't cover the repairs or who are too poor to hire contractors to rebuild or renovate their homes.

Initially, the state fumbled the disbursement of HUD money related to Hurricane Matthew. Neither the Commerce Department nor the Division of Emergency Management (DEM) — which ran the program for the first two years — had experience navigating federal relief bureaucracy. North Carolina soon ran afoul of HUD over improper contracting and slow spending of federal funds, according to a 2019 Program Evaluation Division report submitted to the legislature.

The legislature created NCORR in late 2018. Gov. Roy Cooper, with the support of then-DEM Director Mike Sprayberry, appointed Laura Hogshead as NCORR's chief operating officer to get the state on track. Hogshead had worked as the chief operating officer at HUD.

She earns \$139,996 a year, according to a state salary database. Hogshead quickly hired Ivan Duncan. He had worked at the North Carolina Governor's Office of Storm Recovery overseeing buyouts and acquisitions related

to Hurricane Sandy; he then switched to a position within program delivery — similar to the job he now holds at NCORR. He earns \$134,611 annually.

"We recruited him to come and bring all of his [disaster relief] knowledge to North Carolina," Hogshead told Policy Watch, "because the whole reason that the legislature had to set us — NCORR — up is that the state didn't know how to spend this money."

5. Protecting natural barriers pays off

Coastal experts have long understood that wetlands play valuable roles slowing storm surges and soaking up floodwaters. In a study funded by

Lloyds' of London and using insurance industry storm surge models, coastal engineer Sidharth Narayan and marine scientist Michael Beck of the University of California, Santa Cruz sought to calculate the value of this natural service.

By analyzing flooding along the Atlantic coast during Superstorm Sandy, and then modeling how much more severe these impacts would have been without any coastal wetlands to buffer them, they estimated that existing wetlands had prevented more than \$625 million in direct property damages during this single storm. On average, from Maine to North Carolina, they

estimated that wetlands and marshes reduced damage by 11 percent.

"Protecting coastal ecosystems is not a full remedy for coastal risks, but it should be part of a portfolio of solutions, from elevating buildings to strengthening levees to flood proofing," Narayan and Beck conclude.

"Beyond hurricane season, coastal communities face a crucial question: whether they can rebuild in ways that make them better-prepared for the next storm while also conserving their natural resources. Our work shows that the answer is yes."

involved in "any judgments, claims, arbitration, mediation or lawsuits within the last five years, whether resolved or still pending resolution." Brewington responded "no."

Brewington did not respond to written questions from Policy Watch. Michelle Rash, vice president of RLF Communications, which has expertise in crisis communications, responded on behalf of Rescue, but did not answer questions, either. Instead, Rash issued a statement: "Rescue Construction Solutions is proud of the work we have done to help many families impacted by Hurricane Matthew return to their homes. We have strived to comply with all government rules and regulations and believe all of our contracts were awarded consistent with bidding requirements and applicable law."

The state reserved the right to conduct background checks on applicants, according to pre-qualification documents. It's unclear whether that happened, and if so, what it revealed. NCORR referred questions to the agencies in charge at the time; Policy Watch has requested documents related to the background checks.

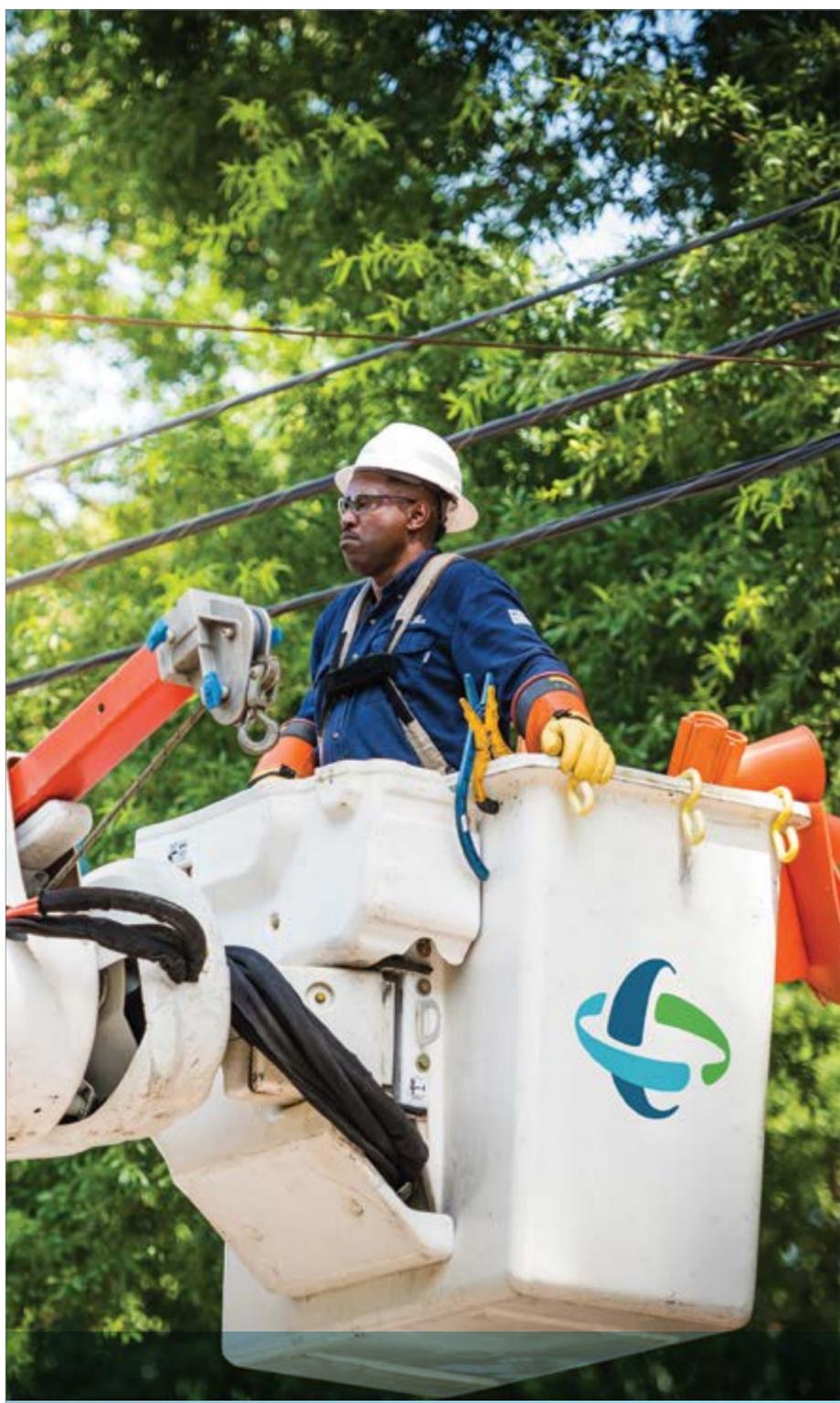
In the fall of 2019, state docu-

ments show Rescue won its first substantial NCORR bid, worth \$4.6 million to rebuild 27 houses. In 2020, Rescue won two additional bids worth \$5.3 million to rebuild or renovate 64 houses, according to state documents. The same year, Rescue was fired by a general contractor, Premier Design Build, over an alleged botched roofing job at Fort Bragg, interviews and court records show. (Premier withheld \$100,000 in payment; Rescue sued, and the contractor was forced to pay.)

North Carolina law requires that contracts be awarded to the "lowest responsive, responsible" bidder. But Rescue routinely lowballed its bids to win, one company which also won contracts with the state, told Policy Watch.

"We didn't see how Rescue could do the jobs for that price," the contractor said. In many cases, Rescue couldn't. State records show Duncan, with Hogshead's approval, retroactively increased the company's bid prices on 85 projects. As a result of these adjustments Rescue received an additional \$3.1 million.

To read this article in its entirety, visit our website at www.CAROLINIAN.news



STORM SEASON IS JUNE-OCTOBER
HURRICANE PREP IS EVERY DAY, 24/7

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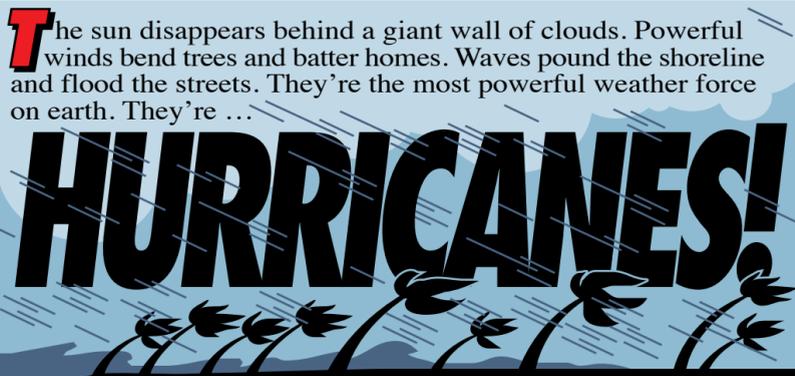
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This Week: **Hurricanes**

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HURRICANE QUIZ

Test your hurricane brain power! See if you can answer each of these questions. Use this week's *Kid Scoop* to help you. Then quiz a member of your family.

- The calm center of a hurricane is called the: _____
- TRUE or FALSE: Bands of thunderstorms and swirling winds form a system called a tropical depression. _____
- The names given to hurricanes are selected by this organization: _____
- When a hurricane is unusually destructive, its name is: _____
- TRUE or FALSE: Around the world, these types of storms are always called hurricanes. _____
- TRUE or FALSE: Hurricane Katrina hit the Gulf Coast in the fall of 2004. _____
- Hurricanes form when the ocean waters rise to a temperature above: _____

How Hurricanes Form

Read each step. Then, number the pictures in order.

- In the summer and early fall, the air over the oceans heats up and then rises.
- Then it cools, and the moisture in the air forms storms over the ocean. When bands of these thunderstorms begin to swirl in a circular fashion, the system is called a **tropical depression**.
- If the swirling winds reach 40 miles per hour, the system is called a **tropical storm**. If the winds reach 74 miles per hour, its name is changed to a **hurricane**.
- Hurricane Sandy became a massive super-storm when it merged with other storm systems moving in from the north and west.



Standards Link: Earth Science: Students know how weather can be observed and described and how it changes from day to day.

Hurricane Code

In North America, we call a storm that results from these conditions a hurricane. In other parts of the world, a hurricane is known by other names. Do the math to find out what hurricanes are called in other parts of the world.

Western North Pacific:

$\frac{17}{17}$	$\frac{6}{6}$	$\frac{13}{13}$	$\frac{9}{9}$	$\frac{14}{14}$	$\frac{14}{14}$	$\frac{22}{22}$
-----------------	---------------	-----------------	---------------	-----------------	-----------------	-----------------

Indian Ocean and the Western South Pacific:

$\frac{17}{17}$	$\frac{15}{15}$	$\frac{14}{14}$	$\frac{13}{13}$	$\frac{16}{16}$	$\frac{18}{18}$	$\frac{11}{11}$	$\frac{7}{7}$
$\frac{18}{18}$	$\frac{6}{6}$	$\frac{18}{18}$	$\frac{7}{7}$	$\frac{14}{14}$	$\frac{22}{22}$	$\frac{12}{12}$	

$17 - 6 = A$
 $5 + 13 = C$
 $7 + 5 = E$
 $23 - 14 = H$
 $9 + 7 = I$
 $13 - 6 = L$
 $4 + 18 = N$
 $8 + 6 = O$
 $32 - 19 = P$
 $6 + 9 = R$
 $10 + 7 = T$
 $17 - 11 = Y$

Standards Link: Math/Number Sense: Compute sums and differences.

FROM THE Kid Scoop LESSON LIBRARY

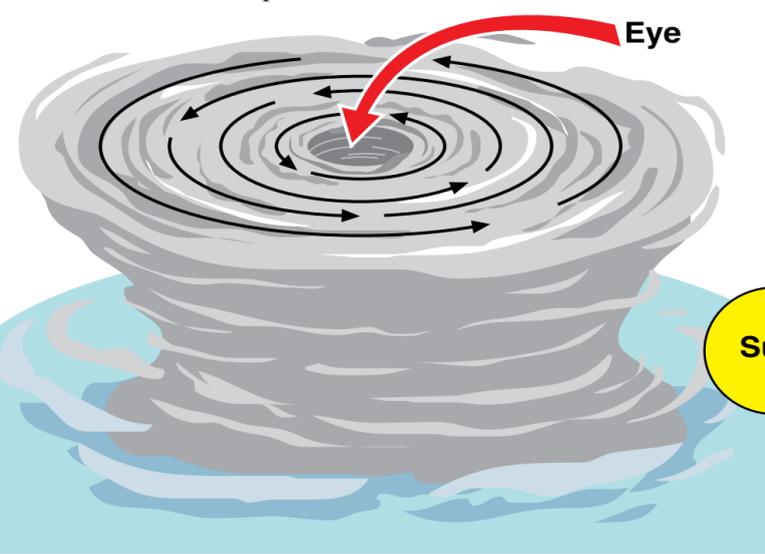
Picture the Weather

Select a photograph from today's newspaper. What can you tell about the weather in the picture? Write a weather report using the weather clues you observe in the photo.

Standards Link: Writing Applications: Write simple descriptions.

The Eye

A strange thing about hurricanes is that in the center of the fast moving, dangerous winds is a *calm* area called the **eye**. Hurricane Sandy's angry eye and vast body, estimated at 900 miles wide, could be seen from space.



Hurricane Names

Hurricane names are chosen from lists compiled by the World Meteorological Organization. The Atlantic is assigned six lists of names, with one list used each year. Every seventh year, the first list begins again. Each name on the list starts with a different letter. For example, the name of the very first hurricane of the season starts with the letter

A, the next starts with the letter **B**, and so on. The letters **Q**, **U**, **X**, **Y** and **Z**, however, are not used.

Often when an unusually destructive hurricane hits, that hurricane's name is retired and never used again. Since 1954, eighty-nine names have been retired.

Here is a list of names used for Atlantic storms in 2022. Number them from 1 to 21 in alphabetical order.

- | | | | | | | |
|------------|------------|-----------|-----------|----------|---------|----------|
| — Bonnie | — Virginie | — Tobias | — Martin | — Ian | — Julia | — Walter |
| — Danielle | — Gaston | — Lisa | — Karl | — Colin | — Owen | — Fiona |
| — Shary | — Alex | — Hermine | — Richard | — Nicole | — Earl | — Paula |

High Alert

A hurricane is on the way! How many differences can you find in these two pictures?



Extra! Extra! Hurricane Spell Down

Find the letters that spell the words **hurricane**, **typhoon** and **cyclone** on one page of today's newspaper. Connect the letters to spell each word. Repeat this activity with this week's spelling words!

Standards Link: Spelling: Spell grade-appropriate words correctly.

Double Double Word Search

HURRICANE
EQUATOR
TROPICAL
CIRCULAR
KAREN
POLE
ALERT
STORM
FORCE
TREES
OCEANS
CALM
WARM
SYSTEM
NAME

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

T	S	F	R	P	O	P	I	C	H
A	Y	O	L	O	T	E	T	U	M
P	S	R	A	L	U	C	R	I	C
N	T	C	E	E	M	R	O	T	S
S	E	E	R	T	I	T	P	S	N
M	M	R	C	C	T	R	I	R	A
R	O	T	A	U	Q	E	C	A	E
A	I	N	L	K	O	L	A	N	C
W	E	E	M	A	N	A	L	S	O

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

What a Character!™

Being prepared is ...



... knowing what to do *before* danger strikes.

Kid Scoop VOCABULARY BUILDERS

This week's word: CYCLONE

The noun **cyclone** means a storm with very strong winds that turn around a center of low pressure in the atmosphere.

A hurricane can also be called a **cyclone**.

Try to use the word **cyclone** in a sentence today when talking with your friends and family members.

Write On!

My Biggest Storm

Have you ever been in a big storm? Write a short story about what you experienced. Be sure to include details about what you were feeling during the storm and what you saw.



ANSWER: I've got my eye on you!

Church

Not All Religions Agree With Evangelicals About Abortion

By Steven K. Green

Willamette University

THE CONVERSATION—The leaked draft of Justice Samuel Alito's opinion in *Dobbs v. Jackson Women's Health Organization*, which has sent shock waves across the United States, indicates that a majority of Supreme Court justices will likely overturn the constitutional right to an abortion granted in *Roe v. Wade*. Employing unusually harsh language, Alito declared that "Roe and Planned Parenthood v. Casey must be overruled" because of the decisions' "abuse of judicial authority."

"Roe was egregiously wrong from the start," Alito wrote, and its "reasoning was exceptionally weak."

He also asserted that neither abortion nor privacy is mentioned in the text of the Constitution, nor should they be considered to be "deeply rooted in the Nation's history or traditions" so as to be worthy of protection.

As a professor of constitutional law who has taught about reproductive rights for more than 20 years, I argue that Alito's legal reasoning leaves out several established constitutional principles also not mentioned in the text—such as separation of powers and executive privilege—as well as rights that conservatives hold near and dear like the right to marry and parental rights.

Alito's claim that a right to an abortion "was entirely unknown in American law" until *Roe* is unfounded. Historically, abortion was not completely illegal, even in Puritan New England. The first abortion restrictions were enacted in the U.S. in the 1820s.

Even then, they generally outlawed abortions only after "quickening," the early equivalence of fetal viability—the ability to survive outside the mother's womb. Alito's legal rationales aside, the legal debate over abortion is as much a religious dispute as it is a constitutional one.

Most anti-abortion rallies have

signs and banners with religious admonitions such as "pray for life" and "pray to end abortion."

Today, the Catholic Church's strong opposition to abortion and contraception is well known. However, in an interesting recent book, *Abortion in Early Modern Italy*, historian John Christopoulos argues that prior to 1588, the Catholic Church's position on abortion was more ambiguous. Before then, the church did not necessarily oppose abortion before quickening, but in that year shifted its position through a papal declaration that pronounced that the human soul is created at the moment of conception, known as "ensoulment," and that all abortions were murder.

In 1968, the National Conference of Catholic Bishops founded the National Right to Life organization to coordinate activities of state groups that opposed abortion. In 1973, following *Roe*, the organization incorporated as the National Right to Life Committee, severing formal ties with the Catholic Church in order to attract conservative Protestants.

In addition to Catholic groups such as Priests for Life, opposition to abortion is driven by other conservative groups with Protestant members, including the Faith and Freedom Coalition and the Family Research Council.

More militant anti-abortion groups such as Operation Rescue and Operation Save America also state their opposition on religious grounds. According to one OSA official, "Satan wants to kill innocent babies, demean marriage and distort the image of God."

In actuality, America's religious community is divided over the issue of abortion. According to the Pew Research Center, approximately three-quarters of White evangelical Protestants—77 percent—say abortion should be illegal in all or most cases, while 63 percent of White Protestants who are not evangeli-

cal say abortion should be legal in all or most cases.

Interestingly, attitudes of Catholic laity are more narrowly split—55 percent favor legal abortion in all or most cases, while 43 percent say it should be illegal in all or most cases.

As philosopher Peter Wenz argued in his book *Abortion Rights as Religious Freedom*, one's opinion about whether a pre-viable fetus is a person is a religious decision. Abortion restrictions interfere with this right to religious freedom.

Several liberal denominations agree. A 1981 resolution of the United Church of Christ declares that "every woman must have the freedom of choice to follow her personal and religious convictions concerning the completion or termination of a pregnancy." And according to the National Council of Jewish Women, Jewish law does not recognize a fetus to be a person but instead teaches that abortion is permitted and even required when a woman's health is endangered.

Yet for conservative Christians who believe that life or ensoulment begins at conception, there can be no compromise on the issue of abortion. And the issue of abortion has long been a priority among conservatives in a way not shared by liberals. This helps explain much of the staying power in the anti-abortion movement. Fifty years of legal precedent support the right to abortion. But anti-abortion activists' moral certainty about the issue is so strong that, in their eyes, even this half-century of precedent seems destined to crumble.

After all, they reason, legal rules and principles are rarely absolute. For them, the religious certainty about the wrongness of abortion provides an answer that the law lacks.

The Conversation is an independent and nonprofit source of news, analysis and commentary from academic experts. The Conversation is wholly responsible for the content.

SERMON of the WEEK



YOU ARE NEVER ALONE
Sermon by: Mother Belinda McKoy

I know this is Mother's Day and it's not always the happiest time for everyone. Whatever your feelings are, one thing is for sure, if you are not a mother, if it had not been for a mother, you would not be here. With that being said, whatever your position is I want to encourage, especially the Mothers That You Are Never Alone.

Hebrews 13:5 KJV

Let your conversation be without covetousness; and be content with such things as ye have: for He hath said, I will never leave thee, nor forsake thee.

We know that a mother's work is never done. She has to attend to the needs of everyone before herself, and most of the time when she is finished, she looks around and no one is there. The question is asked "who is there for me?" Always remember that God is always there. He said that He would never leave you or forsake you. When you are lonely don't fall in despair, remember God is always there. You Are Never Alone. God is always with you during the good times and the bad times. I know that you have worked so hard for others and your time doesn't ever come, but don't take it personally. It's not always that our family and friends don't want to be there for us, but they have problems and responsibilities of their own. They are mothers now; they have their own rent and mortgages to pay. But don't worry You Are Not Alone.

Hebrew 13:5 is telling us to be content in all our situations because He said, "I will never leave, nor forsake thee."

Psalms 23:4 KJV

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for Thou art with me; Thy rod and Thy staff they comfort me.

You Are Never Alone. Even in the valley David said "I will fear no evil for Thou art with me."

DLCM Sets Emerging Woman Confab

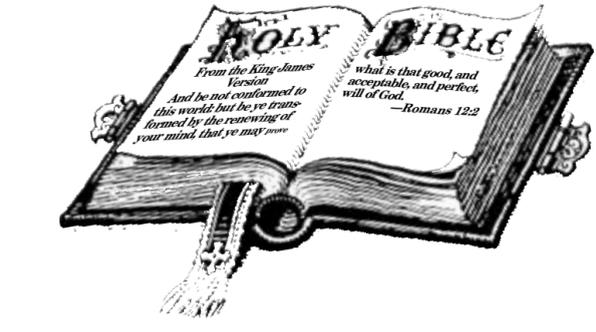
GOLDSBORO—On Friday and Saturday, May 13-14, Deeper Life Church Ministries (DLCM), 900 Eleventh Street, Goldsboro, will host its first women's conference under First Lady Ashley McNair, wife of Dr. Aaron McNair, II, Senior Pastor, Deeper Life Church Ministries.

Themed "The Emerging Woman," this conference promises to help women emerge more enlightened, empowered, more apparent... emerging better than they were pre-conference.

"I want women to leave realizing who we are as women through practical teaching and fellowship with women of like minds," stated First Lady Ashley.

"Emerging women are women who are finding our places in the body of Christ while realizing our greatness on the inside of us... We often nurture and pour into other people and forget about ourselves."

The Emerging Woman Conference provides an opportunity for women to focus on themselves. "We are no good for anybody else, if we aren't first good to ourselves."



We will not always have mountain top experiences, but we don't have to worry because God is always there.

Psalms 27:1 KJV

The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?

Even in our loneliest and darkest hour, we know that we are not alone. Like David the Lord is my light. Even when we are walking through the dark tunnel of life we don't have to worry or fear because we are not alone, God is that light that we need to go through, when the ones we have the most confidence in and thought they had our backs.

Psalms 27:10 KJV

When my father and my mother forsake me, then the Lord will take me up.

We still don't have to worry because God said He will never leave us or forsake us. You Are Never Alone.

Thank God for all of the mothers, big sisters, aunts, church mothers, and female neighbors that God sent to us in our lifetime to help nurture us and bring us to the knowledge of Christ and His ever presence in our life.

I've seen the lightning flashing and heard the thunder roll; I've felt sin's breakers dashing, trying to conquer my soul; I've heard the voice of Jesus telling me still to fight on; He promised never to leave me, Never to leave me alone. HAPPY MOTHER'S DAY MOTHERS. YOU ARE NEVER ALONE.

YOU ARE FAVORED

By Evangelist Selena Hunter

Mother's Day is set aside to celebrate the "mother" in motherhood. Proverbs 31:28 "Her children arise up, and call her blessed; her husband also, and he praiseth her."

Let's take a glance at Ruth, Hannah and Rachel in the Bible and their plight with motherhood.

Ruth the Moabite faced great tribulation as a woman—but she boldly followed Naomi to the land of Israel, devoted herself to the Lord, and played a critical

role in the victory of God. But Ruth replied, "Don't urge me to leave you or to turn back from you. Where you go, I will go, and where you stay, I will stay. Your people will be my people and your God my God" (Ruth 1:16).

Hannah made a promise to God that if He permitted her to bear a son, she would devote him to God. "It is not by strength that one prevails; those who oppose the Lord will be broken. The Most High will thunder from heaven; the Lord will judge the ends of the earth" (1 Samuel 2:10).

Rachel waited earnestly, but patiently, to marry the love of her life: Jacob, who would later be named Israel. She was deceived by her father, Laban, and sister Leah. "And God remembered Rachel, and God heard her, and opened her womb." (Genesis 30:22).

The Traits of a Good Mother

Imparts love and protection. The essence of this love is in taking care of the children, supporting them, bringing them up as good people, embracing them when they feel alone, and helping them get through hard times.

Teach them the commandments to follow God's will.

Mold them when they are young. Start children off on the way they should go, and even when they are old, they will not turn from it.

Discipline them when they do wrong. Proverbs 13:24 "Whoever spares the rod hates their children, but the one who loves their children is careful to discipline them."

Be their mentors and be good examples to them.

Proverbs 31:28 "Her children arise up and call her blessed; her husband also, and he praiseth her." God favors me, my character, my integrity, my faith in God. He favors me. I speak life and prosperity and I speak health. God favors me.

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Practical Biblical Principles

MOTHERS, WAIT ON THE LORD

Read: Psalm 113:9

Only in the world of fantasy do things work out like magic. However, in the real world where the devil roams seeking whom he may devour, things do not work out as planned and hoped for.

The widow of Nain in Galilee, who had just lost her son, had a very pleasant Mother's Day gift from Jesus as he passed her at the gate of the city. This mother was mourning the death of her one and only dead son as she passed Jesus enroute to the burial place. The Lord's heart was filled with sympathy for her and said to her "Don't cry." He stopped the funeral group as he walked over to the coffin and touched it and the funeral group stopped. Jesus said to the young man, "I say unto you, arise." The young man then sat up and started talking to those around him. At this point Jesus presented the young man back to his mother. In short, this was Jesus's Mother Day's present to this woman.

It was a nice touch of love to know that the father of a mother's great-granddaughter sent a beautiful bouquet of pink flowers to the great-grandmother. This the father does every year. The father is in prison.

All mothers deserve such royal treatment and blessings as they are shown appreciation which is well deserved. This should be true for all mothers, regardless. Mothers are God's final touch in His creation. God left all child raising instructions with the mothers. When a child is born in this world, he/she comes with no instructions as to how to be cared for.

Speaking of motherhood, Jacob, a twin son of Isaac, did his part in ensuring that his two wives would have a chance to carry out God's purpose in mothering. Jacob bore 12 sons, eight by his first wife Leah and four by his second wife Rachel. Judah was Jacob's fourth and last son.

From the loins of Judah would come Solomon, David and Jesus, all would-be kings of Jerusalem according to Bible prophecy.

Watch now how the evil works of the devil invades God's plan to sabotage the prophetic blood line of Jesus.

All of Jacob's older brothers

by his mother, Rachel, were all disqualified from receiving the first son blessing because of the evil they will do according to Jacob's blessing in Genesis 38. Joseph and his brothers from his mother Leah, were all destined to play second fiddle, so to speak, to Joseph when Isaac and his wife presented Joseph with the beautiful coat of colors, which made him the apparent favorite in his parent's eyes to receive the first son blessings. This made the other brothers jealous when they were told of the dream Joseph had, wherein they all bowed down to the young Joseph. This prompted the brothers to sell Joseph into Egyptian slavery.

Judah concocted the lie to their father that a wild animal killed Joseph. It was Judah, fueled by jealousy, who instigated the selling of their brother, Joseph, into Egyptian slavery. Only Judah is now left to take on the blood line of the Lion of Judah. The devil is not finished with Judah.

Judah eventually married a Canaanite woman and had three sons, Er, Onan, and Shelah. Er grew up and got married to a Canaanite woman named Tamar. Er became an evil man and God killed him (Genesis 38:7). Then Judah told his son, Onan, "According to tradition you must marry your brother's widow and raise up children to him." Onan was not willing to have children not of his own. Onan married Tamar. And when Onan went into Tamar to sleep with her, he intentionally spilled the sperm seed on the sheets to prevent Tamar from having children (Genesis 38:9). God did not approve of this act and God killed Onan too. Judah then told Tamar to go back to her father's house and wait in widowhood until his youngest son, Shelah, grows up and she can marry him. Tamar went home to her father's house. Judah really didn't intend for his last son to marry Tamar in fear that God will kill him as well.

When Shelah grew up and instead of his father, Judah, arranging the promised marriage between Tamar and Shelah, Judah didn't do it. As time went on Judah's wife died and he and a friend went out to a nearby town to tend to business of sheep shearing. Someone told Tamar

what her father-in-law had done, she realized that she was not going to marry Judah's son. Tamar laid aside her widow's clothing and covered herself with a veil to disguise herself and decided to take matters into her own hands. She sat on the side of the road to intercept Judah playing the role of a public prostitute (Genesis 38:14).

Judah noticed her as he went by thinking she was a prostitute, since she had a veil over her face. Judah propositioned her to sleep with Him not realizing this was his daughter-in-law. A deal was made, he would send her a goat. What pledge will you give me to secure your pledge until you send me the goat. Judah gave her His ID ring and his walking stick. Judah unknowingly slept with his daughter-in-law and she became pregnant. Judah asked a friend to take the goat back to the unknown prostitute. The friend asked and searched around town for the public prostitute. She could not be found. The people would say to the Judah's friend we have never had a public prostitute in our town. Well, let her keep the goat and the stick, we would look like fools to go back and try and find her (Genesis 38:23).

Three months later Judah heard that his daughter-in-law was pregnant. Judah in his anger, said, "bring her out and burn her. As they were taking Tamar out to kill her, she revealed the ID, and walking stick to her father-in-law as to who the father of her unborn children is. Judah admitted that the children are his. Twin sons were born to Tamar and Judah. One was named Perez (bursting out) and the other was named Zerah. Neither of these sons qualified for the Lion of Judah blood line. The enemy sure tried to mess up the Lion of Judah's blood line.

Oh, if mothers would just be willing to wait on God's leading. Sarah, Abraham's wife, also allowed the devil to mislead her. God needs no help when it comes to establishing a blood line.

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Editorials

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Do We Live In The Most Uncertain Of Times?

By Mike Walden
Guest Editorial

I was born in 1951, so my seven decades of life now make me a senior citizen. As I think back, our country has been through many crises in those 71 years. In 1951, we faced the uncertainty of a war in Korea. Later came the Cuban missile crisis, John Kennedy's assassination, the Vietnam War, 11 recessions, the largest single percentage stock market drop in 1987, the 9/11 attacks, the COVID-19 pandemic and numerous others. My point is that, as a country, we have faced many challenges just during my lifetime.

While not taking anything away from the previous tests to our country, I think a strong case can be made that this year—2022—may be the most traumatic and uncertain for our country, at least since World War II. A big reason is we don't just face one, or many two, uncertainties, but we are confronted with many.

Indeed, I count at least five big uncertainties, each one of which would be enough to make us worry. Ranked in no certain order are high inflation, the possibility of a recession, the Ukraine War, the talk of a nuclear conflict and significant changes to work.

The latest reading on inflation shows an annual increase in the typical consumers' market basket of goods and services of 8.5 percent, the biggest jump since 1981. Since most households are not receiving comparable increases in their wages and salaries, today's inflation rate means the average standard of living—measured by what people can buy—is falling. This hasn't happened in three decades.

The problem of high inflation directly leads to the next challenge of today—the possibility of an upcoming recession. The typical way inflation is corralled is for the U.S. central bank—the Federal Reserve (“Fed”)—to slow the pace of spending. The Fed does this by increasing interest rates and pulling cash out of the economy. The current Fed has already said they will use these methods to reduce today's high inflation rate.

The Fed's goal is to slow the economy just enough to moderate price increases without causing businesses to significantly reduce production and employment. If production and jobs were to plunge for at least six months, then economists would consider the pullback an official recession. While the Fed would not want its strategy to lead to a recession, there's always the possibility—some say likelihood—it will. Just within the last couple of months, many economists have increased their chances of recession occurring this year.

Although the Ukraine War is foremost a geo-political conflict—with the U.S. and

its European allies backing Ukraine against Russia—it also has broad economic implications. The conflict has already caused many commodity prices, like oil, gold and wheat, to rise well above their levels at the beginning of the year. The price hikes reflect fears of shortages in supplies for many of the commodities. We've especially seen the impact of these higher commodity prices at the gas pump and in supermarkets.

But the higher commodity prices reflect another worry—the fourth uncertainty I mentioned—which would be the most worrisome of all. This is the possibility of a nuclear conflict.

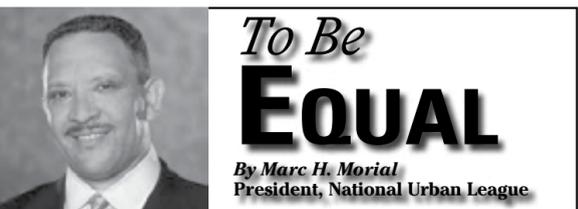
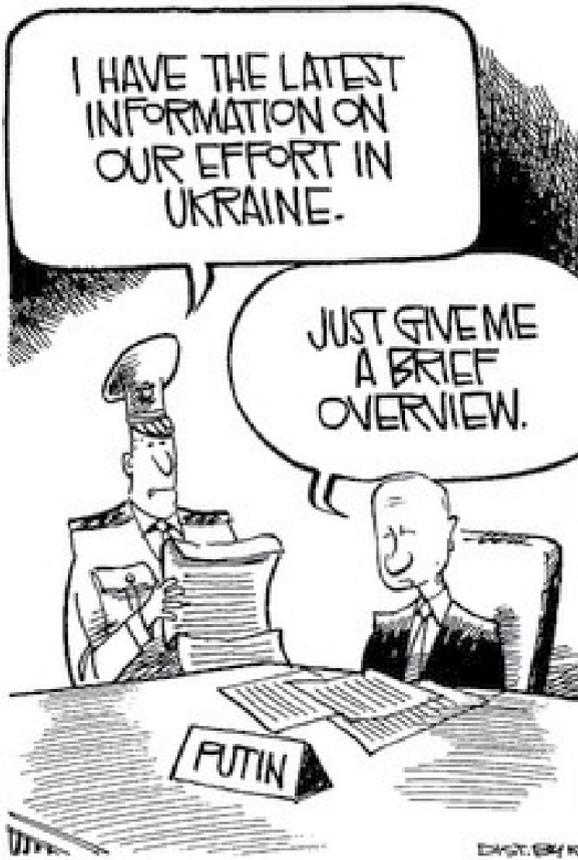
Until now, the Ukraine War has been fought with conventional weapons. Yet as Russia's military goals have been stymied by the Ukrainians, Russian leaders have openly hinted about the possibility of using nuclear weapons both against Ukraine and countries backing Ukraine. This would be unprecedented. It raises images of a full-fledged nuclear world war which would likely destroy most of civilization. As a youngster, I remember the last time the world was brought to the brink of a nuclear war during the Cuban missile crisis in 1962, and it was a tense and scary time.

The fifth worry—the swift changes happening in the labor market—are a feature of the post-COVID economy. COVID prompted three big shifts in the labor market. One was a reassessment of life motivating a surge in retirements of older workers and a departure from the labor market of many younger workers, especially those with children. The second was an up-skilling of numerous workers during the height of the pandemic, meaning when they returned to the workforce they left lower-paying jobs and moved to higher-paying jobs.

The third emerging labor market shift is a result of the first two. It is the accelerated use of technology and automation by companies that have not been able to eliminate their labor shortages. We will see much more labor-saving technology in coming years that will keep many workers guessing if they will continue to have jobs.

Every one of these uncertainties is important and hard to predict. They also have impacts that affect virtually everyone, but to have five of them together is, at least in my lifetime, extraordinary. This makes me believe 2022 is a unique year. It may very well go down in history as the “year of enormous worry,” yet hopefully—fingers crossed—with positive outcomes. As time passes, we'll be able to decide!

Walden is a Reynolds Distinguished Professor Emeritus at North Carolina State University.



To Be EQUAL

By Marc H. Morial
President, National Urban League

ON MOTHER'S DAY, CELEBRATE THE WOMEN WHO SHAPE THE RACIAL JUSTICE MOVEMENT

“We've had to believe in something beyond what was readily available to us. We were always aware of our dignity, always aware of our worth, always aware of those things for our children and our community. We couldn't just accept what we were being told. So we push the country forward until they see things the way we do. It's a political moment when you become a Black mother. There is something very politicizing about not only fighting for your own life, but for a life you hold dearer than your own.”

—Anna Malaika Tubbs

It's always a blessing when my duties as President and CEO of the National Urban League take me to my hometown of New Orleans, as happened this week with a milestone celebration of one of our economic empowerment initiatives, and a professional development conference for our hard-working affiliate CEOs.

And the greatest blessing of being at home is spending time with my mother, Sybil Haydel Morial, an educator and civil rights activist who has shaped not only the lives of my siblings and myself, but of countless others—not only in New Orleans, but across the nation.

It was my privilege on this trip to accompany my mother to dinner at the legendary Dookie Chase's restaurant. There, we were joined by three other children of the movement: Leona Tate, Tessie Prevost and Gail Etienne, whose own mothers and fathers, along with the parents of Ruby Bridges, made the unimaginably courageous decision to desegregate New Orleans public schools in 1960.

It was a stark reminder, just in time for Mother's Day, of the role that my mother and the other women of her generation have played in the ongoing struggle for racial justice.

Born 67 years after the Emancipation Proclamation, my mother was the great-granddaughter of Victor Haydel, who was enslaved on the Whitney Plantation, in St. John the Baptist Parish, Louisiana. As the daughter of a Black physician growing up under American apartheid, my mother experienced a childhood that was uniquely privileged and oppressed. For example, she and her sister Jean frequently accompanied their mother to opera performances at the New Orleans Municipal Auditorium in the 1940s. But what she remembers most about those outings is not the beautiful music and costumes but the 103 steps they had to climb to the colored section of the auditorium.

“When we reached the top, we bent over in exhaustion,” she wrote. “Mother paused at every landing, and when she reached the top, she, too, was crippled from exhaustion—and anger, which faded only when the opera began.”

(See **TO BE EQUAL**, P. 11)

A Different Voice

By Dorothy Shaw Thompson



BACKWARD THINKING

Since the news came out last week that the Supreme Court will most likely overturn *Roe v. Wade*, I can best describe my feelings as just plain angry. This is not a healthy emotion for me to have but it is healthy for me to admit that this is what I feel. Usually when someone feels the way I feel it's because they feel personally threatened by experiencing something they did not expect to happen. This is not the case with me. The likelihood that I would experience a pregnancy at 75 years old or that if I did the impossible I would choose to terminate it, is laughable. I know what it is that makes me angry and it is simply this, in my soul there is a response to people controlling other people that fuels my sense of injustice.

This abortion argument is not about a moral or religious issue. It is not about protecting the life of unborn potential children, it is not about representing God or religion or any of the things that the pro-life people say it is. How do I dare to know? I see the evidence in the laws they make for the “after the birth” human beings. Some of the creative posts on Facebook tell the story. Reasons why women have abortions: “None of your business,” “Planned Parenthood isn't killing children, you are thinking of the NRA,” and I add wars, policies against “food stamps,” free healthcare for all, capitalism, etc. How can they say they care about life and treat children the way they do at the border? How can they say they care about life and want to (according to Gov. Greg Abbott) not want to pay for immigrant children to be educated in our public schools? How can they say they care about life and deny first responders continuous health care after 911? I could go on and on but a real big one, Tucker Carlson is how can you say you care about life when you support Putin in his war in Ukraine that is bombing hospitals and killing human beings including babies in their mothers' wombs? “Splain” that to me.

Freud said, “Women have penis envy.” As a woman, I can

tell you that that's not true, but I'm wondering is this “uterus” envy? How can you suggest that if a woman chooses an abortion she is subject to be prosecuted but what of the men who've raped or created a “beginning” that they suggest is suited for abortion? Can women carry rape recorders around for the men who say “Abortion” when learning that a woman is pregnant, will you sentence them to life? If they don't support their children do they deserve life in prison for “potential murder?” As Kamala Harris asked the then potential SCOTUS nominee, Kavanaugh, what are the laws that regulate men's sexual behavior or body parts?

Let me hasten to say that for me this isn't man versus woman, it's simply the right that a woman should have to control what goes on in her body. Sorry guys, you shouldn't even want to control what happens in a woman's body but rather control what you do with yours. If birth control is outlawed, shall we also outlaw condoms and vasectomies? What about outlawing sexual enhancement drugs...? Shouldn't we just let nature take its course in that arena? Uh-oh guys, you'd better think this through a little more and think with your brain and not your body parts.

Pay attention, people, Judge Alito is calling himself an originalist; in other words, “The Constitution should not be considered for today's meanings but rather, what was in the minds of those who wrote it?” Were women included No! What about Black people, native Americans, people of color? No! Uh-oh. Was there a clause for the unborn? I don't think so. In the past the Constitution was seen as an ideal for inclusion, democracy and forward thinking. These people want it to be exclusionary and so they are literally backward thinking. Of course we did know that MAGA (Make America Great Again) really meant

(See **A DIFFERENT VOICE**, P. 11)

Child Watch

By Marian Wright Edelman



HONORING MOTHERS BY SAVING THEIR LIVES

“I almost died after giving birth to my daughter, Olympia. Yet I consider myself fortunate... Every mother, everywhere, regardless of race or background deserves to have a healthy pregnancy and birth.”

When tennis champion Serena Williams started speaking out about her life-threatening complications after childbirth, she became one of a growing number of voices drawing attention to a national health crisis. About 700 mothers die each year in the United States due to pregnancy-related causes, and 50,000–60,000 more experience significant short- or long-term health problems resulting from labor or delivery. Many of the leading causes of pregnancy-related deaths, including cardiovascular conditions, preeclampsia and eclampsia, and hemorrhage, are often preventable or treatable. The U.S. has the highest maternal mortality rates of any developed country, and Black women are more likely than White women to die from complications related to pregnancy or childbirth.

The Congressional Black Maternal Health Caucus was formed in 2019 to elevate the Black maternal health crisis and advance policy solutions to improve maternal health outcomes and end disparities. They explain: “According to the Centers for Disease Control and Prevention (CDC), more than 60 percent of pregnancy-related deaths in America are preventable. For every woman who dies, 70 experience ‘near misses’: cases of severe maternal morbidity that lead to significant short- or long-term consequences to a woman's health. While maternal mortality rates fell 44 percent around the world from 1990–2015, maternal mortality in the United States increased by 16.7 percent, making the United States the only developed country with a rising maternal mortality rate. In fact, the only countries with rising maternal death rates are the United States, Afghanistan, and Sudan. As alarming as these statistics are overall, the situation is even more dire for Black women, who are three to four times more likely to die from pregnancy-related complications. Black women are also twice as likely to lose an infant to premature death.”

Many factors have contributed to these shameful statistics, most related to inequities in our health care system and embedded in the social and physical determinants of health that affect quality of life outcomes and risks. Black women are more likely to be uninsured, have chronic conditions, and/or live in rural areas. A Black woman is also less likely to have access to prenatal care, which has a profound effect on the health of both mother and baby. But income and access to care alone don't explain the disparity in maternal mortality rates. For Black women, disparities in access to income and care are often compounded by unconscious biases that permeate our health care system and affect quality of care. As the Black Maternal Health Caucus puts it, “The causes are complex and include coverage gaps, social determinants of health, and other factors, but racism is a driving force: even a Black woman with a college degree is more likely to die from giving birth than a white woman without a high school diploma.”

These longstanding disparities must be solved now. We are at a critical moment when attention to women's and mothers' health cannot wait. The Black Maternal Health Caucus spearheaded the federal Black Maternal Health Momnibus Act, a legislative package that includes comprehensive policy proposals to address the racism and inequities at the root of our Black maternal health crisis in the U.S. and improve maternal health outcomes overall. The Children's Defense Fund

(See **CHILD WATCH**, P. 11)

Other Viewpoints



MISSTEPS ON ABORTION

By Dr. Ada M. Fisher

Former NC Republican national Committeewoman

The reported leak of a working paper from U.S. Supreme Court Justice Samuel Alito seems to lay the groundwork to tackle the precedent and possibly overturn the court's 1973 Roe v. Wade decision.

The much-heralded champion of women's rights, the late Justice Ruth B. Ginsburg, commented that she felt Roe v. Wade was the wrong case to determine abortion rights. Justice Ginsburg opined for the case to have sustainability were the rulings incrementally taking into account state laws and if one of its rationales had been the Equal Protection Clause of the U.S. Constitution focusing on gender equality rather than privacy—Put the focus on a woman's right to choose. Supreme Court Justice to be Katangi Brown Jackson couldn't define what is a woman and the "Trans revolution" and new scientific human modifications also add a challenge to this concept. The Supreme Court's makeup in 1973 was all male and likely didn't support laws treating men and women differently because biologic differences as in pregnancy would make equal protection somewhat moot.

Having trained with obstetrics and gynecology as a Family Medicine Resident, too often lost in the discussion of abortions was the fate of the fetus which is still given too little or too much consideration depending on which side you stand. The Guttmacher Institute notes that 1 in 4 women will have an abortion, while the CDC reports that 60 percent of those having abortions have one child at home.

When you've witnessed a woman losing four pints of blood due to pregnancy related issues, suffer from cancer while pregnant, have crazy misplaced ectopics which were life threatening or felt your curette going through the thinned uterine lining in a pregnancy which was to be aborted, one becomes less cavalier or judgmental on the issue. Abortions are a medical issue and should be treated in that milieu not as a political ball of wax.

1. If the courts try to play G-d in establishing when life begins using only one religion as its yardstick, this is deeply concerning and very problematic as the oldest monotheistic religion, Judaism not only allows abortion but even requires it if the health of the mother is at risk. Such a ban would possibly violate our First Amendment rights to make decisions in accordance with our faith.

2. An opinion on this issue must stop the continued erosion of the fact that abortions are a medical procedure and remains such appreciating that this is not to be an on-demand procedure to be used for birth control. People need to get out of others' consensual intimate space and appreciate the Griswold v. Connecticut court decision granting people the right to use contraception particularly if a pregnancy is not desired.

3. A misnomer here is the assumption that access means the government must pay for abortion procedures rather than demand that those seeking abortions for non-medical reasons should be empowered to pay for them themselves.

4. Legislation using pain thresholds or fetal heartbeats to determine life is very problematic and not steeped in facts. Many fetuses over 6 months can have reasonably good survival outcomes and the 20-week limit on doing abortions showed more reasonableness than exploitation of partial birth abortion claims.

"The person forced to be pregnant against their will is wrong" line of thought is used by many in justifying a medical procedure secularized to the point of losing a sense of morality and personal responsibility for the issue. Many past U.S. presidents have lamented that abortions must be safe, legal and few. There are some things which must also remain in the realm of individual privacy, this being one of them.

Dr. Ada M. Fisher is a physician who was a medical director in a Fortune 500 company, previous member of a county board of education, licensed secondary education teacher, author, poet, gifted public speaker and was the NC Republican National Committeewoman (2012-2020). Her book Common Sense Conservative Prescriptions Solutions Good For What Ails Us, Book I is available.



IMPERIAL NOSTALGIA AND ITS PERILS

By Lawrence S. Wittner

SUNY/Albany

Although great empires rank among the most powerful engines of world history, they are also among the most dangerous, especially as they brood over their decline.

The Russian empire provides a striking illustration of this phenomenon. Traditionally referred to as the "prison of nations," Russia, in its Czarist and Soviet phases, controlled a vast Eurasian land mass of subject peoples. But the implosion of the empire in 1991 left Russian leaders adrift, uncertain whether to steer their nation toward a more modest role in the world or to revive what they considered their country's past imperial glory. Ultimately, under the leadership of Vladimir Putin, they decided on the latter, employing Russian military power to attack neighboring Georgia, win a civil war in Syria, annex Crimea, and instigate a separatist revolt in Ukraine's Donbas region. This February, Putin launched a military invasion of Ukraine, with horrendous consequences.

Imperial nostalgia has long pervaded Putin's thinking. As early as 2005, he told the Russian parliament that the collapse of the Soviet empire was "the greatest geopolitical catastrophe of the century" and "a genuine tragedy" for "the Russian people." In July 2021, he published a long historical article ("On the Historical Unity of Russians and Ukrainians") contending that there had never been a Ukraine independent of Russia. During a televised address on February 21, 2022, Putin again invoked the past, claiming that Ukraine was "historically Russian land." In fact, of course, a Ukrainian nation, with its own language and culture, had existed for many centuries and had been ruled by a variety of nations during that period.

Disconsolate Russian officials have their counterparts in Britain. In the aftermath of World War II, as decolonization gathered momentum throughout the far-flung British Empire, the guardians of the Old Order worked to suppress independence struggles and bitterly lamented the

King Crossword

ACROSS

- 1 Went out with
- 6 Chinese martial art
- 12 Moo'ah
- 13 Six Mul
- 14 Sheatne
- 15 Mountain chain
- 16 Stadium cheers
- 17 Quaker pronoun
- 19 Prof!
- 20 Canadian gas brand
- 22 City area for short
- 24 Gun lobby org.
- 27 Male turkeys
- 29 Show ennu
- 32 Pale, sweet fruit
- 35 Riga resident
- 36 "I smell —!"
- 37 Despondent
- 38 Item's partner
- 41 Jealousy
- 42 Prefix with athlete
- 44 Early auto-maker
- 46 Burden
- 48 Plenty
- 52 Strange thing
- 54 "Can you give me directions?"
- 56 Family girls

DOWN

- 1 Lacy of Spain
- 2 Eyebrow shadow
- 3 Rib
- 4 German river
- 5 Insect, e.g.
- 6 Hit with a slug gun
- 7 Farewell
- 8 Hot temper
- 9 Like "Green Acres" humor
- 10 Emptily
- 11 "Let's leave — that"
- 12 German article
- 18 Hit one out of the park
- 21 Farm pen
- 23 Reuben bread
- 24 Stanley Cup org.
- 25 Cavalry base
- 26 Mounds built by insects
- 28 Final performance
- 30 Romance
- 31 SSE's opposite
- 33 JFK info
- 34 VJ's network
- 39 Not as good as
- 41 "Alpine air?"
- 42 Pre-weekend cry
- 43 Malek of Bohemian Rhapsody
- 45 Reply to "Shall we?"
- 47 Pleasing
- 48 Western tribe
- 49 Method (Abbr.)
- 51 Fixation to fireworks
- 53 Culu's 502

decline of imperial grandeur. In 1956, Prime Minister Anthony Eden, angered by the policies of Egypt's revolutionary leader, Gamal Abdel Nasser, launched a British invasion, along with France and Israel, to retake control of the Suez Canal. Blocked in their reassertion of imperial power by the Soviet and U.S. governments, British officials felt deeply humiliated. And the fact that Britannia no longer ruled the waves continued to sting. In 2002, Boris Johnson—currently Britain's prime minister—wrote contemptuously that Africa "may be a blot, but it is not a blot upon our conscience. The problem is not that we were once in charge, but that we are not in charge any more."

The French government, too, grew increasingly dismayed in the postwar era as the Algerians revolted, the Vietnamese routed France's armed forces, and its empire disintegrated. Desperate to fend off imperial collapse, French officials proposed retaining their colonial relationships through a French Union. In 1958, when the people of Guinea voted, instead, for independence, the embittered French government turned to sabotaging the ungrateful nation by destroying government records, flooding the country with fake banknotes, and even removing the lightbulbs from government buildings. The failure of their war to subdue Algeria inspired an even greater backlash, including uprisings by French military officers who overturned the French government, though to no avail. In later years, disgruntled French military veterans and staunch imperialists became the backbone of the French rightwing.

Though the United States, originally a thin string of colonies on the Atlantic coast, is less often regarded as an imperial nation, the reality is that, through wars and treaties, it dramatically expanded across the North American continent and beyond. By the end of World War II, it was one of the largest nations on Earth, as well as the richest and most powerful. Even so, as other countries recovered from the war and reasserted themselves, fears arose among Americans that they were "losing" nations around the world to Communists, revolutionaries, and nationalists. This anxiety inspired U.S. military intervention in numerous lands, including Vietnam, where, as Lyndon Johnson remarked, the United States could not allow itself to be defeated by a "raggedy-ass, little fourth-rate country." Although Donald Trump is best-known for promising to "Make America Great Again," this backward-looking incantation was also employed by earlier presidents to rally Americans behind reviving the nation's Golden Age.

China's leaders—especially Xi Jinping—have reached deeper into the past to locate its era of imperial glory. Shortly after taking power in 2012 as Communist Party Secretary, Xi lauded his nation's five thousand years of history and its "indelible contribution" to world civilization. Condemning China's more recent years of humiliation at the hands of the colonial powers, he vowed "to achieve the Chinese dream of great rejuvenation of the Chinese nation." Xi amplified on this theme in 2018, when he declared that "we are resolved to fight the bloody battle against our enemies... to take our place in the world." Again promising "the great restoration of the Chinese nation," he used the word "great" 35 times. And Xi has managed to turn China into a major power, surpassed only by the United States in economic and military strength. He also developed a much more assertive foreign policy, as well as a dangerous military confrontation with the United States in Asia.

The ubiquity and perils of this imperial nostalgia highlight the need to create an international security system to replace today's international anarchy. Fortunately, the United Nations presents a useful starting point for an international order no longer plagued by imperialism or other forms of international aggression. Although the nations of the world have given the world organization the responsibility to protect international security, they have failed to provide it with the power to do so. Therefore, as we confront a planet riven by international conflict, let us consider how dreams of imperial grandeur might be discarded and how a strengthened United Nations might be used to fashion a more secure and cooperative world.



PUTIN'S WAR WILL NOT BE ON THE BALLOT—BUT DEMOCRACY WILL BE

By Bob Topper

PeaceVoice

Historical memory can fade over time. Born in 1942, I've watched it happen.

We lost sight of the cruelty of fascism and authoritarian rule and how indispensable free democratic societies are to world peace and well being. Over the ensuing decades awareness of WWII slipped from our consciousness. Congress grew incapable of serious deliberation and unable to respond to the real needs of voters, instead whipping into hysterical frenzy over inane culture war issues, possibly most pathetically illustrated by Ted Cruz holding aloft a child's book that teaches inclusivity and scolding a baffled Ketanji Brown Jackson at her confirmation hearings.

And the middle class became cynical, even flirting with the idea that strong controlling leadership was better suited to governing in the 21st century. That notion peaked with the election of Trump, who scorned democracies and openly admired and emulated authoritarian rulers like Kim Jong-un and especially Vladimir Putin.

But Putin's war with Ukraine has shocked the world and laid bare the evil callousness of dictatorial rule. At the same time, it has

united western nations and rekindled an appreciation and respect for democracy.

Witnessing the unprovoked and horrific invasion of Ukraine has brought us together in a way that is reminiscent of the unity brought forth by the events of 9/11. Unfortunately, however, we the people are still divided. The Tucker Carlsons of the right continue to incite culture wars, sow distrust in the American government, and work to undermine democracy. And far too many Republicans still stand with Trump, supporting his delusional claim of a fraudulent election, even as he describes Putin's attack on Ukraine as "genius."

I vote Democratic now but have fond memories of a progressive Republican Party and still admire great patriotic leaders like Dirksen, Dole, Hatfield, and McCain. And I believe that today's Republican conservative right, especially the Christian Nationalists, pose a greater threat from within to our democracy than Putin's Russia—although his GRU feeds and enables that threat from within. Should Trump or one of his protégés regain power, it could very well end the 250-year American experiment.

Americans remain disillusioned and dissatisfied with Congress. A recent poll shows an overall approval of Congress at only 18 percent. At the same time, the approval by Democrats is greater (26 percent) than Republicans (9 percent) and Independents (17 percent). It is abysmally low across the board.

The hardworking middle class feels betrayed by the government, and it's understandable. Good paying jobs moved offshore, and our manufacturing centers rusted and decayed. Businesses can be held accountable to some degree, but business executives believe that first obligation is to increase shareholder value, which moving production abroad promised to do.

On the other hand, the government's first obligation is to protect its citizens. In this case, that meant protecting their jobs, and it failed. The economic impact on the middle class was devastating, and other countries like Germany fared much better.

American workers lost more than jobs. The ability to provide for one's family is a source of pride and fulfillment. Unemployment benefits cannot compensate for the loss of self-respect and the sense of hopelessness and depression that accompany a job loss, which is also at the heart of the opioid crisis.

Unemployment is quite low now, but the inequality has risen.

Over the past 50 years, wealth has steadily shifted from the middle class to the affluent. This shift is due, in part, to a tax system that favors the wealthy. While the rich can somehow rationalize the idea that investment income should be taxed less than manual labor income, those living paycheck-to-paycheck see the unfairness of the disparity. With dozens of loopholes, many wealthy people and corporations pay little or no tax, as Donald Trump's tax returns have shown.

The expectation that every generation would be better off than its predecessor is no longer valid. Real wages have been stagnant since the 1970s and it is little wonder that a demagogue would appeal to hardworking Americans. To restore confidence in American democracy, Congress will have to show that it cares.

With Putin's war liberal democracy will again be seen as the best protection of national and civil liberties. But American democracy must once again produce outcomes that benefit the middle class. Republicans will not rise to the task. They will continue to focus on divisive culture wars, for which polls say they are on the wrong side. Moreover, with the right's ambivalence toward Ukraine and the United Nations, they appear weak, even anti-American.

So progressives have an opportunity, in fact an obligation, to do things truly important to voters, and not special interests. That Democrats will rise to the task is not at all certain.

The tough issues, the things that do matter, like wage stagnation and an unjust tax code, are conveniently forgotten and Congress avoids confronting special interests... and self interest.

A strong, ethical, and inspirational leader could change things. It has happened before in times of crisis. An informed electorate—not a gaslit rabble—is the heart of our democracy when it's been its best.

TO BE EQUAL

Continued from page 10

She began her teaching career in Newton, Mass., intending to earn her master's degree at Boston University where she had completed her undergraduate studies. But in 1954, the U.S. Supreme Court ruled in Brown v. Board of Education of Topeka that racial segregation in public schools was unconstitutional.

"We talked about leaving the freedom of the North to return home and become involved in the changes," she wrote. "I don't think any of us knew exactly what that would entail, but we were determined. A large wall that had surrounded us all of our lives now had a good-sized chink in it, and we could envision it, like the walls of Jericho, tumbling down."

In 1955, while my father, Ernest "Dutch" Morial, completed his military service at Holabird in Maryland, my mother was one of the first Black teachers assigned to integrate the faculty of Maryland's public schools.

Upon their return to New Orleans, my parents became deeply involved in the Civil Rights Movement. As someone who had been turned away from registering to vote because she "failed" the test of identifying her own eye color, my mother devoted herself to preparing other Black citizens to register. It is humbling, and often terrifying, to recall the extraordinary challenges my mother faced—from dismissal from her teaching job due to her membership in the NAACP and the Urban League to actual death threats.

On this Mother's Day, I celebrate her courage and thank the other mothers who have shaped the direction of racial justice and equality—from Leah Chase, whose restaurant was a safe haven for civil rights workers like my parents... to my wife Michelle Miller, whose work as a journalist has earned numerous awards... to the many women of excellence who lead our Urban League affiliates throughout the country.

A DIFFERENT VOICE

Continued from page 10

take us back to the goods old days when the country was run by old White and controlling men.

Those of us who are Christian believe that God offers us free will and consequences of our choices. If God is not a dictator, why would we think us humans should be? If you think abortion is wrong, don't have one. If you want to encourage Planned Parenthood, support Planned Parenthood. If you want to make pregnancy more attractive and abortion less tempting, how about paying women to have their babies, and I mean a good salary. How about paying the healthcare cost of pregnancy and delivery? How about every family gets food, housing, Medical employment, etc. assistance until a child is 18? What about that? I'll bet you if you can get your side to agree, pro-choice people would jump at that. Don't way we couldn't afford it, look at the many trillions of dollars that we spend in wars and helping other countries. That's where pro-life and pro-choice could meld. Is this not forward thinking or do you just feel better going backward? I await your answer—make it good.

CHILD WATCH

Continued from page 10

is among more than 250 organizations that have endorsed the Momnibus. President Biden signed the first of the bills into law in November 2021, the bipartisan Protecting Moms Who Serve Act, which will help ensure veterans receive the high-quality maternal health care and support they have earned. Major provisions from nine more of the Momnibus bills were included in the Build Back Better Act that passed the House, including new investments for growing and diversifying the perinatal workforce, addressing social determinants of health like housing, nutrition, and environmental conditions, expanding access to maternal mental health care, and more. Congress must keep working to make these investments a reality.

The U.S. should not be leading the rest of the developed world in maternal mortality. Solutions are available. How can we not act? As we celebrate Mother's Day this year, let's honor Black mothers and all mothers by protecting their health and their lives.

Classifieds

LEGALS

DURHAM COUNTY

NOTICE TO CREDITORS

File No. 22 E 362

The undersigned, having duly qualified as Executor of the Estate of Rebecca W. Glenn, deceased, late of Durham County, North Carolina, hereby notifies all persons, firms and corporations having claims against the Estate of said deceased to present them to the undersigned at the below listed address on or before July 21, 2022 or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the Estate will please make immediate payment to the undersigned.

This the 21st day of April, 2022.

Gregory Stuart Glenn

Executor

c/o Ronald G. Coulter

Attorney at Law

3400 Croasdaile Drive Suite 205

Durham, NC 27705

4/21,28,5/5,12/2022

STATE OF NORTH CAROLINA

COUNTY OF DURHAM

NOTICE TO CREDITORS

File No. 22-E-502

THE UNDERSIGNED, having qualified on the 12th day of April, 2022, as Executor of the **ESTATE OF CHRISTINE DUKE DAVIS A/K/A BLANCHE CHRISTINE DAVIS**, Deceased, of Durham County, North Carolina, does hereby notify all persons, firms and corporations having claims against said Estate to exhibit them to the undersigned on or before the 20th day of July, 2022 or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This, the 21st day of April, 2022.

RANDALL DUKE TEASLEY

CECILIA JOHNSON TEASLEY

CO-EXECUTORS

ESTATE OF

CHRISTINE DUKE DAVIS

A/K/A

BLANCHE CHRISTINE DAVIS

c/o Jennifer Dalman, Attorney

Walker Lambe, PLLC

Post Office Box 51549

Durham, NC 27717-1549

4/21,28,5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 22-E-527

The Undersigned, having qualified as Executrix of the Estate of Ellwood Eugene Hicks, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 21st day of July 2021, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 21st day of April 2022.

Lou F. Hicks aka

Lou Farrell Hicks

Executrix

132 Continental Drive

Durham, NC 27713

4/21,28,5/5,12/2022

STATE OF NORTH CAROLINA

COUNTY OF DURHAM

NOTICE TO CREDITORS

File No. 22-E-501

THE UNDERSIGNED, having qualified on the 12th day of April, 2022, as Executor of the **ESTATE OF WILLIAM CHARLES WITZLEBEN**, Deceased, of Durham County, North Carolina, does hereby notify all persons, firms and corporations having claims against said Estate to exhibit them to the undersigned on or before the 20th day of July, 2022 or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This, the 21st day of April, 2022.

CLARK HUGHES WITZLEBEN

EXECUTOR

ESTATE OF WILLIAM CHARLES WITZLEBEN

c/o Stephen C. Rhudy, Attorney

Walker Lambe, PLLC

Post Office Box 51549

Durham, North Carolina 27717

4/21,28,5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 21-E-655

The Undersigned, having qualified as Executor of the Estate of Rosa D. Covington, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 21st day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of April 2022.

Percy Covington, Jr.

Executor

822 Exum Street

Durham, NC 27701

4/28,5/5,5/12 and 5/19/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 22-E-401

The Undersigned, having qualified as Administrator of the Estate of Brenda Joyce Loftin aka B. Joyce Loftin, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 21st day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 21st day of April 2022.

Brenda A. Loftin aka

Brenda Angeline Loftin aka

Brenda Lee Loftin

Administrator

2808 Owen Street

Durham, NC 27703

4/21,28, 5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 2022-E-000485

The Undersigned, having qualified as Executor of the Estate of Pearl Mack Holman, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 21st day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 21st day of April 2022.

Juanita Shaw

Executor

3013 St. Marys Road

Hillsborough, NC 27278

4/21,28, 5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 22-E-180

The Undersigned, having qualified as Executor of the Estate of Oliver L. Hodge, Sr., late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 21st day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 21st day of July 2022.

Roderick V. Hodge

Executor

5425 Loyal Place

Durham, NC 27713

4/21,28, 5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE TO CREDITORS

File No. 22-E-501

THE UNDERSIGNED, having qualified on the 12th day of April, 2022, as Executor of the **ESTATE OF WILLIAM CHARLES WITZLEBEN**, Deceased, of Durham County, North Carolina, does hereby notify all persons, firms and corporations having claims against said Estate to exhibit them to the undersigned on or before the 20th day of July, 2022 or this Notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate payment to the undersigned.

This, the 21st day of April, 2022.

CLARK HUGHES WITZLEBEN

EXECUTOR

ESTATE OF WILLIAM CHARLES WITZLEBEN

c/o Stephen C. Rhudy, Attorney

Walker Lambe, PLLC

Post Office Box 51549

Durham, North Carolina 27717

4/21,28,5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 21st day of April, 2022.

William O. McCoy, Executor of the Estate of Sara H. McCoy a/k/a Sara Hart McCoy.

Attorney:

William L. Mills, IV

Culp Elliott & Carpenter, PLLC

6801 Carnegie Boulevard, Suite 400

Charlotte, NC 28211

4/21,28, 5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 22-E-376

The Undersigned, having qualified as Executrix of the Estate of Regina A. Johnson Hayes AKA Regina Johnson Hayes, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 28th day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of April 2022.

Gianina H. Fink AKA

Gianina S. Hayes

Executrix

3923 Penny Lane

Jeffersonville IN 47130

4/28, 5/5,12,19/2022

NORTH CAROLINA

DURHAM COUNTY

In the General Court of Justice

District Court Division

File No. 22-CVD-405

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

To: EDWIN DAIR NATARENO

ECHEVERRIA, Defendant.

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is for child custody. You are required to make defense to such pleading no later than the 7th day of June 2022, said date being at least forty (40) days from the first publication of this Notice, and upon your failure to do so, the Plaintiff, MEREIRA CARINA BRAVO ARREAGA, will apply to the court for the relief sought.

This, the 28th day of April 2022.

Aneta Paval, Esq.

Paval Law Offices, PLLC

7404 Chapel Hill Rd

Suite M

Raleigh NC 27607

Telephone: (919) 410-6690

4/28, 5/5,12/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 22-E-553

The Undersigned, having qualified as Executor of the Estate of Anand P. Jaggi AKA Anand Prakash Jaggi, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 28th day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of April 2022.

Anuj Jaggi

Executor

1114 Areca Way

Durham, NC 27703

4/28, 5/5,12,19/2022

STATE OF NORTH CAROLINA

DURHAM COUNTY

NOTICE OF SERVICE

OF PROCESS BY PUBLICATION

In The General Court Of Justice

Superior Court Division

Before the Clerk

File Number 22-E-296

The Undersigned, having qualified as Administrator of the Estate of Edward Keith Nesbit, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 28th day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.

This the 28th day of April 2022.

Sherri Swan-Nesbit

Administrator

2710 Cooksbury Drive

Durham, NC 27704

4/28, 5/5,12,19/2022

NORTH CAROLINA

DURHAM COUNTY

Superior Court Division

21 CVS 2813

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

THOMAS McCULLOUGH,

Plaintiff,

vs.

ALFREDA THREAT

JUANZO VERBAL

JACQUAIL NANCE,

Defendants.

TO: ALFREDA THREAT, one of the above-named Defendants:

TAKE NOTICE, that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows:

Demand for Arbitration and Claim for Damages against Unnamed Defendant Insurer for Underinsured Damages.

You are required to make defense to such pleading not later than June 21, 2022, said date being forty (40) days from the first publication of this notice, or from the date complaint is required to be filed, whichever is later, and upon your failure to do so the party seeking service against you will apply to the Court for the relief sought.

This the 28th day of April, 2022.

Classifieds

LEGALS

DURHAM COUNTY

STATE OF NORTH CAROLINA
DURHAM COUNTY
NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk
File Number 2022 E 000610
The Undersigned, having qualified as Executor of the Estate of Susie Moore Hillery, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of August 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.
This the 12th day of May 2022.
Nathan H Hillery
Executor
904 Queensbury Circle
Durham, NC 27713
5/12,5/19,5/26 and 6/2/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk
File Number 22 E 624
The Undersigned, having qualified as Executrix of the Estate of Gisela K Cox, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of August 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.
This the 12th day of May 2022.
Pamela Nielsen
Executrix

c/o Kennon Craver, PLLC
4011 University Dr.
Ste 300
Durham, NC 27707
5/12,5/19,5/26 and 6/2/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk
File Number 22 E 612
The Undersigned, having qualified as Executor of the Estate of Darlene Mary Marraccini, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of August 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.
This the 12th day of May 2022.
Jerome Edward Marraccini
Executor
107 Avenel Lane
Clayton, NC 27527
5/12,5/19,5/26 and 6/2/2022
STATE OF NORTH CAROLINA
DURHAM COUNTY

NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk
File Number 2022 E 000617
The Undersigned, having qualified as Executor of the Estate of Bettie L Epps a/k/a Bettie Mae Epps, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of August 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.
This the 12th day of May 2022.
Samantha Lou Dockery
Executor
9210 Buckhaus St #329
Raleigh, NC 27617
5/12,5/19,5/26 and 6/2/2022

STATE OF NORTH CAROLINA
DURHAM COUNTY
NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk
File Number 22 E 492

The Undersigned, having qualified as Administrator of the Estate of Audrey Kay Evans, late of Durham County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of August 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.
This the 12th day of May 2022.
Phillip W Evans
Administrator
1501 Cole Mill Rd
Durham, NC 27705
5/12,5/19,5/26 and 6/2/2022
NORTH CAROLINA
DURHAM COUNTY
In The General Court Of Justice District Court Division
File No. 21 CVD 924
NOTICE OF SERVICE OF PROCESS BY PUBLICATION
To: DANNY JOSE CARBAJAL RAYES,
Defendant

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is for child custody. You are required to make defense to such pleading no later than June 22, 2022, said date being at least forty (40) days from the first publication of this Notice, and upon your failure to do so, the Plaintiff, KARLA SUSANA SANTOS VASQUEZ, will apply to the court for the relief sought.
This, the 12th day of May, 2022.
Aneta Paval, Esq.
Paval Law Offices, PLLC
7404 Chapel Hill Rd
Suite M
Raleigh NC 27607
Telephone: (919) 410-6690
5/12,5/19 and 6/2/2022

WAKE COUNTY

STATE OF NORTH CAROLINA
WAKE COUNTY
NOTICE OF SERVICE OF PROCESS BY PUBLICATION In The General Court Of Justice Superior Court Division Before the Clerk
File Number 2021 E 001223

The Undersigned, having qualified as Administrator of the Estate of Alfred L. Grigsby, late of Wake County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 21st day of July 2022, or this notice will be pleaded in bar of their recovery.

All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.
This the 21st day of April 2022.
Michelle Moore
Administrator
10444 Neland Street
Raleigh, NC 27614
4/21,28,5/5,12/2022

NOTICE TO CREDITORS
David Edward Young died 10/25/21 in Wake County, NC Court file 22E1567. All persons, firms or corporations indebted to David Edward Young will please make immediate payment. Those having claims against David Edward Young are to present them before 8/5/22 or this Notice may be pleaded to bar the claim.
Claims may be sent to Deborah H. Shartle, Attorney for the estate at Arges Law Firm, 3200 Croasdaile Drive, Suite 706, Durham, NC 27705.

Kathie W. Young, Executor.
4/28/22, 5/5/22, 5/12/22, 5/19/22.
WAKE COUNTY
NORTH CAROLINA
NOTICE TO CREDITORS
File No. 2022-E-000905
All Persons or Creditors having claims against the estate of Natasha Patrice Clayton, deceased 12/23/2021, of Wake Co. NC are notified to exhibit claims to the undersigned on or before 07/28/2022.

This notice will be pleaded in bar of recovery. This 28th day of April 2022.
Christopher Clayton and Melvin Clayton
Executors
237 Lord Ashley Rd
Raleigh NC, 27616
919-302-2036
4/28, 5/5,12,19/2022

NOTICE TO CREDITORS ESTATE OF MARSHALL WILLIES HARVEY
File Number 2022 E 001586
Mildred Harvey, having qualified as Executor of the Estate of Marshall Willies Harvey, late of

Wake County, North Carolina, hereby wishes to notify all persons having claims against the Estate of said deceased to exhibit them to the undersigned at the below listed address on or before the 12th day of August 2022, or this notice will be pleaded in bar of their recovery.
All persons indebted to the Estate will please make immediate payment to the undersigned at the below listed address.
This the 12th day of May 2022.
Mildred L Harvey
Executor
2613 Wycliff Road
Raleigh, NC 27607
5/12,5/19,5/26 and 6/2/2022

RE-REQUEST FOR PROPOSALS

Duplin County
224 Seminary Street
Kenansville, NC 28349
The RE-REQUEST FOR PROPOSAL (RFP) procedure shall be evaluated and administered through the "Information Technology—Best Value" procurement under North Carolina General Statute 143-129.8. The referenced procurement shall be utilized to enable the OWNER to effectively select the most appropriate SCADA System to meet their business and future operational objectives. The procurement allows the OWNER to evaluate PROPOSALS based on the complexity and ingenuity of the technology solutions available.

Duplin County is accepting PROPOSALS for the unit price items and technical services for the installation of a Standalone SCADA System. The PROPOSER may submit multiple PROPOSALS for the SCADA System Replacement. The SCADA system shall be hosted locally at Duplin County Water Department's office that will allow the Owner to monitor tank water levels; booster pump station and well pump flow rates; and automatic and manual operation of the booster pump stations, well pumps, and valve stations. The SCADA system shall allow remote access from any device from anywhere over the Internet. The SCADA system shall include but not be limited to the following components: SCADA system computer, peripherals, and SCADA HMI software; Unit CCU, Units A, Units B, Units C, Units G and Units V; Operator Interface Terminals (OITs); antennas, masts, poles, coaxial cable, and radios; water meters; limit switches; solenoids; thermostats; heaters; configuration and setup; and any other equipment and services required for a complete and fully functional system.

Separate sealed PROPOSALS for the construction of 2021 SCADA System Replacement Contract No. 1—SCADA Improvements will be received by the ENGINEER at the Duplin County Administrative Building, 224 Seminary Street, Kenansville, NC 28349 until 2:00 PM Eastern Daylight Time, May 24, 2022, and then at said office publicly opened and read aloud.

The CONTRACT DOCUMENTS may be examined at the following locations:
Duplin County Water Department, 119 Middleton Cemetery Lane, Kenansville, NC 28349
McDavid Associates, Inc., 3714 North Main Street, Farmville, NC 27828-0049
Dodge Data and Analytics, 2860 South State Highway 161, Suite 160, #501, Grand Prairie, TX 75052-7361 (View online at www.construction.com)
Construct Connect, Attn: DPC, 30 Technology Parkway South, Suite 100, Norcross, GA 30092 (View online at www.constructconnect.com)
Construction Journal, 400 SW 7th Street, Stuart, FL 34994 (View online at www.ConstructionJournal.com)
Builders & Contractors Exchange, Inc., 1118 Azalea Garden Road, Norfolk, VA 23502-5612 (View online at www.bceva.com)
Copies of the CONTRACT DOCUMENTS may be obtained at the office of McDavid Associates, Inc. located at 3714 North Main Street, Farmville, NC 27828-0049 upon a non-refundable payment of \$175.00 for each set.

The OWNER reserves the right to reject any and all PROPOSALS.
PROPOSER shall be properly licensed under Chapter 87, General Statutes of North Carolina.
Small, minority, women's, and disadvantaged businesses and labor surplus area firms are encouraged to submit PROPOSALS.
This PROJECT is subject to the good faith efforts and goals for participation by minority businesses required by G.S. 143-128.2. The OWNER has adopted a verifiable ten percent (10%) goal for participation by minority businesses in the total value of the WORK.
PROPOSERS shall, within the time frames specified in the PROPOSAL documents, submit all required affidavits and documentation demonstrating that the PROPOSER made the required good faith effort in compliance with G.S. 143-128.2. Failure to file all required affidavits and documentation within the required time frames is grounds for rejection of the PROPOSAL.

Prospective PROPOSERS who have been found guilty of discrimination within the last two (2) years are debarred from submitting a PROPOSAL.
PROPOSERS are advised that this solicitation for proposals is a "best value procurement" as defined in N.C.G.S. 143-135.9.(a)(1) and that PROPOSALS will be evaluated based on multiple factors including total cost of ownership. Selection of a contractor will be based on a determination of which proposal offers the best trade-off between price and performance where quality is considered an integral performance factor. The evaluation of PROPOSALS will be based on criteria set forth in the PROPOSAL SCHEDULE.
May 12, 2022
Dexter B. Edwards
Chairman, Board of Commissioners
Duplin County

ADVERTISEMENT FOR BIDS

Greene County
229 Kingold Blvd, Suite D
Snow Hill, NC 28580
Separate sealed BIDS for the construction of 2022 ARP Bullhead Road Water Improvements Contract No. 2—Water Improvements will be received by the ENGINEER at Greene County Administrative Office, 229 Kingold Blvd, Suite D, Snow Hill, NC 28580 until 2:00 PM, June 7, 2022, and then at said office publicly opened and read aloud.

The CONTRACT DOCUMENTS may be examined at the following locations:
Greene County Administrative Office, 229 Kingold Blvd, Suite D, Snow Hill, NC 28580
McDavid Associates, Inc., 3714 North Main Street, Farmville, NC 27828-0049
Dodge Data and Analytics, 2860 South State Highway 161, Suite 160, #501, Grand Prairie, TX 750527361 (View online at www.construction.com)
ConstructConnect, Attn: DPC, 30 Technology Parkway South, Suite 100, Norcross, GA 30092 (View online at www.constructconnect.com)
Construction Journal, 400 SW 7th Street, Stuart, FL 34994 (View online at www.ConstructionJournal.com)
Builders & Contractors Exchange, Inc., 1118 Azalea Garden Road, Norfolk, VA 235025612 (View online at www.bceva.com)

Copies of the CONTRACT DOCUMENTS may be obtained at the office of McDavid Associates, Inc. located at 3714 North Main Street, Farmville, NC 27828-0049 upon a nonrefundable payment of \$100.00 for each set.
The OWNER reserves the right to reject any and all BIDS. BIDDER shall be properly licensed under Chapter 87, General Statutes of North Carolina.
Small, minority, women's, and disadvantaged businesses and labor surplus area firms are encouraged to submit BIDS.
This PROJECT is subject to the good faith efforts and goals for participation by minority businesses required by G.S. 143128.2. The OWNER has adopted a verifiable ten percent (10%) goal for participation by minority businesses in the total value of the WORK.

BIDDERS shall, within the time frames specified in the BID documents, submit all required affidavits and documentation demonstrating that the BIDDER made the required good faith effort in compliance with G.S. 143128.2. Failure to file all required affidavits and documentation within the required time frames is grounds for rejection of the BID.
Prospective BIDDERS who have been found guilty of discrimination within the last two (2) years are debarred from bidding.
May 12, 2022
Kyle J. DeHaven
County Manager
Greene County

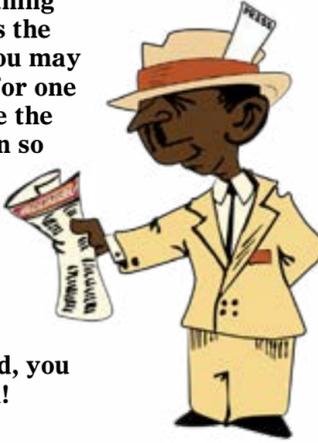
King Crossword

Answers

Solution time: 21 mins.

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ICO4MCH Improving Community Outcomes for Maternal and Child Health



By Tyria McCray Staff Writer

The Elizabeth City State University (ECSU) History Program has received a \$20,200 grant from the American Historical Association (AHA) to grow the study of history and the humanities at the university.

ECSU's History Department will use the award to foster innovative teaching, research, and recruiting practices, as well as bring scholars, writers, and artists to campus to interact with university and community members.

The department will also purchase equipment for a digital history studio which will allow students and faculty to develop projects that can be shared via social media and other channels.

This award comes from a special AHA grant program called Sustain and Advance the Work of Historical Organizations Program (SHARP).

AHA was awarded \$2.5 million from the National Endowment for the Humanities through the American Rescue Plan Act of

2021, and in turn, SHARP provided grants ranging from \$12,000 to \$75,000 to 50 institutions adversely affected by the COVID-19 pandemic.

Dr. Charles Reed, a History and Social Sciences professor, applied for the grant and hopes these efforts will result in increased enrollment in the History program and garner additional support for ECSU's humanities programs.

"These funds will allow us to expand our efforts in preparing and training our students for a wide variety of careers that bring together historical research and cutting-edge technologies, creating a bridge between history, the humanities, and STEM fields."

The program also hopes the planned guest speakers, workshops and projects will aid in its ongoing community history efforts.

History professor Dr. Melissa Stuckey, who is spearheading classroom project-based research about Elizabeth City's African-American community said, "The grant will allow us to continue to engage the university and the community in the work of

researching, documenting, preserving, and interpreting the rich histories of ECSU, Elizabeth City, and northeastern North Carolina."

According to Social Sciences Department chair Dr. Chyna Crawford, "Over the past five years, the History program has done an excellent job at revising its curricula and creating student-centered programming. This grant award continues that great work and provides a dedicated space to engage students and continue to foster their tight-knit community."

SHARP awardees included site-based organizations, membership associations and history departments at Historically Black Colleges and Universities (HBCUs). Grant recipients will implement short-term projects that explore new ideas or build on experiments initiated during the pandemic from online programming or publications to using new technologies or expanding audiences and accessibility.

To see the full list of SHARP grant recipients, visit the SHARP grant announcement webpage.

Re-Elect



Gerald Baker

Wake County Sheriff

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